

RECREATION CHOICES

FEBRUARY 2016

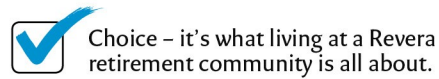
Fergus Place, Recreational Director Jennifer Pearson

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	10:30 Dominoes with Anneli A 2:00 Gentle Exercise: Movement to Music LR 3:00 Bingo with Julia 7:00 Wheel of Fortune 7:30 Jeopardy	9:30 –11:15 Stanley Park Mall Outing (Please sign up) 10:30 Music with David and Carla 2:00 Resident Meeting A 3:30 Norman Rockwell Day: Group Discussion LR 7:00 Movie Night with Dawn : Gone with the Wind Part I	10:00 Catholic Service A 10:45 Group Discussion: The African Violet A 2:00 Crokinole with Judy 2:00 Gentle Exercise: Movement to Music LR 3:00 Rev. Ron Visits 7:00 Movie Night : Gone with the Wind Part II	Red Day 10:00 Morning Chair Yoga A 10:30 Charles Lindbergh Day: Biography and Discussion A 2:30 Wear Red: Birthday Party with Carol Wiecker 7:00 Board Games DR	10:00 Music Therapy WLU 10:45 Music Therapy WLU 11:00 Tuck Shop 2:00 Gentle Exercise: Movement to Music LR 3:00 February Devotion: Doing the Best you Can A 6:45 Documentary Movie Night	10:30 Walking Club (independent program) 10:30 Morning Chat with Emily and Anna: Group Discussion–What Am I LR 2:00 Bingo with Julia 2:30 Cards/ Board GamesDR 6:45 Movie Night LR
7	8	9	10	11	12	13
10:30 Coffee and Word Fit (see wellness staff) 2:30 Knitting Group A 2:30 Afternoon at the Ballet: Swan Lake Performance LR 7:00 Movie Night : The Walton's LR	10:45 Chinese New Year: Year of the Monkey Group Discussion A 2:00 Scrabble with Anneli DR 2:00 Gentle Exercise: Movement to Music LR 3:00 Ice Cream Social LR 7:00 Wheel of Fortune 7:00 Bingo with Julia	10:00 Health Matters: Heart Health Program 10:30 IPAD Fun—New Program LR 11:00 Lunch Outing: Angel's Diner (Please sign up) 3:30 Chair Dancing Video with Jennifer—New Program LR 7:00 Movie Night with Dawn : Funny Girl	10:00 Catholic Service A 2:00 Crokinole with Judy 2:00 Gentle Exercise: Movement to Music LR 3:00 Musical Bingo—New Program DR 7:00 Ladies Margarita Night Social and bingo with Julia	10:00 Morning Chair Yoga A 10:30 Hollywood Couples Game 2:30 Valentines Day Social : Story telling with Barb Vollick 7:00 Heart Bingo DR	10:00 Music Therapy WLU 10:45 Music Therapy WLU 11:00 Tuck Shop 2:00 Gentle Exercise: Movement to Music LR 3:00 Valentines Day Craft A 6:45 Wii Wheel of Fortune LR	10:30 Walking Club (independent program) 10:30 Manicures with Meranda 2:30 Bingo with Anneli 6:45 Movie Night LR
14	15	16	17	18	19	20
Valentines Day 10:30 Coffee and Word Fit (see wellness staff) 2:30 Knitting Group A 2:30 Reformed Presbyterian Church Service 7:00 Movie Night : The Walton's LR	Family Day 10:30 Word Games (See Wellness Staff) 2:30 Afternoon Entertainment with Linden "Music Thyme" DR 3:30 Knitting Group A 7:00 Wheel of Fortune 7:00 Bingo with Julia	10:00 Current Events LR 10:30 Music with David and Carla 1:30-4:00 Shopping Bridgeport Walmart (Please Sign Up) 7:00 Movie Night with Dawn : Chariots of Fire	10:00 Catholic Service A 10:45 Word Games A 2:00 Crokinole with Judy 2:00 Gentle Exercise: Movement to Music LR 3:00 Rev. Ron Visits 7:00 Board Games Night with Anneli and Theresa DR	10:00 Morning Chair Yoga A 10:30 Heads up ! A 2:00 What's my Line Social LR 3:30 Name that Tune Oscar Winning Songs Matchup A 7:00 Flag Day Canada: Canadian Bingo DR	10:00 Music Therapy WLU 10:45 Music Therapy WLU 11:00 Tuck Shop 2:00 Gentle Exercise: Movement to Music LR 3:00 Jeopardy A 6:45 Documentary Movie Night	10:30 Manicures with Meranda 10:30 Walking Club (independent program) 2:30 Bingo with Theresa and Haley 6:45 Movie Night LR

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
10:30 Coffee and Word Fit (see wellness staff) 2:30 Knitting Group A 7:00 Movie Night LR	10:30 One to One visits with Anneli 2:00 Gentle Exercise: Movement to Music LR 3:00 Scrabble with Jan DR 7:00 Wheel of Fortune 7:00 Bingo with Julia 7:30 Jeopardy	10:00-2:00 Grand River Casino (please sign up) 2:00 Cards A 3:30 Chair Dancing Video with Jennifer—New Program 7:00 Movie Night with Dawn: Titanic Part I	10:00 Catholic Service A 10:45 Trivia A 2:00 Crokinole with Judy 2:00 Gentle Exercise: Movement to Music LR 3:00 Rev. Ron Visits 7:00 Movie Night : Titanic	10:00 Baking: Carrot Cake 2:00 African Safari Afternoon : Animal Pictionary games 3:30 Afternoon Chair Yoga 7:00 Travelogue : Africa	10:00 Music Therapy WLU 10:45 Music Therapy WLU 11:00 Tuck Shop 2:00 Gentle Exercise: Movement to Music LR 3:00 Hot Chocolate Social 6:45 Wii Wheel of Fortune LR	10:30 Coffee and Word Fit (see wellness staff) 2:00 Bingo with Julia 2:30 Knitting Group A 7:00 Movie Night LR
28	29					
10:30 Coffee and Word Fit (see wellness staff) 2:30 Knitting Group LR 2:30 Social Gathering with Pa- tricia A 7:00 Movie Night LR	10:30 Morning Chair Yoga A 2:00 Gentle Exercise: Movement to Music LR 3:00 Leap Year Social : Tea Tasting DR 7:00 Wheel of Fortune 7:00 Bingo with Julia 7:30 Jeopardy					
					Room Legend DR: Dining Room A: Atrium LR: Living Room	