



Recreation Choices September 2018

Rosewood • Jackie Dokken, Director of Recreation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:30 Morning Stretches 2:00 *Karaoke 3:30 Hymn Sing with Winn 3:30/3:45 *Ted Talks 7:00 Bingo or Lawrence Welks	CALENDAR LEGEND Special Events Outings * iPad/Apple TV Programs	ROOM LEGEND RCR – Rosewood Comm Rm WDR- Waverley Dinning Rm WTH – Waverley Theatre WCR – Waverley Common Rd WLK – Waverly Lounge RCY- Rosewood Court yard	Dates to Remember Sept 7 th – Family Evening Sept 9 th – Grandparents day & Rosh Hashanah Sept 22 – First day of Fall Sept 23 – Open House -1-4			1 10:30 Tiered Exercise 2:00 Group Crossword or Bowling KMN Ladder Ball GHJ Bean Bag Toss DEF Curling ABC 3:30/3:45 *Funny Animal Videos 7:00 *Conway Twitty Videos for his Birth Anniversary
2 10:30 Tiered Exercise 2:00 In the Kitchen - Muffins 3:30 Hymn Sing with Winn 3:30/3:45 Word Searches 7:00 Bingo or Lawrence Welks	3 Labour Day 10:30 Morning Stretches 10:45 Catholic Communion (WCR) 2:00 Back to school - Spelling BEE 3:30/3:45 *Pick that tune and Adult coloring 7:00 *Musical Favorite Songs	4 10:30 Balloon Volleyball 1:45 Rec Meeting H GJ 2:00 Back to School – *MY Math APP 3:30/3:45 Show and tell 7:00 Back to school Stories & Tea	5 10:30 Princess Dog Visits DEF 10:30 Tiered Exercise 1:15 Outing - Dairy Queen GHJ 1:45 Waverley Warblers 3:30/3:45 *Ted Talks 7:00 Bingo	6 Waverley Dinner B 10:30 Zumba JH 10:30 Morning Stretches 1:15 Outing - Dairy Queen DEF 2:00 Back to School – *Science Quiz 3:30 Sing with Winn 3:30/3:45 Table activities 7:00 Yellow Daisy Days – Daisy Category Puzzle	7 Family Evening 10:30 Tiered Exercise 1:15 Bus Ride KMN 2:00 Back to School – History *A Documentary about Canada 2:45 Ride ABC 3:30/3:45 *pick the tune & Adult coloring 7:00 Tea and Discussion on Playground games played	8 10:30 Morning Exercises 2:00 Back to school – Geography – Travel the world with Google Earth. Pick the spot you fly too! 3:30/3:45 * Mindful Meditation 7:00 Animal Idioms discussion and Hot Chocolate
9 Happy Grandparent Day 10:30 What, Why & How of Rosh Hashanah the Jewish New Year! 2:00 Story Sharing of your grandparent or being a grandparent 3:30 Hymn Sing with Winn 3:30/3:45 Music and table games 7:00 Bingo or Card games Rosh Hashanah Begins	10 10:30 Tiered Exercise 9:30-11:30 Catholic Communion Special service with Our Lady Fatima (WCR) 2:00 Wonderful Weirdos Day - *25 Weird Inventions 3:30/3:45 Show & Tell and Tea 7:00 Card Bingo	11 10:30 Morning Stretches 10:30 Music with Rocky MN 11:05 Music with Rocky EF 2:00 Craft – Cards of thanks to our Housekeepers 2:30 Healthy Minds – Sport Manitoba – MB Athletes that fought in the Great War (KMN) 3:10 Music with Rocky BC 3:30/3:45 * Mindful Meditation 3:45 Music with Rocky DA 7:00 *Bing Crosby history and listen to his hits	12 10:30 Princess Dog Visits GHJ 10:15 Bus Ride ABC 10:30 Tiered Exercise 1:45 Waverley Warblers 3:30/3:45 Word Searches 7:00 Happy Cat day! - *Funny cat videos & Stories	13 Waverley Dinner C 10:30 Zumba NM 10:30 