



Recreation Choices June 2018

The Edinburgh • Luisa Romero, Director of Recreation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CALENDAR LEGEND Special Events Outings * iPad/Apple TV Programs	Dates to Remember Ottawa Public Library Visit - Homebound Program Tuesday, June 5 at 1:30 pm Call the library: (613) 580-2944 for more details			1 10:15 am Exercise class 10:30 am *World news and coffee 11:00 am Dice game 2:00 pm Gardening 3:00 pm Bingo 3:00 pm *Video Concert 6:15 pm *Mystery Film with Miguel	2 10:00 am Coffee time and chat 11:00 am Walking club 1:30 pm Mass 2:15 pm Bingo 3:15 pm Afternoon Tea 6:15 pm *Movie Series" The Royal House of Windsor", Episode 4
3 10:00 am World news and coffee 10:30 am Bean Bags 11:00 am *Video Concert 11:00 am Walking Club 2:30 pm Sunday Tea Party 3:00 pm *Video concert 6:15 pm *Movie: "To catch a Thief"	4 10:15 am Exercise Class 10:30 am World news and coffee 11:00 am Find the word 2:00 pm Bingo 3:00 pm Smoothie Social 4:30 pm Visits one on one 5:30 pm Music with Pamela 6:30 pm *Video documentary	5 10:00 am Fun and Fitness 10:30 am Coffee and Chat 11:00 am Recreation Meeting with Luisa 2:00 pm Gardening 3:00 pm Afternoon Tea 4:30 pm Visits one on one 5:30 pm Storytelling 6:15 pm Bingo	6 D Day 9:30 am Good Morning News 10:15 am Exercise class 11:00 am D Day Remembrance 2:00 pm Sing Along 3:00 pm Bingo 3:00 pm *Video concert 4:00 pm Walking Club 6:15 pm Movie night: "The Longest Day"	7 Provincial Elections 9:30 am Fun and Fitness 10:00 am Coffee and chat 10:30 am United Church Service 11:00 am Visit with Rev. McKnight 2:00 pm Knitting group 2:00 pm Video Concert 3:00 pm Card games 3:30 to 8:30 pm Voting Poll in the penthouse	8 10:15 am Exercise class 10:30 am Outing to Rideau Hall Rose Garden 11:00 am Guess the Word 2:00 pm *Current Events with Liz 3:00 pm Afternoon Tea 3:00 pm Bingo 3:00 pm *Video Concert 4:30 pm Walking Club 6:15 pm *Mystery Film with Miguel	9 10:00 am Coffee time and chat 11:00 am Card/Board Games 1:30 pm Mass 2:15 pm Bingo 3:15 pm Afternoon Tea 6:15 pm *Movie Series" The Royal House of Windsor", Episode 5
10 10:00 am World news and coffee 10:30 am Bowling 11:00 am Card/Board Games 11:00 am *Video Concert 2:30 pm Sunday Tea Party 6:15 pm *Movie: "My Fair Lady"	11 10:15 am Exercise Class 10:30 am World news and coffee 11:00 am Gardening 2:00 pm Bingo 3:00 pm Afternoon Tea 3:30 pm Arts and Crafts Flower Arrangements	12 9:30 am Fun and Fitness 10:00 am Coffee and Chat 11:00 am Residents and Managers Meet 2:00 pm Current events with Mr. Cox 3:00 pm Tropical Fruits Presentation and Tasting 4:00 pm Visits one on one 5:30 pm Father's Day decorations 6:15 pm Lotto 649	13 9:30 am Good Morning News 10:15 am Exercise class 11:00 am TEP Assessment 2:00 pm Sing along 2:00 pm TEP Assessment 3:00 pm Bingo 4:00 pm Walking Club 6:15 pm Resident's pick movie night	14 9:30 am Fun and Fitness 10:00 am Coffee and chat 11:00 am TEP Assessment 2:00 pm Knitting Group 3:00 pm Strawberry Social with Jennifer Francis 4:30 pm Walking club	15 10:15 am Exercise class 10:30 am Picnic Lunch at Billings Estate 10:30 am *World news and coffee 11:00 am Flower arrangements 2:00 pm TEP Assessment 3:00 pm Bingo 3:00 pm *Video Concert 6:15 pm *Mystery Film with Miguel	16 10:00 am Coffee time and chat 11:00 am Walking club 1:30 pm Mass 2:15 pm Bingo 3:15 pm Afternoon Tea 6:15 pm *Movie Series" The Royal House of Windsor", Episode 6
