

# RECREATION CHOICES

January 2016

## The Kensington-Christin Hillary, Director of Recreation

[More on next page >](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Room Legend</b></p> <p>CDR Card Room CR Craft Room DR Dining Room FSL Fireside Lounge L3 Third Floor Library L4 Fourth Floor Library AR Activity Room P Patio PDR Private Dining Room R Reception Area T Theatre</p>	<p><b>Hat Day</b></p> <p>Wear a hat on Tuesday, January 26th</p> <p>See you at the Hat Day Tea at 2:30 p.m. in the Dining Room.</p> <p>Prizes awarded for a variety of categories</p>	<p><b>Resolutions</b></p> <p>Try out these activities in the Fireside Lounge</p> <ul style="list-style-type: none"> <li>• Wine then Dine</li> <li>• Coffee Klatch</li> <li>• Hot Chocolate</li> <li>• PATS Program (visiting dogs)</li> <li>• Knitting Group</li> <li>• Evening Coffee</li> </ul>	<p><b>Fitness Equipment</b></p> <p>Orientations are available from Nicola in the Activity Room on Saturday mornings at 11:00 a.m. Learn to use the equipment safely or ask Nicola to assist you in jazzing up your work out routine!</p>	<p><b>Art</b></p> <p>Express your creativity! No experience required</p> <ul style="list-style-type: none"> <li>• Tuesday Night Colouring Group with Ann</li> <li>• Betsy's Painting and Drawing Classes on Wednesdays at 10:00 a.m. (complimentary))</li> </ul>	<p><b>New Year's Day 1</b></p> <p>10:00 Coffee Klatch-FSL 2:30 Afternoon Coffee-DR 7:15 Movie &amp; Popcorn-T 8:20 Evening Coffee-FSL</p>	<p><b>2</b></p> <p>10:00 Coffee Klatch-FSL 10:30 Fitness Class-AR 11:00 Equipment Orientation &amp; Table Tennis-AR 11:30 Hangman Game-T 1:15 Bus Trip: Island View Regional Park-R <b>1:30 Dean Helm-T</b> 7:15 Move-T 7:15 Snack Bingo!-CR 8:20 Evening Coffee-FSL</p>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<p>10:00 Coffee Klatch-FSL 11:00 Quincy-T 1:30 Kensington University-T <b>3:30 Sunday Service-T</b> 7:15 British Comedy, Kingdom-T 8:20 Evening Coffee-FSL</p>	<p>10:00 Coffee Klatch-FSL <b>10:00 Rachel &amp; "Scout", PATS Program-FSL</b> 11:00 Exercise Class-AR 3:30 Rick Steve Travels-T 7:15 Murdoch Mysteries-T 7:15 Monday Bingo-CR 8:20 Evening Coffee-FSL</p>	<p>10:00 Coffee Klatch-FSL 10:30 Keep Fit-AR 1:00 Bridge Group-CDR <b>2:30 Amber &amp; Simon-DR</b> 3:30 You Be the Judge-T 7:15 Movie-T 7:15 Colouring Group-CR 8:20 Evening Coffee-FSL</p>	<p>10:00 Coffee Klatch-FSL 10:00 One-on-One-CDR 10:00 Betsy's Painting &amp; Drawing Class-CR 11:15 Bowling Group-AR 1:10 Sing Along with Allan -AR <b>1:15 Shopping: Mayfair