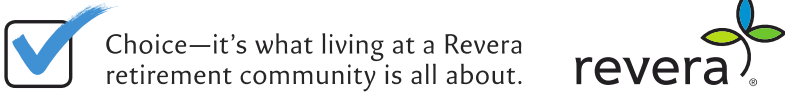


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	10:00 Dakim Brain Fitness (Comp. Room) 10:30 Singing for Wellness (A) 2:00 Craft & Design (R) 2:30 Lianne Harris: Famous Lovers (A) 2:30 Euchre (4) 3:15 Afternoon Tea (M) 7:30 Bridge Night (4)	10:00 Exercises (A) 11:00 Falls Prevention (A) 1:45 Hillcrest Mall & LCBO rsvp 2:30 Documentary: The Great Barrier Reef, Pt. 1(T) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 Movie Night (T)	9:30 Sit to be Fit (A) 10:00 Fitness (A) 10:30 St. John's Pool Prgm 2:00 Art Class (R) 2:30 iPad Hands-on (4) 3:15 Afternoon Tea (M) 3:45 Glynnwood Singers (A) 7:30 Entertainment: Shaya Petroff (A)	10:00 Exercises (A) 11:00 Falls Prevention (A) 2:30 Woodcarving w/Jack (R) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 Bridge Night (4)	9:30 Longo's rsvp 10:00 Thornhill United Coffee Hour (4) 11:00 Wheel of Fortune (T) 2:30 Edutainment: Popular Love Songs (A) 3:15 Afternoon Tea (M) 3:45 Rummikub (6) 7:30 New Movie (T)	9:30 Computers 1 on 1 10:30 Shuffleboard (R) 2:30 Darts (R) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 Movie Night (T)
7	8	9	10	11	12	13
10:00 Roman Catholic Communion (3) *10:30 Yoga & Wellness (A)* 2:30 Bridge (6) 2:30 Movie Matinee (T) 3:15 Afternoon Tea (M) 7:30 Scrabble Night (6) 7:30 Classic Movie (T)	~Chinese New Year~ 10:00 Dakim Brain Fitness (Comp. Room) 11:00 Rev it up (Fit Room) 2:00 Craft & Design (R) 2:30 Euchre (4) 3:15 Afternoon Tea (M) 7:30 Bridge Night (4)	10:00 Exercises (A) 11:00 Falls Prevention (A) 1:45 Bayview Village rsvp 2:30 Current Events with Keith Hyde (A) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 Movie Night	9:30 Sit to be Fit (A) 10:00 Fitness (A) 10:30 St. John's Pool Prgm 2:00 Art Class (R) 2:30 iPad Hands-on (4) 3:15 Afternoon Tea (M) 3:45 Glynnwood Singers (A) 7:30 \$2.00 BINGO Night (R)	10:00 Exercises (A) 11:00 Falls Prevention (A) 2:00 Scrabble (6) 2:30 Woodcarving w/Jack (R) 2:30 Recreation Meeting (4) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 Bridge Night (4)	10:00 Resident Management Meeting (A) 11:00 Wheel of Fortune (T) 3:15 Afternoon Tea (M) 3:45 Rummikub (6) 7:30 New Movie (T)	9:30 Computers 1 on 1 10:30 Shuffleboard (R) 2:30 Songs of Rogers & Hart by Fern Dworkin (A) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 \$2.00 BINGO (R)
14	15	16	17	18	19	20
~Happy Valentine's Day~ 10:00 Roman Catholic Communion (3) 2:30 Bridge (6) 2:30 Movie Matinee (T) 3:15 Afternoon Tea (M) 7:30 Scrabble Night (6) 7:30 Classic Movie (T) 7:30 Cribbage (4)	~Family Day~ 10:00 Dakim Brain Fitness (Comp. Room) 10:30 Singing for Wellness (A) 11:00 Rev it up (Fit Room) 2:00 Craft & Design (R) 2:30 Euchre (4) 7:30 Bridge Night (4)	10:00 Exercises (A) 11:00 Falls Prevention (A) 1:45 Bank of Montreal & Dollar