



# Recreation Choices **May 2019**

Hunt Club Manor • Amanda Bisson (Soros) • Director of Recreation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>ROOM LEGEND</b> Social Room = SR Dining Room = DR Living Room = LR Chapel = CH Games Room = GR Craft Room = CR Front Lobby = FL Library = L Rev it Up Room = REV	<b>CALENDAR LEGEND</b>  <b>Highlights</b> <b>Outings</b> *iPad/Apple TV Programs Tiered Exercise Program = TEP	<b>Perfect Smile</b> <b>Dentist</b> <b>May 9th</b> <b>Craft Room</b>  <b>Call today to book your appointment</b> <b>(613)898-2292</b>	<b>1</b> 9:00 Strength Exercise-SR 9:30 Balance Exercise-SR 9:30 Table Top Games-L <b>9:30 Trip to Blossom Park Shopping Plaza</b> 11:00 Tuck Shop-FL <b>11:30 Lunch at Red Lobster</b> <b>2:00 Mystery Tour</b> 3:00 *Wellness Check-LR 3:30 Knitwhits-LR 6:30 Happy Hour - SR	<b>2</b> 9:30 Walking Club-REV 10:30 Kitchen Creations-CR <b>11:00 United Service-CH</b> <b>1:00 Recreation Planning Meeting-SR</b> 1:00 Gold Exercise-SR 1:30 Bronze Exercise-SR <b>2:00 Music with EIO George-SR</b> 6:15 Euchre-GR	<b>3</b> 9:30*Relax&Rejuvenate-CH <b>9:30 Billings Bridge</b> <b>10:30 Fit Minds-LR</b> <b>1:30 TEP #3-LR</b> <b>2:00 Sharing Dance Program - SR</b> 3:00 Alphabetics - LR <b>3:30 Chair Dancing-LR</b> 6:30 *Movie Night-SR	<b>4 Open House</b> 9:30 Knitwhits-LR 10:30 Coffee & Chit Chat-LR <b>11:00 Making Kentucky Derby Hats- CR</b> <b>12:30 Kentucky Derby Hats Display</b> <b>1:30 Music with Down Memory Lane - SR</b> 3:30 Shuffle Board-GR 6:15 Euchre-GR
<b>5</b> 9:30 Walking Club-REV 10:30 Coffee & Chit Chat-LR <b>1:30 Green Thumb Gardening Group - LR</b> 3:00 Finishing Words- LR <b>3:30 TEP #1-LR</b> 6:30*Documentary-CH	<b>6</b> 9:00 Strength Exercise-SR 9:30 Balance Exercise-SR 9:30 Giant Crossword-SR 10:30 *News to Know-LR 11:00 Creative Pod-CR 1:00 Friends & Readers-L 1:30 Bingo-SR 3:00 Canadian Trivia (LR) 6:30 *Series; Our Planet -SR	<b>7</b> 10:00 Gold Exercise-SR 10:30 Coffee & Chit Chat- LR 11:15 Bronze Exercise-SR <b>1:00 TEP #2-LR</b> <b>1:30 Resident's General Meeting-SR</b> <b>2:00 Memory Fitness- SR</b> 3:00 Finishing Lines- LR 4:00 Scrabble Club-L 6:15 Dice Game; LRC-GR	<b>8</b> 9:00 Strength Exercise-SR 9:30 Balance Exercise-SR 9:30 Table Top Games-L <b>9:30 Trip to South Keys Shopping Centre</b> 11:00 Tuck Shop-FL <b>11:30 Pass the Ace - GR</b> <b>2:00 Drive along Rockcliffe</b> 3:00 *Wellness Check-LR 3:30 Knitwhits-LR 6:30 Happy Hour - SR	<b>9</b> 9:30 Walking Club-REV 10:30 Kitchen Creations - CR <b>11:00 Chair Tai Chi-LR</b> 1:00 Train Dominoes-GR 1:00 Gold Exercise-SR 1:30 Bronze Exercise-SR <b>2:00 Music by H&amp;T Country-SR</b> 3:00 Mind Stretches - LR 6:15 Euchre-GR	<b>10</b> 9:30*Relax&Rejuvenate-CH <b>9:30 Billings Bridge</b> <b>10:30 Fit Minds-LR</b> <b>1:00 TEP #3-LR</b> <b>1:30 Drive along Dow's Lake to see The Tulips</b> <b>2:00 Sharing Dance Program - SR</b> 3:00 Coffee and Chat - LR 6:30 *Movie Night-SR	<b>11</b> 9:30 Knitwhits-LR 10:30 Coffee & Chit Chat-LR 11:00 Adult Colouring-LR 1:30 Bingo-SR 3:00 Tea & Chat - LR 3:30 Shuffle Board-GR 6:15 Euchre-GR
