



# Recreation Choices **May 2019**

St. Lawrence Place • Christina Johnson, Recreational Director.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 10:30 VON Fitness (LI) 11:00 Word Search Puzzles (LO) <b>1:00 Gardening Club: Seed Planting (LI)(P)</b> 1:00 *BBC Plant Earth Series (LO) <b>2:00 St. Johns Ambulance Therapy Dog Visits with Valentine (LO)</b> <b>2:00 Walk by the Water (Lby)</b> <b>3:00 Ice Cream Sundae Bar (Lby)</b> 3:45 Crossword Puzzle (LO) 5:00 News & Views (LO) 6:45 Movie: Grease (LO) *Resident Request*	<b>2</b> 10:00 In-House Yoga (LI) 11:00 *Ted Talks (LO) 1:00 Tiered Exercise Program: Tier #2 (LI) 2:00 Afternoon Card Games (LI) 2:30 Manicures (LO) <b>3:00 Making Piñatas (LI)</b> 3:45 Board Boggle (LO) 5:00 *Music Theatre (LO) 6:45 TV Series: Midsomer Murders (LO) 7:00 In-House Bridge Club (LI)	<b>3</b> 10:30 VON Fitness (LI) 11:00 Wacky Words (LO) 1:00 Reading & Discussion: The Raven by Alfred Hitchcock (LO) 2:00 *Today in History (LO) <b>2:30 Official Patio Opening Ceremony (P)(LI)</b> 3:45 "BYOD" Happy Hour (LI) 5:00 Music & Colouring (LI) 6:45 Movie: God Bless the Broken Road (LO) <b>7:00 Music West: Made You Smile @ St. Andrew's by the Lake (Lby)</b>	<b>Open House 4</b> 10:00 Tiered Exercise Program: Tier #1 (LI) 11:00 Spring Trivia (LO) <b>1:00 Musical Performance by Fiddle Earth (DR)</b> <b>2:00 Hymn Festival @ St. George's Cathedral (Lby)</b> <b>2:00 Musical Performance by Anne &amp; Jon (LO)</b> 3:45 Word Jumbles (LO) 5:00 News & Views (LO) 6:45 Movie: Leave No Trace (LO) 7:00 Evening Library Mingle (LI)
<b>Cinco de Mayo 5</b> 10:30 Fitness with Erin O'Brien (LI) 11:00 *Music & Meditation (LO) <b>11:00 Mexican Word Search Puzzle (LO)</b> 1:00 Reading & Discussion: Cinco de Mayo (LO) 1:30 Cards (LI) 2:00 SLP Radio with DJ George Raynes (LO) <b>3:00 Mexican Fiesta Tea Social (LO)</b> 3:45 Crossword Puzzle (LO) 5:00 *Ted Talks (LO) 6:45 TV Series: Classic Doctor Who (LO)	<b>6</b> <b>10:00 Bus Trip: Shopping &amp; Walking at Walmart (Lby)</b> 11:00 *Music Theatre (LO) <b>1:00 Bus Trip: Country Drive &amp; Stop for Tea (Lby)</b> 1:00 Jigsaw Puzzle (LI) 1:00 Biography: 2:00 Word Search Puzzles (LO) 2:30 Colouring to Music (LI) 3:30 Scrabble (LI) 5:00 *News & Views (LO) <b>7:00 Jam Night with Craig Jones &amp; Friends (LO)</b>	<b>7</b> 10:00 Tiered Exercise Program: Tier #3 (LI) <b>10:30 Nurse Trivia (LO)</b> 11:00 Anglican Service (LI) <b>1:00 National Ballet School (LO)</b> 1:00 Painting to Music (LI) 2:00 Tuck Table (Lby) 2:30 Cards (LI) 2:45 Needle Felting (LI) <b>3:00 Afternoon Stroll (Lby)</b> 3:45 Board Boggle (LO) 5:00 *Music Theatre (LO) 6:45 TV Series: Murder She Wrote (LO)	<b>Nurses Day 8</b> 10:30 VON Fitness (LI) 11:00 Recreation Idea Share (LO) 1:00 *BBC Plant Earth Series (LI) <b>1:00 The Amazing Human Body: True or False (LO)</b> <b>2:00 Int' Nurses Day Word Search (LO)</b> <b>2:00 St. Johns Ambulance Therapy Dog Visits with Valentine (LO)</b> <b>3:00 Nursing Appreciation Tea Social (LO)</b> <b>3:15 Thank You Speeches (LO)</b> <b>3:30 