

Recreation Choices August 2018

Rosewood • Jackie Dokken, Director of Recreation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ROOM LEGEND RCR – Rosewood Comm Rm WDR – Waverley Dinning Rm WTH – Waverley Theatre WCR – Waverley Common Rm WLJ – Waverley Lounge RCY – Rosewood Court yard	CALENDAR LEGEND Special Events Outings * iPad/Apple TV Programs	Folklorama Month 2 Countries will be showcased each week!	1 10:00 Outing – Half Moon GHJ 10:30 Princess Dog Visits ABC 10:30 Tiered Exercise 1:45 Waverley Warblers 3:10 Walk outside & Trivia with Rocky KMN 3:30/3:45 Individual word find 7:00 * I Pad Games (House Choice)	2 10:30 Zumba MN 10:30 AM Exercises 2:00 Rec meeting KMN 2:00 *Find out your Birthstone and flower for the month you were born 3:30/3:45 Sing with Winn 3:30 Pick the tune & adult Coloring 7:00 Dart Challenge	3 10:30 AM stretches or Walk outside 11:30 BBQ on the Patio ABC With Bob Fleury 1:15 Bus Ride DEF 2:00 *Ted Talk & Discussion 2:45 Bus Ride KMN 3:45 Music on the Patio 7:00 Card Games (house choice)	4 10:30 Tiered Exercise 2:00 Sing with Val BCA 2:00 Ping Pong Challenge 3:30/3:45 Visit & listen to music 7:00 *Louis Armstrong music and history
5 10:30 Tiered Exercise 2:00 Snow White Floats & Who can name the 7 Dwarfs 3:30 Hymn Sing with Winn (F) 3:30/3:45 *Funny Animal Videos 7:00 Lawrence Welks or Bingo	6 10:30 AM Stretches 10:45 Catholic Communion (WCR) 1:45 Folklorama Kick Off Party with Fire & Ice (WDR) 3:30 Pick the tune & adult Coloring 7:00 * I pad game Name that flag?	7 10:15 *Ukraine National Anthem 10:00 Outing – Half Moon DEF 10:30 Tiered Exercise 2:00 Craft – Ukrainian Wreath! 3:10 Men's Club GHJ (RCR) 7:00 * Ukraine travel video & Ukraine dancing	8 10:15 Lawn bowling BC & Waverley Residents (RCY) 10:30 Tiered Exercises 10:30 Princess Dog Visits KMN 11:30 Picnic lunch outside GHJ 1:45 Waverley Warblers 2:45 Bus Ride ABC 3:30/3:45 *Ted Talks (House choice) 7:00 Ice Cream on the Patio	9 10:15 Hungary National Anthem 10:30 Zumba DA 10:30 Balloon Volleyball 12:30 Walk outside with Rocky BC 2:00 Craft Hungarian Nation Flower 3:30/3:45 Sing with Winn 7:00 *Travel Hungary!	10 10:30 Tiered Exercise 11:30 BBQ on the Patio DEF with Bob Fleury 2:00 Group Crossword or Bowling KMN Ladder Ball GHJ with Inga Bean Bag Toss DEF Curling ABC 3:45 Hall Walking 7:00 * Jumbline 2 iPad Game	11 10:30 Balloon Volleyball 2:00 Yahtzee or Ring Toss 3:30/3:45 Visit & listen to music 7:00 * I Pad Games (House Choice)
12 10:30 Balloon Volleyball 2:00 Banana Splits on the Patio 3:30 Hymn Sing with Winn (F) 3:30/3:45 *Mindful Meditation 7:00 Card Games (House Choice)	13 10:15 Ireland National Anthem 10:30 Tiered Exercise 10:45 Catholic Communion (WCR) 2:00 Quoits/Ring Toss – Traditional game in Ireland 3:30 Individual word find 7:00 *Celtic Ireland dancing competition	14 10:30 AM stretches or walk outside 10:30 Music with Rocky HJ 11:05 Music with Rocky AD 2:00 Wheel of Fortune or Ladder Ball ABC Curling KMN Bowling DEF Bean Bag GHJ 2:30 Healthy Minds – U of W Athletic Director Dave Cook ABC (WDR) 2:45 Bus Ride DEF 7:00 Cards (House Choice)	15 10:30 Tiered Exercise 10:15 Bus Ride ABC 10:30 Princess Dog Visits DEF 11:30 Picnic lunch outside KMN 1:45 Waverley Warblers 2:00 Bus Ride GHJ 3:30/3:45 Pick the tune & adult Coloring 7:00 * I Pad Games (House Choice)	16 Waverley Dinner M 10:15 *India National Anthem 10:30 Zumba CB 10:30 AM Exercises 2:00 India Craft Diwali Paper lanterns 3:30/3:45 Sing with Winn 7:00 *Travel to India	17 10:15 Bus Ride KMN 10:30 Balloon Volleyball 2:00 Pic the topic or ABC Bowling DEF Ladder ball with Inga, GHJ Curling, KMN Bean bag toss 3:45 Music on the Patio 7:00 Pick a movie from our Library	18 10:30 Tiered Exercise 2:00 Pick a physical game (House Choice) 3:30/3:45 Visit & listen to music 7:00 *Spell Mania I pad Game
