



Recreation Choices **October 2018**

Hunt Club Manor • Brittany Norman - Director of Recreation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR LEGEND Highlights Outings TEP = Tiered Exercise Program * iPad/Apple TV Programs	1 International Day of Older Persons 9:30-3:00 Active Aging Silent "Auction" -FL 9:30 Giant Crossword-CH 10:30 Performance by HCM Choir-LR 1:30 "Remember When..." Party-SR 3:00 Aging Celebration-LR 6:00 *Outlanders -CH S2 Ep 1	2 10:15 Gold Exercise-SR 11:00 Bronze Exercise-SR 11:00 HCM Choir-CH 1:30 Executive Council Meeting-SR 2:00 Music Performance by Peter Foret -SR 3:00 *Wacky Words-LR 4:00 TEP #1-SR 6:15 Dice Game: LRC-GR 6:30 *Bingo-SR	3 9:00 Strength Class 9:30 Balance Class 9:30 Trip to Brockville Aquatarium 11:00 Tuck Shop-FL 3:00 *Pass it On-LR 3:30 Knitwhits-LR 6:30 Puzzle Creations-L	4 9:30 Walking Club-FL 10:30 Kitchen Creations-CR -Pretzel Prep 11:00 United Service-CH 1:30 Recreation Planning Meeting-CH 2:00 "Let's "Twist" SR - Pretzel Making 3:00 "Brezelfest" Trivia-LR 3:30 The Creative Pod-CR 6:15 Euchre-GR	5 9:30 *Meditation -CH 9:30 Billings Bridge 10:30 *Fit Minds-LR 11:00 Adult Colouring-CR 1:00 TEP #3-SR 1:30 *Let's Talk; Oom-Pah & Ale-LR 2:30 "Oktoberfest Party" The International Set-SR 6:00 *Movie Night -CH "A Beautiful Mind"	6 9:30 Knitwhits-LR 10:00 Share your Story-LR 1:30 Bingo-SR 3:00 *This Day in History; The Orient Express 3:30 HCM Shuffle Board League-GR 6:15 Euchre-GR
7 Birthday Party 10:30 Tea Cart-LR 11:00 Adult Colouring-CR 1:30 Birthday Party with music by Brian Simms-SR 3:00 *A Canadian Thanksgiving-LR 4:00 TEP #2 - SR 6:00 *Documentary-CH "A Plastic Ocean"	8 Thanksgiving 10:30 Coffee, Tea & Chit Chat-LR 1:30 Bingo-SR 3:00 Give Thanks-LR 3:30 Knitwhits-LR 6:00 *Outlanders -CH S2 Ep 2	9 10:15 Gold Exercise-SR 11:00 Bronze Exercise-SR 1:30 *Jeopardy-CH 2:00 *Healthy Minds; Wild Bird Care Centre-SR 3:00 *Picture Puzzles-LR 4:00 TEP #1-SR 6:00 Trip to Upper Canada Village - Pumpkinferno 6:15 Dice Game: LRC-GR	10 9:30 Table Top Games-L 10:15 Trip to Diefenbunker Museum 11:00 Tuck Shop-FL 1:30 Trip to Wal-Mart 1:30 Dictionary Dive-L 2:00 *What am I?-CH 3:00 *Wellness Check; Food For Thoughts-LR 3:30 Knitwhits-LR 6:30 Puzzle Creations-L	11 Choreography Day 9:30 Walking Club-FL 10:30 Kitchen Creations-GR 11:00 Chair Tai Chi-LR 1:30 Bible Study-CH 2:00 *The Art of Choreography-CH 3:00 Famous Dances-LR 3:30 Alphabetics-LR 6:15 Euchre-GR	12 9:30 *Meditation-CH 9:30 Billings Bridge 10:30 *Fit Minds-LR 11:00 Adult Colouring-CR 1:00 TEP #3-SR 1:30 Trip to Mannotick 6:00 *Movie Night -CH "The Theory of Everything"	13 9:30 Knitwhits-LR 10:00 Share your Story-LR 1:30 Bingo-SR 3:00 Spelling Bee-LR 3:30 HCM Shuffle Board League-GR 6:15 Euchre-GR
14 10:30 Tea Cart-LR 11:00 Adult Colouring-CR 1:30 The Creative Pod *Making Earth Art with Google Maps-SR 3:00 Mind Stretchers-LR 3:30 TEP #2 - SR 6:00 *Documentary-CH "National Parks Adventure"	15 9:30 Giant Crossword-CH 10:30 *News to Know-LR 11:00 The Creative Pod-CR -Ribbons for the Cure 1:00 Book Club-L 1:30 Bingo-SR 3:00 *This Day in History; Graf Zeppelin-LR 6:00 *Outlanders -CH S2 Ep 3	16 Boss's Day 9:30 HCM Choir-CH 10:15 Gold Exercise-SR 11:00 Bronze Exercise-SR 11:00 Catholic Mass-CH 1:30 Brightening Lives-LR 2:00 Music Performance by Dai Basset-SR 3:00 Let's Talk; The Boss-LR 4:00 TEP #1-SR 6:15 Dice Game: LRC-GR	17 9:30 Table Top Games-L 9:30 Trip to Carlingwood 10:30 *Wellness Check; Fit Facts -LR 11:00 Tuck Shop-FL 1:15 Trip to the Royal Canadian Mint 3:00 *Name that Tune-LR 3:30 Knitwhits-LR 6:30 Puzzle Creations-L	18 9:30 Walk for the Cure-FL 10:30 Kitchen Creations-CR -Pink Edition 11:00 Anglican Service-CH 11:00 Pamper Yourself-CR 1:30 "Pink-ager" Hunt-SR 3:00 Pink Pie in the Face-LR 3:30 Breast Cancer Myths & Facts-LR 6:15 Euchre-GR	19 Dress for the Cause 9:30 *Meditation-CH 9:30 Billings Bridge 10:30 *Fit Minds-LR 11:00 Adult Colouring-CR 1:00 TEP #3-SR 2:00 "Dress for the Cause" High Tea-SR 3:00 Pink-O Happy Hour-LR 3:30 Chair Dancing-LR 6:00 *Movie Night -CH "The Imitation Game"	20 9:30 Knitwhits-LR 10:00 Share your Story-LR 1:30 Bingo-SR 3:00 *94 Seconds-LR 3:30 HCM Shuffle Board League-GR 6:15 Euchre-GR



