

RECREATION CHOICES

MARCH 2016

Parkwood Manor Tania Blake						More on next page >
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
<p>Sign up for March trips on Monday February 29 any time after 9:00am at the front desk</p>		9:30-3:00 Dr. Appointments 9:30 Sit & Fit- WC 2:00 Bridge-TR 2:30 Choir Practice-DR 3:30 Happy Hour -GB 4:00 Horse Races-GB 7:00 Sequence-RD 7:30 Hymn Sing-DR	9:30 Get Fit with Val-WC 11:30 High Tea at Cakes n Sweets Outing 2:00 Tile Rummy-RD 2:00 Wii Bowling-TR 3:00 Mexican Train-RD 7:00 Sequence-RD 7:00 Touring Hawaii-TR	9:30 Sit & Fit-WC 10:30 Save on Foods 12:30 Visit with Buddy-FSL 2:15 Yoga Sing-along with Chris-FSL 3:30 Happy Hour with Ivana- GB 7:00 Grumpy Old Men-TR 7:00 Sequence-RD 7:00 Horse Races-GB	9:30 Bands, Balls, Balance- WC 10:00 Ipad 101-RD 10:30 Current Events -RD 2:30 Carpet Bowling-WC 7:00 Bingo -RD 7:00 Scrabble-GB 7:00 Women's Movie ROYAL WEDDINGS-TR	<p>Easter Brunch 11:00-2:00</p> <p>7:00 Showtime Movie-TR Castaway</p>
6	7	WOMEN'S DAY 8	9	10	11	12
10:30 Kobe Visit-FSL 10:30 Coffee Talk-GB 1:30 Rummoli-RD 2:30 Church Service-DR 3:30 Knitting-FSL 3:30 Whist-RD 7:00 Bingo-RD 7:00 Showtime Movie-TR DAVID COPPERFIELD	9:30 Tai Chi-WC 10:30 Knitting-TR 11:00 CoCo clothes-FSL 12:30 Visit with Oliver -FSL 2:00 Coquitlam Centre 2:00 Scrabble-RD 2:00 Tile Rummy-RD 6:45 Cribbage-GB 7:00 Bingo-RD 7:00 Miss. Fisher Murder Mysteries-TR	9:30-3:00 Dr. Appointments 9:30 Sit & Fit- WC 11:00 Sofia's Design-FSL 2:00 Bridge-TR 2:30 Choir Practice-DR 3:30 Happy Hour -GB 4:00 Horse Races-GB 7:00 Sequence-RD 7:00 Touring Alaska-TR	9:30 Get Fit with Val-WC 10:30 Scenic Drive Outing 2:00 Tile Rummy-RD 2:00 Wii Bowling-TR 3:00 Mexican Train-RD 7:00 Sequence-RD 7:00 Touring Australia-TR	9:30 Sit & Fit-WC 10:30 Safeway 12:30 Visit with Buddy-FSL 2:15 Yoga Sing-along with Chris-FSL 3:30 Happy Hour with Ivana- GB 7:00 Sequence-RD 7:30 Entertainment by Music Variations-DR	9:30 Bands, Balls, Balance- WC 10:00 Ipad 101-RD 10:30 Current Events -RD 2:30 Gentle stretch/Walk-WC NEW 7:00 Bingo -RD 7:00 Scrabble-GB 7:00 Women's Movie ON THE BEACH-TR	9:30 Let's Dance- WC 10:30 4 pics 1 Word-TR 11:15 Movie Pick Meeting-GB 1:30 Ipad 101-RD 2:00 Bridge-TR 2:30 Brian Zalo entertains-GB 3:30 Knitting-TR 7:00 Showtime Movie-TR CITY SLICKERS
13	14	15	16	ST.PATRICK'S DAY 17	18	19
10:30 Coffee Talk-GB 1:30 Rummoli-RD 12:00 Queen Elizabeth Theatre Outing 2:30 Church service with Mary-DR 3:30 Knitting-FSL 3:30 Whist-RD 7:00 Bingo-RD 7:00 Showtime Movie-TR - DEAD POET SOCIETY	9:30 Bands, Balls, Balance-WC 10:30 Knitting-TR 12:30 Visit with Oliver -FSL 2:00 Coquitlam Centre 2:30 Tai Chi-WC 2:00 Scrabble-RD 2:00 Tile Rummy-RD 6:45 Cribbage-GB 7:00 Bingo-RD 7:00 Miss. Fisher Murder Mysteries-TR	9:30-3:00 Dr. Appointments 9:30 Sit & Fit- WC 10:30 New Resident meeting-GB 2:00 Bridge-TR 2:30 Choir Practice-DR 3:30 Happy Hour -GB 4:00 Horse Races-GB 7:00 Sequence-RD 7:30 Hymn Sing-DR	9:30 Get Fit with Val-WC 2:30 Gentleman's Group-TR 2:30 Sliver Cord Choir-DR 3:00 Mexican Train-RD 7:00 Sequence-RD 7:00 Touring New Zealand-TR	WEAR GREEN DAY 9:30 Sit & Fit-WC 10:00 Church Service-TR 10:30 Save on Foods 12:30 Visit with Buddy-FSL 2:15 Yoga Sing-along with Chris-FSL 3:30 Happy Hour with Ivana- GB 7:00 Sequence-RD 7:30 St. Patrick's Celebration with Brian Gimbel-DR	9:30 Bands, Balls, Balance- WC 10:00 Ipad 101-RD 10:30 Current Events-RD 2:30 High Tea-GB 3:30 Recreation Meeting-DR 7:00 Bingo -RD 7:00 Scrabble-GB 7:00 Women's Movie-IT COULD HAPPEN TO YOU-TR	9:30 Sit & Fit-WC 10:30 You Be the Judge-GB 1:30 Ipad 101-RD 2:00 Bridge-TR 2:30 Luna Rossa entertains-DR 3:30 Knitting-TR 7:00 Showtime Movie-TR BOBBY JONES

