



Recreation Choices **June 2019**

St. Lawrence Place • Christina Johnson, Recreational Director.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 Tiered Exercise Program: Tier #1 (LI) 11:00 Sudoku Puzzles (LO) 1:00 Gardening (P) 2:00 SLP Radio Hour with DJ George Raynes (LO) 3:45 Yahtzee (LI) 5:00 *News & Views (LO) 6:25 Legends Show at The Grand (Lby) 6:45 Movie: The Last Emperor *Resident Request (LO)
2 10:00 Fitness with Erin O'Brien (LI) 11:00 Moring Stroll (Lby) 11:30 June Trivia (LO) 11:30 Men's Lunch with Bus Driver John (Lby) 1:00 *Music & Reminiscing (LO) 1:40 Bus Trip: Sun Harvest Greenhouse (Lby) 2:30 Afternoon Card Games (LI) 3:45 Crossword (LO) 3:45 SLP Patio Pub (P) 5:00 *Music Theatre (LO) 6:45 TV Series: Doc Who (LO)	3 10:00 Bus Trip: Shopping & Walking at Walmart (Lby) 11:00 *Ted Talks (LO) 11:30 Bus Trip: Picnic at Lake Ontario Park (Lby) 1:00 Cards (LI) 2:00 Scrabble (LO) 2:30 Afternoon Stroll (Lby) 3:45 Word Search Puzzles (LO) 5:00 *News & Views (LO) 6:45 Movie: Elizabeth, The Golden Age (LO)	4 10:00 Tiered Exercise Program: Tier #3 (LI) 11:00 Anglican Service (LI) 1:00 National Ballet School (LO) 1:30 Wedding Dress Shopping with Violette @ Love Bird Bridal (Lby) 2:30 Tuck- Table (Lby) 3:00 Help Name PSW Jessica's Triplets (LO) 3:45 Math Quiz Contest (LO) 4:00 Cards on the Patio (P) 6:45 TV Series: Murder She Wrote (LO)	5 10:45 VON Fitness with Fatima (LI) 11:00 Recreation Idea Share (LO) 1:15 *BBC Planet Earth (LO) 1:30 Gardening (P) 2:00 St. John's Ambulance Therapy Dog Visits (LO) 2:00 SLP Radio Hour with DJ George Raynes (LO) 3:00 Afternoon Stroll (Lby) 3:45 Board Boggle (LO) 4:00 Patio Mingle (P) 5:00 *Ted Talks (LO) 6:45 Movie: A Fortunate Man (LO)	6 10:00 In-House Yoga (LI) 11:00 June Trivia (LO) 1:00 Tiered Exercise Program: Tier #2 (LI) 2:00 Musical Performance by Dave Rowen (LO) 3:00 Jig Saw Puzzles (LO) 5:00 *News & Views (LO) 6:30 SLP Patio Pub (P) 6:45 TV Series: Midsomers Murders (LO) 7:00 In-House Community Bridge Club (LI)	7 10:45 VON Fitness with Fatima (LI) 11:00 Math Challenge #2 (LO) 1:00 Old Wives Tales- True or False (LO) 2:00 Needle Felting (LI) 2:30 Gardening (P) 3:00 Library Book Share (LI) 3:45 "BYOD" Happy Hour (LI) 3:45 Crossword Puzzle (LO) 6:45 Movie: Colette (LO) 7:30 Libertas Male Choir in Concert at St. Georges Cathedral (Lby)	8 10:00 My Favorite Memory (LO) 11:00 Famous Seniors (LO) 1:00 Tiered Exercise Program: Tier #1 (LI) 1:45 Bus Trip: Communications & Electronics Museum (Lby) 3:00 Celebrating Seniors Tea Social (LO) 3:30 Patio Mingle (P) 4:30 Celebrating Seniors Patio BBQ (P) 5:00 *Music & Meditation (LO) 6:45 Movie: Grumpy Old Men (LO)
