



Recreation Choices January 2019

Hollyburn House • Casey Zordell, Recreational Director



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dates to Remember	ROOM LEGEND	1 New Year's Day	2	3	4	5
January 17 – Fashion Closet	Dundarave Room (D) Caulfeild Room (C) Lounge (L) Dining Room (DR) Care Centre (CC) Lower Level: Theatre Room (T)	10:15 & 1:30 Taxi to Pk. Royal 10:30 Knit Wits 2:30 Chess *4:00 First Time for Everything Trivia (L) 7:00 Bob York (L)	9:00 Muffins & Coffee 9:45 Exercise & Tic Tac Throw 10:30 Music in the Living Rm. 1:30 Drive to Cypress *4:00 Smarter than a 5 th Grader(L) 7:00 Netflix: Scent of a Woman	9:45 20 Min. Chair Stretch (D) 10:15/1:30 Taxi Service Park Royal *1:30 Stamp Club (L) 3:00 Lavender High Tea (L) 4:00 Meditation & Relaxation (D)	9:00 Recreation Planning Mtg (L) 9:45 Tiered Exercises (D) 1:30 Walking Club 4:30 Mix & Mingle with Greg Alcock (L) 7:00 Netflix: Love Actually (T)	9:45 Tiered Exercises (D) 3:00 Bingo 3:00 Open Bridge 4:00 Open Scrabble 7:00 Movie : Phantom Thread
6	7 Orthodox Christmas	8	9	10	11	12
10:30 Terry and Celine on the Piano (L) 3:00 Open Bridge (C) 7:00 Movie: Wind River (T)	9:00 Muffins & Coffee (L) 9:45 Tiered Exercises (D) 2:30 Church Service with St. Anthony's Catholic Ch.(CC) 4:00 Polonez Dancers 5:45 Polish Dinner	10:15 & 1:30 Taxi to Pk. Royal 10:30 Knit Wits 2:30 Chess *4:00 Canadian Trivia (L) 7:00 Sax of Us (L)	9:45 Exercise & Parachute Game 10:30 Music in the Living Rm. 1:30 Drive to Chinatown *4:00 Buzz Word (L) 7:00 Netflix: Howard's End (T)	9:45 20 Min. Chair Stretch (D) 10:15/1:30 Taxi Service Park Royal *11:30 Book Club (C) 3:00 High Tea (L) 4:00 Fitness Machine Exercise (D)	9:00 Muffins & Coffee 9:45 Tiered Exercises (D) 1:30 Walking Club 4:30 Mix & Mingle with Hey – Jung (L) 7:00 Netflix: Passengers (T)	9:45 Tiered Exercises (D) 3:00 Bingo 3:00 Open Bridge 4:00 Open Scrabble 7:00 Movie : Angels & Demons
13	14	15	16	17	18	19
10:30 Terry and Celine on the Piano (L) 3:00 Open Bridge(C) 7:00 Movie: Les Miserable	9:00 Muffins & Coffee (L) 9:45 Tiered Exercises (D) 2:30 Church Service with St. Stephen's Anglican Ch.(CC) *4:00 TED Talks (T) 7:00 Open Bridge (C)	10:15 & 1:30 Taxi to Pk. Royal 10:30 Knit Wits 1:30 Wellness Clinic *4:00 You be the Judge (L) 4:30 Sip & Savour 7:00 Brian Gimbel (L)	9:45 Exercise Pool Hockey 10:30 Music in the Living Rm. 12:00 Lunch at Trolls 4:00 Tiered Exercise Assessments (D) 7:00 Netflix: The Stranger (T)	9:45 20 Min. Chair Stretch (D) 10:15/1:30 Taxi Service Park Royal *1:30 Stamp Club (L) 3:00 High Tea (L) 4:00 Meditation & Relaxation (D)	9:00 Muffins & Coffee 9:45 Tiered Exercises (D) 1:30 Walking Club 4:30 Mix & Mingle & Golf 7:00 Netflix: Captain Phillips (T)	9:45 Tiered Exercises (D) 3:00 Bingo (C) 3:00 Open Bridge 4:00 Open Scrabble 7:00 Movie: My House In Umbria
20	21	22	23 Burns Night	24	25	26
10:30 Terry and Celine on the Piano (L) 3:00 Open Bridge(C) 4:00 Vic Fletcher (L) 7:00 Movie: Silent Movie	9:00 Muffins & Coffee (L) 9:45 Tiered Exercises (D) 2:30 Church Service with West Van Presbyterian Ch.(CC) *4:00 News & Views (T) 7:00 Open Bridge	10:15 & 1:30 Taxi to Pk. Royal 10:30 Knit Wits 2:30 Chess *4:00 A Look At Burns (L) 7:00 Vancouver Chamber Players (L)	9:45 Exercises & Balloons 10:30 Music in the Living Rm. 4:30 Burns Night Social with Lorrain Smith 5:45 Burns Supper 7:00 Scottish Country Dancers	9:45 20 Min. Chair Stretch (D) 10:15/1:30 Taxi Service *1:30 Fitness Room Orientation (D) 3:00 High Tea (L) 4:00 Fitness Machine Exercise (D)	9:00 Muffins & Coffee 9:45 Tiered Exercises (D) 1:30 Walking Club 4:30 Mix & Mingle & Mark Dowding (L) 7:00 Netflix: The Tigers of Scotland (T)	9:45 Tiered Exercises (D) 3:00 Bingo (C) 3:00 Open Bridge (C) 4:00 Open Scrabble 7:00 Movie: Death Comes To Pemberley
27	28	29	30	31	CALENDAR LEGEND	
10:30 Terry and Celine on the Piano (L) 3:00 Open Bridge(C) 7:00 Movie: The Hermitage (T)	9:00 Muffins & Coffee (L) 9:45 Tiered Exercises (D) 2:30 Church Service with West Van United Ch.(CC) *4:00 News & Views (L) 7:00 Open Bridge (C)	10:15 & 1:30 Taxi to Pk. Royal 10:30 Knit Wits 2:30 Chess *4:00 Words from the 1940's (L) 4:30 Sip & Savour 7:00 Pierre Tremblay (L)	9:45 Exercise & Noodle Hockey 10:30 Music in the Living Rm. 1:30 Drive to Deep Cove 4:00 Veterans Meeting (D) 7:00 Netflix: The Memphis Belle (T)	9:45 20 Min. Chair Stretch (D) 10:15/1:30 Taxi Service Park Royal 1:30 Professional Concert (L) 3:00 Welcome Tea (L) 4:00 Fitness Machine Exercise (D)	Special Events Outings * iPad/Apple TV Programs NEW Revera Programs	