



# Recreation Choices September 2019

Rayoak Place • Ryan Armstrong, Recreation Coordinator



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 09:30am TEP 2 (AR) 10:15am Wacky Words (AR) 11:00am Court Yard Social (CY) 01:15pm Music Therapy with Phil (AR) 06:00pm Colour Me Calm (AR)	<b>2 Labour Day</b> 09:30am TEP 1 (AR) 10:30am <b>Elvis Show with Paul Truman (MD)</b> 01:30pm <b>Paired Up Card Game (AR)</b> 02:30pm Gardening Group (CY) 03:30pm Court Yard Social (CY)	<b>3</b> 09:30am *Tuesday Meditation (AR) 10:30am TEP 2 (AR) 11:00am TEP 1 (AR) 01:30pm Nix the Six Dice Game (AR) 02:30pm *Wordscapes (AR) 03:30pm Court Yard Social (CY) 06:30pm Therapy Dog Visits (AR)	<b>4</b> 09:30am * <b>Good News Today (C)</b> 10:30am Donut Day Crafting (AR) 01:00pm Yoga with Sally (AR) 02:30pm <b>The Write Word Game (AR)</b> 03:30pm <b>October Calendar Planning (AR)</b> 06:00pm Cards (AR)	<b>5</b> 10:30am EZ Shoes Opens (MD) 10:30am St. Andrews Anglican Service (TV) 11:15am TEP 1 (AR) 01:30pm <b>Java Music Club (AR)</b> 03:00pm Manicures (AR) 04:00pm Meet and Greet with New Recreation Students (C)	<b>6</b> 09:30am <b>Eglinton Square (L)</b> 10:00am Roman Catholic Communion (TV) 01:00pm <b>Species at Risk in the Urban Jungle at TPL (L)</b> 01:40pm Fall Prevention 1 (AR) 02:30pm Fall Prevention 2 (AR)	<b>7</b> 09:30am TEP 3 (AR) 10:15am Crafting (AR) 11:00am Sing-A-Long (CY) 01:15pm Bingo (AR) 03:00pm Songs with Ron (MD) 06:00pm Cards (AR)
<b>8 Grandparent's Day</b> 09:30am Chair Yoga (AR) 10:15am "Grand" Match Game(AR) 11:00am Grandparents Day Secret Message (AR) 04:45pm <b>Musical Performance by Lisa Tahara (MD)</b> 06:00pm Crafting (AR)	<b>9 Donut Day</b> 09:30am Donut Photobooth (L) 10:15am Fall Prevention 1 (AR) 11:00am Fall Prevention 2 (AR) 01:00pm Donut Baking (AR) 02:00pm <b>Donut Decorating Competition (AR)</b> 03:30pm Painted Donuts (AR) 06:00pm Bingo (AR)	<b>10</b> 09:30am TEP 1 (AR) 10:30am Tea World Today with Nick (AR) 01:30pm <b>Parkway Mall (L)</b> 02:30pm *Wordscapes (AR) 03:30pm *Afternoon Tea and News (C) 06:30pm Therapy Dog Visits (AR)	<b>11</b> 09:30am *Good News Today (C) 10:30am <b>Merav's Art Class: Painted Tree Landscape (AR)</b> 01:00pm Yoga with Sally (AR) 02:30pm <b>Healthy Minds: The Sounds of Hollywood (AR)</b> 04:00pm Court Yard Social (CY) 06:00pm Cards (AR)	<b>12</b> Erica's Jewelry is Open (MD) 09:30am <b>A.G.E Reading Buddies (MD)</b> 10:30am TEP 2 (AR) 11:15am *Google Earth (AR) 01:30pm Java Music Club (AR) 02:30pm <b>Corby Kemp Music Performance (MD)</b> 04:00pm Family Feud (AR)	<b>13</b> 09:30am TEP 2 (AR) 10:00am Roman Catholic Communion (TV) 11:00am TEP Re-Assess. (AR) 01:30pm <b>Golden Mile (L)</b> 01:40pm Fall Prevention 1 (AR) 02:30pm Fall Prevention 2 (AR)	<b>14</b> 09:30am Walking Group (L) 10:00am TEP 1 (AR) 10:45am <b>Lianne Harris: Silk Road (LY)</b> 03:00pm Songs with Ron (MD) 06:00pm Cards (AR)
