



Assisted Living Recreation Choices **October 2019**

The Williamsburg • Reem Sakran, Director of Recreation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Room Legend CK Country Kitchen BR Board Room TG Terrace Grill MT Movie Theatre GR Games Room LIB Library	Calendar Legend Highlights Outings *Ipad/Apple TV Programs	1 Older Adults Day 09:30am News & Reviews 10:00am Riddles 11:00am Music with Four-Ever Young CK 01:30pm General Exercise 02:00pm Bingo with Audrey 03:30pm Active Aging Week Kickoff with Smoothie Bar 04:00pm "Redefining Active" Jeopardy with Reem 07:30pm Jeopardy	2 09:30am News & Reviews 10:30am *Mad Libs 10:30am Fall Country Drive 11:15am Sit & Be Fit 02:00pm Entertainment with Gerry Larkin 02:00pm Lianne Harris Presents: Superstitions CK 02:30pm Afternoon Treat 03:30pm Pet Therapy with Jackson 04:00pm Coffee and Riddles 07:00pm *Netflix Series: "The Crown"	3 09:30am News & Reviews 10:30am Family Feud 11:15am Strength & Stretch 01:30pm General Exercise Class 02:15pm Blackjack 03:00pm Afternoon Treat 03:30pm Cultivating Gratitude Discussion 04:00pm Trivia 06:30pm Pet Therapy with Ray 07:00pm America's Funniest Home Videos	4 09:30am News & Reviews 10:30am Recreation Meeting with Jacqueline 11:15am Sit & Be Fit 01:15pm Artful Aging with Cailey 02:00pm Bingo 03:00pm Tea & Special Treats Social 04:00pm Friday Trivia 07:00pm *Friday Night Movie: Africa	5 09:30am News & Reviews 11:15am Board Games & Tea 01:30pm Painting 02:30pm Saturday Afternoon Series: "Murder, She Wrote"
6 09:30am News & Reviews 10:15am Current Events 11:15am Family Feud 01:00pm Afternoon Walk 01:30pm Hymn Sing with Nancy Hiebert 02:30pm *Sunday Afternoon Movie: "Eat Pray Love"	7 09:30am News & Reviews 10:30am Chasing Waterfalls Country Drive 10:30am Group Crossword 11:15am Sit & Be Fit 01:15pm Netflix & Manicures 02:00pm Taboo 02:30pm Afternoon Treats 03:15pm Java Music Club 07:00pm Wheel of Fortune	8 Purdy's Chocolate 09:30am News & Reviews 10:00am Riddles 11:15am TEP—Tier 1 01:30pm General Exercise 02:00pm Horticulturist: Festive Pumpkin Centerpieces CK 02:00pm Bingo with Audrey 03:15pm Afternoon Treat 03:30pm 1:1 Visits 04:00pm Jeopardy with Reem 07:30pm Jeopardy	9 09:30am News & Reviews 10:30am Word Unscramble 11:15am Chair Zumba 01:30pm Cribbage 02:15pm Short Stories & Tea 02:30pm Afternoon Treat 03:30pm Pet Therapy with Jackson 04:00pm Riddles 07:00pm *Netflix Series: "The Crown"	10 Suzanne M Jewelry 09:30am News & Reviews 10:30am Wacky Words 11:15am Strength & Stretch 01:30pm General Exercise Class 02:15pm Blackjack 03:00pm Food Meeting 03:00pm Afternoon Treat 03:30pm Gratitude Jars 04:00pm Trivia 06:30pm Pet Therapy with Ray 07:00pm America's Funniest Home Videos	11 09:30am News & Reviews 10:30am Friday Trivia 11:15am Sit & Be Fit 01:15pm Ring Toss 02:00pm Bingo with Audrey 03:30pm Brock Student Farewell Social CK 04:00pm Taboo 07:00pm *Friday Night Movie: "Letters to Juliet"	12 09:30am News & Reviews 10:15am Current Events Discussion 11:15am Music Bingo 01:15pm Group Puzzle 02:00pm Saturday Social with Entertainment by Wendell LIB 03:00pm Saturday Afternoon Series: "Murder, She Wrote"
13 09:30am News & Reviews 10:00am Yoga with Bella 11:15am Sunday Trivia 01:00pm Afternoon Walk 01:30pm Hymn Sing with Nancy Hiebert 02:30pm *Sunday Afternoon Movie: "Like Father"	14 Thanksgiving Day 09:30am News & Reviews 11:15am Sit & Be Fit 01:15pm Music & Manicures 02:15pm DIY Thankful Tree 03:00pm Group Crossword 03:30pm *Matinee Movie: Harvest Moon 07:00pm Wheel of Fortune	15 Shiny Jewelry 09:30am News & Reviews 10:00am Pet Therapy with Daisy 11:15am TEP—Tier 1 01:30pm General Exercise 02:00pm Dancing With Derek GR 02:00pm Bingo with Audrey 03:00pm Afternoon Treat 03:30pm 1:1 Visits 04:00pm Jeopardy with Reem 07:30pm Jeopardy	16 09:30am News & Reviews 10:30am Name 5 11:15am Sit & Be Fit 01:30pm Apples to Apples 02:30pm Afternoon Treat 02:30pm Bridge 101 03:30pm Pet Therapy with Jackson 04:00pm Art Pages 07:00pm *Netflix Series "The Crown"	17 Oktoberfest 09:30am News & Reviews 10:30am Oktoberfest Trivia 11:15am Strength & Stretch 11:15am St. Luke's Church Service LIB 12:00pm Oktoberfest Luncheon 01:30pm General Exercise Class 02:00pm Bingo with Audrey 03:15pm Afternoon Treat: Pretzels 04:00pm Armchair Travel: "Germany"	18 09:30am News & Reviews 10:30am Resident General Meeting MT 11:15am Sit & Be Fit 01:30pm BPL Book Exchange/Drop Off 02:00pm Entertainment by Vili TG 03:00pm October Birthday Celebrations TG 07:00pm *Friday Night Movie: "Wonder Woman"	19 09:30am News & Reviews 11:15am Board Games & Tea 01:00pm Arts & Crafts 02:00pm Saturday Afternoon Series: "Murder, She Wrote"