9 10:00 *Music & Meditation (LO) 11:00 Word Search Puzzles (LO) 1:00 Ring Toss (LO) 1:45 Afternoon Stroll (Lby) 2:15 Reading & Discussion: What Being a Senior Means to You? (LO) 3:00 Daily Tea Social (LO) 3:15 Famous Lines & Phrases Guessing Game (LO) 5:00 News & Views (LO) 6:45 TV Series: Doc Who (LO)	10 10:00 Bus Trip: Shopping at Giant Tiger (Lby) 11:00 Monthly Grief Support with Bereaved Families of Ontario (LI) 11:30 Bus Trip: Charleston Lake for BBQ Picnic (Lby) 1:00 Afternoon Book Club (LI) 2:00 *Ted Talks (LO) 3:45 Word Scrambles (LO) 7:00 Jazz Night with Craig Jones & Friends (LO)	11 10:00 Tiered Exercise Program: Tier #3 (LI) 11:00 Sudoku (LO) 1:00 National Ballet School (LO) 1:45 Scrabble (LI) 2:15 SLP Radio Hour with DJ George Raynes (LO) 2:30 Tuck- Table (Lby) 3:15 Manicures (LI) 5:00 *Music Theatre (LO) 6:45 TV Series: Murder She Wrote (LO)	12 10:45 VON Fitness with Fatima (LI) 11:00 First Capital Day Festivities at City Park (Lby) 1:15 Manicures (LI) 2:00 Healthy Minds Lecture: Stories of the World, Why is History so Interesting (LO) 2:00 St. John's Ambulance Therapy Dog Visits (LI)(P) 3:45 Tie Trivia (LO) 5:00 *News & Views (LO) 6:45 Movie: Grumpier Old Men (LO)	13 9:00 Hearing Clinic (LI) 10:00 In-House Yoga (LI) 11:00 Name the Car Logo's (LO) 1:00 Tiered Exercise Program: Tier #2 (LI) 2:00 Musical Performance by David McGrath (LO) 3:30 Word Search Puzzles (LO) 5:00 Jigsaw Puzzles (LI) 7:00 In-House Community Bridge Club (LI) 7:00 Vanya and Sonia and Masha and Spike at The Domino (Lby) 7:00 Musical Performance by Little Burnt Potatoes (LO)	14 10:45 VON Fitness with Fatima (LI) 1:00 Catholic Mass (LI) 1:00 Reminiscing: My Father (LO) 1:45 Paper Planes Reminiscing Game (LO) 2:30 Father's Day Trivia (LO) 3:00 Father's in the Day of Yore & Saying Father in Different Languages (LO) 3:45 "BYOD" Happy Hour (LI) 5:00 *Music Theatre (LO) 6:45 Movie: Like Arrows (LO)	15 10:00 Tiered Exercise Program: Tier #1 (LI) 10:45 #DKSHOPFEST 2019, Downtown Kingston (Lby) 11:00 Kingston Pride Festival at Confederation Park (Lby) 1:00 Gardening Group (P) 2:00 SLP Radio Hour with DJ George Raynes (LO) 3:45 Father's Day Word Search (LO) 5:00 *News & Views (LO) 5:30 Jigsaw Puzzles (LI) 6:45 Movie: Wild Life (LO)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Father's Day 16</p> <p>10:00 Fitness with Erin O'Brien (LI) 11:00 *Music Theatre (LO) 1:00 Documentary: Travel Log Europe (LO) 2:00 The Sounds of Our Teenage Years (LO) 3:00 Father's Day "Tie One on" Special Tea Social (LO) 4:30 Father's Day Surf & Turf Dinner (DR) 6:45 Father's Day Patio Pub (P) 6:45 TV Series: Doc Who (LO)</p>	<p>17</p> <p>10:00 Bus Trip: Shopping at The Catarauqui Centre (Lby) 11:00 Wacky Words (LO) 11:30 Bus Trip: Picnic at Lemoines Point C.A (Lby) 1:00 Yahtzee (LI) 2:00 Cards (LI) 2:30 Patio Mingle (P) 3:15 *Today in History (LO) 5:00 *Ted Talks (LO) 6:45 Movie: Quartet (LO) *Resident Request (LO)</p>	<p>18</p> <p>10:00 Tiered Exercise Program: Tier #3 (LI) 11:00 Anglican Service (LI) 1:00 National Ballet School (LO) 2:00 Manicures (LI) 3:00 Tuck- Table (Lby) 4:00 Ice Cream Cone Social on the Patio (P) 5:00 *Music