

THE KENSINGTON-RECREATION CHOICES

MARCH 2016

Ali Bettger– Director of Recreation

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	Open House 5
		10:00 1:1 Dakim Brain Fitness LIB 11:00 Java Music Club 2nd 1:00 Crafts with Bernice CR 1:30 Chair Zumba EXC 2:15 Wheel of Fortune EXC 4:00 Social Hour TVR 7:15 Netflix Movie Night	10:00 Pet Therapy 10:00 Shopping Trip to Cloverdale Mall 1:15 Chair Tai Chi EXC 2:15 Falls Prevention EXC 3:15 Exercise 2nd Floor 3:15 Crosswords EXC 4:00 Social Hour TVR 7:30 Bingo with Grecia CR	10:00 Fun and Fitness EXC 10:30 News and Views LIB 11:00 Sing along with Miranda 2nd Floor 2:00 Fundance with Derek EXC 3:15 Pictionary EXC 4:00 Welcome Ceremony with Specialty Drinks TVR 7:15 Rummicub LIB	9:00 General Exercise EX 10:00 Falls Prevention EX 11:00 Snooker BIL 11:00 Movement Matters 2nd 2:00 Carpet Bowling EX 4:00 Social Hour TVR 7:15 Scrabble EXC	9:00 Pump it up EXC 10:00 General Exercise EX 11:00 Movement Matters 2nd 2:00 Bridge BIL 2:00 Disney Movie 4:00 Social Hour TVR 7:30 Smile Theatre "Remember that Song" EXC
6	7	8	9	10	11	12
9:45 St. Andrew's Catholic Church Service LIB 2:00 Euchre LIB 4:00 Social Hour TVR 7:30 Documentary "Blackfish" TVR	10:00 Fun and Fitness EXC 10:30 Knitting Club TVR 10:45 Heels and Hems Clothing Alterations EXC 2:00 Carpet Bowling EXC 3:15 Ipad Travels "Iran" TVR 4:00 Social Hour TVR 7:15 Bridge BIL	10:00 Food Committee PD 10:00 1:1 Dakim Brain Fitness LIB 11:00 Java Music Club 2nd 1:00 Crafts with Bernice CR 1:30 Chair Zumba EXC 2:00 Praise Chorus DR 4:00 Social Hour TVR 7:15 Netflix Movie Night	10:00 Pet Therapy 10:00 Scenic Drive and Lunch at Olive Press 1:15 Chair Tai Chi EXC 2:15 Falls Prevention EXC 3:15 Exercise 2nd Floor 3:15 Crosswords EXC 4:00 Social Hour TVR 7:30 Bingo with Grecia	10:00 Fun and Fitness EXC 10:30 News and Views LIB 10:30 Sing Along 2nd Floor 12:00 Greek Heritage Lunch with Music by Violinist Tom Hamilton 3:15 You be the Judge 2nd 4:00 Social Hour TVR 7:15 Rummicub LIB	9:00 General Exercise EX 10:00 Falls Prevention EX 10:15 A-Z Trivia 2nd 11:00 Snooker BIL 11:00 Movement Matters 2nd 2:00 Carpet Bowling EX 2:15 Fun Blast (Ipad) 2nd 7:15 Scrabble EXC	9:00 Pump it up EXC 10:00 General Exercise EX 11:00 Movement Matters 2nd 2:00 Disney Movie 2:00 Euchre EXC 4:00 Social Hour TVR 7:30 Saturday Night at the Movies "Million Dollar Baby" TVR
Spring Forward! 13	14	15	16	17	18	19
9:45 St. Andrew's Catholic Church Service LIB 2:00 Euchre LIB 4:00 Social Hour TVR 7:30 Documentary "The World Before Her" TVR	10:00 Fun and Fitness EXC 10:30 Knitting Club TVR 10:45 Music Twist(er) 2nd 2:00 Carpet Bowling EXC 3:15 Ipad Travels "Southern Spain" TVR 4:00 Social Hour TVR 7:15 Bridge BIL	10:00 1:1 Dakim Brain Fitness LIB 11:00 Java Music Club 2nd 1:00 Crafts with Bernice CR 1:30 Chair Zumba EXC 2:15 Wheel of Fortune EX 4:00 Social Hour TVR 7:15 Netflix Movie Night	10:00 Pet Therapy 10:30 Abigail's Tea House Lunch 1:15 Chair Tai Chi EXC 2:15 Falls Prevention EXC 2:30 Presentation: Driving Miss Daisy CR 3:15 Exercise 2nd Floor 3:15 Crosswords EXC 4:00 Social Hour TVR 7:30 Bingo with Grecia CR	10:00 St. Aidan's Church Service EXC 10:30 News and Views LIB 10:30 Sing Along 2nd Floor 2:00 St. Patrick's Day Pub Party and Music with Jay and Shannon DR 4:00 Social Hour TVR 7:15 Rummicub LIB	8:00 Breakfast Club– Ben and Florentine 9:00 General Exercise EX 10:00 Falls Prevention EX 10:15 A-Z Trivia 2nd 11:00 Snooker BIL 11:00 Movement Matters 2nd 2:00 Carpet Bowling EX 2:15 True or False(ipad)2nd 7:15 Scrabble EXC	9:00 Pump it up EXC 10:00 General Exercise EX 11:00 Movement Matters 2nd 2:00 Bridge BIL 2:00 Disney Movie 4:00 Social Hour TVR 7:30 Saturday Night at the Movies "Robin Hood-Prince of Thieves" TVR

