

THE EDINBURGH RECREATION CHOICES

FEBRUARY 2016

The Edinburgh • Luisa Romero, Recreational Director, luisa.romero@reveraliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February is Heart Month!	1 9:30 am World news 10:15 am Exercise class 10:45 am Exercise class 2:00 pm Bingo/Video Concert 3:00 pm Tea and Trivia 4:00 pm Walking Club 6:30 pm Pet Visit	2 9:30 am Fun and Fitness 10:00 am The joy of memories 10:30 am Sing Along 2:00 pm Arts and Crafts 3:00 pm Bowling 4:00 pm Video Concert 6:15 pm Crossword Puzzle	3 9:30 am Good Morning News 10:15 am Exercise class 10:30 am Winterlude Drive 10:45 am Exercise class 1:30 pm Residents/Managers Meeting 2:30 pm Sing Along 3:00 pm Bingo/Video Concert 6:15 pm Story telling	4 9:30 am Fun and Fitness 10:00 am Coffee and chat 10:30 am United Church Service 2:00 pm Recorder Concert 3:00 pm Tea Party 4:00 pm Dancing Club 6:30 pm Scrabble with Julia	5 Wear Red Day 9:30 am Coffee time 10:15 am Exercise class 10:45 am Exercise class 11:00 am Sing Along 2:00 pm Current Events 3:00 pm Bingo/Video Concert 6:15 pm Musical Memories	6 10:00 am Coffee time 11:00 am Scrabble 2:00 pm Computer Lesson 2:00 pm Bean bags 3:00 pm Sing along 6:15 pm Movie Night: "Groundhog Day"
	7 10:00 am Coffee and games 10:00 am Pet visit with Louka 11:00 am Jigsaw puzzles 1:30 pm Story telling 2:30 pm Tea with Marie 3:30 pm Bean bags 3:30 pm Video Concert 6:30 pm Hymn Sing	8 Chinese New Year 10:15 am Exercise class 10:45 am Exercise class 11:00am Chinese Horoscope 2:00 pm Bingo/Video Concert 3:00 pm Good Reads and Tea 4:00 pm Walking Club 6:15 pm Guess the word "Chinese Theme"	9 Mardi Gras/Pancake Tuesday 9:30 am Fun and Fitness 10:00 am The joy of memories 10:30 am Sing Along 1:30 pm Carnival decorations 3:00 pm Celebration with Spencer Scharf 4:00 pm Video Concert 6:15 pm Crossword Puzzle	10 Ash Wednesday 10:15 am Exercise class 10:30 am Winterlude Drive 10:45 am Exercise class 1:30 pm Food Meeting 2:00 pm Sing Along 3:00 pm Bingo/French group 4:00 pm Evening Prayer 6:15 pm Story telling	11 9:30 am Fun and Fitness 10:00 am Coffee and chat 2:00 pm Knitting group 2:00 pm Entre-Nous Choir 3:00 pm Bridge/Card games 4:00 pm Dancing Club 6:30 pm Scrabble with Julia	12 9:30 am Coffee time 10:15 am Exercise class 10:45 am Exercise class 11:00 am Sing Along 2:00 pm Current Events 3:00 pm Bingo/Video Concert 6:15 pm Musical Memories
14 Valentine's Day 10:00 am Coffee and games 10:00 am Pet visit with Louka 11:00 am Jigsaw puzzles 1:30 pm Story telling 2:30 pm Tea with Marie 3:30 pm Bean bags 3:30 pm Video Concert 6:15 pm Movie	15 Family Day 9:30 am World news 10:00 am Coffee time and chat 1:30 pm Family Memories 2:30 pm Celebration Piano Music with Noel 4:00 pm Video Concert	16 9:30 am Fun and Fitness 10:00 am The joy of memories 10:30 am Sing Along 2:00 pm Recreation Meeting 3:00 pm Winter Party 4:00 pm Video Concert 6:15 pm Crossword Puzzle	17 9:30 am Good Morning News 10:15 am Exercise class 10:45 am Gardening 10:45 am Exercise class 2:00 pm Sing Along 3:00 pm Bingo/French group 6:15 pm Story telling	18 9:30 am Fun and Fitness 10:00 am Coffee and chat 11:00 am Lunch at "Buffet des Continents" 2:00 pm Knitting group 3:00 pm Bridge/Card games 6:30 pm Scrabble with Katherine	19 9:30 am Coffee time 10:15 am Exercise class 10:45 am Exercise class 11:00 am Sing Along 2:00 pm Current Events 3:00 pm Bingo/Video Concert 6:15 pm Musical Memories	20 10:00 am Coffee time 11:00 am Scrabble 1:30 pm Mass 2:00 pm Computer Lesson 2:00 pm Bean bags 3:00 pm Sing along 6:15 pm Movie Night
21 10:00 am Coffee and games 11:00 am Jigsaw puzzles 1:30 pm Story telling 2:30 pm Tea with Marie 3:30 pm Bean bags 3:30 pm Video Concert 6:30 pm Hymn Sing	22 9:30 am World news 10:15 am Exercise class 10:45 am Exercise class 2:00 pm Bingo/Video Concert 3:00 pm Good Reads and Tea 4:00 pm Walking Club 6:15 pm Guess the word	23 9:30 am Fun and Fitness 10:00 am The joy of memories 11:15 am Anglican Service 2:00 pm Birthday Decorations 3:00 pm Birthday Party with Yvon Vezeau 4:00 pm Video Concert 6:15 pm Crossword Puzzle	24 9:30 am Good Morning News 10:15 am Exercise class 10:45 am Exercise class 2:00 pm Bingo/French group 3:00 pm Chair Dance with Michael 6:30 pm Scrabble with Katherine 7:30 pm Book Club	25 9:30 am Fun and Fitness 10:00 am Coffee and chat 10:30 am Shopping at Billings 2:00 pm Knitting group 3:00 pm Bridge/Card games 4:00 pm Dancing Club 6:30 pm Residents' Meeting	26 9:30 am Coffee time 10:15 am Exercise class 10:45 am Exercise class 11:00 am Sing Along 2:00 pm Current Events 3:00 pm Bingo/Video Concert 6:15 pm Musical Memories	27 10:00 am Coffee time 11:00 am Scrabble 1:30 pm Mass 2:00 pm Computer Lesson 2:00 pm Bean bags 3:00 pm Sing along 6:15 pm Movie Night
28 10:00 am Coffee and games 10:00 am Pet visit with Louka 11:00 am Jigsaw puzzles 1:30 pm Story telling 2:30 pm Tea with Marie 3:30 pm Bean bags 3:30 pm Video Concert 6:15 pm Movie	29 9:30 am World news 10:15 am Exercise class 10:45 am Exercise class 2:00 pm Bingo/Video Concert 3:00 pm Tea and Trivia 4:00 pm Walking Club 6:15 pm Guess the word			IMPORTANT DATES Ottawa Public Library Visit - Homebound Program Tuesday, Feb. 2 at 1:30 pm Call (613) 580-2944 for more details	IMPORTANT DATES Walker/Wheelchair Clinic • Monday, Feb. 15, 10:00 am	