



Recreation Choices September 2019

Stittsville Villa by Revera • Andrea McIntyre, Recreational Director, Activity Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 LABOUR DAY	3	4	5	6	7
<p>10:00 Dorothy on Piano Hymns & Songs L</p> <p>1:30 *Mental Aerobics AR</p> <p>2:00 *I Pad Travel GR</p> <p>2:00 Scrabble AR</p> <p>3:00 Afternoon Tea L</p> <p>7:00 Sunday Night Movie T "West Side Story"</p>	<p>10:00 Therapeutic Coloring AR</p> <p>2:00 Music / Lauren Hall L</p> <p>2:00 Scrabble AR</p> <p>3:00 Afternoon Tea L</p> <p>7:00 Bingo GR</p>	<p>9:30 Gentle Fitness GR</p> <p>10:15 Giant Tiger Shuttle</p> <p>11:00 *I Pad Word Challenge GR</p> <p>11:30 Manicures w/ Sue & Jean</p> <p>2:00 Latin Chair Dancing w/Michael</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>5:00 "Cruise Night" Car Show on Hazeldean Rd.</p>	<p>9:30 Ball Fitness GR</p> <p>10:15 Grocery Shopping/ Bank Shuttle</p> <p>10:30 Catholic Service T</p> <p>11:00 Mental Aerobics AR</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>2:00 Bingo GR</p> <p>3:00 Ice Cream Parlor GR</p> <p>3:45 Social Club GR</p> <p>7:00 Euchre GR</p>	<p>9:30 Exercise w/Yvonne GR</p> <p>10:00 Exercise w/Yvonne GR</p> <p>10:30 Walking Club/Shoppers Drug Store</p> <p>11:00 Mental Aerobics AR</p> <p>1:00 COPD Fitness GR</p> <p>2:00 Bean Bag Toss GR</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>7:00 Evening Movie Resident Choice</p>	<p>9:45 Hazeldean Mall Shuttle</p> <p>10:00 Crafts AR</p> <p>11:00 *I Pad Word Scapes GR</p> <p>12:30 Calendar Planning w/Andrea</p> <p>2:00 Bingo GR</p> <p>3:00 Afternoon Tea L</p> <p>3:00 Healthy Minds /Diamond Estates Wine Tasting GR</p> <p>3:45 Social Club GR</p> <p>7:00 Friday Night Movie T "Out To Sea"</p>	<p>10:00 Knotty Knitters AR</p> <p>11:00 * Wheel of Fortune GR</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>2:00 Bean Bag Toss GR</p> <p>2:00 Scrabble AR</p> <p>3:00 Afternoon Tea L</p> <p>7:00 Bingo w / Fred GR</p>
8 GRANDPARENTS' DAY	9	10 CORN ROAST & BBQ	11	12 DONUT DAY!	13	14
<p>10:00 Dorothy on Piano Hymns & Songs L</p> <p>1:30 *Mental Aerobics AR</p> <p>2:00 Grandparents' Day! Celebrate With Allan Ryan L</p> <p>2:00 Scrabble AR</p> <p>3:00 Chocolate Tasting L</p> <p>7:00 Sunday Night Movie T "Cheaper By The Dozen"</p>	<p>9:30 Exercise w/Yvonne GR</p> <p>10:00 Exercise w/Yvonne GR</p> <p>10:30 Healthy Minds -Professor Gerry Cammy: Controversial Topics L</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>1:00 COPD Fitness GR</p> <p>2:00 NEW JAVA Music Club AR</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>7:00 Bingo GR</p>	<p>9:30 Gentle Fitness GR</p> <p>10:15 Penny's Fudge Factory Shuttle</p> <p>11:30 Manicures w/ Sue & Jean</p> <p>Corn Roast & BBQ Lunch</p> <p>2:00 Music / H & T Country Duo L</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>7:00 Bridge GR</p>	<p>9:30 Ball Fitness GR</p> <p>10:30 Walking Club / The Dollar Store</p> <p>11:00 * Mental Aerobics AR</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>2:00 Bingo GR</p> <p>3:00 Ice Cream Parlor GR</p> <p>3:45 Social Club GR</p> <p>7:00 Euchre GR</p>	<p>9:30 Exercise w/Yvonne GR</p> <p>10:00 Exercise w/Yvonne GR</p> <p>11:00 * Team Mental Aerobics! Winners get special prize!