



# Recreation Choices **April 2019**

Hunt Club Manor • Amanda Soros • Director of Recreation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>ROOM LEGEND</b>  <b>Social Room = SR</b> <b>Living Room = LR</b> <b>Dining Room = DR</b> <b>Chapel = CH</b> <b>Games Room = GR</b> <b>Craft Room = CR</b> <b>Front Lobby = FL</b> <b>Library = L</b> <b>Rev it Up Room = REV</b>	<b>1 April Fool's Day</b> 9:00 Strength Class-SR 9:30 Balance Class-SR 9:30 Giant Crossword-CH 10:30 *News to Know-LR 11:00 Creative Pod-CR 1:00 Book Club-L 1:30 Bingo-SR 3:00 Name 10-LR 6:30 *Series; Anne with an E S1 Ep 5-CH	<b>2</b> 10:15 Gold Exercise-SR 11:00 Bronze Exercise-SR <b>11:00 Food for Thought- LR</b> <b>1:00 TEP #2-LR</b> <b>1:30 Resident Executive Meeting-CH</b> 2:00 Wacky Words- LR 4:00 Scrabble Club-LR 6:15 Dice Game; LRC-GR 6:30 Happy Hour - SR	<b>3</b> 9:00 Strength Class-SR 9:30 Balance Class-SR 9:30 Table Top Games-L <b>9:30 Trip to Blossom Park</b> 11:00 Tuck Shop-FL <b>11:30 Lunch at The Black Dog &amp; Drive through Manotick</b> 3:00 *Wellness Check-LR 3:30 Knitwhits-LR 6:30 Puzzle Creations-L	<b>4</b> 9:30 Walking Club-REV 10:30 Kitchen Creations-CR <b>11:00 United Service-CH</b> 1:00 Train Dominoes-DR 1:00 Bronze Exercise-SR 1:30 Gold Exercise-SR <b>2:00 Recreation Planning Meeting-CH</b> 3:00 Mind Stretchers - LR 3:30 *TED Talks-CH 6:15 Euchre-GR <b>6:30 Ladies Night-SR</b>	<b>5</b> 9:30*Relax&Rejuvenate-CH <b>9:30 Billings Bridge</b> <b>10:30 Fit Minds-LR</b> <b>1:00 TEP #3-LR</b> <b>2:00 Music Performance by Stanley Frank-SR</b> <b>3:30 Chair Dancing -LR</b> 6:30 *Movie Night-CH <b>-Christopher Robin</b>	<b>6</b> 9:30 Knitwhits-LR 10:30 Coffee&Chit Chat-LR 11:00 Adult Colouring-LR 1:30 Bingo-SR 3:00 *Mad Libs-LR 3:30 Shuffle Board-GR 6:15 Euchre-GR
<b>7</b> 9:30 Walking Club-REV 10:30 Coffee & Chit Chat-LR 1:15 Pyramid-LR <b>2:00 Healthy Minds; Art History-CH</b> 3:00 *April Riddle Jumble-LR <b>3:30 TEP #1-LR</b> 6:30*Documentary-CH <b>-Billy Graham; An Extraordinary Journey</b>	<b>8</b> 9:00 Strength Class-SR 9:30 Balance Class-SR 9:30 Giant Crossword-CH 10:30 *News to Know-LR 11:00 Creative Pod-CR 1:00 Book Club-L <b>2:00 Healthy Minds; The Art of feeling it in your Gut!-SR</b> 3:00 Canadian Trivia (LR) <b>3:30 TEP #3-LR</b> 6:30 Bingo-SR	<b>9</b> 10:15 Gold Exercise-SR 11:00 Bronze Exercise-SR <b>11:00 Glee Club - LR</b> <b>1:00 TEP #2-LR</b> 1:30 Train Dominos - DR 2:00 Name 10 - CH 3:00 Finishing Lines- LR 4:00 Scrabble Club-LR 6:15 Dice Game; LRC-GR 6:30 Happy Hour (SR)	<b>10</b> 9:00 Strength Class-SR 9:30 Balance Class-SR <b>9:30 Trip to South Keys</b> 11:00 Tuck Shop-FL <b>2:00 Trip to St. Albert's Cheese</b> 3:00 Trivia Excursions - LR 3:30 Knitwhits-LR 6:30 Puzzle Creations-L	<b>11</b> 