

RECREATION CHOICES

FEBRUARY 2016

Bough Beeches Place, Melissa Mason (Director of Recreation)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	Groundhog Day 2	3	4	5	6
	10:00 Bible Studies (CR) 11:00 Flexibility and Balance (DR) 1:15 Pet Visits with Storm 2:00 Entertainment with Steve Angel (DR) 3:00 Random Trivia (CR) 4:00 Indoor Horseshoes (CR) 6:30 Card Games– Euchre (CR)	9:30 The Story of Groundhog Day (CR) 10:00 The Furry Forecaster Mad Lib (CR) 11:00 Group Exercises (DR) 1:30 Scenic Drive of Niagara Escarpment 3:00 Mixed-Up Snacks (CR) 4:00 Poetry in Motion (CR) 6:30 Evening Board Games– Monopoly	9:30 Angels I Have Known (CR) 10:00 Common Ending Word Game (CR) 11:00 Flexibility and Balance (DR) 1:30 Bus Outing to Coffee Culture 3:00 Famous Couples Match Up (CR) 4:30 Square Dancing (CR) 6:30 Bingo Night (CR)	9:30 Ballet for Fun and Fitness (CR) 10:00 Ted Talks (L) 11:00 Group Exercises (DR) 2:00 Chocolate Chuckles (CR) 3:00 Knitting Club (CR) 4:00 Smile Categories (CR) 5:00 Candlelight Dinner (DR)	10:00 Pet Visits with Shadow 10:30 Flexibility and Balance (DR) 11:00 Catholic Church Service (L) 2:00 Fireside Stories (L) 3:00 Pamper Yourself (CR) 4:00 Super Quiz (CR) 6:30 Movie– Sabrina (L)	10:00 Spiritual Visits with Deacon Stephan 10:00 Sing Along (L) 11:00 Group Exercises (DR) 1:15 Balloon Badminton (CR) 2:00 Chips and Dip Social (DR) 3:00 Bingo (CR)
7	Chinese New Year 8	Shrove Tuesday 9	Ash Wednesday 10	11	12	13
10:00 Catholic Church Service (L) 10:30 Chinese New Year Trivia (CR) 1:00 Lawrence Welk Show (L) 2:00 Presbyterian Church Service (DR) 3:00 Are You a Monkey? (CR) 4:00 Sit and Stretch (CR)	10:00 Bible Studies (CR) 11:00 Flexibility and Balance (DR) 1:15 Pet Visits with Storm 2:00 Chinese New Year Party (DR) 3:00 Canadian Trivia (CR) 4:00 Indoor Golf (CR) 6:30 Card Games– Bridge (CR)	9:30 Mardi Gras– Let the Good Times Roll (CR) 10:00 Word (L) 11:00 Group Exercises (DR) 1:30 Bus Outing to Cloverdale Mall 3:00 Fat Tuesday Word Mining (CR) 4:30 Poetry in Motion (CR) 6:30 Evening Board Games– Quirkle (CR)	9:30 The Power of Love 10:00 Valentine’s Day Crossword (CR) 11:00 Flexibility and Balance (DR) 1:30 Bus Outing to Allan Gardens Conservatory 3:00 Famous Fictional Couples (CR) 4:30 Square Dancing (CR) 6:30 Bingo Night (CR)	9:30 Ballet for Fun and Fitness (CR) 10:00 Valentine’s Day Double (CR) 11:00 Group Exercises (DR) 2:00 Entertainment with Zoey Adams (DR) 3:00 Knitting Club (CR) 4:00 Oscar Categories (CR) 5:00 Couple’s Candlelight Dinner (DR)	10:00 Pet Visits with Shadow 10:00 Sweetheart Word Mining (CR) 11:00 Flexibility and Balance 2:00 Entertainment with Mike Farentino (DR) 3:00 Jewelry Making (CR) 4:00 A Moving Experience (CR) 6:30 Movie– Romeo and Juliet (L)	10:00 Spiritual Visits with Deacon Stephan 10:00 Bingo (CR) 11:00 Group Exercises (CR) 1:15 Balloon Badminton (CR) 2:00 Chocolate Covered Strawberries (DR) 3:00 Sing Along (CR)
Valentine’s Day	Family Day 15	16	17	18	19	20