</p> <p>12:30 Needle Work w/ Edna AR</p> <p>1:00 COPD Fitness GR</p> <p>1:30 Shuttle Donut Shop Almonte</p> <p>3:00 Drunken Homemade Donuts & Tea</p> <p>3:45 Social Club GR</p> <p>7:00 Evening Movie T Resident Choice</p>	<p>9:45 Walmart – Fernbank Shuttle</p> <p>10:00 Crafts AR</p> <p>11:00 *I Pad Word Challenge GR</p> <p>2:00 Scrabble AR</p> <p>2:00 Bingo GR</p> <p>2:00 Scrabble AR</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>7:00 Friday Night Movie T "Romeo & Juliette"</p>	<p>10:00 Knotty Knitters AR</p> <p>11:00 *I Pad Travels GR</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>2:00 "What Happened Here" GR</p> <p>2:00 Scrabble AR</p> <p>3:00 Afternoon Tea L</p> <p>7:00 Bingo w / Fred GR</p>
15	16	17	18	19	20	21
<p>10:00 Dorothy on Piano Hymns & Songs L</p> <p>1:30 *Mental Aerobics AR</p> <p>2:00 Music / Jean Guy Bernard L</p> <p>2:00 Scrabble AR</p> <p>3:00 Afternoon Tea L</p> <p>7:00 Sunday Night Movie T "Steel Magnolias"</p>	<p>9:30 Exercise w/Yvonne GR</p> <p>10:00 Exercise w/Yvonne GR</p> <p>11:00 NEW JAVA Music Club AR</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>2:00 Denyse on Piano / Sing a long</p> <p>2:30 Planning Committee Meeting Christmas Bazaar AR</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GRL</p> <p>7:00 Bingo GR</p>	<p>9:30 Gentle Fitness GR</p> <p>10:15 Antrim Truck Stop -Lunch</p> <p>11:00 *I Pad Word Challenge GR</p> <p>11:30 Manicures w/ Sue & Jean</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>2:00 Latin Chair Dancing w/Michael</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>7:00 Bridge GR</p>	<p>9:30 Ball Fitness GR</p> <p>10:30 Picnic Lunch / Shirley's Bay</p> <p>11:00 Mental Aerobics AR</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>2:00 Bingo GR</p> <p>3:00 Ice Cream Parlor GR</p> <p>3:30 Food For Thought Meeting</p> <p>3:45 Social Club GR</p> <p>7:00 Euchre GR</p>	<p>9:30 Exercise w/Yvonne GR</p> <p>9:45 Richmond Fair Shuttle Seniors Day</p> <p>10:00 Exercise w/Yvonne GR</p> <p>11:00 Mental Aerobics AR</p> <p>12:30 Needle Work w/ Edna AR</p> <p>1:00 COPD Fitness GR</p> <p>2:00 Music / Cathy & Bernie L</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>7:00 Evening Movie T Resident Choice</p>	<p>9:45 Hazeldean Mall Shuttle</p> <p>10:00 Crafts AR</p> <p>11:00 *I Pad Word Challenge GR</p> <p>2:00 Scrabble AR</p> <p>2:00 Bingo GR</p> <p>2:00 Scrabble AR</p> <p>3:00 "Men's Club" Wings & Things AR</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>7:00 Movie "A Walk To Remember" T</p>	<p>10:00 Knotty Knitters AR</p> <p>11:00 *I Pad Travels GR</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>2:00 * Fall Theme Scategories</p> <p>2:00 Scrabble AR</p> <p>3:00 Afternoon Tea L</p> <p>7:00 Bingo w / Fred GR</p>
22	23 FIRST DAY OF FALL	24	25	26	27	28
