

RECREATION CHOICES

MARCH 2016

Crofton Manor: Supportive Living– Director of Recreation: Andrew Ebbers

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		10:00 Exercises with Jennifer Rak– WL 11:00 Baking– AR 1:30 Party Prep– WL 2:00 Birthday Party with Peter Paulus- WL 3:00 Manor U– WL 4:00 Walking Club– WL 6:00 Trivia– AR 6:00 News @ 6– WL	10:00 Exercises– WL 11:00 Art with Lindsey– AR 1:00 Scenic Drive to Iona Beach 3:00 Folding– AR 3:30 Bingo– WL 4:00 Walking Club-WL 6:00 Dominoes-AR 6:00 News @ 6– WL	10:00 Qi-Gong– WL 11:00 Music Class– WL 1:00 Mike’s Critters– WL 1:30 Intro to Dakim– HL 2:00 Animal Hour– WL 3:00 Happy Hour– WL 4:00 Walking Club– WL 6:00 Brain Busters– AR 6:00 News @ 6– WL 7:00 Movie Night– HL	10:00 Exercises– WL 11:00 Baking– AR 1:30 iPad Games– AR 2:00 High Tea– WL 3:00 Sing-A-Long– WL 4:00 Walking Club– WL 6:00 News & Views– AR 6:00 News @6– WL	10:00 Exercises– WL 11:00 Lucky Bingo– WL 1:00 Craft Corner– AR 1:30 Dakim– HL 2:00 Balloon Volleyball– WL 2:15 Men’s Group-AR 3:00 Golf– WL 4:00 Walking Club– WL 6:00 News @ 6– WL
6	7	8	9	10	11	12
10:00 Exercises– WL 11:00 News & Views– WL 1:30 Java Music Club– AR 3:00 Folding– AR 3:00 10 Pin Bowling– WL 4:00 Walking Club– WL 6:00 Story Reading– AR 6:00 News @ 6– WL 7:00 Movie Night– HL	10:00 Qi Gong– WL 10:30 Pet & Friend– WL 11:00 Trivia– WL 1:30 Intro to Dakim– HL 2:00 Puzzles– AR 3:00 Hand/Nail Care– WL 4:00 Walking Club– WL 6:00 Cards– AR 6:00 News @ 6– WL	10:00 Exercises with Jennifer Rak– WL 11:00 Baking– AR 1:30 Tea Set-Up– WL 2:00 High Tea with Jennifer Lauren– WL 3:00 Manor U– WL 4:00 Walking Club– WL 6:00 Trivia– AR 6:00 News @ 6– WL	10:00 Exercises– WL 11:00 Art with Lindsey– AR 1:00 Scenic Drive to Steveston 1:30 Peter Paulus– WL 3:00 Folding– AR 3:30 Bingo– WL 4:00 Walking Club– WL 6:00 Dominoes– AR 6:00 News @ 6– WL	10:00 Qi-Gong– WL 11:00 Music Class– WL 1:30 Intro to Dakim– HL 2:00 Animal Hour– WL 3:00 Happy Hour– WL 4:00 Walking Club– WL 6:00 Brain Busters– AR 6:00 News @ 6– WL 7:00 Movie Night–HL	10:00 Exercises– WL 11:00 Baking– AR 1:30 iPad Games– AR 2:00 High Tea– WL 3:00 Sing-A-Long– WL 4:00 Walking Club– WL 6:00 News & Views– AR 6:00 News @ 6– WL	10:00 Exercises– WL 11:00 Lucky Bingo– WL 1:00 Craft Corner– AR 1:30 Dakim– HL 2:00 Glen Stevenson– WL 3:00 Golf– WL 4:00 Walking Club– WL 6:00 News @ 6– WL
13	14	15	16	St. Patrick’s 17	18	19
10:00 Exercises– WL 11:00 News & Views– WL 1:30 Church Service– WL 2:00 Pete Campbell– WL 3:00 Folding– AR 3:00 10 Pin Bowling– WL 4:00 Walking Club– WL 6:00 Story Reading– AR 6:00 News @ 6– WL 7:00 Movie Night– HL	10:00 Qi Gong– WL 11:00 Trivia– WL 1:00 Mike’s Critters– WL 1:30 Intro to Dakim– HL 2:00 Puzzles– AR 3:00 Hand/Nail Care– WL 4:00 Walking Club– WL 6:00 Cards– AR 6:00 News @ 6– WL	10:00 Exercises with Jennifer Rak– WL 11:00 Baking– AR 1:30 Tea Set-Up– WL 2:00 High Tea– WL 2:00 St.Mary’s Communion-AR 3:00 Manor U– WL 4:00 Walking Club– WL 6:00 Trivia– AR 6:00 News @ 6– WL	10:00 Exercises– WL 11:00 Art with Lindsey– AR 1:00 Scenic Drive to Stanley Park 1:30 Allison Berry– WL 3:00 Folding-AR 3:30 Bingo– WL 4:00 Walking Club– WL 6:00 Dominoes– AR 6:00 News @ 6– WL	10:00 Qi-Gong– WL 11:00 Music Class– WL 1:30 Intro to Dakim– HL 2:00 Animal Hour– WL 3:15 Mike Chislom– WL 4:00 Walking Club– WL 6:00 Brain Busters– AR 6:00 News @ 6– WL 7:00 Movie Night– HL	10:00 Exercises– WL 11:00 Baking– AR 1:30 iPad Games– AR 2:00 Kerrisdale Bell Ringers– WL 3:00 Sing-A-Long– WL 4:00 Walking Club– WL 6:00 News & Views– AR 6:00 News @ 6– WL	10:00 Exercises– WL 11:00 Lucky Bingo– WL 1:00 Craft Corner– AR 1:30 Dakim– HL 2:00 Glen Stevenson– WL 3:00 Golf– WL 4:00 Walking Club– WL 6:00 News @ 6– WL

