



Recreation Choices **March 2017**

Glynnwood • Travis Melquist, Director of Recreation









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR LEGEND Special Events Outings * iPad/Apple TV Programs NEW Revera Programs NEW programs offered	ROOM LEGEND M – Main Floor lobby D – Dining Room Patio A – Auditorium R – Recreation/Craft Room T – TV Lounge	ROOM LEGEND CL – Club Lounge 4/6 – 4 th /6 th Floor Lounge 3 – 3 rd Floor Lounge FR – Fitness Room	1 10:00am Fitness – A 11:00am *In Case You Missed It – T 02:00pm *Fact or Fib - T 02:00pm Art with Khatcho – R 03:00pm Bible Study – 4 07:30pm Eileen Hennessy - A	2 09:30pm Longo's 10:00am Thornhill United Coffee Hour - 4 10:15am Gentle Fitness - A 11:00am Falls Prevention - A 02:30pm Woodcarving – R 07:30pm The Crown Ep. 4 - T	3 World Day of Prayer 10:00am Wheel Of Fortune - R 10:30am World Day of Prayer – A 02:30pm Friday Fitness - A 03:45pm Rummikub – 6 07:30pm New Movie – T	4 09:30am *Computers 1 on 1 10:00am Groove n' Go - A 02:30pm Shuffleboard – R 03:15pm Afternoon Tea – M 03:45pm \$2.00 Bingo - R 07:30pm Milk Bag Project - R
5 10:00am Roman Catholic Communion – 4 10:30am Creative Colours with Miryam – R 02:30pm Bridge - 6 02:30pm Movie Matinee - T 07:30pm Sunday Movie - T	6 10:00am Sit To Be Fit – A 10:30am Sing For Wellness - A 02:00pm Craft & Design – R 02:30pm *iPad101: Settings App Cont. – T 02:45pm Euchre – 4 07:30pm Bridge Night - 4	7 10:15am Gentle Fitness – A 11:00am Falls Prevention for Limited Mobility– A 01:45pm Bayview Village 02:30pm Documentary – T 07:30pm Movie Night - T	8 10:00am Fitness – A 11:00am *4 Pics 1 Word – T 02:00pm Art with Khatcho – R 02:00pm Wellness Workshop-3 03:00pm Bible Study – 4 07:30pm David Wildsmith - A	9 09:30pm Thornhill Square 10:15am Gentle Fitness - A 11:00am Falls Prevention – A 02:30pm Wellness Workshop - 3 02:30pm Woodcarving – R 02:30pm *Netflix Series: 07:30pm The Crown Ep. 5 - T	10 10:00am Friday Fitness - A 11:00am *Wheel Of Fortune - T 02:30pm Lianne Harris: Amazing Women - A 03:45pm Rummikub – 6 07:30pm New Movie – T	11 09:30am *Computers 1 on 1 10:00am Sonita's Designs – T 10:30am Yoga & Wellness - A 02:30pm Shuffleboard – R 03:15pm Afternoon Tea – M 07:30pm Milk Bag Project - R
12 Daylight Saving 10:00am Roman Catholic Communion – 4 10:30am Creative Colours with Miryam – R 02:30pm Bridge - 6 02:30pm Movie Matinee - T 07:30pm Sunday Movie - T	13 10:00am Sit To Be Fit – A 10:00am Skye's Clothing - T 02:00pm Craft & Design – R 02:30pm *iPad101: Notepad – T 02:45pm Euchre - 4 07:30pm Bridge Night - 4	14 10:15am Gentle Fitness - A 11:00am Falls Prevention for Limited Mobility– A 01:45pm Hillcrest, LCBO 02:30pm Documentary - T 07:30pm Movie Night - T	15 10:00am Fitness – A 11:00am *4 Pics 1 Word - CL 02:00pm Art with Khatcho – R 02:00pm *Fact or Fib - T 03:00pm Bible Study – 4 07:30pm \$2.00 Bingo - R	16 10:15am Gentle Fitness – R 10:45am Anglican Church - A 11:00am Falls Prevention – R 01:45pm Walmart 02:30pm Woodcarving – R 07:30pm EDUtainment - T Music and Apparel	17 St. Patrick's Day 10:00am Wheel Of Fortune – R 11:00am Aroon Irish Dancers - A 02:30pm St Patricks Day Party - A 03:45pm Rummikub – 6 07:30pm New Movie – T	18 09:30am *Computers 1 on 1 10:00am Groove n' Go - A 02:30pm Shuffleboard – R 03:15pm Afternoon Tea – M 07:30pm Milk Bag Project - R