<p>10:00 Dorothy on Piano Hymns & Songs L</p> <p>1:30 *Mental Aerobics AR</p> <p>2:00 Music / Rae Palmer L</p> <p>2:00 Scrabble AR</p> <p>3:00 Afternoon Tea L</p> <p>7:00 Sunday Night Movie T "Down Argentine Way"</p>	<p>9:30 Exercise w/Yvonne GR</p> <p>10:00 Exercise w/Yvonne GR</p> <p>11:00 NEW JAVA Music Club AR</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>1:00 COPD Fitness GR</p> <p>1:30 In House /Tan Jay Clothing L</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>7:00 Bingo GR</p>	<p>9:30 Gentle Fitness GR</p> <p>10:15 Pinewood Apple Orchard</p> <p>11:00 *I Pad Word Challenge GR</p> <p>11:30 Manicures w/ Sue & Jean</p> <p>2:30 Villa Resident Meeting GR</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>7:00 Bridge GR</p>	<p>9:30 Ball Fitness GR</p> <p>10:00 Salvation Army Shopping</p> <p>10:00 Anglican Service T</p> <p>10:30 Baking Fresh Apple Crisp AR</p> <p>11:00 Mental Aerobics AR</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>2:00 Bingo GR</p> <p>3:00 Ice Cream Parlor GR</p> <p>3:45 Social Club GR</p> <p>7:00 Euchre GR</p>	<p>9:30 Exercise w/Yvonne GR</p> <p>10:00 Exercise w/Yvonne GR</p> <p>11:00 A.G.E. A Lorne Cassidy Children grade 1-2 Meet Greet & Read L</p> <p>1:00 COPD Fitness GR</p> <p>2:00 Birthday Party! Vintage Fiddlers L</p> <p>2:00 Scrabble AR</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>7:00 Evening Movie T Resident Choice</p>	<p>9:45 Walmart-Fernbank Shuttle</p> <p>10:00 Crafts AR</p> <p>11:00 *I Pad Word Challenge GR</p> <p>2:00 Scrabble AR</p> <p>2:00 Bingo GR</p> <p>3:00 Wine & Cheese / Welcoming New Residents & Tenants L</p> <p>3:45 Social Club GR</p> <p>7:00 Denyse on Piano /Sing a long L</p>	<p>10:00 Exercise w/Donna GR</p> <p>10:00 Knotty Knitters AR</p> <p>11:00 *I Pad Travels GR</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>2:00 Bean Bag Toss GR</p> <p>2:00 Scrabble AR</p> <p>3:00 Afternoon Tea L</p> <p>7:00 Bingo w / Fred GR</p>
29	30	In House Shopping	Pinewood Apple Orchard	CALENDAR LEGEND	DATES TO REMEMBER	ROOM LEGEND
<p>10:00 Latin Chair Dancing w / Michael GR</p> <p>10:30 Dorothy on Piano Hymns & Songs L</p> <p>1:30 *Mental Aerobics AR</p> <p>2:00 Accordion Music with Shauna Thompson L</p> <p>2:00 Scrabble AR</p> <p>3:00 Afternoon Tea L</p> <p>7:00 Sunday Night Movie T TBD</p>	<p>9:30 Exercise w/Yvonne GR</p> <p>10:00 Exercise w/Yvonne GR</p> <p>11:00 NEW JAVA Music Club AR</p> <p>12:30 TEP Tier 2 Fitness GR</p> <p>1:00 COPD Fitness GR</p> <p>2:00 Rose's Facial Spa AR</p> <p>3:00 Afternoon Tea L</p> <p>3:45 Social Club GR</p> <p>7:00 Bingo GR</p>	<p>Tan Jay</p> <p>Monday Sept 23rd</p> <p>1:30p.m.</p>	<p>Tuesday</p> <p>Sept. 24th</p> <p>10:15 a.m.</p>	<p>Highlights</p> <p>Outings</p> <p>*IPad Apple / TV Programs</p>	<p>Grandparents' Day Sept 8</p> <p>Corn Roast & BBQ Sept 10</p> <p>Donut Day! Sept 12</p> <p>Antrim Restaurant Sept 17</p> <p>Richmond Fair Sept 19</p> <p>Birthday Party! Sept 26</p> <p>Wine & Cheese Sept 27</p>	<p>GR Games Room</p> <p>AR Activity Room</p> <p>L Lounge</p> <p>T Theatre</p>

