



# Recreation Choices November 2018

Rosewood • Jackie Dokken, Director of Recreation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Dates to Remember</b> Nov 5 B-day Tea Nov 11 Remembrance Day Nov 13 Silver Note Choir Nov 19 Hallelujah Singers Nov 22 Sr. Melody Chori	<b>CALENDAR LEGEND</b> <b>Special Events</b> <b>Outings</b> * iPad/Apple TV Programs	<b>ROOM LEGEND</b> RCR – Rosewood Comm Rm WDR- Waverley Dinning Rm WTH – Waverley Theatre WCR – Waverley Common Rd WLJ – Waverly Lounge RCY- Rosewood Court yard		<b>1 Waverley Dinner E</b> 10:30 Zumba DA 10:30 Tiered Exercise 2:00 *Animal Quiz 3:30/3:45 Pick your tune & Adult Coloring 7:00 Show & Tell Stories	<b>2</b> 10:00 Hall Walking 1:15 Bus Ride ABC 2:00 D Ladder ball, EF Curling, G Darts, HJ Ladder ball 2:45 Bus Ride KMN 3:30/3:45 Kermit the Frog Ted Talk Video 7:00 Chicken Soup stories	<b>3</b> 10:30 Tiered Exercise 2:00 *Karaoke Sing-a-long 3:30/3:45 Word Find 7:00 Card Bingo
<b>4</b> 10:30 Morning Stretches 2:00 National Candy Day! Candy History & Facts 3:30 Hymn Sign with Winn 3:30/3:45 *Meditation 7:00 What's happening in the news	<b>5</b> 10:30 Tiered Exercise 10:45 Catholic Communion (WCR) 1:45 Country Hoedown B-day party with Leo Gosselin (WDR) 3:30/3:45 Pick your tune & Adult Coloring 7:00 *Pick your topic	<b>6</b> 10:30 Music with Rocky BC 10:30 Morning Stretches 11:05 Music with Rocky DA 2:00 Rec Meeting ABC 2:00 Group Crossword 3:10 Music with Rocky NM 3:30/3:45 Word Searches 3:45 Music with Rocky EF 7:00 Yahtzee	<b>7</b> 10:00 Hall Walking 10:30 United Church Worship Service (WLG) 1:45 Waverley Warblers 3:30/3:45 Word Find Wednesday 7:00 Bingo or Cards house choice	<b>8 Waverley Dinner F</b> 10:30 Zumba MN 10:30 Tiered Exercise 1:30 Healthy Minds: Reflexology (DEF) 2:00 Wheel of Fortune 3:30 Sing with Winn 3:30/3:45 * Ted Talk house pick 7:00 Dart Challenge	<b>9</b> 10:00 Hall Walking 12:00 KFC Lunch Pumpkin winners 1:45 X-mas Choir Practice (WLG) 2:00 *4 pic 1 word 3:30/3:45 *Funny children Videos 7:00 Pick a movie from the Library	<b>10</b> 10:30 Tiered Exercise 2:00 Shake Loose a Memory 3:30/3:45 Music from the past 7:00 Cards House Choice
<b>11 Remembrance Day</b> 10:30 We Remember on T.V 1:30 Remembrance Day Service (WLG) 3:30 Hymn Sign with Winn 3:30/3:45 *Meditation 7:00 Bingo or Lawrence Welks	<b>12</b> 10:30 Tiered Exercise 10:45 Catholic Communion (WCR) 2:00 Price is Right Game 3:30 Pick your tune & Adult Coloring 7:00 Finish the Line!	<b>13</b> 10:00 Hall Walking 10:30 Morning Stretches 1:45 Silver Note Choir (WLG) 3:30/3:45 Tea & Discussion 7:00 Short story & Discussion	<b>14</b> 10:30 Tiered Exercise 12:00 PIZZA Party Halloween Scarecrow Winners 1:45 Waverley Warblers 3:30/3:45 Word Find Wednesday 7:00 *Guess that Place	<b>15 Waverley Dinner G</b> 10:30 Zumba CB 10:30 Tiered Exercise 1:15 Bus Ride KMN 2:00 * Close up 2:45 Bus Ride DEF 3:30/3:45 Table games 7:00 Bingo	<b>16</b> 10:00 Hall Walking 1:15 Bus Ride ABC 1:45 X-mas Choir Practice (WLG) 2:00 Story and Discussion 2:45 Bus Ride GHJ 3:30/3:45 * Funny Animal Videos 7:00 Cards House Choice	<b>17 Holiday Bizarre</b> 10:30 Tiered Exercise 2:00 *Karaoke Sing-a-long 3:30/3:45 Word Find 7:00 Card Bingo
