



Recreation Choices July 2019

Parkwood Court • Dinah Higley, Director of Recreation
Angela Denton • Samantha Fex • Meghan Richey • Recreation Assistants



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR LEGEND	1 Canada Day	2	3	4	5	6
Highlights Outings * iPad/Apple TV Programs	9:15 Puzzles & Conversation – LBR 10:15 Yoga W/Laura & Lola -1stL 11:00 Hershey Kisses Bingo - 1stL 1:15 Canada Day Party W/Scott On The Patio - PAT 2:30 Tea Time Social - DR 3:15 Conversation & Art - 1stL 6:00 Evening News - 1stL	9:45 Morning Chit Chat - 1stL 10:30 Tiered Exercises - Seated - 1stL 11:00 A Sing & A Song - 1stL 1:15 A Walk Or Roll - SUR 2:30 Tea Time Social – DR 4:00 Ball Drumming - 1stL 6:00 Movie “Charlie & The Chocolate Factory”- 1stL	*9:45 Morning Chit Chat - 1stL 10:30 Tiered Exercises -Seated Exercise -1stL 10:45 Dr. Clem Virtual Tour Of Canada - 1stL 1:15 Food Committee Meeting - LBR 1:30 Songs In The Lounge - 1stL 2:30 Teatime Social – DR 3:30 Gardening Talks W/Shelia - 1stL 6:00 Evening News - 1stL	*9:45 Morning Chit Chat - 1stL 10:30 Tiered Exercises -Seated Exercise - 1stL 11:00 Documentary - 1stL 1:15 Outing- SUR 2:30 Teatime Social – DR 7:00 Family Feud - 1stL	10:00 Visit W/Sadie 10:30 Tiered - Exercise - 1stL 11:00 Bingo - 1stL 1:15 Walks & Rolls - SUR 2:30 Teatime Social – DR 3:30 Requests – 1stL 7:00 Movie night” The Greatest Showman” - 1stL	9:30 Coffee Time - 1stL 10:30 Who-What-Where - 1stL 11:00 Bocce - 1stL 1:30 Afternoon Trivia - 1stL 2:30 Tea Time Social – DR 3:15 Movie “Sound of Music” -1stL 6:00 T.V. Time In The Lounge
7	8	9	10	11	12	13
9:30 Coffee Time - 1stL 10:30 Yoga W/Laura & Lola - 1stL 11:15 Musical Moments W/Kevin - 1stL 1:15 Sundaes On Sunday - PAT 2:30 Tea Time – DR 3:30 Hymns W/Joan - 1stL 6:00 Netflix Series Sunday	9:15 Puzzles & Conversation – LBR 10:15 Yoga W/Laura & Lola -1stL 11:00 Bingo - 1stL *1:00 Conversation & Art – 1stL 1:15 Coca Cola Floats - PAT 2:30 Tea Time Social - DR 3:15 Monday Movie “Milo & Otis” - 1stL 6:00 Evening News - 1stL	9:45 Morning Chit Chat - 1stL 10:30 Tiered Exercises -Seated Exercise - 1stL 11:00 Healthy Minds - 1stL 1:15 A Walk Or Roll - SUR 2:30 Sugar Cookie Tea Time – DR 3:30 Visits On The Patio 6:00 T.V. Time In The Lounge	*9:45 Morning Chit Chat - 1stL 10:15 Yoga W/Laura & Lola -1stL 11:00 Morning Trivia W/Lady Godiva Chocolates as Prizes - 1stL 1:30 Hoedown In The Lounge 2:30 Birthday Tea – DR 3:30 Photo Booth Fun - 1stL 5:00 Savory Rib Dinner – DR 6:00 Evening News - 1stL	*9:45 Morning Chit Chat - 1stL 10:30 Tiered Exercises -Seated Exercise - 1stL 11:00 Jennifer & Stories - 1stL 1:15 Outing- SUR 2:30 Teatime Social – DR 3:30 A Sing & A Song - 1stL 5:45 Paint Night - 1stL	10:00 Visit W/Sadie 10:30 Tiered - Exercise - 1stL 11:00 Bingo - 1stL 1:15 Walks & Rolls - SUR 2:30 Assorted Pie Social – DR 3:30 Requests – 1stL 7:00 Wheel of Fortune - 1stL	9:30 Coffee Time - 1stL 10:30 Time Travels - 1stL 11:00 Bocce - 1stL 1:15 Mind Matters - 1stL 2:30 Tea Time Social – DR 3:15 Movie “Shakespeare In Love”- 1stL 6:00 T.V. Time In The Lounge
14	15	16	17 Library Pick Up	18	19	20
9:30 Visits W/Winston 9:45 Coffee Time - 1stL 10:30 Show Your Smarts - 1stL 11:15 Musical Moments W/Kevin - 1stL 1:15 Sundaes On Sunday - PAT 2:30 Tea Time – DR 6:00 Celebrating Jane Goodall - 1stL	9:15 Puzzles & Conversation – LBR 10:15 Yoga W/Laura & Lola -1stL 11:00 Bingo - 1stL *1:00 Conversation & Art – 1stL 1:15 Summer Social - PAT 2:30 Tea Time Social – DR 3:15 Monday Movie “Dolphin Tale” - 1stL 6:00 Evening News - 1stL	9:45 Morning Chit Chat - 1stL 10:30 Tiered Exercises -Seated - 1stL 11:00 Healthy Minds - 1stL 1:15 Outing - SUR 2:30 