

FEBRUARY 2016
St. Lawrence Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
ROOM LEGEND Lo – Lounge Li - Library Lb – Lobby DR – Dining Room	10:00 Laugh Out Loud (Lo) 10:45 Fitness Program (Lo) 2:00 Librarian Visit (Li) 2:00 Ballet Favorites DVD (Lo) 3:45 Scrabble/Puzzle (Lo) 3:45 Easy Listening Music (Lo) 7:00 Movie (Lo)	Groundhog Day 11:00 Anglican Service (Li) 1:15 Ring Toss Game (Lo) 2:00 Ground Hog Day Social (Lo) 3:30 Scrabble (Li) 3:45 Meet & Greet (Li) 6:00 News & Views (Lo) 7:00 Entertainment - Herman Amberger –Guitar/Vocals (Li)	10:30 Fall Prevention Prog. (Li) 10:30 Balloon Volleyball (Lo) 2:00 Winter Birds of Canada (Li) 3:00 Meet Your Neighbours 2 nd Floor only in the Library 3:30 Poetry Club (Li) 3:45 Scrabble/Puzzle (Lo) 6:30 Movie (Lo)	10:30 Fun & Fitness (Lo) 11:15 Trivia Fun (Lo) 1:00 Shopping Trip 2:00 Easy Listening Music. (Lo) 3:45 Guess Who? (Lo) 3:45 Scrabble/Puzzle (Lo) 6:30 Movie (Lo) <u>Check Out Market Square - Feb. Fest</u>	10:30 Fall Prevention Prog. (Li) 1:45 Easy Listening Music (Lo) 2:00 Joan's Art Class (Li) 3:30 Scrabble / Puzzle(Lo) 6:30 Movie Check out Feb. Fest activities at Market Square.	10:00 Coffee Social/ News (Lo) 2:00 Famous Person Profile (Lo) Maggie Smith at the BBC 3:30 Scrabble / Puzzle (Lo) 6:30 Movie (Lo) Kingston Feb. Fest. Market square
7	8	9	10	11	12	13
10:00 Coffee Social /News (Lo) 1:45 Salute To Vienna DVD (Lo) 3:30 Scrabble/Puzzle (Lo) 6:30 Movie (Lo) Last day of Feb. Fest. Check posted schedule.	10:45 Fitness Program (Lo) 2:00 Chinese New Year Social (Li) 3:30 Scrabble / Puzzle (Lo) 3:45 Chinese Word Game (Lo) 6:00 News & Views (Lo) 7:00 Mr. Jim Leith - Ai Wei Wei/ Chinese Art	Shrove Tuesday 10:30 Fun & Fitness (Lo) 11:00 Catholic Mass (Li) 11:15 Word Games (Lo) 2:00 Shrove Tuesday Social (Lo) 3:30 Scrabble / Puzzle (Lo) 3:30 Valentine Art/Crafts (Li) 6:30 Documentary (Lo)	10:30 Fall Prevention Program (Li) 10:30 Balloon Volleyball (Lo) 1:00 Valentine Art/Crafts (Li) 2:15 Kay on the Piano (Li) 3:00 Meet your Neighbours-3 rd Floor 3:45 Scrabble / Puzzle (Lo) 6:45 Movie (Lo)	10:30 Fun & Fitness (Lo) 11:00 Heart & Stroke Canvassing 11:15 Trivia Fun (Lo) 1:15 Valentine Decorating (Lo) 2:00 Heart Health Presentation (Lo) 3:30 Scrabble/Puzzle (Lo) 3:45 Guess Who? (Lo)	10:30 Fall Prevention Prog. (Li) 2:00 Easy Listening Music (Lo) 2:00 Knit ,Chat & Color (Lo) 3:30 Scrabble / Puzzle (Lo) 6:45 Movie (Lo)	10:00 Coffee Social / News (Lo) 10:30 Fun & Fitness (Lo) 11:15 Mind Joggers (Lo) 1:15 Balloon Volleyball (Lo) 2:00 Poetry Club (Li) 3:45 Name That Tune? (Lo) 6:30 Movie (Lo)
14	15	16	17	18	19	20