19 10:00am Roman Catholic Communion – 4 10:30am Creative Colours with Miryam – R 02:30pm Bridge - 6 02:30pm Movie Matinee - T 07:30pm Sunday Movie - T	20 10:00am Sit To Be Fit – A 10:30am Sing For Wellness - A 02:00pm Craft & Design – R 02:30pm *iPad101: Notepad Cont. – T 02:45pm Euchre - 4 07:30pm Bridge Night - 4	21 10:15am Gentle Fitness - A 11:00am Falls Prevention for Limited Mobility– A 01:45pm Centerpoint Mall 02:30pm Documentary – T 07:30pm Movie Night - T	22 10:00am Fitness – A 11:00am *4 Pics 1 Word - T 02:00pm *Price is Right - T 02:00pm Art with Khatcho – R 03:00pm Bible Study – 4 07:30pm Shaya Petroff with Special Guests - A	23 10:15am Gentle Fitness – A 11:00am Falls Prevention – A 01:45pm Shopper's Drug Mart 02:30pm Woodcarving – R 02:30pm *Netflix Series: 07:30pm The Crown Ep. 6 - T	24 10:00am Friday Fitness - A 11:00am *Wheel Of Fortune - T 02:30pm Birthday Party: Marie Gogo- A 03:45pm Rummikub – 6 07:30pm New Movie – T	25 09:30am *Computers 1 on 1 10:00am Erica's Jewelry- T 10:30am Yoga & Wellness - A 03:15pm Afternoon Tea – M 04:00pm Shuffleboard - R 07:30pm Milk Bag Project - R
26 10:00am Roman Catholic Communion – 4 10:30am Creative Colours with Miryam – R 02:30pm Bridge - 6 02:30pm Movie Matinee - T 07:30pm Sunday Movie - T	27 10:00am Sit To Be Fit – A 02:00pm Craft & Design – R 02:30pm *iPad101: Camera App– T 02:45pm Euchre – 4 07:30pm Bridge Night - 4	28 10:15am Gentle Fitness - A 11:00am Falls Prevention for Limited Mobility– A 01:45pm Hillcrest, LCBO 02:30pm Documentary - T 07:30pm Movie Night - T	29 10:00am Fitness – A 11:00am *4 Pics 1 Word - T 02:00pm *Price is Right - T 02:00pm Art with Khatcho – R 03:00pm Bible Study – 4 07:30pm \$2.00 Bingo - R	30 10:00am Res. Council Mtg. - 4 10:15am Gentle Fitness – A 11:00am Falls Prevention – A 01:45pm Dollarama 02:30pm Woodcarving – R 02:30pm *Netflix Series: 07:30pm The Crown Ep. 7 - T	31 10:00am Res. Mgt. Meeting - A 11:00am Wheel Of Fortune - T 02:30pm Friday Fitness - A 03:45pm Rummikub – 6 07:30pm New Movie – T	Dates to Remember March 3 rd – World Day of Prayer March 8/9 th – Wellness Workshops March 12 th – Daylight Savings Time



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please sign-up with payment (where necessary) in the Recreation Binder at the Front Desk			1	2 Longo's  Departure: 9:30am Return: 10:30am	3	4
	5	6	7 Bayview Village  Departure: 1:45pm Return: 4:00pm	8	9 Thornhill Square  Departure: 9:30am Return: 11:00am	10
12	13	14 Hillcrest, LCBO  Departure: 1:45pm Return: 4:00pm	15	16 Walmart  Departure: 1:45pm Return: 4:00pm	17	18
19		21 Centerpoint Mall  Departure: 1:45pm Return: 4:00pm	22	23 Shoppers Drug  Departure: 1:45pm Return: 3:00pm	24	25
26	27	28 Hillcrest, LCBO  Depart: 1:45pm Return: 4:00pm	29	30 Dollarama  Depart: 1:45pm Return: 3:00pm	31	