19 10:30 Tiered Exercise 2:00 I scream for Ice cream! Walk and cones on the patio 3:30 Hymn Sing with Winn (F) 3:30/3:45 *Funny Children Videos 7:00 Lawrence Welks or Bingo	20 10:15 Germany National Anthem 10:30 AM Stretches 10:45 Catholic Communion (WCR) 11:30 Picnic lunch outside DEF 1:45 Rosewood Birthday Party with Shayla Fink 3:30 Pick the tune & adult Coloring 7:00 * Wheel Gymnastics and other Germany facts	21 Senior Citizens Day 10:30 Music with Rocky MN 10:30 AM stretches or walk outside 11:05 Music with Rocky EF 2:00 Bingo or ABC Bean Bag Toss, DEF curling, GHJ Bowling, KMN Ladder Ball 2:45 Bus Ride GHJ 3:30 Story Club with Jackie BCA 7:00 Chicken Soup Stories	22 10:00 Outing – Half Moon ABC 10:30 Princess Dog Visits GHJ 10:30 Tiered Exercise 1:45 House Choice Physical game 3:10 Mens Club DEF (RCY or RCR) 3:30/3:45 Individual word find 7:00 Bingo or Patio Trivia	23 Waverley Dinner N 10:15 Mexico National Anthem 10:30 AM Stretches 10:30 Zumba FE 2:00 Craft – Mexican Bowl Weaving 2:30 Healthy Minds – What is Doping? Adam Decker DEF (WDR) 3:30/3:45 Sing with Winn 3:30 Story Club with Jackie HGJ 7:00 *Mexico Travel Video	24 10:30 Tiered Exercise 11:30 BBQ on the Patio GHJ with Bob Fleury 1:15 Bus Ride KMN 2:00 *IPad Karaoke 2:45 Bus Ride DEF 3:45 Hall Walking 7:00 Daily chronical discussion and Tea	25 10:30 AM stretches and Daily Chronical 2:00 Bean Bag Toss 3:30/3:45 Visit & listen to music 7:00 * I Pad Games (House Choice)
26 10:30 Balloon Volleyball 2:00 Sundae's on Sunday! 3:30 Hymn Sing with Winn (F) 3:30/3:45 *Mindful Meditation 7:00 Card Games (House Choice)	27 10:30 Japan National Anthem 10:30 Tiered Exercise 10:45 Catholic Communion (WCR) 11:30 Picnic lunch outside ABC 2:00 *Japan Travel Video or Dancing Video 3:30 Story Club with Jackie EFD 3:30 Pick the tune & adult Coloring 7:00 Craft – Japanese Carp Kite	28 10:30 Stretches and walk on the patio 10:30 Music with Rocky BC 11:05 Music with Rocky DA 2:00 Group Crossword or Bowling KMN Ladder Ball GHJ Bean Bag Toss DEF Curling ABC 2:45 Bus Ride GHJ 3:30 Story Club with Jackie MKN 7:00 Cards House Choice	29 10:00 Outing – Half Moon KMN 10:30 Tiered Exercise 10:30 Princess Dog Visits ABC 1:45 Waverley Warblers 3:10 Walk outside with Rocky HJ 3:30/3:45 *Ted Talks 3:45 Walk outside with Rocky EF 7:00 * I Pad Games (House Choice)	30 Waverley Dinner A 10:30 Philippines National Anthem 10:30 Zumba GK 10:30 walk to RW Lobby to see the Philippines items 2:00 "PIKO" Means Hopscotch game (Hopscotch dice game) 3:30/3:45 Sing with Winn 7:00 *Philippine Folk dance	31 10:30 AM stretches or walk on patio 11:30 BBQ on the Patio KMN With Bob Fleury 1:15 Bus Ride ABC 2:00 *Remembering Princess Diana 2:45 Bus Ride DEF 3:45 Music on the Patio 7:00 Pick a movie from our	Dates to Remember Aug 6 – Folklorama kick off Party Aug 20 – Birthday party