

RENAISSANCE RETIREMENT RECREATION CHOICES

FEBRUARY 2016

Renaissance Retirement Residence • Sharon Gogel, Recreation Director, sharon.gogel@reveraliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Chair Aerobics (LL) 10:10 Brain Teezers (LL) 1:30 Card Bingo (LL) 3:00 Social Hour (LL) 3:00 Knitting (CK) 7:00 Bingo (LL)	2 LAB 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 1:10 Shopping Victoria Sq (F) 1:30 Armchair Travels (T) 2:00 Muriel's 100 th Birthday LL 7:00 Heritage Fiddlers (LL) 7:00 Canasta (DR)	3 MEDICAL BUS 9:30 Chair Aerobics (LL) 1:00 Safeway Bus (F) 1:30 Friendship Circle (LL) 2:30 Hot Chocolate (LL) 3:00 Social Hour (LL) 7:00 Crib (LL)	4 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 1:15 Residents Meeting (LL) 2:00 Church (T) United 2:30 Ice Cream (LL) 3:00 Coloring (LL) 7:00 Bridge (LL)	5 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 10:00 Walker Clinic (PD) 10:00 Baker's Cup (F) 10:30 Horse Races (LL) 3:00 Social Hour (LL) 7:00 Whist (LL) 7:00 Southern Gospel DVD T	6 9:30 Exercises (T) 10:00 Pool (GR) 2:00 Mass (T) 7:00 Movie (T) "The Last Time I Saw Paris" 7:00 65 Card (CK)
7 2:00 Cornerstone Baptist Church Service (T) 7:00 Movie: "Billy Graham – The Movie"	8 9:30 Chair Aerobics (LL) 10:10 Brain Teezers (LL) 1:30 Card Bingo (LL) 3:00 Social Hour (LL) 3:00 Knitting (CK) 3:00 Coloring (LL) 7:00 Bingo (LL)	9 LAB 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 11:00 Lunch 12 noon Lunch 12:00 Nutman (F) 2:00 Valentine's/Rider Tea \$2.00 (DR) 7:00 Canasta (DR)	10 MEDICAL 9:30 Chair Aerobics (LL) 1:00 Safeway Bus (F) 1:30 Friendship Circle (LL) 2:30 Chinese New Year (LL) 3:00 Social Hour (LL) 7:00 Crib (LL)	11 SHOPPING DAY 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 10:30 Open Door Daycare LL 1:10 Shopping Southland (F) 2:00 Church (T) Anglican 7:00 Bridge (CK) 7:00 Balgonie Singers (LL)	12 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 10:30 Horse Races (LL) 3:00 Social Hour (LL) 7:00 Whist (LL) 7:00 Southern Gospel DVD T	13 9:30 Exercises (T) 10:00 Pool (GR) 2:00 Mass (T) 7:00 Movie (T) "Clockwise" 7:00 65 Card (CK)
14 7:00 Movie: "For Richer or Poorer"	15 FAMILY DAY 9:30 Chair Aerobics (T) 10:10 Brain Teezers (LL) 1:30 Card Bingo (LL) 7:00 Bingo (LL)	16 LAB 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 1:10 Shopping Northgate (F) 1:30 Armchair Travels (T) 7:00 Canasta (DR) 7:00 Prairie Ramblers (LL)	17 MEDICAL 9:30 Chair Aerobics (LL) 1:00 Safeway Bus (F) 1:30 Friendship Circle (LL) 2:30 Kaeleb's Dog Show & hot chocolate (LL) 3:00 Social Hour (LL) 7:00 Crib (LL)	18 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 2:00 Church (T) Baptist 2:30 Student Talent Show & Ice Cream (LL) 7:00 Bridge (LL)	19 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 10:00 Baker's Cup (F) 10:30 Horse Races (LL) 3:00 Social Hour (LL) 7:00 Whist (LL) 7:00 Southern Gospel DVD T	20 9:30 Exercises (T) 10:00 Pool (GR) 2:00 Mass (T) 7:00 Movie (T) "The Proud Ones" 7:00 65 Card (CK)
21 2:00 Cornerstone Baptist Church Service (T) 7:00 Movie: "Not Today"	22 9:30 Chair Aerobics (LL) 10:10 Brain Teezers (LL) 1:30 Card Bingo (LL) 3:00 Social Hour (LL) 3:00 Knitting (CK) 7:00 Bingo (LL)	23 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 12:00 Nutman (F) 1:10 Shop East WalMart (F) 1:30 Armchair Travels (T) 7:00 Gospel Sing (LL) 7:00 Canasta (DR)	24 9:30 Chair Aerobics (LL) 1:00 Safeway Bus (F) 1:30 Friendship Circle (LL) 2:30 Denture Health Presentation (LL) 3:00 Social Hour (LL) 7:00 Crib (LL)	25 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 1:30 Coloring (LL) 2:00 Church Salvation Army 3:00 Birthday Party (LL) 7:00 Bridge (LL)	26 9:00 Hairdresser (LL) 9:30 Chair Aerobics (LL) 10:30 Horse Races (LL) 11:15 5th Avenue Jewelry LL 3:00 Social Hour (LL) 7:00 Southern Gospel DVD T 7:00 Whist (LL)	27 9:30 Exercises (T) 10:00 Pool (GR) 2:00 Mass (T) 7:00 Movie (T) "Other Peoples Money" 7:00 65 Card (CK)
28 7:00 Movie: "Blue River"	29 9:30 Chair Aerobics (LL) 10:10 Brain Teezers (LL) 1:30 Card Bingo (LL) 2:00 Blood Pressure (PD) 3:00 Social Hour (LL) 3:00 Knitting (CK) 7:00 Bingo (LL)				PHONE NUMBERS Front Desk 0 Grace 1105 Corrie 1106 Sharon 1104 Hair Apt 306.352.5467 Capital Cab 306.791.2222 Medicine Shoppe 306.777.8099 Foot Nurse 306.586.2006	ROOM LEGEND PD-Private Dining Room GR- Game Room F- Foyer M- Main Level T-Theatre LL-Lower Level