Assisted Living Recreation Choices **October 2019**

The Williamsburg • Reem Sakran, Director of Recreation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 09:30am News & Reviews 10:00am Yoga with Bella 11:15am Name That Tune 01:00pm Afternoon Walk 01:30pm Hymn Sing with Nancy Hiebert 02:30pm *Sunday Afternoon Movie: "Madagascar"	21 Federal Election 09:30am News & Reviews 10:30am Group Crossword 11:15am Sit & Be Fit 01:15pm Netflix & Manicures 02:30pm Afternoon Treat 03:30pm Java Music Club 04:00pm Art Pages 07:00pm Wheel of Fortune	22 09:30am News & Reviews 10:00am Pet Therapy with Daisy 10:30am Driving Down Memory Lane Country Drive 11:15am TEP—Tier 1 01:30pm General Exercise 02:00pm Bingo with Audrey 03:00pm Afternoon Treat 03:30pm Name Five 04:15pm Jeopardy with Reem MT 07:30pm Jeopardy	23 09:30am News & Review 10:30am Family Feud 11:15am Chair Zumba 01:30pm Cribbage 02:15pm Afternoon Treat 02:30pm Trouble 03:30pm Pet Therapy with Jackson 06:30pm *Netflix Series: "The Crown"	24 United Nations Day 09:30am News & Review 10:30am Country Word Unscramble 11:15am Strength & Stretch 01:30pm General Exercise Class 02:15pm Blackjack 02:45pm Afternoon Snack 03:00pm Discussion Group: Representing Our Roots 06:30pm Pet Therapy with Ray 07:00pm America's Funniest Home Videos	25 09:30am News & Review 10:30am World Trivia 11:15am Strength & Stretch 01:15pm Carpet Bowling 02:00pm Bingo with Audrey 02:30pm Tea & Special Treats Social 03:00pm Family Feud 04:00pm 1:1 Visits 07:00pm *Friday Night Movie: "Lion"	26 09:30am News & Reviews 10:15am Current Events Discussion 11:15am Music Bingo 01:00pm UNO 03:30pm *Armchair Travel to Mexico
27 09:30am News & Reviews 10:00am Yoga with Bella 11:15am Wacky Words 01:00pm Afternoon Walk 01:30pm Hymn Sing with Nancy Hiebert 02:30pm *Sunday Afternoon Movie: "The Blind Side" 03:00pm Halloween Recital with Piano Students LIB	28 09:30am News & Reviews 10:30am Group Crossword 11:15am Sit & Be Fit 01:15pm Music & Manicures 02:00pm A.G.E Halloween Cookie Decorating with Blyth Students 03:00pm Name That Tune 03:30pm Java Music Club 07:00pm Wheel of Fortune	29 Senior Mobile Shop 09:30am News & Reviews 10:00am Country Drive 10:00am Pet Therapy with Daisy 11:15am TEP—Tier 1 01:30pm General Exercise 02:00pm Bingo with Audrey 02:00pm 100th Birthday Celebration with Entertainment by Flo TG 03:00pm Afternoon Treat 03:30pm * Who Am I 04:15pm Halloween Themed Jeopardy with Reem MT 07:30pm Jeopardy	30 09:30am News & Reviews 10:30am Wacky Words 11:15am Sit & Be Fit 01:30pm Bean Bag Toss 02:00pm Halloween Baking Contest CK 03:30pm Pet Therapy with Jackson 04:00pm Art Pages 06:30pm *Netflix Series: "The Crown"	31 Halloween 09:30am News & Reviews 10:30am *Mad Libs 11:15am Strength & Stretch 12:00pm Halloween Lunch Buffet 01:30pm General Exercise Class 02:15pm Halloween Karaoke Social with Treats & Best Costume Prizes 03:00pm Pumpkin Bocci 06:30pm Pet Therapy with Ray 07:00pm *Movie: "Hotel Transylvania"		
	Room Legend CK Country Kitchen BR Board Room TG Terrace Grill MT Movie Theatre GR Games Room LIB Library	Calendar Legend Highlights Outings *Ipad/Apple TV Programs	Special Dates Oct. 3—Oktoberfest Oct. 4—Recreation Meeting Oct. 14—Thanksgiving Oct. 18—Resident General Meeting Oct. 21—Election Day Oct. 24—United Nations Day Oct. 31—Halloween	Vendors Oct. 1 st : Spoiled Homemaker Oct. 8 th : Purdy's Chocolate Oct. 10 th : Suzanne M Jewelry Oct. 15 th : Shiny Jewelry Oct. 29 th : Senior Mobile Shop		