9:30 Walking Club-REV <b>11:00 Chair Tai Chi-LR</b> 1:00 Sevens-DR 1:00 Bronze Exercise-SR 1:30 Gold Exercise-SR <b>2:00 Music Performance by Arlene Quinn-SR</b> 3:00 Coffee & Chat – LR 3:30 *TED Talks-CH 6:15 Euchre-GR	<b>12</b> 9:30*Relax&Rejuvenate-CH <b>9:30 Billings Bridge</b> <b>10:30 Fit Minds-LR</b> <b>1:00 TEP #3-LR</b> <b>1:30 Tour of Beechwood Cemetery</b> 3:00 Alphabetics - LR 6:30 *Movie Night-CH <b>-The Age of Adaline</b>	<b>13</b> 9:30 Knitwhits-LR 10:30 Coffee&Chit Chat-LR 11:00 Adult Colouring-LR 1:30 Bingo-SR 3:00 Coffee & Chit Chat-LR 3:30 Shuffle Board-GR 6:15 Euchre-GR
<b>14</b> <b>9:45 Salvation Army-SR</b> 10:30 Coffee & Chit Chat-LR <b>1:30 Green Thumb Gardening Group-CR</b> 3:00 *Punny Names-LR <b>3:30 TEP #1-LR</b> 6:30*Documentary-CH <b>-Naledi; A Baby Elephant's Tale</b>	<b>15</b> 9:00 Strength Class-SR 9:30 Balance Class-SR 9:30 Giant Crossword-CH <b>10:30 Volunteer Appreciation Cards-LR</b> 11:00 Glee Club-LR 1:00 Book Club-L 1:30 Bingo-SR 3:00 Finishing Words- LR <b>3:30 TEP #3-LR</b> 6:30*Series; Anne with an E S1 Ep 6-CH	<b>16</b> 10:15 Gold Exercise-SR <b>10:30 Fit Minds-LR</b> 11:00 Bronze Exercise-SR <b>11:00 Catholic Mass-CH</b> <b>1:00 TEP #2-LR</b> <b>1:30 Brightening Lives Pet Visits-LR</b> <b>2:00 Music Performance by Roxy Swan-SR</b> 4:00 Scrabble Club-LR 6:15 Dice Game; LRC-GR 6:30 Happy Hour - SR	<b>17</b> 9:00 Strength Class-SR 9:30 Balance Class-SR 9:30 Table Top Games-L <b>10:00 Community Engagement- Glee Club performs at St. Marguerite d'Youville School</b> 11:00 Tuck Shop <b>2:00 Drive along Rockcliffe</b> 3:00 *Wellness Check-LR 3:30 Knitwhits-LR 6:30 Puzzle Creations-L	<b>18</b> 9:30 Walking Club-REV 10:30 Kitchen Creations-CR <b>11:00 Anglican Service-CH</b> 1:00 Sevens-DR 1:00 Bronze Exercise-SR 1:30 Gold Exercise-SR 2:00 True or False - LR 3:30 *TED Talk-CH 6:15 Euchre-GR <b>6:30 Volunteer Appreciation Social-SR</b>	<b>19 GOOD FRIDAY</b> 9:30*Relax&Rejuvenate-CH <b>10:30 Fit Minds-LR</b> 1:30 Train Dominos- DR 3:00 Coffee & Chat - LR 6:30 *Movie Night-CH <b>-Pick of the Litter</b>	<b>20</b> 9:30 Knitwhits-LR 10:30 Coffee&Chit Chat-LR 11:00 Adult Colouring-LR 1:30 Bingo-SR 3:00 *Guess the City-LR 3:30 Shuffle Board-GR 6:15 Euchre-GR

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21 EASTER</b> 9:30 Walking Club-REV 10:30 Coffee & Chit Chat-LR <b>1:30 Easter Egg Decorating-LR</b> 3:00 *Bunny Funnies-LR <b>3:30 TEP #1-LR</b> 6:30*Documentary-CH <b>-Far from the Tree</b>	<b>22 EASTER MONDAY</b> 9:00 Strength Class-SR 9:30 Balance Class-SR 9:30 Giant Crossword-CH 10:30 *News to Know-LR 11:00 Creative Pod-CR 1:00 Book Club-L 1:30 Bingo-SR 3:00 Trivia- LR 6:30*Series; Anne with an E S1 Ep 7-CH <b>6:30 Men's Night-SR</b>	<b>23</b> 10:15 Gold