



# Recreation Choices July 2018

Rosewood • Jackie Dokken, Director of Recreation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1 Canada Day</b> 10:30 Canada Scavenger hunt walk 2:00 Canada Day Celebration – Canada history and special events and Cake! 3:30 Hymn Sing with Winn (EDF) 7:00 or Lawrence Welks 7:00 * I Pad Canadian Providences K	<b>2</b> 10:30 Tired Exercise 10:45 Catholic Communion (WCR) 2:00 Darts or Finish the Adages 2:00 * I Pad Canadian Providences A 7:00 Flower arranging D 7:00 Never Have I Ever game! 7:00 Nails A	<b>3</b> 10:30 Exercise with Vil MN 10:30 Chair stretches and morning Walk 2:00 Frisbee Challenge or *What's in the News 2:00 * I Pad Canadian Providences MN 2:00 Ice Cream Sundae's in court yard ABC & Rec Meeting 7:00 Pick a Movie from our Library	<b>4</b> 10:30 Princess Dog Visits ABC 10:30 Tired Exercise 1:45 Waverley Warblers 1:45 EFD Ice Cream Social Boat Winners (RCY) 7:00 Bingo or Chicken soup stories 7:00 * I Pad Canadian Providences HJ	<b>5 Waverley Dinner G</b> 10:30 Chair stretches or walk outside 10:30 Exercise with Vil GK 10:30 Zumba BC 2:00 * I Pad Canadian Providences D 2:00 Ladder Ball or Group Crossword EF 2:00 Ladder Ball or Group Crossword KMN 2:00 Curling or Group Crossword GHJ 2:00 Bean Bag Toss or Group Crossword ABC 3:30 Sing with Winn F DE 7:00 Nails BC 7:00 * I pad Canadian Provence's EF 7:00 Dart Challenge	<b>6</b> 10:30 Chair Exercise or walk outside 11:30 BBQ on Patio DEF with Cal Wookey 2:00 Craft- Kite Project! 7:00 * I Pad Canadian Providences BC 7:00 House Choice Cards or Board Games	<b>7</b> 10:30 Tired Exercise 2:00 Sing Along Karaoke with Val (BAC) 2:00 Physical game (House choice) 7:00 Pick a Movie from our Library
<b>8</b> 10:30 Tired Exercise 2:00 German Club (H) 2:00 Walk outside or Bowling 3:30 Hymn Sing with Winn (EDF) 7:00 Bingo or Lawrence Welks	<b>9</b> 10:30 Chair stretches and morning Walk 10:45 Catholic Communion (WCR) 11:30 Paper bag Picnic KMN (RCY) 2:00 Ice Cream Sundae's in court yard DEF 2:00 Ping Pong Toss or Wheel of Fortune 7:00 Nails D 7:00 Bean Bag Toss	<b>10</b> 10:30 Balloon Volleyball 10:30 Music with Rocky HJ 10:30 Exercise with Vil DA 11:05 Music w Rocky KG 2:00 Darts or Finish the Adages 2:30 Healthy Minds – Stories from Mike Ford NHL Alumni GHJ (WLG) 3:10 Music with Rocky MN 3:45 Music with Rocky EF 7:00 Chicken soup stories	<b>11</b> 10:15 Bus Ride KMN 10:30 Princess Dog Visits DEF 10:30 Tired Exercise 1:45 Waverley Warblers 7:00 Bingo or Patio Trivia	<b>12 Waverley Dinner H</b> 10:30 Chair Stretches or walk outside 10:30 Exercise with Vil BC 10:30 Zumba EF 1:15 English Gardens GHJ 2:00 Curling or Summer Song talk & Sing KMN 2:00 Ladder Jump or Summer Song talk & sing DEF 2:00 Bean Bag toss or summer Song talk & Sing ABC 7:00 Word Games 7:00 Nails EF	<b>13</b> 10:30 Tired Exercise 11:30 BBQ on Patio GHJ with Cal Wookey 1:15 Bus Ride DEF 2:00 Court Yard games KMN with Inga 2:00 Yahtzee or Ring Toss GJH 2:45 Bus Ride ABC 3:30 Sing with Winn FDE 7:00 Bowling	<b>14</b> 10:30 AM Stretches or walk outside 2:00 Stories on the Patio 2:00 Sing Along Karaoke with Val (EDF) 7:00 Pick a Movie from our Library
