

# The Claremont's Recreation Choices

## MARCH 2016

The Claremont Retirement • Ashley Rebelo, Activity Coordinator, Ashley.Rebelo@Reveraliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 10:40 Peter's Falls Prevention(M) 11:30 Let's Rev it Up (W) 12:00 Welsh Themed Lunch(D) 2:00 Scrabble Challenge (Lib) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge(L) 7:00 Armchair Travel (M): Happy People (2010)	<b>2</b> 9:15 Morning Excursion: Ripley's Aquarium (Lob) 10:40 Fitness Video (M) 2:30 Little Tot's Visit (Lib) 3:30 Hot Tea & Treats (L) 4:30 Chats & Cocktails (L) 7:00 Bridge Pairs (Lib)	<b>3</b> 10:40 Peter's Falls Prevention(M) 11:35 Light & Easy Aerobics (M) 2:00 Ashley's Activities Meeting (L) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge (L) 7:00 Evening Scrabble (Lib)	<b>4</b> 10:40 Chair Yoga with Lesley(M) 11:00 In-House Clothing Sale (Lib) 11:30 Let's Rev it Up (W) 2:00 Group Crosswords (A) 3:30 Tea & Coffee Social (L) 4:30 Chats & Cocktails (L) 7:00 Film & Popcorn (M): Anger Management (2003)	<b>5</b> 10:40 Fitness Video (M) 2:00 Afternoon Film: Part 1 A Room with a View (1986) 3:30 Hot Tea & Treats (L) 4:30 Cocktails (L) 7:00 Evening Film (M): Part 2 A Room with a View
<b>6</b> 10:40 Fitness Video (M) 2:00 Afternoon Scrabble (Lib) 3:30 Tea & Delights (L) 4:30 Drinks & Tunes by Jamie (L) 7:00 Classic Film: Mrs. Miniver (Resident Choice)	<b>7</b> 10:40 Peter's Falls Prevention(M) 11:00 In-House Jewelry Sale & Watch Repair (Lib) 11:30 Let's Rev it Up (W) 2:00 Group Crosswords (A) 3:30 Tea & Delights (L) 4:30 Chats & Cocktails (L) 7:00 The Bridge Club (D)	<b>8</b> 10:40 Peter's Falls Prevention(M) 11:30 Let's Rev it Up (W) 2:00 Scrabble Challenge (Lib) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge(L) 7:00 Armchair Travel (M): Antarctic Edge (70degrees South)	<b>9</b> 10:40 Fitness Video (M) 11:00 Excursion: Lunch at the Open Cork & Shopping at Erin Mills 2:30 Little Tot's Visit (Lib) 3:30 Hot Tea & Treats (L) 4:30 Chats & Cocktails (L) 7:00 Bridge Pairs (Lib)	<b>10</b> 10:40 Peter's Falls Prevention(M) 11:35 Light & Easy Aerobics(M) 2:00 History Presentation: The Luck O' the Irish (L) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge (L) 7:00 Evening Scrabble (Lib)	<b>11</b> 10:40 Chair Yoga with Lesley(M) 11:30 Let's Rev it Up (W) 1:00 Computer Training & iPad Lessons with Diane (A) 3:30 Tea & Coffee Social (L) 4:30 Chats & Cocktails (L) 7:00 Film & Popcorn (M): Midnight in Paris (2011) (Resident Choice)	<b>12</b> 10:40 Fitness Video (M) 2:00 Afternoon Film: Part 1 Bel Ami (2012) 3:30 Hot Tea & Treats (L) 4:30 Cocktails (L) 7:00 Evening Film (M): Bel Ami Part 2
<b>13 Daylight Savings</b> 10:40 Fitness Video (M) 2:00 Afternoon Scrabble (Lib) 3:30 Tea & Delights (L) 4:30 Drinks & Tunes by Jamie (L) 7:00 Classic Film(M):Cat on a Hot Tin Roof	<b>14</b> 10:40 Peter's Falls Prevention(M) 11:30 Let's Rev it Up (W) 2:00 Group Crosswords (A) 3:30 Tea & Delights (L) 4:30 Chats & Cocktails (L) 7:00 The Bridge Club (D)	<b>15</b> 10:40 Peter's Falls Prevention(M) 11:30 Let's Rev it Up (W) 2:00 Scrabble Challenge (Lib) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge(L) <b>7:00 The Book Club (L)</b>	<b>16</b> 10:40 Strength Training with Ashley 11:30 Let's Rev it Up (W) 