Exercise-SR 11:00 Bronze Exercise-SR 11:00 Bowling - GR <b>1:00 TEP #2-LR</b> <b>1:30 Birthday Party with Music by Jumping Jimmy-SR</b> 3:00 Mind Stretchers - LR 4:00 Scrabble Club-LR 6:15 Dice Game; LRC-GR 6:30 Happy Hour - SR	<b>24</b> 9:00 Strength Class-SR 9:30 Balance Class-SR 9:30 Table Top Games-L <b>9:30 Trip to Carlingwood</b> 11:00 Tuck Shop-FL <b>11:30 Lunch at Robbie's</b> <b>2:00 Mystery Drive</b> 3:00 *Wellness Check-LR 3:30 Knitwhits-LR 6:30 Puzzle Creations-L	<b>25</b> 9:30 Walking Club-REV 10:30 Kitchen Creations-GR <b>11:00 Chair Yoga-LR</b> 1:00 Train Dominoes-DR 1:00 Bronze Exercise-SR 1:30 Gold Exercise-SR 2:00 Arm Chair Travel-Elizabethan Times - CH 3:00 Finish The Words- LR 3:30 *TED Talk-CH 6:15 Euchre-GR	<b>26</b> 9:30*Relax&Rejuvenate-CH <b>9:30 Billings Bridge</b> <b>10:30 Fit Minds-LR</b> <b>1:00 TEP #3-LR</b> <b>1:30 Trip to 55+ Show at the EY Centre</b> <b>3:00 Health Tip-LR</b> 6:30 *Movie Night-CH <b>-La La Land</b>	<b>27</b> 9:30 Knitwhits-LR 10:30 Coffee&Chit Chat-LR 11:00 Adult Colouring-LR 1:30 Bingo-SR 3:00 Coffee & Chit Chat-LR 3:30 Shuffle Board-GR 6:15 Euchre-GR
<b>28</b> 9:30 Walking Club-REV 10:30 Coffee & Chit Chat-LR 1:30 Scattergories-LR 3:00 *Trivia Crack-LR <b>3:30 TEP #1-LR</b> 6:30*Documentary-CH <b>-Quincy</b>	<b>29</b> 9:00 Strength Class-SR 9:30 Balance Class-SR 10:30 Coffee Time -LR 1:00 Book Club-L 1:30 Bingo-SR 3:00 Finishing Lines - LR 6:30*Series; Anne with an E S1 Ep 8-CH	<b>30</b> 10:15 Gold Exercise-SR 11:00 Bronze Exercise-SR 11:00 Short Story: Something Old - LR <b>1:30 TEP #2-LR</b> 2:00 Price is Right - CH 3:00 Coffe & Chat - LR 4:00 Scrabble Club-LR 6:15 Dice Game; LRC-GR 6:30 Happy Hour - SR				
<b>Perfect Smile Dentist</b> <b>April 11th</b> <b>Craft Room</b>  <b>Call today to book your appointment</b> <b>(613)898-2292</b>	<b>ROOM LEGEND</b>  <b>Social Room = SR</b> <b>Living Room = LR</b> <b>Dining Room = DR</b> <b>Chapel = CH</b> <b>Games Room = GR</b> <b>Craft Room = CR</b> <b>Front Lobby = FL</b> <b>Library = L</b> <b>Rev it Up Room = REV</b>	<b>CALENDAR LEGEND</b>  <b>Highlights</b> <b>Outings</b> *iPad/Apple TV Programs Tiered Exercise Program = TEP	<b>Stay Fit Physio Exercise Group</b> <b>Monday &amp; Wednesday</b> <b>9:00 - Strength Class -SR</b> <b>9:30 - Balance Class - SR</b>  <b>Family Physio Exercise Group</b> <b>Tuesday Bronze-10:15 &amp; Gold-11:00-SR</b> <b>Thursday Bronze-1:00 &amp; Gold-1:30 - SR</b>		<b>IMPORTANT DATES</b> <b>April 2<sup>nd</sup> - Resident Executive Meeting in the Chapel at 1:3pm</b>  <b>April 4<sup>th</sup>- Recreation Planning Meeting in the Chapel at – 2:00pm</b>  <b>April 19<sup>th</sup>- Good Friday</b>  <b>April 20<sup>th</sup>- Easter Sunday</b>	

More recreational choices on the next page >