Store rsvp 2:30 Documentary: The Great Barrier Reef, Pt. 2 (T) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 Movie Night	9:30 Sit to be Fit (A) 10:00 Fitness (A) 10:30 St. John's Pool Prgm 2:00 Art Class (R) 2:30 iPad Hands-on (4) 3:15 Afternoon Tea (M) 3:45 Glynnwood Singers (A) 7:30 Entertainment: The Fabulous Invictones (A)	10:00 Exercises (A) 10:45 Anglican Service (A) 11:00 Falls Prevention (R) 12:00 Lunch Bunch: Symposium rsvp 2:00 Scrabble (6) 2:30 Woodcarving w/Jack (R) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 Bridge Night (4)	9:30 Thornhill Square rsvp 11:00 Wheel of Fortune (T) 2:30 Birthday Party with Paper Moon (A) 3:45 Rummikub (6) 7:30 New Movie (T)	9:30 Computers 1 on 1 10:30 Shuffleboard (R) 2:30 Darts (R) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 Movie Night (T)
21	22	23	24	25	26	27
10:00 Roman Catholic Communion (3) 2:30 Bridge (6) 2:30 Movie Matinee (T) 3:15 Afternoon Tea (M) 7:30 Scrabble Night (6) 7:30 Classic Movie (T) 7:30 Cribbage (4)	10:00 Dakim Brain Fitness (Comp. Room) 11:00 Rev it up (Fit Room) 2:00 Craft & Design (R) 3:15 Afternoon Tea (M) 2:30 Euchre (4) 7:30 Bridge Night (4)	10:00 Exercises (A) 11:00 Falls Prevention (A) 1:45 Centerpoint Mall rsvp 2:30 Documentary: The Great Barrier Reef, Pt. 3(T) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 Movie Night (T)	9:30 Sit to be Fit (A) 10:00 Fitness (A) 10:30 St. John's Pool Prgm 2:00 Art Class (R) 2:30 iPad Hands-on (4) 3:15 Afternoon Tea (M) 3:45 Glynnwood Singers (A) 7:30 Trivia Night (T)	10:00 Exercises (A) 11:00 Falls Prevention (A) 10:30 Resident Council (4) 1:45 Shopper's Senior Day rsvp 2:30 Woodcarving w/Jack (R) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 Bridge Night (4)	10:00 Book Club (4) 11:00 Wheel of Fortune (T) 2:30 Edutainment: The Blues (A) 3:15 Afternoon Tea (M) 3:45 Rummikub (6) 7:30 New Movie (T)	9:30 Computers 1 on 1 10:30 Shuffleboard (R) 2:30 Darts (R) 3:15 Afternoon Tea (M) 4:00 Social Hour (CL) 7:30 \$2.00 BINGO (R)
28	29	Important Dates				
10:00 Roman Catholic Communion (3) *10:30 Yoga & Wellness (A)* 2:30 Bridge (6) 2:30 Movie Matinee (T) 3:15 Afternoon Tea (M) 7:30 Scrabble Night (6) 7:30 Classic Movie (T)	10:00 Dakim Brain Fitness (Comp. Room) 11:00 Rev it up (Fit Room) 2:00 Craft & Design (R) 2:30 Euchre (4) 3:15 Afternoon Tea (M) 7:30 Bridge Night (4)	Feb. 4th - Dental Hygienist (9:00 a.m. – 3:00 p.m.) Feb. 4th - Mobile Hearing (1:30 p.m. – 4:00 p.m.) Feb. 11 & 25 Denture Clinic (9:00 a.m. – 12:00 p.m.) Feb. 22 - Motion Specialties (10:00 a.m. – 11:00 a.m.)	Glynnwood Recreational Director: Laurie Livingston laurie.livingston@reveraliving.com 	Room Legend A = Auditorium M = Main Floor R = Recreation/Craft room T = TV Lounge CL = Club Lounge 4 & 6 = 4 th /6 th Floor Lounge	Recreation Choices February, 2016	