Balloon Volleyball 1:15 Bus Ride DEF 2:00 Physical Game (house choice) or Current events 2:30 Men's Club GHJ (RCR) 3:30 Sing with Winn 3:30/3:45 Pick that tune & adult coloring 7:00 Manners around the world	14 10:30 Morning Exercise 1:15 Bus Ride GHJ 2:00 Fairy Tales & Nursery Rhymes 2:45 Bus Ride KMN 3:30/3:45 *Funny Baby & Grandparent Videos 7:00 Movie Night	15 10:30 Tiered Exercise 2:00 *Karaoke Sing a Long 3:30/3:45 Tea on the Patio 7:00 Wheel of fortune or Bowling ABC Ladder Ball DEF Bean Bag Toss GHJ Curling KMN
16 10:30 Tiered Exercise 2:00 *Jumpline 2 3:30 Hymn Sing with Winn 3:30/3:45 Show and Tell 7:00 Bingo or Lawrence Welks	17 10:30 Morning Exercises 10:45 Catholic Communion (WCR) 2:00 Would you rather or Physical game house choice 2:30 Healthy Minds – Special Olympics (GHJ) 3:30/3:45 Listen to Hank Williams Sr and Adult coloring 7:00 * Word to Word	18 Yom Kippur 10:30 Balloon Volleyball 10:30 Men's Club (RCR) DEF 2:00 *The history and story behind Yom Kippur 3:10 Music with Rocky HJ 3:30/3:45 Word Searches 3:45 Music with Rocky KG 7:00 Cards House Choice	19 10:30 Princess Dog Visits KMN 10:30 Mom & Tot program 10:30 Tiered Exercise 1:15 Outing - Dairy Queen ABC 1:45 Waverley Warblers 3:30/3:45 Show & Tell & Tea 7:00 Bingo	20 Waverley Dinner D 10:30 Zumba AD 10:30 Morning Stretches 1:15 Outing - Dairy Queen KMN 2:00 Hang Man or Curling GHJ, Bowling ABC, Ladder Ball DEF 3:30 Sing with Winn 3:30/3:45 *Ted Talks – House Choice topic 7:00 How did we ever live without???	21 10:30 Tiered Exercise 1:15 Bus Ride DEF 2:00 World Alzheimer Day! Ways to keep your brain healthy! 2:45 Bus Ride GHJ 3:30/3:45 Adult coloring and music 7:00 *Karaoke Party	22 First Day of Fall 10:30 Morning Stretches 2:00 Fall Craft- Wreaths 3:30/3:45 *Mindful Meditation 7:00 Apples, Apples and More Apples
23 Open House 1-4 10:30 Balloon Volleyball 2:00 In the kitchen – Apple Crisp 3:30 Hymn Sing with Winn 3:30/3:45 Word Searches 7:00 Bingo or Card games	24 10:30 Tiered Exercise 10:45 Catholic Communion (WCR) 1:45 Birthday Tea with Muddy Water Gold 3:30/3:45 Word Searches 7:00 Darts tournament in Single houses or Short Story and Tea	25 10:30 Morning Stretches 1:30 Story Club with Jackie E DF 2:00 Wheel of Fortune 3:00 Story Club with Jackie H GJ 3:30/3:45 Adult coloring and pic your tune 7:00 Physical game- House choice	26 10:30 Princess Dog Visits ABC 10:30 Mom & Tot program 10:30 Tiered Exercise 1:45 Waverley Warblers 3:30/3:45 Music and table games 7:00 *Guess the place or Bingo	27 Waverley Dinner E 10:30 Zumba BC 10:30 Morning Stretches 10:30 – Healthy Minds – UofM Women's Hockey Coach 1:30 Story Club with Jackie N MN 2:00 Physical game house choice 3:30 Sing with Winn 3:30/3:45 *Pick that tune & Adult Coloring 7:00 *4 Pic 1 Word	28 10:30 Balloon Volleyball 2:00 * Pick your topic to learn 3:00 Story Club with Jackie B CA 3:30/3:45 Show & Tell & Tea 7:00 Movie Night	29 10:30 Tiered Exercise 2:00 Wheel of Fortune or Ladder Ball ABC Curling KMN Bowling DEF Bean Bag GHJ 3:30/3:45 *Funny Videos 7:00 *Karaoke Party