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SPRING BEGINS 20	21	22	23	24	GOOD FRIDAY 25	26
10:30 Coffee Talk-GB 1:30 Rummoli-RD 3:30 Knitting-FSL 3:30 Whist-RD 7:00 Showtime Movie-TR DIRTY DANCING 7:30 Evening Entertainment by Ryan Langevin-DR	9:30 Tai Chi- WC 10:00 Connect Hearing-WC 10:30 Make Easter Bonnets-GB 12:30 Visit with Oliver -FSL 2:00 Coquitlam Centre 2:00 Scrabble-RD 2:00 Tile Rummy-RD 6:45 Cribbage-GB 7:00 Bingo-RD 7:00 Miss. Fisher Murder Mysteries-TR	9:30-3:00 Dr. Appointments 9:30 Sit & Fit Res. Led -WC 2:00 Bridge-TR 2:30 Choir Practice-DR 3:30 Horse Races with Joe-GB 7:00 Sequence-RD 7:00 Touring India-TR	9:30 Get Fit with Val- WC 10:30 African Cats-TR 2:00 Tile Rummy-RD 2:00 Wii Bowling-TR 3:00 Mexican Train-RD 7:00 Sequence-RD 7:00 Touring Italy-TR	WEAR YOUR EASTER BONNETS 9:30 Sit & Fit-Res. Led-WC 12:30 Visit with Buddy-FSL 2:15 Yoga Sing-along with Chris-WC 2:30 Easter Tea & entertainment by True Blue-DR 3:30 Happy Hour with Ivana-GB 7:00 Singin' in the Rain-TR 7:00 Sequence-RD 7:00 Horse Races-GB	9:30 Bands, Balls, Balance- WC 10:00 Ipad 101-RD 10:30 Current Events-RD 2:30 Easter High Tea & Easter Bonnet Parade-GB 7:00 Bingo -RD 7:00 Scrabble-GB 7:00 Women's Movie—IT HAPPENED TO JANE-TR	9:30 Sit & Fit-Res led-WC 10:30 Touring China-TR 2:00 Bridge-TR 2:30 GordyVan entertains-DR 3:30 Knitting-TR 7:00 Showtime Movie—TR THE INTERN
EASTER SUNDAY 27	EASTER MONDAY 28	29	30	31		
10:30 Coffee Talk-GB 1:30 Rummoli-RD 3:30 Knitting-FSL 3:30 Whist-RD 7:00 Bingo-RD 7:00 Showtime Movie-TR - EASTER PARADE	9:30 Bands, Balls, Balance-WC 10:30 Resident Council-TR 10:30 Knitting-FSL 12:30 Visit with Oliver -FSL 2:00 Coquitlam Centre 2:30 Tai Chi-WC 2:00 Scrabble-RD 2:00 Tile Rummy-RD 6:45 Cribbage-GB 7:00 Bingo-RD 7:00 Miss. Fisher Murder Mysteries-TR	9:30-3:00 Dr. Appointments 9:30 Sit & Fit- WC 11:30 VIP Lunch with Bryan-PDR 2:00 Bridge-TR 2:30 Choir Practice-DR 3:30 Happy Hour -GB 4:00 Horse Races-GB 7:00 Sequence-RD 7:30 Hymn Sing-DR	9:30 Get Fit with Val- WC 10:30 LifeCare-FSL 11:30 Birthday Lunch-DR 2:00 Tile Rummy-RD 2:00 Wii Bowling-TR 3:00 Mexican Train-RD 7:00 Sequence-RD 7:30 Maple Leaf Singers Entertain- DR	9:30 Sit & Fit-WC 10:30 Safeway 12:30 Visit with Buddy-FSL 1:30 Blood Pressure Clinic-TR 2:15 Yoga Sing-along with Chris-FSL 3:30 Happy Hour with Ivana-GB 7:00 Touring France-TR 7:00 Sequence-RD 7:00 Horse Races-GB		
					Room Legend	
					DR- DINING ROOM FSL- FIRESIDE LOUNGE PDR- PRIVATE DINING ROOM GB-GARDEN BISTRO RD- READER'S DEN TR- THEATRE ROOM WC-WELLNESS ROOM	