<b>12 Mother's Day</b> 9:30 Walking Club-REV 10:30 Coffee & Chit Chat-LR <b>1:30 Mother's Day Afternoon Tea and Manicures- SR</b> 3:00 Coffee and Chat- LR <b>3:30 TEP #1-LR</b> 6:30*Documentary-CH	<b>13</b> 9:00 Strength Exercise-SR 9:30 Balance Exercise-SR 9:30 Giant Crossword-SR 10:30 *News to Know-LR 11:00 Creative Pod-CR 1:00 Friends & Readers-L 1:30 Bingo-SR 3:00 Finishing Words- LR 6:30 *Series; Our Planet -SR	<b>14</b> <b>9:30 Trip to Shopper's</b> 10:00 Gold Exercise-SR 10:30 Food for Thought-LR 11:00 Glee Club - LR <b>11:15 Bronze Exercise-SR</b> <b>1:30 Trip to Maverick's Donut Shop</b> <b>2:00 Mystery Tour</b> 3:00 Mind Stretches - LR 4:00 Scrabble Club-L 6:15 Dice Game; LRC-GR <b>6:30 Music by Noel</b>	<b>15</b> 9:00 Table Top Games-L 9:00 Strength Exercise - SR 9:30 Balance Exercise- SR 10:30 Coffee & Chat - LR 11:00 Tuck Shop-FL <b>11:30 Pass the Ace- GR</b> 2:00 Name 10 - SR 3:00 *Wellness Check-LR 3:30 Knitwhits-LR 6:30 Ladies Night - SR	<b>16</b> 9:30 Walking Club-REV 10:30 Kitchen Creations-CR <b>11:00 Anglican Service-CH</b> 1:00 Sevens-GR 1:00 Gold Exercise-SR 1:30 Bronze Exercise-SR 2:00 Price is Right - SR 3:00 Coffee & Chat - LR 3:30 *TED Talk-CH 6:15 Euchre-GR	<b>17</b> 9:30*Relax&Rejuvenate-CH <b>9:30 Billings Bridge</b> <b>10:30 Fit Minds-LR</b> <b>1:30 Trip to Buy Annuals for the Garden</b> <b>2:00 Sharing Dance Program - SR</b> 3:00 Coffee and Chat - LR 6:30 *Movie Night-SR	<b>18</b> 9:30 Knitwhits-LR 10:30 Coffee & Chit Chat-LR 11:00 Adult Colouring-LR 1:30 Bingo-SR 3:00 Tea & Chat - LR 3:30 Shuffle Board-GR 6:15 Euchre-GR



# Recreation Choices **May 2019**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b> <b>9:45 Music with Salvation Army-SR</b> 10:30 Coffee & Chit Chat-LR 1:30 BINGO 3:00 Tea & Chat - LR <b>3:30 TEP #1-LR</b> 6:30*Documentary-CH	<b>20 Victoria Day</b> <b>NO EXERCISES</b> 10:30 Coffee & Chit Chat-LR 11:00 Adult Colouring-CR 1:00 Friends & Readers-L 1:30 Bingo-SR 3:00 Coffee & Chit Char-LR 6:30 *Series; Our Planet -SR 6:30 Men's Night - SR	<b>21</b> 10:00 Gold Exercise-SR <b>11:00 Catholic Mass-CH</b> 11:15 Bronze Exercise-SR <b>1:00 TEP #2-LR</b> <b>1:30 Brightening Lives Pet Visits-LR</b> <b>2:00 Memory Fitness- SR</b> 3:00 Wacky Words- LR 4:00 Scrabble Club-L 6:15 Dice Game; LRC-GR	<b>22</b> 9:00 Strength Exercise-SR 9:30 Balance Exercise-SR 9:30 Table Top Games-L <b>9:30 Trip to St. Laurent Mall</b> 11:00 Tuck Shop-FL <b>1:30 Dessert at Dairy Queen</b> <b>2:00 Drive to Gatineau</b> 