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	Good Friday 25	26
9:45 St. Andrew's Catholic Church Service LIB 2:00 Euchre LIB 4:00 Social Hour TVR 7:30 Documentary "The Cove" TVR	10:00 Fun and Fitness EXC 10:30 Knitting Club TVR 10:45 You be the Judge 2nd 2:00 Carpet Bowling EXC 3:15 Ipad Travels "The Netherlands-Beyond Amsterdam" TVR 4:00 Social Hour TVR 7:15 Bridge BIL	10:00 1:1 Dakim Brain Fitness LIB 10:30 Easter Egg Decorating and Crafts 2nd 11:00 Java Music Club 2nd 1:00 Crafts with Bernice 1:30 Chair Zumba EXC 2:15 Scattegories EXC 4:00 Social Hour TVR 7:15 Netflix Movie Night	10:00 Pet Therapy 10:00 Niagara Falls Casino and Lunch at Rainforest Café 1:15 Chair Tai Chi EXC 2:15 Falls Prevention EXC 3:15 Exercise 2nd Floor 3:15 Easter Egg Hunt with Ali-meet in CR 4:00 Social Hour TVR 7:30 Bingo with Grecia CR	10:00 Fun and Fitness EXC 10:30 News and Views LIB 10:30 A-Z Trivia 2nd Floor 2:00 Music with Gary Smith DR 3:00 Birthday Tea CR 4:00 Social Hour TVR 7:15 Rummicub LIB	10:00 Rev it Up! EXC 11:00 Snooker BIL 2:00 Afternoon at the Movies" "About Time" TVR 3:00 Dakim Brain Fitness LIB 7:15 Scrabble EXC	9:00 Pump it up EXC 10:00 General Exercise EX 11:00 Movement Matters 2nd 2:00 Disney Movie 2:15 Bridge BIL 4:00 Social Hour TVR 7:30 Jackpot Bingo CR 8:30 Pizza and Wine CR
Easter 27	Easter Monday 28	29	30	31		
9:45 St. Andrew's Catholic Church Service LIB 2:00 Euchre LIB 4:00 Social Hour TVR 5:30 Dinner music with Pianist Larissa DR (regular seating) 7:30 Documentary "Home" TVR	10:00 Fun and Fitness EXC 10:30 Knitting Club TVR 10:30 Trip to the Dollarstore 10:45 You be the Judge 2nd 2:00 Carpet Bowling EXC 3:15 Ipad Travels "Berlin" TVR 4:00 Social Hour TVR 7:15 Bridge BIL	10:00 1:1 Dakim Brain Fitness LIB 10:15 Town Hall Meeting EX 11:00 Java Music Club 2nd 1:00 Crafts with Bernice CR 1:30 Chair Zumba EXC 2:15 Pictionary EXC 4:00 Social Hour TVR 7:15 Netflix Movie Night	10:00 Pet Therapy 12:00 Men's Pub Lunch with Churchill Place 1:15 Chair Tai Chi EXC 2:15 Falls Prevention EXC 3:15 Exercise 2nd Floor 3:15 Music from Broadway and Hollywood Musical Pt. 1 EXC 4:00 Social Hour TVR 7:30 Bingo with Grecia CR	10:00 Fun and Fitness EXC 10:30 News and Views LIB 10:30 Sing along with Amber 2nd 2:00 Edible Adventures with Steve and Ali CR 3:15 You be the Judge 2nd 4:00 Social Hour TVR 7:15 Rummicub LIB		
			Important Dates		Room Legend	
			March 5 Smile Theatre Performance March 10 Greek Heritage Lunch with Entertainment March 17 St. Patrick's Day Celebrations March 27 Easter Dinner (regular seating)		TVR TV Room LIB Library CR Craft Room EXC Exercise Room BIL Billards Room DR Dining Room PDR Private Dining Room	