or Uptown Malls-R</b> 4:00 Wine then Dine-FSL 7:15 Downton Abbey-T 8:30 Hot Chocolate-FSL</p>	<p>10:00 Coffee Klatch-FSL 10:00 One-on-One 10:30 Cardio Fit-AR 11:00 Bible Study Group-T <b>1:15 Walking Group: David Foster Walkway -R</b> 3:30 Local History-T 7:00 Scrabble Group-CDR 7:15 Midsomer Murders-T 8:00 Knitting Group-FSL 8:20 Evening Coffee-FSL</p>	<p>10:00 Coffee Klatch-FSL 10:00 One-on-One 11:00 Balance Class-AR 11:30 4 Pictures, 1 Word Game-T <b>1:15 Bus Trip with Trevor: Seaside Rendezvous-R</b> 7:00 Bridge Groups-CDR 7:15 Movie &amp; Popcorn-T 8:20 Evening Coffee-FSL</p>	<p>10:00 Coffee Klatch-FSL 10:30 Fitness Class-AR 11:00 Equipment Orientation &amp; Table Tennis-AR 11:30 Hangman Game-T <b>1:30 Clem Persaud "Laughter Really is Good Medicine"-T</b> 7:15 Movie-T 7:15 Snack Bingo!-CR 8:20 Evening Coffee-FSL</p>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<p>10:00 Coffee Klatch-FSL 11:00 Quincy-T <b>1:30 Eric Tolman-T</b> 2:30 Hal Fraser, Pianist-DR 3:30 Sunday Service-T 7:15 British Comedy, Kingdom-T 8:20 Evening Coffee-FSL</p>	<p>10:00 Coffee Klatch-FSL 10:00 Rachel &amp; "Scout", PATS Program-FSL 11:00 Exercise Class-AR <b>2:30 Laura Stewart, Meet Our Local Physiotherapist-DR</b> 3:30 Rick Steve Travels-T 7:15 Murdoch Mysteries-T 7:15 Monday Bingo-CR 8:20 Evening Coffee-FSL</p>	<p>10:00 Coffee Klatch-FSL 10:00 One-on-One 10:30 Keep Fit-AR 1:00 Bridge Group-CDR 1:00 New Resident Orientation-PDR <b>2:00 Rexall Clinic Talk-T</b> 3:30 You Be the Judge-T 7:15 Downton Abbey-T 7:15 Colouring Group-CR 8:30 Hot Chocolate-FSL</p>	<p>10:00 Coffee Klatch-FSL 10:00 One-on-One-CDR 10:00 Betsy's Painting &amp; Drawing Class-CR 11:15 Bowling Group-AR 1:10 Sing Along-AR 1:15 Shopping Shuttle 4:00 New Residents Wine then Dine-FSL <b>7:15 Tom Gough, Guitarist-FSL</b> 8:30 Evening Coffee-FSL</p>	<p>10:00 Coffee Klatch-FSL 10:30 Cardio Fit-AR 11:00 Bible Study Group-T <b>1:15 Walking Group: Songhees Walkway-R</b> 3:30 Local History-T Hawaiian Dinner-DR 7:00 Scrabble Group-CDR 7:15 Midsomer Murders-T 8:00 Knitting Group-FSL 8:20 Evening Coffee-FSL</p>	<p>10:00 Coffee Klatch-FSL 10:00 One-on-One 11:00 Balance Class-AR 11:30 4 Pictures, 1 Word Game-T <b>1:15 Bus Trip: Royal B.C. Museum-R</b> 7:00 Bridge Groups-CDR 7:15 Movie &amp; Popcorn-T 8:20 Evening Coffee-FSL</p>	<p>10:00 Coffee Klatch-FSL 10:30 Fitness Class-AR 11:00 Equipment Orientation &amp; Table Tennis-AR 11:30 Hangman Game-T <b>1:15 Bus Trip: Butterfly Gardens-R</b> 7:15 Movie-T 7:15 Snack Bingo!-CR 8:20 Evening Coffee-FSL</p>