3:00 *Wellness Check-LR 3:30 Knitwhits-LR 6:30 Happy Hour - SR	<b>23</b> 9:30 Walking Club-REV 10:30 Kitchen Creations-CR <b>11:00 Chair Yoga-LR</b> 1:00 Train Dominoes-GR 1:00 Gold Exercise-SR 1:30 Bronze Exercise-SR <b>2:00 May Birthday Party &amp; Music with Bob Schwartz-SR</b> 3:00 Finishing Words- LR 6:15 Euchre-GR	<b>24</b> 9:30*Relax&Rejuvenate-CH <b>9:30 Billings Bridge</b> <b>10:30 Fit Minds-LR</b> <b>1:00 TEP #3-LR</b> <b>2:00 Healthy Minds- Show by Saje Age- SR</b> 3:00 Coffee and Chat - LR 3:30 <b>Illusionist Show - SR</b> 6:30 *Movie Night-SR	<b>25</b> 9:30 Knitwhits-LR 10:30 Coffee & Chit Chat-LR 11:00 Adult Colouring-LR <b>2:00 Music with Len Goldfarb-SR</b> 3:00 Tea & Chat- LR 3:30 Shuffle Board-GR 6:15 Euchre-GR
<b>26</b> 9:30 Walking Club-REV 10:30 Coffee & Chit Chat-LR 1:30 Bingo-SR 3:00 Tea & Chat - LR <b>3:30 TEP #1-LR</b> 6:30*Documentary-CH	<b>27</b> 9:00 Strength Exercise-SR 9:30 Balance Exercise-SR 9:30 Giant Crossword-SR 10:30 *News to Know-LR 11:00 Creative Pod-CR 1:00 Friends & Readers-L 1:30 Bingo-SR 3:00 Canadian Trivia (LR) 6:30 *Series; Our Planet -SR	<b>28</b> 10:00 Gold Exercise-SR 11:00 Glee Club - LR 11:15 Bronze Exercise-SR <b>1:00 TEP #2-LR</b> 2:00 Name 10 - SR 3:00 Coffee & Chat - LR 4:00 Scrabble Club-L 6:15 Dice Game; LRC-GR <b>6:30 Music by Dai Basset-SR</b>	<b>29</b> 9:00 Strength Exercise-SR 9:30 Balance Exercise-SR 9:30 Table Top Games-L <b>9:30 Trip to Dollar Store</b> 11:00 Tuck Shop-FL <b>11:30 Lunch at Colonnade Pizza</b> <b>2:00 Afternoon Drive to Winchester</b> 3:00 *Wellness Check-LR 3:30 Knitwhits-LR 6:30 Happy Hour - SR	<b>30</b> 9:30 Walking Club-REV 10:30 Coffee & Chat-CR 1:00 Sevens-GR 1:00 Gold Exercise-SR 1:30 Bronze Exercise-SR <b>2:00 Sharing Dance Program- SR</b> 3:00 Finishing Lines- LR 3:30 *TED Talk-SR 6:15 Euchre-GR 57433	<b>31</b> 9:30*Relax&Rejuvenate-CH <b>9:30 Billings Bridge</b> <b>10:30 Fit Minds-LR</b> <b>1:00 TEP #3-LR</b> <b>1:30 Sing-a-long with Legault- SR</b> 3:00 Coffee and Chat- LR 6:30 *Movie Night-SR	<p align="center"><b>Butterflies will be arriving the week of May 26<sup>th</sup>!</b></p>
<b>ROOM LEGEND</b>  Social Room = SR Dining Room = DR Living Room = LR Chapel = CH Games Room = GR Craft Room = CR Front Lobby = FL Library = L Rev it Up Room = REV	<b>CALENDAR LEGEND</b>  <b>Highlights</b> <b>Outings</b> *iPad/Apple TV Programs Tiered Exercise Program = TEP		<b>Stay Fit Physio Exercise Group</b> <b>Monday &amp; Wednesday</b> 9:00 - Strength Class -SR 9:30 - Balance Class - SR  <b>Family Physio Exercise Group</b> <b>Tuesday Bronze-10:15 &amp; Gold-11:00-SR</b> <b>Thursday Bronze-1:00 &amp; Gold-1:30 - SR</b>	<b>IMPORTANT DATES</b>  <b>May 12<sup>th</sup>- Afternoon Tea and Manicures for Mother's Day</b>  <b>May 24<sup>th</sup>- Illusionist Show</b>		