17 Happy Father's Day 10:00 am World news and coffee 10:30 am Bean Bags 11:00 am Walking Club 11:00 am *Video Concert 2:00 pm Tea Party decorations 3:00 pm Father's Day Celebration Music by E. Runge (violin) and R. Weinroth-Browne (cello) 6:15 pm *Movie: Gone with the wind 1	18 10:15 am Exercise Class 10:30 am World news and coffee 11:00 am Find the word 2:00 pm Bingo 3:00 pm Healthy Minds Talk "Fall Prevention" 4:00 pm TEP Assessments 5:30 pm Manicures 6:30 pm *Video documentary :	19 10:00 am Boat Cruise on the Rideau Canal 10:30 am Coffee and Chat 11:00 am Card games 2:00 pm Event decorations 3:00 pm Birthday Party with Andre Gareau	20 9:30 am Good Morning News 10:15 am Exercise class 11:00 am TEP Assessment 2:00 pm Sing along 3:00 pm Celebrating Summer on the Patio 4:00 pm Walking Club 6:15 pm Video Documentary	21 First Day of Summer 9:30 am Fun and Fitness with Naleene 10:00 am Coffee and chat 11:00 am Gardening 2:00 pm Knitting group 3:00 pm Healthy Minds Talk Aids to Mobility: Using a walker correctly" 4:00 pm Walking club	22 10:15 am Exercise class 10:30 am *World news and coffee 11:00 am Arts and Crafts 2:00 pm *Current Events with Liz 3:00 pm Afternoon Tea 3:00 pm Bingo 3:00 pm *Video Concert 4:00 pm Walking Club 6:15 pm *Mystery Film with Miguel	23 10:00 am Coffee time and chat 11:00 am Card/Board Games 1:30 pm Mass 2:15 pm Bingo 3:15 pm Afternoon Tea 6:15 pm *Movie Series: "Land Girls" Episode 1
24 10:00 am World news and coffee 10:30 am Bowling 11:00 am Card/Board Games 2:30 pm Sunday Tea Party 3:00 pm Hymn Sing with Irene 3:00 pm *Video concert 6:15 pm *Movie: Gone with the wind 2	25 10:15 am Exercise Class 10:30 am World news and coffee 11:00 am Gardening 2:00 pm Bingo 3:00 pm Ice Cream Parlour 3:00 pm Sing Along 5:30 pm Philippine Dinner in the Penthouse Live Philippine Music	26 10:00 am Fun and Fitness 10:30 am Coffee and Chat 11:00 am Anglican Service 2:00 pm Current Events with Mr. Cox 3:00 pm Afternoon Tea Party 4:00 pm TEP Assessments 5:30 pm Music with Nigel	27 9:30 am Good Morning News 10:15 am Exercise class 11:00 am Food Meeting 2:00 pm Sing along 3:00 pm Bingo 4:00 pm Walking Club 6:15 pm Resident's pick movie night	28 9:30 am Fun and Fitness 10:00 am Coffee and chat 10:30 am Picnic Lunch at Rockcliffe Park 2:00 pm Knitting group 3:00 pm Card games 4:00 pm Walking club	29 10:15 am Exercise class 10:30 am *World news and coffee 11:00 am Flower arrangements 2:00 pm Favourite Tunes 3:00 pm Bingo 6:15 pm *Mystery Film with Miguel	30 10:00 am Coffee time and chat 11:00 am Gardening 1:30 pm Mass 2:15 pm Bingo 3:15 pm Afternoon Tea 6:15 pm *Movie Series: "Land Girls" Episode 2