Recreation Choices **October 2018**

Hunt Club Manor • Brittany Norman - Director of Recreation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Babbling Day 21 9:45 Salvation Army-SR 10:30 Tea Cart-LR 11:00 Adult Colouring-CR 1:30 Discuss & Recall; Hallowed Halloween-SR 3:00 Tell a Tale-LR 4:00 TEP #2 - SR 6:00 *Documentary-CH "Nat King Cole; Afraid of the Dark"	Mysterious Monday 22 9:30 Giant Crossword-CH 10:30 *News to Know-LR 11:00 The Creative Pod-CR 1:00 Book Club-L 2:00 Music Performance by Roxy Swan-SR 3:00 *Worlds Greatest Mysteries-LR 3:30 Picture It-Double Exposure-LR 6:00 *Outlanders -CH S2 Ep 4	World Series Begins 23 10:15 Gold Exercise-SR 11:00 Bronze Exercise-SR 1:30 Sevens-SR 2:00 *Price is Right-CH 3:00 Spin-to-Win Baseball-LR 3:30 *World Series Trivia-LR 4:00 TEP #1-SR 6:15 Dice Game: LRC-GR 7:00 *Men's Night-SR	24 9:30 Table Top Games-L 9:30 Trip to Giant Tiger 10:30 *Wellness Check; Inner Peace-LR 11:00 Tuck Shop-FL 11:30 Mystery Tour 2:00 *Family Feud-CH 3:00 Health Tips with Renu-LR 3:30 Knitwhits-LR 6:30 Puzzle Creations-L	25 9:30 Walking Club-FL 10:30 Kitchen Creations-CR 11:00 Chair Yoga with Georgia-LR 1:30 *Who am I ?-CH 2:00 Healthy Minds; Nature Conservancy of Canada-SR 3:00 *Greatest World Series Moments-LR 3:30 *The Day the Stones got Rolling-LR 6:15 Euchre-GR	26 9:30 *Meditation-CH 9:30 Billings Bridge 10:30 *Fit Minds-LR 11:00 Adult Colouring-CR 1:00 TEP #3-SR 1:30 Trip to Wakefield 3:00 Happy Hour-LR 6:00 *Movie Night -CH "Big Eyes"	27 9:30 Knitwhits-LR 10:00 Share your Story-LR 1:30 Bingo-SR 3:00 Name 10-LR 3:30 HCM Shuffle Board League-GR 6:15 Euchre-GR
28 10:30 Tea Cart-LR 11:00 Adult Colouring-CR 1:30 *TED Talk-SR My Stroke of Insight 2:00 The Creative Pod -Scrapbooking 3:00 * "Oh My Gourd" Trivia-LR 4:00 TEP #2 - SR 6:00 *Documentary-CH "The Real Sleeping Beauty"	29 9:30 Giant Crossword-CH 10:30 *News to Know-LR 11:00 The Creative Pod-CR 1:00 Book Club-L 1:30 Bingo-SR 3:00 * The Gourd-eous Gourd-LR 3:30 Gourd Games-LR 6:00 *Outlanders -CH S2 Ep 5	30 10:30 Trick or Treat Parade-LR 1:30 Pumpkin Prep-SR 2:00 Pumpkin Carving-SR 3:00 *Ghosts & Goblins-LR 3:30 Spooktacular Treat Bag Creations-LR 4:00 TEP #1-SR 6:15 Dice Game: LRC-GR 6:30 Ladies Night-SR	31 9:30 Table Top Games-L 10:00 Trip to St. Marguerite d'Youville School 11:00 Tuck Shop-FL 1:00 Pumpkinferno-SR 1:30 Trip to Wal-Mart 2:00 Music Performance by Musical Memories-SR 3:30 Knitwhits-LR 6:30 Puzzle Creations-L	EXERCISE CLASSES <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p>Stay Fit Physio Monday & Wednesday 9:00 - Strength Class -SR 9:30 - Balance Class - SR</p> <p>Family Physio Tuesday 10:15 & 11:00-SR Thursday 1:00 & 1:30 - GR</p> </div> <div style="width: 45%;"> <p>Lung Association Exercise Program Thursday 11:30-1:30 - SR</p> </div> </div>		
ROOM LEGEND CH=Chapel/Theatre CR=Craft Room DR=Dining Room FD=Front Desk GR=Games Room L=Library	ROOM LEGEND LR=Living Room P=Patio REV=Rev It Up Room SR=Social Room	CALENDAR LEGEND Highlights Outings TEP = Tiered Exercise Program * iPad/Apple TV Programs	IMPORTANT DATES <u>Cultural Event</u> Oktoberfest - October 6th <u>Special Events</u> National Seniors Day - October 1st Dress for the Cause - October 19th Pumpkinferno - October 31st		Perfect Smile Dentist October 11th - Craft Room	