<b>18</b> 10:30 Morning Stretches 2:00 Baking Banana Bread 3:30 Hymn Sign with Winn 3:30/3:45 *Meditation 7:00 Mickey Mouse's Birthday - *Mickey Mouse history/facts & Classic Collection	<b>19</b> 10:30 Tiered Exercise 10:45 Catholic Communion (WCR) 2:00 A ring toss, BC Curling, D Ladder Ball, EF Bean bag toss, G Darts, HJ Ladder Ball, K Bean Bag Toss, MN Table Ping Pong 3:30/3:45 Pick your tune & Adult Coloring 7:00 Hallelujah Singers (WLG)	<b>20</b> 10:15 Bus outing to McDonalds for Coffee & apple Turnover GHJ 10:30 Morning Stretches 1:45 Escape to the Tropics Party (WLG) 3:10 Music with Rocky HJ 3:30/3:45 Show & Tell 3:45 Music with Rocky KG 7:00 Physical Game House Choice	<b>21</b> 10:15 Bus Outing to McDonalds for Coffee & apple Turnovers ABC 10:30 Tiered Exercise 1:45 Waverley Warblers 3:30/3:45 Word Find Wednesday 7:00 World "Hello" Day - *learn different ways to say hello	<b>22 Waverley Dinner H</b> 10:30 Tiered Exercise 10:30 Zumba FE 1:15 Bus Ride DEF 1:45 Sr. Melody Group Choir (WLG) 2:45 Bus Ride KMN 3:30 Sing with Winn 3:30/3:45 Word Searches 7:00 * Word to Word	<b>23</b> 10:00 Hall Walking 1:45 X-mas Choir Practice (WLG) 2:00 Christmas Decorating in House 2:30 Men's Group GHJ 3:30/3:45 * Bill the Kid Documentary for his Birthday 7:00 Pick a movie from the Library	<b>24</b> 10:30 Tiered Exercise 2:00 Snowflake Craft 3:30/3:45 Music from the past 7:00 Movie *Gigi
<b>25</b> 10:30 Morning Stretches 2:00 Christmas Patio Decorating 3:30 Hymn Sign with Winn 3:30/3:45 *Meditation 7:00 What's happening in the news	<b>26</b> 10:30 Tiered Exercise 10:45 Catholic Communion (WCR) 1:45 Prize Bingo (WDR) 3:30/3:45 Pick your tune & Adult Coloring 7:00 Short story & Discussion	<b>27</b> 10:15 Bus Outing to McDonalds for Coffee & Apple Turnover DEF 10:30 Morning Stretches 2:00 *Karaoke Sing a long 3:30/3:45 Tea & Discussion 3:45 Music with Rocky BC 7:00 Yahtzee	<b>28</b> 10:15 Bus Outing to McDonalds for Coffee & Apple Turnover KMN 10:30 Tiered Exercise 1:45 Waverley Warblers 3:30/3:45 Word Find Wednesday 7:00 Bingo or Cards house choice	<b>29 Waverley Dinner J</b> 10:30 Tiered Exercise 10:30 Zumba GK 1:15 Bus Ride ABC 2:00 Shake Loose a Memory 2:30 Healthy Minds: Hekla Acupuncture & Wellness (KMN) 2:45 Bus Ride GHJ 3:30 Sing with Winn 3:30/3:45 Pick your tune & adult coloring 7:00 *4 Pic 1 Word	<b>30 Patio Contest Due</b> 10:00 Hall Walking 1:45 X-mas Choir Practice (WLG) 2:00 *Jumpline 2:30 Men's Group DEF 3:30/3:45 *Funny Halloween Videos 7:00 Movie * Little Women	