2:00 Meet with Chef Andy (L) 2:30 Little Tot's Visit (Lib) 3:30 Hot Tea & Treats (L) 4:30 Chats & Cocktails (L) 7:00 Bridge Pairs (Lib)	<b>17 St. Patrick's Day</b> 10:40 Peter's Falls Prevention (M) 11:35 Light & Easy Aerobics (M) 12:00 Irish Themed Lunch (D) 2:30 Shamrock Party (L) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge (L) 7:00 Evening Scrabble (Lib)	<b>18</b> 10:40 Chair Yoga with Lesley (M) 12:15 Resident Birthday Luncheon 1:00 Computer Training & iPad Lessons with Diane (A) 3:30 Tea & Coffee Social 4:30 Chats & Cocktails 7:00 Film & Popcorn (M): Maid in Manhattan	<b>19</b> 10:40 Fitness Video (M) 2:00 Classical Symphonies with Matthew (L) 3:30 Hot Tea & Treats (L) 4:30 Cocktails (L) 7:00 Evening Film (M): Liar, Liar (1997)
<b>20 Palm Sunday</b> 10:40 Fitness Video (M) 2:00 Afternoon Scrabble (Lib) 2:30 Afternoon Film Part 1: Gone with the Wind 3:30 Tea & Delights (L) 4:30 Drinks & Tunes by Jamie (L) 7:00 Classic Film: Gone with the Wind Part 2 (Resident Choice)	<b>21</b> 10:40 Peter's Falls Prevention(M) 11:30 Let's Rev it Up (W) 2:00 Group Crosswords (A) 3:30 Tea & Delights (L) 4:30 Chats & Cocktails (L) 7:00 The Bridge Club (D)	<b>22</b> 10:40 Peter's Falls Prevention(M) 11:30 Let's Rev it Up (W) 2:00 Scrabble Challenge (Lib) 3:30 Tea & Delights (L) 4:30 Chats & Cocktails (L) 7:00 Armchair Travel (M): Pelican Dreams (2014)	<b>23</b> 10:40 Strength Training with Ashley 11:00 Anglican Church Service(Lib) 11:30 Let's Rev it Up (W) 1:00 Excursion: Gibson House(Lob) 3:30 Hot Tea & Treats (L) 4:30 Chats & Cocktails (L) 7:00 Bridge Pairs (Lib)	<b>24</b> 10:40 Peter's Falls Prevention (M) 11:35 Light & Easy Aerobics (M) 2:00 Acrylic Painting with Rita (A) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge (L) 7:00 Prized Bingo Night with Karma Kids Group (L)	<b>25</b> 10:40 Fitness Video (M) 2:00 Afternoon Film Part 1: Son of God(2014) 3:30 Tea & Coffee (L) 4:30 Chats & Cocktails (L) 7:00 Film & Popcorn (M): Part 2: Son of God (2014)	<b>26</b> 10:40 Fitness Video (M) 2:00 Afternoon Film: Part 1 In Secret (2013) 3:30 Hot Tea & Treats (L) 4:30 Cocktails (L) 7:00 Evening Film (M): Part 2 In Secret
<b>27</b> 10:40 Fitness Video (M) 2:00 Afternoon Scrabble (Lib) 3:30 Tea & Delights (L) 4:30 Drinks & Tunes by Jamie (L) 7:00 Classic Film: Rebel with a Cause	<b>28 Easter Monday</b> 10:40 Peter's Falls Prevention(M) 12:00 Annual Easter Brunch (D) 2:00 Group Crosswords (A) 3:30 Tea & Delights (L) 4:30 Chats & Cocktails (L) 7:00 The Bridge Club (D)	<b>29</b> 10:40 Peter's Falls Prevention(M) 11:30 Let's Rev it Up (W) 2:00 The Great Cathedrals of England Presentation (M) 3:30 Tea & Delights (L) 4:30 Chats & Cocktails (L)	<b>30</b> 10:40 Strength Training with Ashley 11:30 Let's Rev it Up (W) 2:00 Resident Council Meeting (M) 3:30 Hot Tea & Treats (L) 4:30 Chats & Cocktails (L) 7:00 Bridge Pairs (Lib)	<b>31</b> 10:40 Peter's Falls Prevention (M) 11:35 Light & Easy Aerobics (M) 2:15 Current Affairs & Events (L) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge (L) 7:00 Evening Scrabble (Lib)		<b>ROOM LEGEND</b> A – Activity Room L – Lookout Lounge M – Multi Purpose Room D – Dining Room Lob – Main Lobby Lib - Library



Choice – it's what living at a Revera retirement community is all about.