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	Library Day 24	Good Friday 25	26
10:00 Exercises– WL 11:00 News & Views– WL 1:30 Java Music Club– AR 2:00 Matt Silverman– WL 3:00 Folding- AR 3:00 10 Pin Bowling– WL 4:00 Walking Club– WL 6:00 Story Reading– AR 6:00 News @ 6– WL 7:00 Movie Night– HL	10:00 Qi Gong– WL 10:30 Pet & Friend– WL 11:00 Trivia– WL 1:30 Intro to Dakim– HL 2:00 Puzzles– AR 3:00 Hand/Nail Care– WL 4:00 Walking Club– WL 6:00 Cards– AR 6:00 News @ 6– WL	10:00 Exercises with Jennifer Rak– WL 11:00 Baking– AR 1:30 Tea Set-Up– WL 2:00 High Tea with Jennifer Lauren– WL 3:00 Manor U– WL 4:00 Walking Club– WL 6:00 Trivia– AR 6:00 News @ 6– WL	10:00 Exercises– WL 11:00 Art with Lindsey– AR 1:00 Scenic Drive to Kits Beach 1:30 Peter Paulus– WL 3:00 Folding– AR 3:30 Bingo– WL 4:00 Walking Club– WL 6:00 Dominoes– AR 6:00 News @ 6– WL	Foot Care Nurse 10:00 Qi Gong– WL 11:00 Music Class– WL 1:30 Intro to Dakim– HL 2:00 Animal Hour– WL 3:00 Happy Hour– WL 4:00 Walking Club– WL 6:00 Brain Busters– AR 6:00 News @ 6– WL	10:00 Exercises– WL 11:00 Baking– AR 1:30 iPad Games– AR 2:00 High Tea– WL 3:00 Sing-A-Long– WL 4:00 Walking Club– WL 6:00 News & Views– AR 6:00 News @ 6– WL	10:00 Exercises– WL 11:00 Lucky Bingo– WL 1:00 Craft Corner– AR 1:30 Dakim– HL 2:00 Balloon Volleyball– WL 3:00 Easter Egg Hunt– WL 4:00 Walking Club– WL 6:00 News @ 6– WL
Easter Sunday 27	Easter Monday 28	29	30	31		
10:00 Exercises– WL 11:00 News & Views– WL 1:30 Java Music Club– AR 2:00 Pete Campbell– WL 3:00 Folding– AR 3:00 Egg Painting– AR 4:00 Walking Club– WL 6:00 Story Reading– AR 6:00 News @ 6– WL 7:00 Movie Night– HL	10:00 Qi Gong– WL 11:00 Trivia– WL 1:30 Intro to Dakim– HL 2:00 Puzzles– AR 3:00 Hand/Nail Care– WL 4:00 Walking Club– WL 6:00 Cards– AR 6:00 News @ 6– WL	10:00 Exercises with Jennifer Rak– WL 11:00 Baking– AR 1:30 Tea Set-Up– WL 2:00 High Tea – WL 2:00 Easter Egg Hunt-WL 3:00 Manor U– WL 4:00 Walking Club– WL 6:00 Trivia– AR 6:00 News @ 6– WL	10:00 Exercises– WL 11:00 Art with Lindsey– AR 1:00 Walking Tour Around Trout Lake Park 1:30 Allison Berry– WL 3:00 Folding– AR 3:30 Bingo– WL 4:00 Walking Club– WL 6:00 Dominoes– AR 6:00 News @ 6– WL	10:00 Qi Gong– WL 11:00 Music Class- WL 1:30 Intro to Dakim– HL 2:00 Animal Hour– WL 3:00 Happy Hour– WL 4:00 Walking Club– WL 6:00 Brain Busters– AR 6:00 News @ 6– WL		
			Important Dates		Room Legend	
			13th Daylight Savings Begins 17th St. Pat's Day 20th Palm Sunday 24th Passover 25th Good Friday 27th Easter Sunday		WL= Willow Lounge AR= Activity Room HL= Heather Lounge	