

RECREATION CHOICES

MARCH 2016

Fergus Place, Recreational Director: Jennifer Pearson

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		10:45 Chair Dancing Video with Jennifer—New Program LR 1:30–3:00 Outing to Stanley Park Mall (please sign up) 3:30 Resident Meeting 7:00 Movie Night with Dawn : The Book Thief	10:00 Catholic Service A 10:45 Trivia A 2:00 Short Story: Shooting the Breeze about the Weather 2:00 Gentle Exercise: Movement to Music LR 3:00 Rev. Ron Visits 7:00 Bingo with Julia	10:00 Morning Chair Yoga 10:45 Current Events 2:30 March Birthday Party with Conn Smythe 7:00 Meet and Greet your Neighbour Social with Dawn	10:00 Music Therapy WLU 10:45 Music Therapy WLU 11:00 Tuck Shop 2:00 Gentle Exercise: Movement to Music LR 6:45 Wii Wheel of Fortune LR	10:30 Walking Club (independent program) 10:30 Manicures with Meranda 2:00 Bingo with Lori and Amanda 2:30 Cards/ Board Games DR 6:45 Movie Night : The King and I
6	7	8	9	10	11	12
10:30 Coffee and Word Games (see wellness staff) 10:30 Dig Visits with Moose 2:30 Knitting Group A 2:30 Church Service with Elaine, Deet and Mike 7:00 Movie Night : LR	10:00 Craft: Spring Painting A 2:00 Gentle Exercise: Movement to Music LR 3:00 Jazz Happy Hour LR 7:00 Wheel of Fortune Channel 6 7:30 Jeopardy Channel 6	10:00 Exotic Animal Trivia and Discussion 1:30-3:45 Outing: Walmart Sunrise Centre (Please sign up) 2:00 Bingo with Delany DR 3:30 Scrabble DR 6:30 Abby on the Piano and social : New Program	10:00 Catholic Service A 10:45 Group Discussion : Kellogg's Corn Flake Day 2:00 Crokinole with Judy 2:00 Gentle Exercise: Movement to Music LR 3:00 Crafts: Making an Easter Bonnet Door Decoration 7:00 Bingo with Julia	10:30 Music with David and Carla 2:00 Craft: Making Coasters 3:30 Afternoon Chair Yoga 7:00 Conversations with Lori and Amanda LR	10:00 Music Therapy WLU 10:45 Music Therapy WLU 11:00 Tuck Shop 2:00 Gentle Exercise: Movement to Music LR 3:00 Tim Horton's Coffee and Learn about Hazel McCallion 6:45 Documentary Movie Night : 1st man on the Moon	10:30 Walking Club (independent program) 10:30 Jeopardy with Melissa A 1:00 Make Welcome Banner for Hazel McCallion 2:00 Cards A 2:30 St. Patrick's Day Social Pub with Derek Bryan 6:45 Movie Night: It's a Great Feeling
13	14	15	16	17	18	19
10:30 Coffee and Word Fit (see wellness staff) 10:30 Dig Visits with Moose 2:30 Knitting Group A 2:30 Reformed Presbyterian Church Service 7:00 Movie Night	10:00 Craft: Decorating Flower Vase A 10:30 Board Games 2:00 Gentle Exercise: Movement to Music LR 3:00 Ice Cream Social : Making Sundaes and Board Games 7:00 Wheel of Fortune Channel 6	10:30 Music with Dave and Carla 2:00 Baking : No Bake Cheese Cake 3:30 Meet and Greet Hazel McCallion Social DR 7:00 Movie Night with Dawn : Andre Rieu	10:00 Catholic Service A 10:45 Jeopardy 2:00 Crokinole with Judy 2:00 Gentle Exercise: Movement to Music LR 3:00 Rev. Ron Visits 7:00 Bingo with Julia	St. Patrick's Day Wear Green 9:00 Baking: Lucky Mint Bark 10:00 Craft: Making Fairy Crowns and Fairy tale Discussion 10:45 Heads Up 2:30 Bingo: Lucky Green Bingo 3:30 Guess that Tune with Allie 7:00 Word Games: Mad Libs with Melissa	10:00 Music Therapy WLU 10:00 Morning Craft: Decoupage Eggs 10:45 Music Therapy WLU 11:00 Tuck Shop 2:00 Gentle Exercise: Movement to Music LR 3:00 Wii Sports Bowling 6:45 Wii Wheel of Fortune	10:30 Walking Club (independent program) 10:30 2:00 Bingo with Meranda and Tanya DR 2:30 Cards with Noah 6:45 Movie Night : How the West was Won

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20	21	22	23	24	25	26
10:30 Coffee and Junk Drawer Detective (see wellness staff) 10:30 Dig Visits with Moose 2:30 Knitting Group A 2:30 Social with Patricia A 7:00 Movie Night	10:00 Greek Mythology Monday : Story Telling with Jennifer 10:45 Word Games 2:30 Easter Social with Michael Toby 3:45 Board Games A 7:00 Wheel of Fortune Channel 6 7:30 Jeopardy Channel 6	10:00 Scrabble DR 2:00 Baking: Creamy Peanut Butter Chocolate Brownies 3:45 Chair Dancing Video with Jennifer—New Program LR 6:30 Abby on the Piano and Social	10:00 Catholic Service A 10:45 one to one visits Delany 1:30 Visiting Library A 2:00 Gentle Exercise: Movement to Music LR 3:00 Wii Wheel of Fortune DR 7:00 Bingo with Julia	10:00 Morning Chair Yoga A 10:30 Decorating Easter Eggs A 2:00 Easter Trivia 3:30 Documentary Movie 7:00 Jeopardy with Noah	Good Friday 10:00 Knitting Circle 2:00 Social with Patricia 6:45 Movie Night: Salmon Fishing in the Yemen LR	10:30 Walking Club (independent program) 10:30 Hands Helping Hands: Folding Towels with Meranda 2:00 Baking with Theresa and Haley: 6:45 Movie Night : Bob Hope and Bing Crosby Road to Singapore
27	28	29	30	31		
Easter Sunday 10:30 Coffee and Word Games (see wellness staff) 10:30 Dig Visits with Moose 2:30 Knitting Group A 7:00 Movie Night	10:00 Monthly Devotion: Being the best we can be A 10:45 Dominoes A 2:00 Gentle Exercise: Movement to Music LR 3:00 Potato Chip Tasting Social A 7:00 Wheel of Fortune Channel 6 7:30 Jeopardy Channel 6	10:00 Short Story: Lion and Lamb 10:30 Documentary: 11:00 Lunch Outing: Swiss Chalet 3:00 Bingo with Jennifer 7:00 Movie Night with Dawn : Documentary Movie	10:00 Catholic Service A 10:45 Who Am I ? 2:00 Crokinole with Judy 2:00 Gentle Exercise: Movement to Music LR 3:00 Health Matters: Kidney Month Group Discussion 7:00 Bingo with Julia	10:00 Morning Chair Yoga 10:30 Board Games 2:30 Afternoon Entertainment with Helen Stephens on the Piano 3:45 Who Am I Trivia with Allie 7:00 Jeopardy with Noah		
			Important Dates		Room Legend	
					DR: Dining Room L: Living Room A: Atrium	