



Recreation Choices **May 2019**

Rosewood • Jackie Dokken, Recreational Director



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR LEGEND Highlights Outings * iPad/Apple TV Programs	ROOM LEGEND RCR – Rosewood Comm Rm WDR- Waverley Dinning Rm WTH – Waverley Theatre WCR – Waverley Common Rd WLG – Waverly Lounge RCY- Rosewood Court yard (HC) – House Choice	HOUSE LEGEND A – Alder M - Maple B – Briarwood N - Norberry C – Cedar D- Dogwood TEP – Tiered Exercise Program E – Evergreen F – Fernwood CNBS-Canada's National Ballet School G- Garden K- Kenwood	1 10:15 Bus Ride GHJ 10:15 Hall Walking 1:45 Waverley Warblers 3:30/3:45 Puzzles 7:00 Physical Game (HC)	2 Waverley Dinner F 10:30 TEP 10:30 Zumba CB 1:15 Outing Jacobs Trading - Mini Succulents DEF & N 2:00 Physical Game (HC) 3:30/3:45 *Ted Talks (HC Topic) 3:30 Sing with Winn FDE 7:00 Reminiscing Program (HC)	3 10:15 Hall Walking 1:15 Bus Ride KMN 1:45 REC Meeting GHJ 2:00 Intellectual Program (HC) 2:45 Bus Ride ABC 3:30/3:45 *Funny Children videos 7:00 Card Games (HC)	4 Open House 10:30 TEP 1:30 Baking Muffins 2:00 Physical game (HC) 3:30/3:45 Table Games 7:00 Social Activity (HC)
5 10:30 Morning Stretches 2:00 Physical Game (HC) 2:00 Community Engagement: Nails with the Mercedes and Friends HJ 3:30/3:45* Mindful Meditation 3:30 Hymn Sing with Winn FED 7:00 Intellectual Program (HC)	6 10:30 TEP 10:45 Catholic Communion (WRC) 1:45 Cinco de Mayo Happy Hour with Fire & ICE 3:30/3:45 *Travel to Mexico 7:00 Card Games (HC)	7 10:15 Hall Walking 10:30 Music with Rocky MN 11:05 Music with Rocky AD 2:00 Intellectual Program (HC) 3:10 Music with Rocky BC 3:30/3:45 *Travel Tuesday 3:45 Music with Rocky FE 7:00 Social Activity (HC)	8 10:15 Bus Ride DEF 10:30 CNBS (See House Legend) BC, HJ, NM 10:30 Morning Stretches or Walk 10:30 Worship Service (Unity Trinity) (WCR) 1:45 Waverley Warblers 3:30/3:45 Puzzles 7:00 Physical Game (HC)	9 Waverley Dinner G 10:30 TEP 10:30 Zumba FE 1:15 Outing - Jacobs Trading - Mini Succulents ABC & M 2:00 Flowers in Art Day: Paint some flowers 3:30/3:45 *Ted Talks (HC Topic) 3:30 Sing with Winn FDE 7:00 Reminiscing Program (HC)	10 10:15 Hall Walking 1:15 Bus Ride KMN 2:00 Intellectual Program (HC) 2:45 Bus Ride GHJ 3:30/3:45 * Funny Dog Videos 7:00 Card Games (HC)	11 M-day Brunch 10:15 TEP 11:00 Baking Muffins 2:00 Physical game (HC) 3:30/3:45 Table Games 7:00 Social Activity (HC)
12 Happy Mother's Day 10:30 Morning Stretches 2:00 Physical Game (HC) 3:30/3:45* Mindful Meditation 3:30 Hymn Sing with Winn FED 7:00 Intellectual Program (HC)	13 10:45 Catholic Communion (WRC) 1:45 Birthday Tea with Ernie Dyck 3:30/3:45 Table Games 7:00 Card Games (HC)	14 Denim Day! 10:30 TEP 10:30 Music with Rocky GK 11:05 Music with Rocky JH 1:45 Silver Note Choir 3:10 Music with Rocky NM 3:30/3:45 *Travel Tuesday 3:45 Music with Rocky DA 7:00 Social