<b>15</b> 10:30 Chair stretches and morning Walk 2:00 Physical game House choice 3:30 Hymn Sing with Winn (EDF) 7:00 Bingo or Lawrence Welks	<b>16</b> 10:30 Tired Exercise 10:45 Catholic Communion (WCR) 11:30 Paper bag Picnic DEF (RCY) 1:45 Birthday Party with Bellows & Fellows 7:00 Flower arranging K 7:00 Nails G 7:00 *Ipad 4 Pic 1 Word	<b>17</b> 10:30 Chair stretches and morning Walk 10:30 Music with Rocky BC 10:30 Exercise with Vil EF 11:05 Music with Rocky DA 2:00 *Stories from the Ipad 3:10 Music with Rocky NM 3:45 Music with Rocky EF 7:00 Bowling	<b>18</b> 10:30 Princess Dog Visits KMN 10:30 Tired Exercise 1:45 Waverley Warblers 2:45 Bus Ride ABC 7:00 Bingo or daily Chronical	<b>19 Waverley Dinner J</b> 10:30 Chair stretches or walk outside 10:30 Exercise with Vil AB 10:30 Zumba KG 1:15 English Gardens DEF 2:00 Curling or Group Crossword ABC, 2:00 Ladder jump or group crossword GHJ, 2:00 Bean Bag toss or Group Crosswords KMN 3:30 Sing with Winn FDE 7:00 *Pick your topic to learn about 7:00 Nails JH	<b>20</b> 10:30 Chair Exercise or walk outside 11:30 BBQ on Patio ABC With Cal Wookey 1:15 Bus Ride GHJ 1:45 DEF, KMN Kite Project Contest (RCY) 2:15 ABC, GHJ Kite Project Contest (RCY) 2:45 Bus Ride KMN 7:00 Basket Ball Toss	<b>21</b> 10:30 AM Stretches or walk outside 10:30 Tired Exercise 2:00 Physical game (House choice) 2:00 Sing Along Karaoke with Val (HGJ) 7:00 Pick a Movie from our Library
<b>22</b> 10:30 Tired Exercise 2:00 Card or Dice games (House choice) 2:00 French Club (B) 3:30 Hymn Sing with Winn (EDF) 7:00 Bingo or Lawrence Welks	<b>23</b> 10:30 Chair stretches and morning Walk 10:45 Catholic Communion (WCR) 11:30 Paper bag Picnic GHJ (RCY) 2:00 Ice Cream Sundae's in court yard KMN, 2:00 Ladder Ball, or *Pick a topic DEF 2:00 Curling, or *Pick a topic GHJ 2:00 Ladder Ball or *Pick a topic ABC 7:00 Ice Cream Cone Anniversary – Ice cream cones on the patio	<b>24</b> 10:30 Men's Club (WTH) 10:30 Book Club with Jackie (RCY or RCR) 1:45 Summer Dreams Opera Performance 3:10 Music with Rocky HJ 3:45 Music with Rocky KG 7:00 Pick a Movie from our Library	<b>25</b> 10:30 Chair Exercise or walk outside 10:30 Princess Dog Visits GHJ 10:30 Tired Exercise 1:15 English Gardens ABC 1:45 Waverley Warblers 7:00 Bingo or What's in the News?	<b>26 Waverley Dinner K</b> 10:30 Chair stretches or walk outside 10:30 Zumba HJ 10:30 Tired Exercise ABC 1:15 English Gardens KMN 2:00 Ping Pong Challenge or Who wants to be a Millionaire! 2:30 Healthy Minds – Concussions ABC (WLG) 3:30 Sing with Winn FDE 7:00 Nails MN 7:00 Short stories & tea	<b>27</b> 10:30 Chair Exercise or walk outside 10:00 Tired Exercise 11:30 BBQ on Patio KMN With Cal Wookey 1:15 Bus Ride DEF 2:00 Court yard games ABC With Inga 2:00 Yahtzee or Ring Toss KMN 1:45 Bean Bag Toss or Cards 2:45 Bus Ride GHJ 7:00 House Choice Cards or Board Games	<b>28</b> 10:30 AM Stretches or walk outside 2:00 Board or card games (house choice) 2:00 Sing Along Karaoke with Val (KMN) 7:00 Pick a Movie from our Library!
<b>29</b> 10:30 Chair stretches and morning Walk 2:00 Physical Games House Choice 3:30 Hymn Sing with Winn (EDF) 7:00 Bingo or Lawrence Welks	<b>30 Day of Friendship</b> 10:30 Tired Exercise 11:30 Paper bag Picnic ABC (RCY) 2:00 Ice Cream Sundae's in court yard GHJ 2:00 Frisbee Challenge or *Friendship poems & Stories 7:00 Flower arranging G 7:00 Ring Toss	<b>31</b> 10:30 Music with Rocky BC 10:30 Tired Exercise 11:05 Music with Rocky DA 2:00 Group Cross Word or Walk outside or Tired Exercise ABC 2:30 Presentation: Aschenti Chocolate KMN (WLG) 2:45 Bus Ride ABC 7:00 Patio Ice cream & Stories!		<b>ROOM LEGEND</b> RCR – Rosewood Comm Rm WDR – Waverley Dinning Rm WTH – Waverley Theatre WCR – Waverley Common Rm WLG – Waverley Lounge RCY – Rosewood Court yard	<b>CALENDAR LEGEND</b> Special Events Outings * Ipad/Apple TV Programs	<b>Dates to Remember</b>