

Recreation Choices **March 2017**

Heritage Lodge Retirement Residence • Kim Bates, Recreational Director



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:15 Reading Club (SR) 10:00 Catholic Mass (AR) 11:00 Sit & Stretch (AR) 3:00 Family Physio (AR) 6:00 Skip Bo (RR/DR) 7:00 Carol Burnett Show (L)	9:00 Family Physio (AR) 10:00 Cool Cat's Club (AR) 11:00 *Word Whizzle (AR) 1:30 Bingo with France (DR) 3:00 Dakim Brain Fitness (AR) 6:00 Skip Bo (RR/DR)	9:00 Family Physio (AR) 9:30 Reading Club (SR) 9:45 Game of Trouble (AR) 11:00 *Face Book (AR) 1:00 Therapeutic Paws 1:45 Yearly Champions Celebration (DR) 6:00 Skip Bo (RR/DR)	9:30 Manicures (DR) 9:45 Rev. Douglas (AR) 11:00 *4pics/1 word (AR) 1:45 Bingo with Kim (DR) 6:00 Skip Bo (RR/DR) 7:00 Movie Hour (L)
5	6	7	8	9	10	11
1:00 Circle of Friends (DR) 6:00 Skip Bo (RR/DR) 7:00 Lawrence Welk (L)	11:00 Sit & Stretch (AR) 3:00 Family Physio (AR) 6:00 Skip Bo (RR/DR)	9:45 Sandbags (AR) 11:00 *Riddles (AR) 1:30 Euchere Club (SDR) 1:30 Presbyterian Church (AR) 3:00 Adult Colouring Fun (AR) 6:00 Skip Bo (RR/DR)	9:15 Reading Club (SR) 10:00 Catholic Mass (AR) 11:00 Sit & Stretch (AR) 1:00 VKH Fiddlers (DR) 3:00 Family Physio (AR) 6:00 Skip Bo (RR/DR) 7:00 Carol Burnett Show (L) Library Day	9:00 Family Physio (AR) 10:00 Cool Cat's Club (AR) 11:00 *Trivia Crack (AR) 1:30 Bingo with France (DR) 3:00 Dakim Brain Fitness (AR) 6:00 Skip Bo (RR/DR)	9:00 Family Physio (AR) 9:30 Reading Club (SR) 1:00 Therapeutic Paws 1:00 Sing along with Raymond (DR) 3:00 Barbara's Hour (DR) 6:00 Skip Bo (RR/DR)	9:45 Rev. Douglas (AR) 6:00 Skip Bo (RR/DR) 7:00 Movie Hour (L)
12	13	14	15	16	17	18
1:00 Lawrence Welk (AR) 6:00 Skip Bo (RR/DR) 7:00 Lawrence Welk (L)	9:45 Ladies Coffee Club (AR) 11:00 Sit & Stretch (AR) 1:45 Horse Racing (AR) 3:00 Family Physio (AR) 6:00 Skip Bo (RR/DR)	10:00 Crafts by 3 Guardian Angels (AR) 1:00 Music by Len (DR) 1:30 Euchere Club (SDR) 3:00 Adult Colouring Fun (AR) 6:00 Skip Bo (RR/DR)	9:15 Reading Club (SR) 10:00 Catholic Mass (AR) 11:00 Sit & Stretch (AR) 1:30 United Church (AR) 3:00 Family Physio (AR) 6:00 Skip Bo (RR/DR) 7:00 Carol Burnett Show (L)	9:00 Family Physio (AR) 10:00 Cool Cat's Club (AR) 11:00 Day in the Life (AR) 1:30 Bingo with France (DR) 3:00 Dakim Brain Fitness (AR) 6:00 Skip Bo (RR/DR)	9:00 Family Physio (AR) 9:30 Reading Club (SR) 9:45 Penny Ante (AR) 11:00 WYC (AR) 1:00 Therapeutic Paws 1:45 St. Patrick Day Cheer (AR) 6:00 Skip Bo (RR/DR)	9:30 Manicures (DR) 9:45 Rev. Douglas (AR) 11:00 Deal or No Deal (AR) 1:45 Bingo with Kim (DR) 6:00 Skip Bo (RR/DR) 7:00 Movie Hour (L)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
9:30 Circles of Faith (AR) 1:00 Lawrence Welk (AR) 6:00 Skip Bo (RR/DR) 7:00 Lawrence Welk (L)	11:00 Sit & Stretch (AR) 3:00 Family Physio (AR) 6:00 Skip Bo (RR/DR)	9:45 Wii Bowling (AR) 11:00 *What would you do (AR) 1:30 Euchere Club (SDR) 1:45 Ice Cream Social (DR) 3:00 Adult Colouring Fun (AR) 6:00 Skip Bo (RR/DR)	9:15 Reading Club (SR) 10:00 Catholic Mass (AR) 11:00 Sit & Stretch (AR) 1:00 VKH Fiddlers (DR) 3:00 Family Physio (AR) 6:00 Skip Bo (RR/DR) 7:00 Carol Burnett Show (L)	9:00 Family Physio (AR) 10:00 Cool Cat's Club (AR) 11:00 *Wheel of Fortune (AR) 1:30 Bingo with France (DR) 3:00 Dakim Brain Fitness (AR) 6:00 Skip Bo (RR/DR)	9:00 Family Physio (AR) 9:30 Reading Club (SR) 10:45 Anglican Church (AR) 1:00 Therapeutic Paws 3:00 Barbara's Hour (DR) 6:00 Skip Bo (RR/DR)	9:45 Rev. Douglas (AR) 6:00 Skip Bo (RR/DR) 7:00 Movie Hour (L)
26	27	28	29	30	31	
1:00 Lawrence Welk (AR) 6:00 Skip Bo (RR/DR) 7:00 Lawrence Welk (L)	9:45 Ladies Coffee Club (AR) 11:00 Sit & Stretch (AR) 1:45 Darts (AR) 3:00 Family Physio (AR) 6:00 Skip Bo (RR/DR)	9:45 Mental Aerobics (AR) 11:00 *Hangman (AR) 1:30 Euchere Club (SDR) 1:45 Birthday Party (DR) 3:00 Adult Colouring Fun (AR) 6:00 Skip Bo (RR/DR)	9:15 Reading Club (SR) 10:00 Catholic Mass (AR) 11:00 Sit & Stretch (AR) 3:00 Family Physio (AR) 6:00 Skip Bo (RR/DR) 7:00 Carol Burnett Show (L)	9:00 Family Physio (AR) 10:00 Cool Cat's Club (AR) 11:00 *What's the difference (AR) 1:30 Bingo with France (DR) 3:00 Dakim Brain Fitness (AR) 6:00 Skip Bo (RR/DR)	9:00 Family Physio (AR) 9:30 Reading Club (SR) 10:00 Resident Forum (AR) 1:00 Therapeutic Paws 1:45 Wii Bowling (AR) 6:00 Skip Bo (RR/DR)	
	ROOM LEGEND	CALENDAR LEGEND	IMPORTANT DATES			
	DR Dining Room AR Activity Room SR Sun Room SDR Small Dining Room HR Hair Salon L Lobby DT Day Trip	Special Events Outings * iPad/Apple TV Programs NEW Revera Programs NEW programs offered	Mar.3 Game of Trouble Mar 14 Crafts/Music by Len Mar 17 St. Patrick's Day Cheer			