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[More on next page >](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
10:00 Coffee Klatch-FSL 11:00 Quincy-T 1:30 Kensington University-T <b>3:30 Sunday Service-T</b> 7:15 British Mystery, Touch of Frost-T 8:20 Evening Coffee-FSL	10:00 Coffee Klatch-FSL 10:00 Rachel & "Scout", PATS Program-FSL 11:00 Exercise Class-AR 1:00 Bridge Group <b>2:30 Birthday Party-DR</b> 3:30 Rick Steve Travels-T 7:15 Murdoch Mysteries-T 7:15 Monday Bingo-CR 8:20 Evening Coffee-FSL	10:00 Coffee Klatch-FSL 10:00 One-on-One 10:30 Keep Fit-AR <b>2:30 Hawaiian Luau-DR</b> 7:15 Movie-T 7:15 Colouring Group-CR 8:20 Evening Coffee-FSL	10:00 Coffee Klatch-FSL 10:00 One-on-One-CDR 10:00 Betsy's Painting & Drawing Class-CR 11:15 Bowling Group-AR 1:10 Sing Along with Allan-AR <b>1:15 Shopping: Hillside Mall or Oak Bay-R</b> 4:00 Wine then Dine-FSL 7:15 Downton Abbey-T 8:30 Hot Chocolate-FSL	10:00 Coffee Klatch-FSL 10:30 Cardio Fit-AR 11:00 Bible Study Group-T <b>1:15 Walking Group: Beacon Hill Park-R</b> 2:00 Food Committee Meeting-CDR 3:30 Local History-T 7:00 Scrabble Group-CDR 7:15 Movie-T 8:00 Knitting Group-FSL 8:20 Evening Coffee-FSL	10:00 Coffee Klatch-FSL 10:00 One-on-One 11:00 Balance Class-AR 11:30 4 Pictures, 1 Word Game-T <b>1:15 Bus Trip with Trevor: Surprise Drive-R</b> 7:00 Bridge Groups-CDR 7:15 Movie & Popcorn-T 8:20 Evening Coffee-FSL	10:00 Coffee Klatch-FSL 10:30 Fitness Class-AR 11:00 Equipment Orientation & Table Tennis-AR 11:00 Library Clean Up-L4 11:30 Hangman Game-T <b>2:30 Club Day!-DR</b> 7:15 Movie-T 7:15 Snack Bingo!-CR 8:20 Evening Coffee-FSL
<b>24</b>	<b>25</b>	<b>Hat Day ! 26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
10:00 Coffee Klatch-FSL 11:00 Quincy-T 1:30 Kensington University-T <b>2:30 Byron Woods, Pianist-DR</b> 3:30 Sunday Service-T 7:15 British Mystery, Touch of Frost-T 8:20 Evening Coffee-FSL	10:00 Coffee Klatch-FSL 10:00 Rachel & "Scout", PATS Program-FSL 11:00 Exercise Class-AR 1:00 Bridge Group-CDR <b>2:30 Residents' Meeting-DR</b> 3:30 Rick Steve Travels-T 7:15 Murdoch Mysteries-T 7:15 Monday Bingo-CR 8:20 Evening Coffee-FSL	10:00 Coffee Klatch-FSL 10:00 One-on-One 10:30 Keep Fit-AR <b>1:30 Chris Mundigler-T</b> 2:00 Lost & Found Display -CDR 2:00 Food Comm Mtg-PDR 2:30 Hat Day Tea-DR 3:30 You Be the Judge-T 7:15 Colouring Group-CR 8:20 Evening Coffee-FSL	10:00 Coffee Klatch-FSL 10:00 One-on-One-CDR 10:00 Betsy's Painting & Drawing Class-CR 11:15 Bowling Group-AR 1:10 Sing Along Allan-AR 3:30 Wine then Dine-FSL 4:00 Robbie Burns-FSL <b>5:30 Burns Dinner</b> <b>5:30 Tony Klazek, Pianist</b> 7:15 Downton Abbey-T 8:30 Hot Chocolate-FSL	10:00 Coffee Klatch-FSL 10:30 Cardio Fit-AR 11:00 Bible Study Group-T 7:00 Scrabble Group-CDR 7:15 Movie-T <b>8:00 Knitting Group-FSL</b> 8:20 Evening Coffee-FSL	10:00 Coffee Klatch-FSL 10:00 One-on-One 11:00 Balance Class-AR <b>11:15 Lunch Trip: Spinnakers Pub &amp; Historic Victoria Tour-R</b> 7:00 Bridge Groups-CDR 7:15 Movie & Popcorn-T 8:20 Evening Coffee-FSL	10:00 Coffee Klatch-FSL 10:30 Fitness Class-AR 11:00 Equipment Orientation & Table Tennis-AR 11:30 Hangman Game-T <b>1:00 Bus Trip: Symphony Pops-R</b> 7:15 Movie-T 7:15 Snack Bingo!-CR 8:20 Evening Coffee-FSL
<b>31</b>	<b>Walking</b>	<b>Help Needed</b>	<b>Shopping</b>	<b>Bowling Group</b>	<b>Bus Trips</b>	<b>Bus Trips</b>
10:00 Coffee Klatch-FSL 11:00 Quincy-T 1:30 Kensington University-T <b>7:15 British Mystery, Touch of Frost-T</b> 8:20 Evening Coffee-FSL	<ul style="list-style-type: none"> <li>Thurs., January 7th</li> <li>Thurs., January 14th</li> <li>Thurs., January 21st</li> <li>See Bus Trips for other opportunities for walking inside or outside</li> </ul>	<p>Christmas De-decorating</p> <p>Join us on Saturday, December 2nd in the Fireside Lounge or Atrium anytime between 10:00 and 11:30 a.m.—refreshments provided</p>	<ul style="list-style-type: none"> <li>Wed., January 6th—Mayfair Mall or Uptown Mall or Michaels Craft Superstore</li> <li>Wed., January 13th—Shopping Shuttle</li> <li>Wed., January 20th—Hillside Mall or Oak Bay Avenue</li> </ul>	<p>The group meets Wednesdays at 11:15 a.m. No experience necessary.</p> <p>Spectators and Cheerleaders welcome!</p>	<ul style="list-style-type: none"> <li>Sat., January 2nd –Island View</li> <li>Wed., January 6th -Shopping</li> <li>Fri., January 8th-Seaside</li> <li>Fri., January 15th-Museum (Senior Ticket \$11.00)</li> </ul>	<ul style="list-style-type: none"> <li>Sat., Jan. 16th- Butterfly Gardens (Senior \$11.00)</li> <li>Wed., January 20th-Shopping</li> <li>Fri., January 22nd -Surprise!</li> <li>Fri., January 29th- Lunch at Spinnakers</li> <li>Sat., January 30th -Symphony</li> </ul>