

March 2016  
St. Lawrence Place

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
<b>ROOM LEGEND</b> Lo – Lounge Li - Library Lby – Lobby DR – Dining Room		10:30 Fun & Fitness (Lo) 11:00 Anglican Service (Li) 1:15 Ring Toss Game (Lo) 2:00 The Sistine Chapel – (Lo) 3:30 Scrabble (Li) 3:45 Easy Listening Music (Lo) 6:30 Movie (Lo)	10:30 Fall Prevention Program (Li) 2:00 Poetry Club/Short Stories (Li) 3:00 Meet Your Neighbours 5 <sup>th</sup> Floor only in the Library 3:45 Scrabble (Lo) 3:45 Easy Listening Music (Lo) 6:30 Movie (Lo)	10:00 Knit, Chat & Color – (Lo) 2:00 Paul Robertson – History of The Canadian Flag (Li) 2:00 Easy Listening Music. (Lo) 3:45 Scrabble (Lo) 6:30 Movie (Lo)	10:30 Fall Prevention Prog. (Li) 1:45 Easy Listening Music (Lo) 1:45 Joan's Art Class (Li) 3:30 Scrabble (Lo) 3:30 Puzzle Challenge (Li) 6:30 Movie (Lo)	10:00 Coffee Social/ News (Lo) 1:15 Musical Matinee (Lo) 2:00 Share A Story (Li) 3:30 Scrabble (Lo) 3:30 Puzzle Challenge (Li) 6:30 Movie (Lo)
6	7	8	9	10	11	12
10:00 Coffee Social /News (Lo) 1:45 Travel Log DVD (Lo) 2:00 Cards (Li) 3:30 Scrabble (Li) 3:30 Easy Listening Music (Lby) 6:30 Movie (Lo)	10:15 Mind Joggers (Lo) 10:45 Fitness Program (Lo) 1:00 Shopping Trip (Li) 2:00 Librarian Visit (Li) 2:00 Travel Log DVD (Lo) 3:30 Scrabble (Lo) 3:45 Memory Game (Lo) 6:30 Movie (Lo)	11:00 Catholic Mass (Li) 11:15 Word Games (Lo) 1:00 Drawing to Music (Li) 2:00 What's in a Name? (Li) 3:30 " Days of Old Hollywood" (Lo) 6:00 News & Views (Lo) 7:00 Mike Myers Entertaining (Li)	10:30 Fall Prevention Program (Li) 10:30 Balloon Volleyball (Lo) 1:00 " Shamrock" Art (Li) 2:00 Kay on the Piano (Li) 3:00 Meet your Neighbors 6 <sup>th</sup> Floor in the Library 3:45 Scrabble/cards (Lo)	10:00 Visit with Tillley (Li) 10:30 Fun & Fitness (Li) 11:15 Mind Joggers (Lo) 1:00 Manicure s– Shape&Color (Li) 2:00 Poetry/Short Stories (Li) 3:30 Scrabble/Cards (Lo) 3:45 Easy Listening music (Lby) 3:45 Meet & Greet (Li)	10:30 Fall Prevention Prog. (Li) 1:45 Joan's Art Class (Li) 2:00 Easy Listening Music (Lby) 3:30 Scrabble / Puzzle (Lo) 6:45 Movie (Lo)	10:00 Coffee Social / News (Lo) 10:30 Fun & Fitness (Lo) 11:15 Mind Joggers (Lo) 2:00 McGrath School of Irish Dance Performing (Lo) 3:45 Irish Trivia (Lo) 6:30 Movie (Lo)
13	14	15	16	17	18	19
<b>Daylight Saving Time</b> 10:00 Coffee Social /News(Lo) 10:30 Hymn Sing (Li) 11:15 Laugh Out Loud (Lo) 1:15 Moving to the Oldies (Lo) 2:00 Hot Chocolate & Chat (Lo) 3:45 Historical Profiles(Li) 6:30 Movie (Lo)	10:30 Fitness Program (Li) 11:00 Residents Council Mtg (Lo) 1:15 Ring Toss Game (Lo) 2:00 Bingo (Li) 3:30 Irish Sing-a-long (Lo) 6:30 Movie (Lo)	11:00 Anglican Service (Li) 1-3 Laura Secord Chocolate Sale 2:00 Historical Events (Li) 3:30 Scrabble/Cards (Lo) 3:45 Meet & Greet (Li) 6:00 News & Views (Lo) 7:00 Kirsten & Friends Entertain	10:30 Fall Prevention Program (Li) 10:30 Balloon Volleyball (Lo) 1:15 Trivia Fun (Lo) 2:00 Unforgettable Moments- Share a Story (Li) 3:30 Scrabble/Cards(Lo) 3:30 Classical Music (Lby) 6:30 Movie (Lo)	<b>Wear Green to have good luck St. Patrick's Day</b> 10:00 Chat, Knit & Color (Li) 1:15 A visit to Ireland - Netflix 2:00 " Easter Rebellion of Ireland" 100 Anniversary – Jim Leith (Li) 3:45 Irish Word Games (Lo) 7:00 St. Patrick's Day Celebration Sunshine Soul entertaining.	10:30 Fall Prevention Program (Li) 1:45 Joan's Art Class (Li) 2:00 Easy Listening Music (Lo) 3:30 Scrabble / cards (Lo) 6:30 Movie (Lo)	10:00 Coffee Social/ News 2:00 Travel Log DVD (Lo) 2:00 Cards (Li) 3:30 Scrabble (Lo) 7:00 Movie (Lo)
20	21	22	23	24	25	26
10:00 Coffee Social (Lo) 2:00 Cards (Li) 3:30 Scrabble (Lo) 3:30 Puzzle Challenge (Li) 6:30 Movie (Lo)	10:45 Fitness Program (Li) 1:15 Balloon Volleyball (Lo) 2:00 Celebrating Spring (Li) 3:30 Laugh Out Loud (Lo) 3:45 Spring Spelling Bee (Lo) 6:00 News & Views (Lo) 6:30 Musical DVD (Lo)	11:00 Catholic Mass (Li) 1:15 Chopin Social (Lo) 2:00 Spring Crafts (Li) 3:45 Historical Trivia (Lo) 6:00 News & Views (Lo) 7:00 Spring Fling- Penny & Steve Karaoke (Lo)	10:30 Fall Prevention Program (Li) 10:30 Easter Egg Coloring (Lo) 2:00 Coffee House (DR) 3:30 Scrabble/Cards/ (Lo) 3:30 Where in the World ? (Lo) 6:30 Movie (Lo)	10:00 Visit with Tilley (Li) 10:30 Fun & Fitness (Lo) 11:15 Trivia Fun (Lo) 2:00 Resident Birthday Party (Lo) 3:45 Easy Listening Music (Lby) 3:45 Scrabble/Cards (Lo) 6:30 Movie	10:30 Fall Prevention Program (Lo) 1:45 Joan's Art Class (Li) 2:00 Documentary DVD (Lo) 3:30 Scrabble/ Cards (Lo) 3:30 Easy Listening Music (Lby) 6:30 Movie (Lo)	10:00 Coffee/News (Lo) 10:30 Easter Egg Coloring (Lo) 2:00 Easter Social – Wear your Easter Bonnet (Lo) 4:00 Easter/Spring Word Games 6:30 Movie (Lo)
27	28	29	30	31		
<b>Happy Easter</b> Easter Egg Hunt 10:30 Easter Hymn Sing (Li) 2:00 Bev. on the Piano (Li) 3:30 Scrabble/Cards (Lo) 6:30 Movie (Lo)	10:45 Fitness Program (Li) 1:15 Balloon Volleyball (Lo) 2:00 Bingo (Li) 3:45 Easter Sing-a-Long with Kay (Lo) 6:00 News & Views (Lo) 6:30 Movie (Lo)	1:00 Shopping Trip 2:00 Knit, Chat & Color (Lo) 3:45 Spring Pictionary/words (Li) 3:45 Scrabble/Cards (Lo) 6:00 News & Views (Lo) 7:00 Music Jam Night- Craig Jones In the Lounge	10:30 Fall Prevention Program (Li) 11:00 Mind Joggers (Lo) 1:15 Laugh Out Loud (Lo) 2:00 "Discretions and indiscretions of a Prof" – John Meisel's Confession 3:30 "Where in the World?" (Lo) 6:30 Movie (Lo)	1:15 Balloon Volleyball (Lo) 2:00 Share or Listen to your favorite Short Stories or poems (Li) 3:30 Manicures – Shape & Color (Li) 6:00 News & Views (Lo) 7:00 Wine & Cheese Social (Li)		