

RECREATION CHOICES

MARCH 2016

Windsor Park, Karyl King Recreation Manager

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	HAPPY B-DAY BETTY & JIM 3	HAPPY B-DAY ANNA 4	5
		9:00 Exercise Class 9:30 Exercise Class 10:00 Shopping 10:00 Walking Club 11:00 UNO Game SR2 2:15 Bridge SR2 2:15 Memory Game AR 2:15 Movie TH 3:30 Games AR 7:15 Bingo AR	9:30 Wake up & Stretch 10:00 Walking Club L 10:30 Guess the Phrase AR 11:00 Bango AR 2:15 Peter Foret L 2:15 Intermediate Bridge 3:30 Paint & Polish Nails 7:15 Travel with Len TH	9:00 Exercise Class 9:30 Exercise Class 10:00 Walking Club L 10:00 Catholic Mass CH 11:00 O.K.O. AR 11:15 Ottawa Therapy Dog 2:15 Speak-out TH 2:15 Euchre SR2 3:30 Social Hour B	9:30 Wake up & Stretch 10:00 Walking Club L 10:30 Hava Java B 11:00 Newcomer's Meeting B 2:00 Crafts AR 2:15 Movie 3:00 Bingo AR 7:15 Movie	10:00 Art Class AR 10:30 Social Stitchery SR2 2:15 Scheduled Movie 2:15 Bridge for All SR2 7:15 Bingo
6	7	8	HAPPY B-DAY EVA 9	10	11	12
10:00 French Catholic Mass 2:15 Scheduled Movie 2:15 Scrabble AR	9:30 Wake up Stretch AR 10:30 Health Info Briefing TH 11:00 Tai Chi SR2 11:00 Rosary Ch 2:00 Food Committee Mtg 2:15 Andre Gareau L 2:15 Euchre SR2 3:30 Social Hour B 7:00 Scrabble AR	9:00 Exercise Class 9:30 Exercise Class 10:00 Shopping 10:00 Walking Club 11:00 UNO Game SR2 2:15 Bridge SR2 2:15 Memory Game AR 2:15 Movie TH 3:30 Games AR 7:15 Bingo AR	9:30 Wake up & Stretch 10:00 Walking Club L 10:30 Guess the Phrase AR 10:30 Pam's Travelling Shop 11:00 Bango AR 2:15 Mental Aerobics AR 2:15 Intermediate Bridge SR2 2:15 Movie 3:30 Paint & Polish Nails	9:00 Exercise Class 9:30 Exercise Class 10:00 Drive & Coffee 10:00 Walking Club L 10:30 Anglican Service CH 11:00 O.K.O. AR 2:15 Sandbags AR 2:15 Euchre SR2 2:15 Movie 3:30 Social Hour B 5:15 Therapeutic Pet L 7:15 Art Therapy AR	9:30 Wake up & Stretch 10:00 Walking Club L 10:30 Hava Java B 11:00 Protestant Service 2:00 Crafts AR 2:15 Movie 3:00 Bingo AR 7:15 Movie	10:00 Art Class 10:30 Family Feud TH 2:15 Travel with Len 2:15 Bridge for All SR2 7:15 Bingo
13	14	15	16	HAPPY B-DAY 17	18	19
10:00 French Catholic Mass 2:15 Scheduled Movie 2:15 Scrabble AR	9:30 Wake up & Stretch AR 10:15 Jeopardy TH 10:30 Learn to Play Euchre 11:00 Tai Chi SR2 11:00 Rosary Ch 2:15 Euchre SR2 2:15 Movie of the Day 2:30 Sensational Sundaes AR 3:00 Crossword Quest L 3:30 Social Hour B 7:15 Heart & Stroke Presentation TH	9:00 Exercise Class 9:30 Exercise Class 10:00 Shopping 10:00 Walking Club 11:00 UNO Game SR2 2:15 Bridge SR2 2:15 Memory Game AR 2:15 Movie Th 3:30 Games AR 7:15 Bingo AR	9:30 Wake up & Stretch 10:00 Walking Club L 10:30 Guess the Phrase AR 11:00 Bango AR St Patrick's Lunch 2:15 Mental Aerobics AR 2:15 Intermediate Bridge 3:30 Paint & Polish Nails 7:15 Travel with Len TH	9:00 Exercise Class 9:30 Exercise Class 10:00 Walking Club L 10:00 Catholic Mass Ch 11:00 Treasure Hunt L 11:15 Ottawa Therapy Dog 2:15 Sandbags AR 2:15 Euchre SR2 2:15 Movie 3:30 St Patrick's Day Social Hour B -	9:30 Wake up & Stretch 10:30 Hava Java B 11:00 Protestant Service 11:30 Lunch Out 2:15 Vintage Fiddler's L 2:15 Movie 3:00 Bingo AR 7:15 Movie	10:30 Social Stitchery SR2 2:15 Scheduled Movie 2:15 Bridge for All SR2 7:15 Bingo

