



# Recreation Choices June 2018

The Edinburgh • Luisa Romero, Director of Recreation



| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday  |
|--|---|---|--|--|---|---|
|  | <b>CALENDAR LEGEND</b><br>Special Events<br>Outings<br>* iPad/Apple TV Programs   | <b>Dates to Remember</b><br><b>Ottawa Public Library Visit - Homebound Program</b><br><b>Tuesday, June 5 at 1:30 pm</b><br><br>Call the library: (613) 580-2944 for more details  |  |  | <b>1</b><br>10:15 am Exercise class<br>10:30 am *World news and coffee<br>11:00 am Dice game<br>2:00 pm Gardening<br>3:00 pm Bingo<br>3:00 pm *Video Concert<br>6:15 pm *Mystery Film with Miguel   | <b>2</b><br>10:00 am Coffee time and chat<br>11:00 am Walking club<br>1:30 pm Mass<br>2:15 pm Bingo<br>3:15 pm Afternoon Tea<br>6:15 pm *Movie Series" The Royal House of Windsor", Episode 4     |
| <b>3</b><br>10:00 am World news and coffee<br>10:30 am Bean Bags<br>11:00 am *Video Concert<br>11:00 am Walking Club<br>2:30 pm Sunday Tea Party<br>3:00 pm *Video concert<br>6:15 pm *Movie: "To catch a Thief"   | <b>4</b><br>10:15 am Exercise Class<br>10:30 am World news and coffee<br>11:00 am Find the word<br>2:00 pm Bingo<br><b>3:00 pm Smoothie Social</b><br>4:30 pm Visits one on one<br><b>5:30 pm Music with Pamela</b><br>6:30 pm *Video documentary               | <b>5</b><br>10:00 am Fun and Fitness<br>10:30 am Coffee and Chat<br><b>11:00 am Recreation Meeting with Luisa</b><br>2:00 pm Gardening<br>3:00 pm Afternoon Tea<br>4:30 pm Visits one on one<br>5:30 pm Storytelling<br>6:15 pm Bingo   | <b>6 D Day</b><br>9:30 am Good Morning News<br>10:15 am Exercise class<br>11:00 am D Day Remembrance<br>2:00 pm Sing Along<br>3:00 pm Bingo<br>3:00 pm *Video concert<br>4:00 pm Walking Club<br>6:15 pm Movie night:<br>"The Longest Day" | <b>7 Provincial Elections</b><br>9:30 am Fun and Fitness<br>10:00 am Coffee and chat<br><b>10:30 am United Church Service</b><br>11:00 am Visit with Rev. McKnight<br>2:00 pm Knitting group<br>2:00 pm Video Concert<br>3:00 pm Card games<br><b>3:30 to 8:30 pm Voting Poll in the penthouse</b> | <b>8</b><br>10:15 am Exercise class<br><b>10:30 am Outing to Rideau Hall Rose Garden</b><br>11:00 am Guess the Word<br><b>2:00 pm *Current Events with Liz</b><br>3:00 pm Afternoon Tea<br>3:00 pm Bingo<br>3:00 pm *Video Concert<br>4:30 pm Walking Club<br>6:15 pm *Mystery Film with Miguel | <b>9</b><br>10:00 am Coffee time and chat<br>11:00 am Card/Board Games<br>1:30 pm Mass<br>2:15 pm Bingo<br>3:15 pm Afternoon Tea<br>6:15 pm *Movie Series" The Royal House of Windsor", Episode 5 |
| <b>10</b><br>10:00 am World news and coffee<br>10:30 am Bowling<br>11:00 am Card/Board Games<br>11:00 am *Video Concert<br>2:30 pm Sunday Tea Party<br>6:15 pm *Movie: "My Fair Lady"  | <b>11</b><br>10:15 am Exercise Class<br>10:30 am World news and coffee<br>11:00 am Gardening<br>2:00 pm Bingo<br>3:00 pm Afternoon Tea<br>3:30 pm Arts and Crafts<br>Flower Arrangements  | <b>12</b><br>9:30 am Fun and Fitness<br>10:00 am Coffee and Chat<br><b>11:00 am Residents and Managers Meet</b><br>2:00 pm Current events with Mr. Cox<br><b>3:00 pm Tropical Fruits Presentation and Tasting</b><br>4:00 pm Visits one on one<br>5:30 pm Father's Day decorations<br>6:15 pm Lotto 649 | <b>13</b><br>9:30 am Good Morning News<br>10:15 am Exercise class<br><b>11:00 am TEP Assessment</b><br>2:00 pm Sing along<br><b>2:00 pm TEP Assessment</b><br>3:00 pm Bingo<br>4:00 pm Walking Club<br>6:15 pm Resident's pick movie night | <b>14</b><br>9:30 am Fun and Fitness<br>10:00 am Coffee and chat<br><b>11:00 am TEP Assessment</b><br>2:00 pm Knitting Group<br><b>3:00 pm Strawberry Social with Jennifer Francis</b><br>4:30 pm Walking club   | <b>15</b><br>10:15 am Exercise class<br><b>10:30 am Picnic Lunch at Billings Estate</b><br>10:30 am *World news and coffee<br>11:00 am Flower arrangements<br><b>2:00 pm TEP Assessment</b><br>3:00 pm Bingo<br>3:00 pm *Video Concert<br>6:15 pm *Mystery Film with Miguel                     | <b>16</b><br>10:00 am Coffee time and chat<br>11:00 am Walking club<br>1:30 pm Mass<br>2:15 pm Bingo<br>3:15 pm Afternoon Tea<br>6:15 pm *Movie Series" The Royal House of Windsor", Episode 6    |