Activity (HC)	15 10:15 Bus Ride ABC 10:30 CNBS BC, HJ, NM 10:30 Morning Stretches or Walk 1:45 Waverley Warblers 3:30/3:45 Puzzles 7:00 Physical Game (HC)	16 Waverley Dinner H 10:30 TEP 10:30 Zumba GK 1:15 Outing- Jacobs Trading - Mini Succulents GHJ & K 2:00 Physical Game (HC) 2:30 Healthy Minds: Oak Hammock March DEF (WDR) 3:30/3:45 *Ted Talks (HC Topic) 3:30 Sing with Winn FDE 7:00 Reminiscing Program (HC)	17 10:15 Hall Walking 1:30 Walk Outside with Jackie HJ 1:15 Bus Ride KMN 2:00 *I Pad Karaoke 2:45 Bus Ride DEF 3:00 Walk Outside with Jackie B/C 3:30/3:45 *Funny videos 7:00 Card Games (HC)	18 10:15 TEP 11:00 Baking Muffins 2:00 Physical game (HC) 3:30/3:45 Table Games 7:00 Social Activity (HC)
19 10:30 Morning Stretches 2:00 Contest: Make a Kite! 3:30/3:45* Mindful Meditation 3:30 Hymn Sing with Winn FED 7:00 Intellectual Program (HC)	20 Victoria Day 10:30 TEP 2:00 House Choice Activity 3:30/3:45 Table Games 7:00 Card Games (HC)	21 10:15 Hall Walking 10:30 Music with Rocky CB 11:05 Music with Rocky FE 1:30 Walk Outside with Jackie MN 2:00 Intellectual Program (HC) 1:30 Walk Outside with Jackie G 3:10 Music with Rocky KG 3:30/3:45 *Travel Tuesday 3:45 Music with Rocky HJ 7:00 Social Activity (HC)	22 10:15 Bus Ride KMN 10:30 CNBS BC, HJ, NM 10:30 Morning Stretches or Walk 1:45 Waverley Warblers 3:30/3:45 Puzzles 7:00 Physical Game (HC)	23 Waverley Dinner J 10:30 TEP 10:30 Zumba JH 1:30 Healthy Minds: MB Underdog Rescue. GHJ (WDR) 1:15 Outing- Men's Club - out for Pie 2:00 Physical Game (HC) 3:30/3:45 *Ted Talks (HC Topic) 3:30 Sing with Winn FDE 7:00 Reminiscing Program (HC)	24 10:15 Hall Walking 1:15 Bus Ride GHJ 1:30 Walk Outside with Jackie EF 2:00 Intellectual Program (HC) 2:45 Bus Ride ABC 3:30/3:45 *Funny Cat videos 7:00 Card Games (HC)	25 10:15 TEP 11:00 Baking Muffins 2:00 Physical game (HC) 3:30/3:45 Table Games 7:00 Social Activity (HC)
26 10:30 Morning Stretches 2:00 Physical Game (HC) 3:30/3:45 * Mindful Meditation 3:30 Hymn Sing with Winn FED 7:00 Intellectual Program (HC)	27 10:30 TEP 10:45 Catholic Communion (WRC) 1:45 Big Bingo (WDR) 3:30/3:45 Table Games 7:00 Card Games (HC)	28 10:30 Morning Stretches 10:30 Music with Rocky NM 11:05 Music with Rocky DA 1:30 Walk outside with Jackie D 2:00 Spelling Bee 3:00 Walk Outside with Jackie K 3:30/3:45 *Travel Tuesday 3:45 Music with Rocky BC 7:00 Social Activity (HC)	29 10:15 Bus Ride DEF 10:30 CNBS BC, HJ, NM 10:30 Morning Stretches or Walk 1:45 Waverley Warblers 3:30/3:45 Puzzles 7:00 Physical Game (HC)	30 10:30 TEP 10:30 Workout with Ron 10:30 Zumba NM 1:30 Bus Ride KMN 2:00 Physical Game (HC) 3:30/3:45 *Ted Talks (HC Topic) 3:30 Sing with Winn FDE 7:00 Reminiscing Program (HC)	31 10:15 Hall Walking 1:15 Bus Ride GHJ 1:30 Walk Outside with Jackie A 2:00 *I Pad Karaoke 2:45 Bus Ride ABC 3:30/3:45 *Funny videos 7:00 Card Games (HC)	