10:00 Catholic Church Service (L) 10:30 Word Game (CR) 1:00 Lawrence Welk Show (L) 2:00 Sweetheart Social (DR) 3:15 Giant Crossword Puzzle (CR)	10:00 Bible Studies (CR) 11:00 Flexibility and Balance (DR) 1:15 Pet Visits with Storm 2:00 Ever-Changing Words (CR) 3:00 Jeopardy Trivia (CR) 4:00 Basketball Challenge (CR) 6:30 Card Games– Rummy (CR)	9:30 Bus Outing to Cambridge Butterfly Conservatory 10:00 Ted Talks (L) 11:00 Morning Walks 1:30 Afternoon Movie– Academy Awards Word Mining (CR) 4:30 Poetry in Motion (CR) 6:30 Evening Board Games– Sorry (CR)	9:30 Being True to What’s Real (CR) 10:00 Yes You “Can” Word Game (CR) 11:00 Flexibility and Balance (DR) 1:00 Scenic Drive to Scarborough Bluffs 3:00 Black History Crossword (CR) 4:30 Square Dancing (CR) 6:30 Bingo Night (CR)	9:30 Ballet for Fun and Fitness (CR) 10:00 Music Appreciation with Joseph (CR) 11:00 Group Exercises (DR) 2:00 Auction House (CR) 3:00 Knitting Club (CR) 4:00 Health Myths: True or False? (CR) 5:00 Candlelight Dinner (DR)	10:00 Pet Visits with Shadow 10:00 Article of the Day (CR) 11:00 Flexibility and Balance (DR) 2:00 Music Therapy with Phil James (CR) 3:00 Fireside Stories (L) 4:00 Super Quiz (CR) 6:30 Movie– Catch Me if You Can (L)	10:00 Spiritual Visits with Deacon Stephan 10:15 Entertainment with Gerry Larkin (DR) 11:00 Group Exercises (CR) 1:15 Balloon Badminton (CR) 2:00 Cinnamon Bun Bash (DR) 3:00 Bingo (CR)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
10:00 Catholic Church Service (L) 10:30 Which One is Not Like the Others? (CR) 1:00 Lawrence Welk Show (L) 2:00 Being Your Personal Best (CR) 3:00 Junk Drawer Detective (CR) 4:00 Sit and Stretch (CR)	10:00 Bible Studies (CR) 11:00 Flexibility and Balance (DR) 1:15 Pet Visits with Storm 2:00 Famous People (CR) 3:00 Canadian Trivia (CR) 4:00 Bean Bag Challenge (CR) 6:30 Card Games— Canasta (CR)	9:30 Where Were You When...? (CR) 10:00 Minds of Modern Mathematics (L) 11:00 Group Exercises (DR) 1:30 Bus Outing to Bayview Village 3:00 On the Red Carpet Crossword (CR) 4:30 Poetry in Motion (CR) 6:30 Evening Board Games— Scrabble	9:30 Sweet Memories (CR) 10:00 What Comes Next? (CR) 11:00 Flexibility and Balance (DR) 1:30 Bus Outing to Dundurn Castle 3:00 Word Pyramid (CR) 4:30 Square Dancing (CR) 6:30 Bingo Night (CR)	9:30 Ballet for Fun and Fitness (CR) 10:00 Oscar-Winning Song Matchup (CR) 11:00 Group Exercises (DR) 2:00 Birthday Party with Peter Arthur (DR) 3:00 Resident Council Meeting (CR) 4:00 Wacky Wordies (CR) 6:15 Candlelight Dinner (DR)	10:00 Pet Visits with Shadow 10:00 Academy Awards Hangman (CR) 11:00 Flexibility and Balance (CR) 2:00 Edible Adventures (CR) 3:00 February IQ (CR) 4:00 A Moving Experience (CR) 6:30 Movie— Armageddon (L)	10:00 Spiritual Visits with Deacon Stephan 10:00 Bingo (CR) 11:00 Group Exercises (CR) 1:15 Balloon Badminton (CR) 2:00 Cupcake Social (DR) 3:00 Sing Along (L)
28	Leap Year	29				
10:00 Catholic Church Service (L) 10:30 Word in a Word (CR) 1:00 Lawrence Welk Show (L) 2:00 Academy Awards Party (DR) 3:15 Giant Crossword Puzzle (CR)	10:00 Bible Studies (CR) 11:00 Flexibility and Balance (DR) 1:15 Pet Visits with Storm 2:00 Star of the Month— Burt Reynolds (CR) 3:00 Category Trivia (CR) 4:00 Indoor Darts (CR) 6:30 Card Games— Crazy Eights (CR)					
			Important Dates		Room Legend	
			Black History Month		CR -Community Room DR -Dining Room L -Lounge	