

RIVERBEND BY REVERA RECREATION CHOICES

MARCH 2016

Riverbend • Sonya Charchun, Recreational Director, Email: sonya.charchun@reveraliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
IMPORTANT DATES March 1 st - The Nutman March 29 th -Chropodist March 31 st -Popcorn Shoppe		1 St. David's Day 10:00am Exercise Class –FR 11:00am Word Find-BR 01:00pm Bus to Southgate 01:30pm Riverbend Square 03:30pm Crosswords—CR 06:30pm Bingo-FR	2 10:00am Current Events –BR 01:30pm Exercise Class –FR 02:30pm Ice Cream Social-BR 03:00pm Under or Over-BR 03:30pm Crosswords—CR 07:00pm Pub Night: Prairie Band-MDR	3 10:00am Stretch&Breathe –FR 10:30am Word Find-BR 01:00pm Art Workshop-MR 02:30pm Resident Info Mtg-MR 03:30pm Crosswords-CR 06:30pm Cribbage—FR	4 10:00pm Exercise Class –FR 10:30am Current Events-3 rd East 11:00am BP &Weigh-In-MR 01:30pm Baking on 3 rd E 02:00pm Rexall Pharmacy Information Session-BR 06:30pm Thirty one –MR	5 09:00am Sudoku-BR 01:00pm Scrabble-BR 02:00pm Sing with Maureen-MF 02:00pm Matinee Movie-BR "Cape Fear"-1962 05:30pm Hockey Night-BR 07:00pm Lawrence Welk-MR
6 9-8 Fitness Room Open-S-S 10:00am Catholic Communion-MR 07:00 pm Interdenominational Church Service-MR	7 11:00am Coffee with Sonya-BR 01:00pm Knitting Club –BR 01:30pm Stretch&Dance -FR 02:00pm Music with Bella-MF 03:3pm Crosswords -CR 06:30pm Bridge—FR	8 10:00am Exercise Class –FR 11:00am Word Find-BR 01:00pm Bus to Walmart 01:30pm Riverbend Square 03:30pm Crosswords—CR 06:30pm Bingo-FR	9 10:00am Current Events –BR 01:30pm Exercise Class –FR 02:30pm Ice Cream Social-BR 03:00pm Where are We-BR 03:30pm Crosswords—CR 07:00pm Pub Night: ESSO Tones-MDR	10 10:0am Stretch&Breathe –FR 10:30apm Word Find-BR 11:00am Lunch outing to Pear River 03:00pm Crosswords-CR 06:30pm Cribbage—FR	11 10:00am Exercise Class –FR 10:30am Current Events–3 rd E 12:00pm Birthday Lunch-PDR 01:30pm Baking on 3 rd E 02:00pm Pub Trivia-BR 02:30pm Charades-BR 06:30pm Thirty one –MR	12 09:00am Sudoku-BR 01:00pm Scrabble-BR 02:00pm Sing with Maureen-MF 03:15pm Matinee Movie-BR "Gus of Navarone"-1961 05:30pm Hockey Night-BR 07:00pm Lawrence Welk-MR
13 Daylight Savings Begins 9-8 Fitness Room Open-S-S 10:00am Catholic Communion-MR 02:30 Board Games with Nicole 03:00 pm Interdenominational Church Service-MR	14 11:00am Walking Gp--CR 01:00pm Knitting Club –BR 01:15pm Brain Gym –FR 01:30 pm Stretch&Dance -FR 02:00pm Bean Bag Toss-FR 03:00pm Food Advisory Mtg-MR 03:30pm Crosswords -CR 06:30pm Bridge—FR	15 Ides of March 10:00am Exercise Class –FR 11:00am Word Find-BR 01:00pm Bus to Southgate 01:30pm Riverbend Square 03:30pm Crosswords—CR 06:30pm Bingo-FR	16 10:00am Current Events –BR 01:30pm Exercise Class –FR 02:30pm Ice Cream Social-BR 03:00pm Password-BR 03:30pm Crosswords—CR 07:00pm Pub Night: Margaret Lumley-MD	17 St. Patrick's Day 10:0am Stretch 7Breathe –FR 10:30apm Word Find-BR 01:00pm Bus outing to The Muttart Conservatory 06:30pm Cribbage—FR	18 10:00am Exercise Class –FR 10:30am Current Events–3 rd E 01:30pm Dancing with Deb-3 rd 02:00pm Birthday Party-MR 02:30pm Exotic Foods-MR 06:30pm Thirty one –MR	19 09:00am Sudoku-BR 01:00pm Scrabble-BR 02:00pm Sing with Maureen-MF 02:00pm Matinee Movie-BR "Back from Eternity"-1956 05:30pm Hockey Night-BR 07:00pm Lawrence Welk-MR
20 9-8 Fitness Room Open-S-S 10:00am Catholic Communion-MR 02:00pm Flute Music by Audrey Butler-MF 07:00 pm Interdenominational Church Service-MR	21 11:00am Coffee with Sonya-BR 01:00pm Knitting Club –BR 01:15pm Brain Gym –FR 01:30 pm Stretch&Dance -FR 02:00pm Lawn Bowling-FR 03:30pm Crosswords -CR 06:30pm Bridge—FR 07:30pm Phil Harmonic-MDR	22 10:00am Exercise Class –FR 11:00am Word Find-BR 01:00pm Bus to Walmart 01:30pm Riverbend Square 03:30pm Crosswords—CR 06:30pm Bingo-FR	23 10:00am Current Events –BR 01:30pm Exercise Class –FR 02:30pm Ice Cream Social-BR 03:00pm Where are We-BR 03:30pm Crosswords—CR 07:00pm Pub Night: Benny & Charlie-MDR	24 10:0am Stretch & Breathe –FR 10:30am Word Find-BR 02:00pm Travelogue "The Holy Land" 03:30pm Crosswords-CR 06:30pm Cribbage—FR	25 Good Friday 10:00am Word Find-BR 02:00pm Life of Jesus-MR 06:30pm Thirty one –MR	26 09:00am Sudoku-BR 01:00pm Scrabble-BR 02:00pm Sing with Maureen-MF 03:15pm Matinee Movie-BR "Dr. Dolittle"-1967 05:30pm Hockey Night-BR 07:00pm Lawrence Welk-MR
27 Easter Sunday 9-8 Fitness Room Open-S-S 10:00am Catholic Communion-MR 03:00 pm Interdenominational Church Service-MR	28 11:00am Walking Gp--CR 01:0pm Knitting Club –BR 01:15pm Brain Gym –FR 01:30 pm Stretch&BDance-FR 02:00pm Sing with Norman-MF 03:30pm Crosswords -CR 06:30pm Bridge—FR	29 10:00am Exercise Class –FR 11:00am Word Find-BR 01:00pm Bus to Southgate 01:30pm Riverbend Square 03:30pm Crosswords—CR 06:30pm Bingo-FR	30 10:00am Current Events –BR 01:30pm Exercise Class –FR 02:00pm Catholic Church-MR 02:30pm Ice Cream Social-BR 03:00pm Liars Club-BR 03:30pm Crosswords—CR 07:00pm Pub Night: Country Gospel-MDR	31 10:0am Stretch& Breathe –FR 10:30apm Word Find-BR 02:00pm Coffee with MLA Bob Turner-BR 03:00pm Crosswords-CR 06:30pm Cribbage—FR		ROOM LEGEND MF-Main Foyer MD-Main Dining Room BR- Bistro CR-Craft Room MR-Mélange Room FR-Fitness Room 3rd E-3rd Floor Dining Room