A Poem for Nurses (LO)</b> 6:45 Movie: They Shall Not Grow Old *Resident Request* (LO)	<b>9</b> 10:00 In-House Yoga (LI) <b>11:00 Migratory Birds Trivia (LO)</b> 1:00 Tiered Exercise Program: Tier #2 (LI) 2:00 Manicures (LI) <b>3:00 Bird Seed Wreaths (LI)</b> <b>5:00 For the Birds: True or False (LO)</b> <b>7:00 Musical Performance by David McGrath (LO)</b> 7:00 In-House Bridge Club (LI)	<b>10</b> 10:30 VON Fitness (LI) <b>11:00 Did You Know: Cranes (LO)</b> <b>1:00 Bird Types Matching Game (LO)</b> <b>2:00 Birds of the World Quiz (LO)</b> <b>2:30 Birdy Quiz (LO)</b> <b>3:00 Migrating Birds Tea Social (LO)</b> 3:45 "BYOD" Happy Hour (LI) <b>5:00 Bird-Search (LO)</b> 6:45 Movie: Mrs. Doubtfire (LO) *Resident Request*	<b>Int' Migratory Bird Day 11</b> 10:00 * Music Theatre (LO) <b>11:00 Bird Types Matching Game (LO)</b> 1:00 Tiered Exercise Program: Tier #1 (LI) <b>2:00 Mother's Day Celebration with Musical Performance by Jazz on Colborne (LO)</b> <b>3:15 Alphabet Migratory Birds Quiz (LO)</b> <b>5:00 Mother's Day Word Search (LO)</b> 6:45 Movie: Mother's Day (LO) <b>7:00 Melos Choir and Period Instruments with Guest Dancers (Lby)</b>
<b>Mother's Day 12</b> 10:30 Fitness with Erin O'Brien (LI) 11:00 Sudoku (LO) <b>1:00 Being a Mother: Story Share (LO)</b> <b>2:00 Photo Share: Memories &amp; Stories (LO)</b> <b>2:00 Orchestra Kingston and the Quinte Symphony Present Works for Large Forces (Lby)</b> <b>3:00 Mother's Day Tea Social: What Our Mothers Meant to Us (LO)</b> 5:00 News & Views (LO) 6:45 TV Series: Classic Doctor Who (LO) <b>7:00 Mothers, Daughters &amp; Granddaughter "Girls Night In" with Violette (LI)</b>	<b>13</b> <b>9:30 Shopping &amp; Waking at Costco (Lby)</b> 10:00 Crossword Puzzles (LO) 10:30 * Ted Talks (LO) 11:00 Monthly Grief Support with Bereaved Families of Ontario (LI) <b>11:30 Bus Trip: The Lighthouse Restaurant in Picton (Lby)</b> 1:00 Word Search Puzzles (LO) 2:00 Artist Impressions: Drawing (LO) 3:45 Crossword (LO) 6:45 Movie: Going in Style (LO)	<b>14</b> 10:00 Tiered Exercise Program: Tier #3 (LI) <b>1:00 National Ballet School (LO)</b> 1:30 Colouring to Music (LI) 2:15 Gardening (P) 2:15 Documentary: Rick Steve's Europe (LO) 3:00 Tuck Table (Lby) 3:45 Board Boggle (LO) 5:00 News & Views (LO) 6:45 TV Series: Murder She Wrote (LO)	<b>15</b> 10:00 Pacha Momma "Sale" (Lby) 10:30 VON Fitness (LI) 10:30 Trivia Challenge (LO) 1:00 *BBC Plant Earth Series (LI) <b>2:00 Musical Performance by Mark McDonell (LO)</b> <b>2:00 St. Johns Ambulance Therapy Dog Visits with Valentine (LI)</b> 3:45 Word Jumbles (LO) 5:00 Music Theatre (LO) 6:45 Movie: Little Woman (LO)	<b>16</b> 10:00 In-House Yoga (LI) 11:00 Resident Council Meeting: All Are Welcome (LO) 1:00 Tiered Exercise Program: Tier #2 (LI) <b>2:00 Healthy Minds Lecture series: Stories of the World: Development of War (LO)</b> 3:45 Crossword (LO) 5:00 *Today in the News (LO) 6:45 TV Series: Midsomer Murders (LO) 7:00 In-House Bridge Club (LI)	<b>17</b> 10:30 VON Fitness (LI) <b>11:30 Monthly Men's Lunch with Tom (LO)</b> <b>1:00 Reading &amp; Discussion: Residents Choice (LO)</b> 2:00 *Who am I? (LO) 3:15 Short Story (LO) 3:45 "BYOD" Happy Hour (LI) 4:00 Word Search Puzzles (LO) 5:00 Music Theatre (LO) 6:45 Movie: Adrift (LO)	<b>18</b> 10:00 *Ted Talks (LO) 11:00 *Music Theatre (LO) 1:00 Tiered Exercise Program: Tier #1 (LI) <b>1:30 Lemoines Point Conservation Area: Bird Feeding &amp; Stop for Tea (Lby)</b> 2:00 Gardening (LO) 2:30 Book Share (LI) 3:00 Daily Tea Social All Are Welcome (LO) 3:45 Board Boggle (LO) 6:45 Movie: Howards End (LO) *Resident Request*

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# Recreation Choices **May 2019**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b>	<b>Victoria Day 20</b>	<b>21</b>	<b>22</b>	<b>World Turtle Day 23</b>	<b>24</b>	<b>25</b>
10:00 *Today in the News (LO) 10:30 Fitness with Erin O'Brien (LI) <b>11:00 Morning Stroll (Lby)</b> 1:00 Gardening Group (LI) (P) 2:00 SLP Radio with DJ George Raynes (LO)  2:00 Needle Felting (LI) 3:45 Board Boggle (LO) 5:00 *Music Theatre (LO) 6:45 TV Series: Classic Doctor Who (LO) 7:00 SLP Pub (LI)	<b>10:00 Bus Trip: Shopping &amp; Walking at The Cataraqui Centre (Lby)</b>  11:00 *Ted Talks (LO) <b>1:00 Bus Trip: Victoria Day at Lake Ontario Park (Lby)</b>  1:30 Scrabble (LO) <b>2:00 Victoria Day Celebration with Musical Guest Becky Adams (LO)</b> 3:45 Crossword Puzzle (LO) 5:00 News & Views (LO) 6:45 Movie: Billy Elliot (LO) <b>7:30 Fireworks at Lake Ontario Park (Lby)</b>	10:00 Tiered Exercise Program: Tier #3 (LI) 11:00 Anglican Service (LI) <b>1:00 National Ballet School (LO)</b> 2:00 Painting Sunflowers (LO) 3:00 Tuck Table (Lby) 3:00 Gardening Group (LI)(P) 3:45 Word Search Puzzles (LO) 5:00 Music Theatre (LO) 6:45 TV Series: Murder She Wrote (LO)	10:30 VON Fitness (LI) 11:00 True or False: (LO) <b>1:00 *Documentary: Sea Turtles (LO)</b> 1:30 Cards (LI) 2:00 SLP Radio Hour with DJ George Raynes (LO) <b>2:00 St. Johns Ambulance Therapy Dog Visits with Valentine (LO)</b> <b>2:10 DIY Turtles (LI)</b> 3:00 Manicures (LI) 3:45 Word Jumbles (LO) 5:00 News & Views (LO) 6:45 Movie: The Boy in the Striped Pajamas (LO)	10:00 In-House Yoga (LI) <b>11:00 Turtle Word Find (LO)</b> 1:00 Tiered Exercise Program: Tier #2 (LI) <b>2:00 Amazing Facts about Sea Turtles (LO)</b> <b>2:45 Turtle Trivia (LO)</b> 3:45 Crossword (LO) 5:00 Wacky Words (LO) 6:45 TV Series: Midsomer Murders (LO) 7:00 In-House Bridge Club (LI)	10:30 VON Fitness (LI) 11:00 *iPad Help Class (LO) 1:00 Laugh Out Loud (LO) <b>1:00 Sound Escapes: Strings Plus One @ The Seniors Centre (Lby)</b> <b>2:00 Residents Birthday Party with Musical Guest Sentimental Journey (DR)</b> 3:15 *Today in History (LO) 3:45 "BYOD" Happy Hour (LI) 5:00 *Ted Talks (LO) 6:45 Movie: Heathers (LO) <b>7:00 Spring Art After Dark 2019 (Lby)</b>	10:00 *Music & Meditation (LO) <b>11:00 Morning Stroll (Lby)</b> 1:00 Tiered Exercise Program: Tier #1 (LI) <b>2:00 Musical Performance by CACCIA (LO)</b> 3:15 World Trivia (LO) 4:00 Jigsaw Puzzle (LI) 5:00 News & Views (LO) 6:45 Movie: Chocolat (LO) 7:00 Evening Library Mingle (LI) <b>7:00 Cantabile Choir Presents Sky Full of Stars (Lby)</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