Valentine's Day 10:00 Coffee Social /News(Lo) 10:30 Stretching Exercises (Lo) 11:15 Laugh Out Loud (Lo) 2:00 Valentine's Day Celebration 3:45 Famous Couples (Lo) 6:30 Movie (Lo)	Family Day 10:00 Coffee Social 2:00 Cards/Scrabble (Li) 2:00 Documentary DVD (Lo) 6:30 Movie (Lo)	11:00 Anglican Service (Li) 1:15 Ring Toss Game (Lo) 2:00 The Story of the Canadian Flag - Paul Robertson (Li) 3:30 Scrabble/Puzzle/Cards (Lo) 3:45 Meet & Greet (Li) 6:00 News & Views (Lo) 6:30 Game Night (Li)	10:30 Fall Prevention Program (Li) 10:30 Balloon Volleyball (Lo) 1:15 Trivia Fun (Lo) 2:00 John Meisel on the "Order of Canada" (Li) 3:30 Scrabble/Puzzle/Cards(Lo) 3:30 Meet your Neighbours-4 th Floor 6:30 Movie (Lo)	10:00 Visit with Tilley (Li) 10:30 Fun & Fitness (Lo) 11:15 Word Games (Lo) 1:00 Shopping Trip (Lo) 2:00 Travel Log DVD (Li) 2:00 Card Games (Li) 3:45 Guess Who? (Lo) 6:30 Movie (Lo)	10:30 Fall Prevention Program (Li) 2:00 Easy Listening Music (Lo) 2:00 Joan's Art Class (Li) 3:30 Scrabble / Puzzle (Lo) 7:00 Movie (Lo)	10:00 Coffee Social/ News 2:00 Travel Log DVD (Lo) 2:00 Cards (Li) 3:30 Scrabble / Puzzle (Lo) 7:00 Movie (Lo)
21	22	23	24	25	26	27
10:00 Coffee Social (Lo) 2:00 Bev. on the Piano (Li) 3:30 Scrabble / Puzzle (Lo) 7:00 Movie (Lo)	10:45 Fitness Program (Lo) 1:15 Balloon Volleyball (Lo) 2:00 Hawaiian/Tahitian Culture (Li) 3:30 Scrabble/Puzzle/Cards (Lo) 3:45 Historical Trivia (Lo) 6:00 News & Views (Lo) 7:00 Hawaiian/Tahitian Social (Li)	11:00 Anglican Service (Li) 1:15 Ring Toss Game (Lo) 2:00 Peru Travel Log-J. Matyas 3:45 Inventions That Changed Your Life 4:15 Laugh Out Loud (Lo) 6:00 News & Views (Lo) 7:00 "Jam Night"-Craig Jones/Friends	10:30 Fall Prevention Program (Li) 10:30 Knit, Chat & Color - (Lo) 11:30 Souper Fest (Lo) 1:00 Agnes Etherington Art Gallery Tour – "Highlights Old & New" 2:00 Funny Cat Videos (Lo) 3:30 Scrabble/Cards/Puzzle (Lo) 3:45 Sing-a-Long with Kay (Lo)	10:00 Visit with Tilley (Li) 10:30 Fun & Fitness (Lo) 11:15 Trivia Fun (Lo) 2:00 Resident Birthday Party (Lo) 3:45 Easy Listening Music (Lo) 3:45 Scrabble/Puzzle/Cards (Lo) 6:30 Movie	10:30 Fall Prevention Program (Lo) 2:00 Knit, Chat & Color (Li) 2:00 Documentary DVD (Lo) 3:30 Scrabble/Cards/Puzzle (Lo) 6:30 Movie (Lo)	10:00 Coffee Social/ News (Lo) 10:30 Fun & Fitness (Lo) 11:15 Mind Joggers (Lo) 1:15 Hockey Game (Lo) 2:00 Hot Chocolate/Chat/Music(Li) 3:45 Historical Trivia (Lo) 6:30 Movie (Lo)
28	29					
10:00 Coffee Social (Lo) 10:30 Hymn Sing(DVD) (Li) 11:15 Word Games (Lo) 2:00 Classical Music Appreciation (Li) 3:30 Scrabble/Puzzle/Cards (Lo) 3:45 Humorous Animal Videos (Lo) 6:30 Movie (Lo)	10:45 Fitness Program (Lo) 1:15 Balloon Volleyball (Lo) 2:00 Knit, Chat, & Color (Li) 3:45 Sing-a-Long with Kay (Lo) 6:00 News & Views (Lo) 6:30 Movie (Lo) 7:00 Celebrating Leap Year- Wine & Cheese Party (Li)					



Choice – it's what living at a Revera retirement community is all about.