

MEMORY CARE RECREATION CHOICES

Alta Vista Retirement Community Margo Johnson • Community Relations Manager • Margo.Johnson@reveraliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 PEANUT BUTTER LOVER DAY	2 ENTERTAINMENT	3 PET THERAPY	4 GIVE A HUG DAY	5
		10:30am Exercise 11:00pm Pictionary 02:00pm Entertainment Len Goldfarb (ML) 03:00pm Peanut Butter Social 04:00pm One on One Visits 07:30pm Hockey Night	10:30am Entertainment Arlene Quinn (3rd FL) 02:00pm Mind Joggers 03:00pm Movie & Popcorn 04:00pm One on One Visits	10:30am Exercise 11:00pm Adult Coloring 02:00pm Parachute 03:00pm Happy Hour (2nd FL) 04:00pm One on One Visits 07:30pm Pet Therapy	10:30am Let's Make a Deal 11:00pm The Price is Right 03:00pm Bongo Ball With Cheryl	10:30am Daily Chronicle 11:00pm Bongo Ball 02:00pm Crafts 03:00pm Snack & Social 04:00pm One on One Visits 07:00pm Hockey Night
6	7	8 WOMEN'S DAY	9	10 POPCORN LOVER'S DAY	11	12
10:30am Bean Bags 11:00pm Mind Joggers 02:00pm Daily Chronicles 03:00pm Sunday Sundaes 04:00pm One on One Visits 06:00pm Hockey Night	10:30am Let's Make a Deal 11:00pm The Price is Right 02:00pm Classic Movie 03:00pm Afternoon Snack & Social	10:30am Exercise 11:00pm Sing-a-Long 02:00pm Entertainment Ladies of the Day (ML) 03:00pm Happy Hour 04:00pm One on One Visits	10:30am Parachute 11:00pm Song & Dance 02:00pm Manicures 03:00pm Afternoon Snack Social 04:00pm One on One Visits	10:30am Exercise 10:45am Pet Therapy 02:00pm Entertainment Arlene Quinn (ML) 03:00pm Movie & Popcorn 04:00pm One on One Visits 07:30pm Pet Therapy	10:30am Parachute 11:00pm Fit Minds 02:00pm Short Stories 03:00pm Hot Chocolate Social 04:00pm One on One Visits	10:30am Coffee Time 02:00pm Entertainment Old Time Country (ML) 03:00pm Afternoon Snack & Social 07:00pm Hockey Night
13 DAYLIGHT SAVING	14 NATIONAL POTATO CHIP DAY	15	16 ENTERTAINMENT	17 ST PATICKS DAY	18	19
10:00am Coffee Time 02:00pm Classic Movie 03:15pm Afternoon Snack & Social	10:30am Volley Ball 11:00pm Sing-a-Long 02:00pm Mind Joggers 03:00pm Potato Chip & Pop Social 04:00pm One on One Visits	10:30am Exercise 11:00pm Pictionary 02:00pm Entertainment Musical Memories (ML) 03:00pm Happy Hour (2nd FL) 04:00pm One on One Visits 07:30pm Hockey Night	10:30am Entertainment Arlene Quinn (3rd FL) 02:00pm Mind Joggers 03:00pm Movie & Popcorn 04:00pm One on One Visits 07:00pm Hockey Night	10:30am Exercise 11:00pm Adult Coloring 02:00pm Entertainment The Sunny Side (ML) 03:00pm Happy Hour (2nd FL) 04:00pm One on One Visits 07:30pm Pet Therapy	10:30am Let's Make a Deal 11:00pm The Price is Right 03:00pm Afternoon Snack & Social 07:00pm Hockey Night	10:30am Daily Chronicle 11:00pm Bongo Ball 02:00pm Trivia 03:00pm Hot Chocolate Social 04:00pm One on One Visits 07:00pm Hockey Night
20	21	22	23 Entertainment	24 CRAZY ABOUT CRAFTS	25 GOOD FRIDAY	26
10:30am Scrapbooking 11:30pm Bean Bag 02:00pm Daily Chronicles 03:00pm Sundae Sundays 04:00pm One on One Visits	10:30am Coffee Social 02:00pm Brain Teasers With Cheryl 03:00pm Classic Movie & Snack	10:30am Exercise 11:00pm Sing-a-Long 02:00pm High Tea 03:00pm Happy Hour 04:00pm One on One Visits 07:30pm Hockey Night	10:30am Entertainment EIO George (3rd FL) 02:00pm Manicures 03:00pm Snack Social 04:00pm One on One Visits 07:00pm Hockey Night	10:30am Exercise 11:00pm Song & Dance 02:00pm Easter Cookie Decorating 03:00pm Easter Social 04:00pm One on One Visits 07:30pm Pet Therapy	10:00am Coffee Time 02:00pm Classic Movie 03:00pm Afternoon Snack & Social	10:30am Coffee Time 02:00pm Classic Movie 03:00pm Afternoon Snack & Social 07:00pm Hockey Night
27 EASTER SUNDAY	28 EASTER MONDAY	29	30 NATIONAL DOCTOR DAY	31 CRAYOLA CRAYON DAY	ROOM LEGEND	
10:00am Coffee Time 02:00pm Classic Movie 03:15pm Afternoon Snack & Social	10:30am Volley Ball 11:30pm Sing-a-Long 02:00pm Mind Joggers 03:00pm Afternoon Snack & Social 04:00pm One on One Visits	10:30am Exercise 11:00pm Sing-a-Long 02:00pm Puzzles 03:00pm Residents Birthday Party 04:00pm One on One Visits	10:30am Bean Bags 11:00pm Sing-a-Long 02:00pm Mind Joggers 03:00pm Snack Social 04:00pm One on One Visits 07:30pm Hockey Night	10:30am Exercise 11:00am Crayola Crayon Craft 02:00pm Manicures 03:00pm Afternoon Snack & Social 04:00pm One on One Visits 07:30pm Pet Therapy	3rdFL Third Floor Lounge 2ndFL Second Floor Lounge ML Main Lounge	