10:00 News & Views (LO) 11:00 Sudoku (LO) 1:00 Reading & Discussion: Easter (LO) <b>2:00 Famous Funny Quotes (LO)</b> 3:00 Meet New Residents Social (LO) 4:00 Word Search Puzzles (LO) 5:00 * Music & Meditation (LO) 6:45 TV Series: Classic Doctor Who (LO) <b>7:00 Evening Stroll (Lby)</b>	<b>9:30 Bus Trip: Shopping &amp; Waking at Food Basics (Lby)</b> 11:00 Jigsaw Puzzles (LO) <b>11:30 Bus Trip: Sunny Side up in Madoc for Lunch (Lby)</b> <b>1:00 Book Share Club (LI)</b> 2:00 Yahtzee (LI) 3:00 Daily Afternoon Tea Social "All Are Welcome" (LO) 3:30 *iPad Help (LI) 5:00 Crossword Puzzles (LO) 6:45 Movie: The Ghost and the Darkness (LO)	10:00 Tiered Exercise Program: Tier #3 (LI) 10:00 *BBC Planet Earth (LO) 11:00 Catholic Mass (LI) <b>1:00 National Ballet School (LO)</b> 2:45 Tuck Table (Lby) <b>3:30 Patio Mingle &amp; Ice Cream Floats (P)</b> 3:45 Word Jumbles (LO) 5:00 *Today in the News (LO) 6:45 TV Series: Murder She Wrote (LO)	10:30 VON Fitness (LI) 11:00 *Ted Talks (LO) <b>1:00 Afternoon Walk (LO)</b> <b>2:00 Genealogy with Agnes Glenn (LO)</b> 3:00 Jigsaw Puzzles (LO) 3:45 Crossword Puzzle (LO) <b>4:00 St. Johns Ambulance Therapy Dog Visits with Valentine (LO)</b> 5:00 News & Views (LO) 6:45 Movie: Moonstruck (LO)	10:00 In-House Yoga (LI) 11:00 *iPad Help Class (LO) 1:00 Tiered Exercise Program: Tier #2 (LI) 2:00 Gardening Club (P) 2:30 Artistic Impressions (LI) 3:45 Board Boggle (LO) 5:00 Patio Mingle (P) <b>7:00 Musical Performance by Craig Jones (LO)</b> 7:00 In-House Bridge Club (LI)	10:30 VON Fitness (LI) 11:00 *Today in History (LO) 1:00 Ring Toss (LO) 2:00 Scrabble (LO) 3:15 Short Stories: Reading Aloud (LO) 3:45 "BYOD" Happy Hour (LI) 5:00 *Music Theatre (LO) 6:45 Movie: Midnight in Paris (LO)	
		<b>ROOM LEGEND</b>	<b>CALENDAR LEGEND</b>	<b>IMPORTANT DATES</b>	<b>IMPORTANT DATES</b>	
		(LO) Lounge (LI) Library (DR) Dining Room (Lby) Lobby (P) Patio	<b>Highlights</b>  <b>Outings</b> *iPad/Apple TV Programs	May 1 <sup>st</sup> St. John's Ambulance Dog Therapy Visit May 3 <sup>rd</sup> Official Patio Opening Ceremony May 4 <sup>th</sup> OPEN HOUSE May 5 <sup>th</sup> Cinco de Mayo May 7 <sup>th</sup> National Ballet School May 8 <sup>th</sup> Nurses Day May 8 <sup>th</sup> Recreation Idea Share May 11 <sup>th</sup> Mother's Day Celebration May 12 <sup>th</sup> Mother's Day Celebration Cont. May 16 <sup>th</sup> Healthy Minds Lecture May 16 <sup>th</sup> Resident Council Meeting May 17 <sup>th</sup> Monthly Men's Lunch with	May 18 <sup>th</sup> Bird Feeding at Lemoine's Point Conservation Area May 19 <sup>th</sup> & 5 <sup>th</sup> SLP Radio with DJ George May 20 Victoria Day May 24 <sup>th</sup> Resident Birthday Party May 27 <sup>th</sup> Book Share Club May 28 <sup>th</sup> Patio Mingle & Ice Cream Floats May 29 <sup>th</sup> Genealogy with Agnes Glenn	

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