RECREATION CHOICES

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Community Name, Karyl King, Recreational Director

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY B-DAY OLLY 20	21	22	23	24	Happy B-DAY FRANK 25	26
10:00 French Catholic Mass 2:15 Scheduled Movie 2:15 Scrabble AR	9:30 Wake up & Stretch AR 10:15 Jeopardy TH 10:30 Learn to Play Euchre 11:00 Tai Chi SR2 11:00 Rosary Ch 2:15 Euchre SR2 2:15 Movie 2:15 Let's Talk L 3:30 Social Hour B 7:00 Scrabble AR	9:00 Exercise Class AR 9:30 Exercise Class AR 10:00 Shopping 10:00 Walking Club 11:00 UNO Game SR2 2:15 Bridge SR2 2:15 Musical Memories AR 3:30 Games AR 7:15 Bingo AR	9:30 Wake up & Stretch 10:00 Walking Club 10:30 Guess the Phrase AR 11:00 Bango AR 2:15 Intermediate Bridge SR2 2:15 Speak-out TH	9:00 Exercise Class 9:30 Exercise Class 10:00 Walking Club 10:00 Catholic Mass CH 10:30 Riley Brockington MPP 11:00 O.K.O. AR 2:15 Euchre SR2 3:30 Social Hour B 5:15 Therapeutic Pets L 5:30 Pizza & Movie Night	9:30 Wake up & Stretch 10:00 Walking Club 10:30 Hava Java B 2:00 Crafts AR 2:15 Movie 3:00 Bingo AR 7:15 Movie TH	10:30 Social Stitchery SR2 2:15 Scheduled Movie 2:15 Bridge for All SR2 7:15 Bingo AR
27	28	29	30	31		
EASTERSUNDAY 10:00 French Catholic Mass 2:15 Scheduled Movie	9:30 Wake up & Stretch AR 10:15 Jeopardy TH 10:30 Learn to Play Euchre 11:00 Tai Chi SR2 11:00 Rosary Ch 2:15 Euchre SR2 2:15 Movie 2:30 Let's Talk L 3:30 Social Hour B 6:30 Ottawa Humane Society 7:15 Prof. Cammi TH	9:00 Exercise Class AR 9:30 Exercise Class AR 10:00 Shopping 10:00 Walking Club 11:00 UNO Game SR2 2:15 Bridge SR2 2:15 Memory Game AR 2:15 Movie 3:30 Games AR 7:15 Bingo AR	9:30 Wake up & Stretch 10:00 Walking Club 10:30 Guess the Phrase AR 11:00 Bango AR 2:15 Noel Dimaranan L 2:15 Intermediate Bridge SR2 3:30 Paint & Polish Nails AR	9:00 Exercise Class 9:30 Exercise Class 10:00 Walking Club 10:00 Catholic Mass CH 11:00 O.K.O. AR 11:15 Ottawa Therapy Dog 2:15 Sandbags AR 2:15 Euchre SR2 2:15 Movie 3:30 Social Hour B 7:15 Art Therapy AR		
			Important Dates		Room Legend	
			2:15 SPEAK-OUT March 3 2:00 Food Committee Mar 7 11:45 St Patrick's Day Luncheon Mar 16 2:15 SPEAK-OUT Mar 23		(AR) - Activity Room (B) - Bar (CH) - Chapel (L) Lobby (LI) Library (SR2) Sun Room 2	