Tea Time Social – DR 4:00 A Walk Or Roll - 1stL 6:00 T.V. Time In The Lounge	*9:45 Morning Chit Chat - 1stL 10:15 Yoga W/Laura & Lola -1stL 11:00 Morning Trivia - 1stL 1:30 Songs In The Lounge - 1stL 2:30 Tea Time – DR 3:30 Gardening Talks W/Shelia - 1stL 6:00 Evening News - 1stL	*9:45 Morning Chit Chat - 1stL 10:15 Yoga W/Laura & Lola - 1stL 11:00 Documentary - 1stL 1:15 Balloon Toss - 1stL 2:30 Teatime Social – DR 3:30 A Sing & A Song - 1stL 7:00 Family Feud - 1stL	10:00 Visit W/Sadie 10:30 Tiered -Seated Exercise - 1stL 11:00 Bingo - 1stL 1:15 Walks & Rolls - SUR 2:30 Teatime Social – DR 3:30 Happy Hour W/Steve Boldger - 1stL 7:00 Wheel of Fortune - 1stL	9:30 Coffee Time - 1stL 10:30 Who-What-Where - 1stL 11:00 Bocce - 1stL 1:15 Afternoon Trivia - 1stL 2:30 Tea Time Social – DR 3:30 Movie “Kate & Leopold”-1stL 6:00 T.V. Time In The Lounge
21	22	23	24	25	26	27
9:30 Coffee Time - 1stL 10:30 Show Your Smarts - 1stL 11:15 Musical Moments W/Kevin - 1stL 1:15 Sundaes On Sunday - PAT 2:30 Tea Time – DR 6:00 Netflix Series Sunday	9:15 Puzzles & Conversation – LBR 10:15 Yoga W/Laura & Lola -1stL 11:00 Bingo - 1stL *1:00 Conversation & Art – 1stL 1:15 Summer Social - PAT 2:30 Tea Time Social - DR 3:15 Monday Movies “Two Brothers” - 1stL 6:00 Evening News - 1stL	9:45 Morning Chit Chat - 1stL 10:30 Tiered Exercises -Seated Exercise - 1stL 11:00 A Taste Israel - 1stL 1:15 A Walk Or Roll - SUR 2:30 Tea Time – DR 4:00 Noddle-Rama - 1stL 6:00 T.V. Time In The Lounge	*9:45 Morning Chit Chat - 1stL 10:15 Yoga W/Laura & Lola -1stL 11:00 Morning Trivia - 1stL 1:30 Songs In The Lounge - 1stL 2:30 Teatime Social – DR 3:30 Visits on The Patio 6:00 Evening News - 1stL	*9:45 Morning Chit Chat - 1stL 10:15 Yoga W/Laura & Lola- 1stL 11:00 Jennifer & Stories - 1stL 1:15 A Walk Or Roll - SUR 2:30 Teatime Social – DR 3:30 A Sing & A Song - 1stL 7:00 Family Feud - 1stL	10:00 Visit W/Sadie 10:30 Tiered -Seated Exercise - 1stL 11:00 Bingo - 1stL 1:15 Adventure Lectures - 1stL 2:30 Teatime Social - DR 3:30 Happy Hour - 1stL 7:00 Wheel of Fortune - 1stL	9:30 Coffee Time - 1stL 10:30 Tiered Exercises -Seated Exercise - 1stL 11:00 Time Travels - 1stL 1:15 Bocce - 1stL 2:30 Tea Time Social – DR 3:15 Movie “The Duchess”-1stL 6:00 T.V. Time In The Lounge
28	29	30	31	ROOM LEGEND	Dates to Remember	Cont...
9:30 Visits W/Winston 9:30 Coffee Time - 1stL 10:30 Show Your Smarts - 1stL 11:15 Musical Moments W/Kevin - 1stL 1:15 Sundaes On Sunday - PAT 2:30 Tea Time – DR 6:00 Netflix Series Sunday	9:15 Puzzles & Conversation – LBR 11:00 Bingo - 1stL *1:00 Conversation & Art – 1stL 1:15 Summer Social - PAT 2:30 Tea Time Social - DR 3:15 Monday Movie “Happy Feet” - 1stL 6:00 Evening News - 1stL	9:45 Morning Chit Chat - 1stL 10:30 Tiered Exercises -Seated - 1stL 11:00 A...B...C... Game - 1stL 1:15 A Walk Or Roll - SUR 2:30 Tea Time – DR 3:30 A.G.E Program - 1stL 4:00 Ball Drumming - 1stL 6:00 T.V. Time In The Lounge	*9:45 Morning Chit Chat - 1stL 10:15 Yoga W/Laura & Lola -1stL 11:00 Documentary - 1stL 1:30 Songs In The Lounge - 1stL 2:30 Teatime Social – DR 3:30 Visit On The Patio -1stL 6:00 Evening News - 1stL	1stL – 1st Floor Lounge LBR – Library DR – Dining Room SUR – Sign Up Require PAT - Patio	July 1st Canada Day Party July 3rd Dr. Clem July 3rd Food Committee July 3rd Gardening W/Shelia July 7th Hymns W/Joan July 8th Coca Cola Floats July 9th & 16th Healthy Minds July 9th Sugar Cookie Teatime July 10th Country & Western Day	July 11th Jennifer & Stories July 11th Paint Night July 12th Pie at Teatime July 15th, 22nd & 29th Summer social July 23rd A Taste Of Israel July 26th Adventure Lectures July 30th A.G.E. Program