| <b>17 Happy Father's Day</b><br>10:00 am World news and coffee<br>10:30 am Bean Bags<br>11:00 am Walking Club<br>11:00 am *Video Concert<br>2:00 pm Tea Party decorations<br><b>3:00 pm Father's Day Celebration Music by E. Runge (violin) and R. Weinroth-Browne (cello)</b><br>6:15 pm *Movie: Gone with the wind 1 | <b>18</b><br>10:15 am Exercise Class<br>10:30 am World news and coffee<br>11:00 am Find the word<br>2:00 pm Bingo<br><b>3:00 pm Healthy Minds Talk "Fall Prevention"</b><br><b>4:00 pm TEP Assessments</b><br>5:30 pm Manicures<br>6:30 pm *Video documentary : | <b>19</b><br><b>10:00 am Boat Cruise on the Rideau Canal</b><br>10:30 am Coffee and Chat<br>11:00 am Card games<br>2:00 pm Event decorations<br><b>3:00 pm Birthday Party with Andre Gareau</b>   | <b>20</b><br>9:30 am Good Morning News<br>10:15 am Exercise class<br><b>11:00 am TEP Assessment</b><br>2:00 pm Sing along<br><b>3:00 pm Celebrating Summer on the Patio</b><br>4:00 pm Walking Club<br>6:15 pm Video Documentary           | <b>21 First Day of Summer</b><br>9:30 am Fun and Fitness with Naleene<br>10:00 am Coffee and chat<br>11:00 am Gardening<br>2:00 pm Knitting group<br><b>3:00 pm Healthy Minds Talk Aids to Mobility: Using a walker correctly"</b><br>4:00 pm Walking club   | <b>22</b><br>10:15 am Exercise class<br>10:30 am *World news and coffee<br>11:00 am Arts and Crafts<br><b>2:00 pm *Current Events with Liz</b><br>3:00 pm Afternoon Tea<br>3:00 pm Bingo<br>3:00 pm *Video Concert<br>4:00 pm Walking Club<br>6:15 pm *Mystery Film with Miguel                 | <b>23</b><br>10:00 am Coffee time and chat<br>11:00 am Card/Board Games<br>1:30 pm Mass<br>2:15 pm Bingo<br>3:15 pm Afternoon Tea<br>6:15 pm *Movie Series: "Land Girls" Episode 1                |
| <b>24</b><br>10:00 am World news and coffee<br>10:30 am Bowling<br>11:00 am Card/Board Games<br>2:30 pm Sunday Tea Party<br><b>3:00 pm Hymn Sing with Irene</b><br>3:00 pm *Video concert<br>6:15 pm *Movie: Gone with the wind 2  | <b>25</b><br>10:15 am Exercise Class<br>10:30 am World news and coffee<br>11:00 am Gardening<br>2:00 pm Bingo<br>3:00 pm Ice Cream Parlour<br>3:00 pm Sing Along<br><b>5:30 pm Philippine Dinner in the Penthouse Live Philippine Music</b>                     | <b>26</b><br>10:00 am Fun and Fitness<br>10:30 am Coffee and Chat<br><b>11:00 am Anglican Service</b><br>2:00 pm Current Events with Mr. Cox<br>3:00 pm Afternoon Tea Party<br><b>4:00 pm TEP Assessments</b><br><b>5:30 pm Music with Nigel</b>  | <b>27</b><br>9:30 am Good Morning News<br>10:15 am Exercise class<br><b>11:00 am Food Meeting</b><br>2:00 pm Sing along<br>3:00 pm Bingo<br>4:00 pm Walking Club<br>6:15 pm Resident's pick movie night                                    | <b>28</b><br>9:30 am Fun and Fitness<br>10:00 am Coffee and chat<br><b>10:30 am Picnic Lunch at Rockcliffe Park</b><br>2:00 pm Knitting group<br>3:00 pm Card games<br>4:00 pm Walking club  | <b>29</b><br>10:15 am Exercise class<br>10:30 am *World news and coffee<br>11:00 am Flower arrangements<br>2:00 pm Favourite Tunes<br>3:00 pm Bingo<br>6:15 pm *Mystery Film with Miguel  | <b>30</b><br>10:00 am Coffee time and chat<br>11:00 am Gardening<br>1:30 pm Mass<br>2:15 pm Bingo<br>3:15 pm Afternoon Tea<br>6:15 pm *Movie Series: "Land Girls" Episode 2                       |