<b>15</b> 09:30am TEP 2 (AR) 10:15am Change the First Letter (AR) 11:00am Hymn Sing (LY) 03:00pm Afternoon Flick: Disney's Maleficent (TV) 06:00pm Colour Me Calm (AR)	<b>16</b> 09:30am <b>Eglinton Square (L)</b> 10:15am Fall Prevention 1 (AR) 11:00am Fall Prevention 2 (AR) 01:30pm September Trivia (AR) 03:00pm <b>Birthday Party with Paul Butler (MD)</b> 06:00pm Bingo (AR)	<b>17</b> 09:30am *Tuesday Meditation (AR) 10:30am TEP 2 (AR) 11:00am TEP 1 (AR) 01:00pm <b>Trip to High Park (L)</b> 02:00pm Music and Refreshment Social (AR) 06:30pm Therapy Dog Visits (AR)	<b>18</b> 09:30am *Good News Today (C) 10:30am <b>Riddle Jumble (AR)</b> 01:00pm Yoga with Sally (AR) 02:30pm <b>Healthy Minds: Irving Berlin (AR)</b> 04:00pm Searching for September (AR) 06:00pm Cards (AR)	<b>19</b> 09:30am Stretch & Strengthen(AR) 10:30am Rock N Roll Crossword (AR) 01:30pm Java Music Club (AR) 02:30pm <b>Apple Chalkboard Door Hanger (AR)</b> 04:00pm Manicures (AR) 06:00pm Music Social (AR)	<b>20</b> 09:30am Morning Stretch (AR) 10:00am Roman Catholic Communion (TV) 01:40pm Fall Prevention 1 (AR) 02:30pm Fall Prevention 2 (AR) 03:30pm Word Unscramble (AR) 06:00pm Match Game (AR)	<b>21</b> 09:30am TEP 3 (AR) 10:30am Acrylic Painting (AR) 01:15pm Bingo (AR) 03:00pm Songs with Ron (MD) 06:30pm <b>Irwin Patterson Travelogue: Portugal (AR)</b>
<b>22</b> 09:30am Chair Yoga (AR) 10:15am Short Stories (AR) 11:00am Riddle of the Day (AR) 01:15pm Music Therapy with Phil (AR) 03:00pm Café Social (C) 06:00pm Cards (AR)	<b>23</b> 09:30am Walking Group (L) 10:15am Fall Prevention 1 (AR) 11:00am Fall Prevention 2 (AR) 01:00pm Colour Me Calm (AR) 02:00pm <b>Music with Brent (MD)</b> 03:30pm Giant Crossword (AR) 06:00pm Bingo (AR)	<b>24</b> 09:30am *Tuesday Meditation (AR) 10:30am Stretch and Strengthen (AR) 11:15am *Hangman (AR) 01:30pm <b>Trip to Toronto Botanical Garden (L)</b> 02:30pm *Word Swipe (AR) 06:30pm Therapy Dog Visits (AR)	<b>25</b> 09:30am *Good News Today (C) 10:00am Word Unscramble (AR) 11:00am Crafting with Jessica (AR) 01:00pm Yoga with Sally (AR) 02:30pm *Wordscapes (AR) 03:30pm Trivia (AR) 06:00pm Cards (AR)	<b>26</b> 09:30am TEP 3 (AR) 10:00am Roman Catholic Mass (TV) 11:00am TEP 1 (AR) 01:30pm Java Music Club (AR) 02:30pm Greek Day Crafting (AR) 03:30pm Greek Decorating (L) 06:00pm Colour Me Calm (AR)	<b>27 Greek Day</b> 10:30am <b>Merav: Greek Bangle Bracelet (AR)</b> 01:30pm <b>Parkway Mall (L)</b> 01:40pm Fall Prevention 1 (AR) 02:30pm Fall Prevention 2 (AR) 02:30pm Lets Make Tzatziki (AR) 03:30pm * <b>Google Earth Trip to Greece (AR)</b>	<b>28</b> 09:30am TEP 2 (AR) 10:15am TEP 1 (AR) 01:15pm Bingo (AR) 03:00pm Songs with Ron (MD) 06:00pm Cards (AR)
<b>29</b> 09:30am Walking Group (L) 10:00am TEP 2 (AR) 10:45am Hymn Sing (LY) 03:00pm Café Social (C) 06:00pm Crafting (AR)	<b>30</b> 09:30am Today in History (C) 10:15am Fall Prevention 1 (AR) 11:00am Fall Prevention 2 (AR) 01:30pm <b>Bermuda Triangle (AR)</b> 03:30pm Family Feud (AR) 06:00pm Bingo (AR)	<b>Java Music Club</b>  Our first session of Java Music Club has commenced this month!  If you are interested in joining the next session beginning in November, please let Ryan know.	<b>Dates to Remember</b> 2 <sup>nd</sup> – Labour Day 8 <sup>th</sup> – Grandparent's Day 9 <sup>th</sup> - Donut Day 27 <sup>th</sup> – Greek Day	<b>Calendar Legend</b> <b>Highlights</b> <b>Outings</b> * Ipad / Apple TV Programs (N) Netflix	<b>Room Legend</b> (AR) Activity Room (LY) Library (C) Café (L) Lobby (TV) Television Lounge (MD) Main Dining Room (CY) Court Yard	<b>TEP</b> Tiered Exercise Program- Revera's Signature Physical Program!