Theatre (LO) 6:45 TV Series: Murder She Wrote (LO)</p>	<p>Beach Party 19</p> <p>10:45 VON Fitness with Fatima (LI) 11:00 Bling it On Sale (Lby) 1:00 Yesteryear Song Quiz (LI) 2:00 Beach Party with Musical Guests Sunshine Soul (LO) 2:00 St. John's Ambulance Therapy Dog Visits (LI) 3:00 Beach Party Tea Social (LO) 3:30 Margareta's on the Patio (P) 5:00 News & Views (LO) 6:45 Movie: The Paradine Case (LO) *Resident Request (LO)</p>	<p>20</p> <p>10:00 In-House Yoga (LI) 11:00 Resident/Management Meeting "All Are Welcome" (LO) 1:10 Tiered Exercise Program: Tier #2 (LI) 2:00 National Indigenous People's Day with Guest Speaker Elder Al from Indigenous Initiatives (LO) 4:30 BBQ on the Patio (P) 6:30 SLP Patio Pub (P) 6:45 TV Series: Midsomers Murders (LO) 7:00 In-House Community Bridge Club (LI)</p>	<p>Summer Begins 21</p> <p>10:45 VON Fitness with Fatima (LI) 11:00 World Music Day Trivia (LO) 1:00 *Music Theatre (LO) 2:00 Healthy Minds Lecture Series: Stories of the World, History: The Building Blocks of Who We Are (LO) 3:00 World Music Day, First Day of Summer, National Indigenous People's Day Tea Social (LO) 3:45 "BYOD" Happy Hour (LI) 5:00 * Music of Our Time (LO) 6:45 Movie: The Lighthouse of the Orcas (LO)</p>	<p>22</p> <p>10:00 *BBC Earth (LO) 12:45 Dance Studio Presents: The Adventures of Pinocchio at The Grand (Lby) 1:00 Tiered Exercise Program: Tier #1 (LI) 2:30 Meet New Residents Social (LO) 3:00 Sarah Higgs Birthday Tea Social (LO) 3:15 Our Favorite Poem Read (LO) 5:00 *News & Views (LO) 6:45 Movie: Doc Martin The Movie (LO)</p>
<p>23</p> <p>10:00 Fitness with Erin O'Brien (LI) 11:00 Broadway Musical Word Search (LO) 1:00 Sunday TV Karaoke Sing Along (LO) 2:00 Bev Koski on the Piano (LI) 3:15 *Famous Dancers & Their Songs (LO) 3:35 The Conservatory Presents: Happily, Ever After at The Grand (Lby) 5:00 *Music Theatre (LO) 6:45 TV Series: Doc Who (LO) 7:00 Girls Night In with Violette (LI)</p>	<p>24</p> <p>10:00 Bus Trip: Food Basics on Hwy 15 (Lby) 11:00 *Ted Talks (LO) 11:30 Bus Trip: BBQ Picnic at Finkle Park in Bath (Lby) 1:00 Afternoon Stroll (Lby) 2:00 Trees of the World Quiz (LO) 2:30 Jigsaw Puzzles (LI) 3:00 Patio Mingle (P) 3:45 Board Boggle (LO) 5:00 News & Views (LO) 6:45 Movie: Into the Woods (LO)</p>	<p>25</p> <p>10:00 Tiered Exercise Program: Tier #3 (LI) 11:00 Catholic Mass (LI) 11:00 Math Quiz #3 (LO) 12:20 Music in the Park: Lunchtime Series (Lby) 1:00 National Ballet School (LO) 2:00 *BBC Earth Series (LO) 2:10 Tuck- Table (Lby) 3:00 Manicures (LI) 5:00 *Today in History (LO) 6:45 TV Series: Murder She Wrote (LO)</p>	<p>26</p> <p>10:45 VON Fitness with Fatima (LI) 11:00 Manicures (LO) 1:00 Creative Button Tree DIY (LI) 2:00 Resident Birthday Party with a Musical Performance by Mark McDonell (LO) 2:00 St. John's Ambulance Therapy Dog Visits (LI) 2:30 Afternoon Stroll (Lby) 3:45 Crossword Puzzle (LO) 5:00 Word Search Puzzles (LO) 6:45 Movie: Here and Now (LO)</p>	<p>27</p> <p>10:00 In-House Yoga (LI) 11:00 *Documentary: 50 Children (LO) 1:00 Tiered Exercise Program: Tier #2 (LI) 1:15 *BBC Planet Earth (LO) 2:00 Root Beer Float Social on the Patio (P) 3:45 Word Scrambles (LO) 7:00 In-House Community Bridge Club (LI) 7:00 Jam Night with Craig Jones & Friends (LO)</p>	<p>28</p> <p>10:45 VON Fitness with Fatima (LI) 11:00 Sudoku (LO) 1:00 *Today in History (LO) 1:45 Lemonade Social on the Patio (P) 2:30 Crazy 8's/Board Games (LI) 3:15 Short Story Reading Out Loud (LO) 3:45 "BYOD" Happy Hour (LI) 6:45 Big Band Friday's at Market Square (Lby) 6:45 Movie: Aloha (LO)</p>	<p>29</p> <p>10:00 Tiered Exercise Program: Tier #1 (LI) 11:00 "So You Think You Can Dance" Scrambler: Dance Styles (LO) 1:00 Needle Felting (LI) 2:00 SLP Radio Hour with DJ George Raynes (LO) 2:00 Afternoon Stroll for Ice Cream Cones (Lby) 3:45 Wacky Words (LO) 5:00 *News & Views (LO) 6:45 Movie: Annie (LO)</p>
<p>30</p> <p>10:00 Fitness with Erin O'Brien (LI) 1:00 Gardening (P) 2:00 Patio Bowling (P) 2:30 Artistic Impressions: Henri Toulouse Lautrec (LO) 3:00 Help Name PSW Jessica's Triplets Reveal (LO) 3:45 Guess Who? (LO) 5:00 *News & Views (LO) 6:30 SLP Patio Pub (LO) 6:45 TV Series: Classic Doc Who (LO)</p>	<p>ROOM LEGEND</p> <p>(DR) Dining Room (P) Patio (LO) Lounge (LI) Library (Lby) Lobby</p>	<p>CALENDAR LEGEND</p> <p>Highlights Outings *IPad/Apple TV Programs</p>	<p>IMPORTANT DATES</p> <p>1st SLP Radio Hour with DJ George 2nd Bus Trip: Men's Lunch with Bus Driver John 2nd Bus Trip: Sun Harvest Greenhouse 3rd Bus Trip: Picnic at Lake Ontario Park 4th National Ballet School (Every Tuesday at 1:00pm) 4th Name PSW Jessica's Triplets 5th SLP Radio Hour with DJ George 6th Musical Performance by Dave Rowan 8th Celebration Our Seniors (All Day)</p>	<p>IMPORTANT DATES</p> <p>8th Bus Trip: Military Communications & Electronics Museum 10th Bus Trip: BBQ Picnic at Charleston Lake 11th SLP Radio Hour with DJ George 12th First Capitol Day Festivities in the Park 12th Healthy Minds Lecture Series 13th Musical Performance by David McGrath 13th Musical performance by Little Burnt Potatoes Fiddle Group 15th SLP Radio Hour with DJ George</p>	<p>IMPORTANT DATES</p> <p>16th Father's Day Celebration (All Day) 16th Surf & Turf Father's Day Dinner in the Dining Room 17th Bus Trip: Picnic at Lemoines Point 19th Beach Party 20th National Indigenous peoples Day Speaker Elder Al 20th Patio BBQ 21st Healthy Minds Lecture Series 23rd Bev Koski on the Piano 23rd Girls Night in with Violette 24th Bus Trip: BBQ Picnic in Bath</p>	<p>IMPORTANT DATES</p> <p>26th Resident Birthday with Musical Guest Mark McDonell 27th Root Beer Float Social 27th Jam Night with Craig Jones & Friends 28th Lemonade Social 29th SLP Radio Hour with DJ George 30th Name PSW Jessica's Triplets Reveal</p>

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