BRADGATE ARMS RECREATION CHOICES

FEBRUARY 2016

Bradgate Arms • Adam Wilson, Recreation Director, adam.wilson@reveraliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 **10:15am** Falls Prevention Program (UCR) **2:00pm** Board Games (SR) **3:00pm** Entertainment with Frazer French (ML) **3:00pm** Tea Social (ML) **4:00pm** The Reel Club (UCR) **7:00pm** Evening Movie (UCR)	**2** **9:30am** Outing to Loblaw's at Maple Leaf Gardens **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **2:30pm** Book Club (UCR) **3:00pm** Tea and Cards (ML) **7:00pm** Evening Movie (UCR)	**3** **10:15am** Falls Prevention Program (UCR) **10:45am** Visits from Moxie **12:45am** Deer Park Bridge (ML) **1:30pm** Rev It Up (Spa) **2:00pm** Music with Jennifer (UCR) **3:00pm** Entertainment with Jack Garson (ML) **7:00pm** Evening Movie (UCR)	**4** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **1:30pm** Rev It Up (Spa) **2:30pm** Current Affairs Discussion Group (SR) **7:00pm** Evening Movie (UCR)	**5** **10:15am** YogaDance (UCR) **11:00am** Dakim with Adam (UCR) **11:00am** Bradgate Bridge (UCR) **2:00pm** Comedy Hour (UCR) **3:00pm** Chinese New Year Celebration (ML) **7:00pm** Evening Movie (UCR)	**6** **10:00am** Weekly Challenge (FD) **10:45am** Visits from Polo **11:00am** Coffee Talk (Bar) **2:00pm** Bradgate Arms Open House (ML) **7:00pm** Evening Movie (UCR)
7 **10:00am** Weekly Challenge (FD) **11:00am** Holy Rosary Church Service (UCR) **11:00am** Coffee Talk (Bar) **3:00pm** Entertainment with James Levac (ML) **7:00pm** Evening Movie (UCR)	**8** **10:15am** Falls Prevention Program (UCR) **2:00pm** Board Games (SR) **3:00pm** Music Edutainment Program (UCR) **3:00pm** Tea Social (ML) **4:00pm** The Reel Club (UCR) **7:00pm** Evening Movie (UCR)	**9** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **2:30pm** Book Club (UCR) **3:00pm** Tea and Cards (ML) **7:00pm** Evening Movie (UCR)	**10** **10:15am** Falls Prevention Program (UCR) **10:45am** Visits from Moxie **12:45am** Deer Park Bridge (ML) **1:30pm** Rev It Up (Spa) **2:30pm** Creative Arts Group (ML) **7:00pm** Evening Movie (UCR)	**11** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **1:30pm** Rev It Up (Spa) **2:30pm** Current Affairs Discussion Group (SR) **7:00pm** Evening Movie (UCR)	**12** **10:15am** YogaDance (UCR) **11:00am** Dakim with Adam (UCR) **11:00am** Bradgate Bridge (UCR) **2:00pm** Comedy Hour (UCR) **3:00pm** Tea and Games (ML) **7:00pm** Evening Movie (UCR)	**13** **10:00am** Weekly Challenge (FD) **10:45am** Visits from Polo **11:00am** Coffee Talk (Bar) **3:00pm** Movie Matinee (UCR) **7:00pm** Evening Movie (UCR)
14 **10:00am** Weekly Challenge (FD) **11:00am** Coffee Talk (Bar) **3:00pm** Entertainment with James Levac (ML) **7:00pm** Evening Movie (UCR)	**15** **10:15am** Falls Prevention Program (UCR) **2:00pm** Board Games (SR) **3:00pm** Cinematography Lecture (UCR) **3:00pm** Tea Social (ML) **7:00pm** Evening Movie (UCR)	**16** **9:30am** Outing to Bernard Betel Community Centre **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **2:30pm** Book Club (UCR) **3:00pm** Tea and Cards (ML) **7:00pm** Evening Movie (UCR)	**17** **10:15am** Falls Prevention Program (UCR) **10:45am** Visits from Moxie **12:45am** Deer Park Bridge (ML) **1:30pm** Rev It Up (Spa) **2:00pm** Music with Jennifer (UCR) **3:00pm** Music with Joseph (UCR) **7:00pm** Evening Movie (UCR)	**18** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **1:30pm** Rev It Up (Spa) **2:30pm** Current Affairs Discussion Group (SR) **7:00pm** Evening Movie (UCR)	**19** **10:15am** YogaDance (UCR) **11:00am** Dakim with Adam (UCR) **11:00am** Bradgate Bridge (UCR) **2:00pm** Comedy Hour (UCR) **3:00pm** Entertainment with Laurence Marks (ML) **7:00pm** Evening Movie (UCR)	**20** **10:00am** Weekly Challenge (FD) **10:45am** Visits from Polo **11:00am** Coffee Talk (Bar) **3:00pm** Philosophy Lecture (UCR) **7:00pm** Evening Movie (UCR)
21 **10:00am** Weekly Challenge (FD) **11:00am** Coffee Talk (Bar) **3:00pm** Entertainment with James Levac (ML) **7:00pm** Evening Movie (UCR)	**22** **10:15am** Falls Prevention Program (UCR) **2:00pm** Board Games (SR) **3:00pm** Mariachi Band (ML) **3:00pm** Tea Social (ML) **4:00pm** The Reel Club (UCR) **7:00pm** Evening Movie (UCR)	**23** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **2:00pm** Outing to Redpath Sugar Refinery **2:30pm** Book Club (UCR) **3:00pm** Tea and Cards (ML) **7:00pm** Evening Movie (UCR)	**24** **10:15am** Falls Prevention Program (UCR) **10:45am** Visits from Moxie **12:45am** Deer Park Bridge (ML) **1:30pm** Rev It Up (Spa) **2:00pm** Cooking Demonstration with KK (UCR) **7:00pm** Evening Movie (UCR)	**25** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **1:30pm** Rev It Up (Spa) **2:30pm** Current Affairs Discussion Group (SR) **3:00** Residents Meeting (UCR) **7:00pm** Evening Movie (UCR)	**26** **10:15am** YogaDance (UCR) **11:00am** Dakim with Adam (UCR) **11:00am** Bradgate Bridge (UCR) **2:00pm** Comedy Hour (UCR) **3:00pm** Entertainment with Premek Kruta (ML) **7:00pm** Evening Movie (UCR)	**27** **10:00am** Weekly Challenge (FD) **10:45am** Visits from Polo **11:00am** Coffee Talk (Bar) **3:00pm** Movie Matinee (UCR) **7:00pm** Evening Movie (UCR)
28 **10:00am** Weekly Challenge (FD) **11:00am** Coffee Talk (Bar) **3:00pm** Entertainment with James Levac (ML)	**29** **10:15am** Falls Prevention Program (UCR) **2:00pm** Board Games (SR) **3:00pm** Music with Joseph (UCR) **3:00pm** Tea Social (ML) **4:00pm** The Reel Club (UCR) **7:00pm** Evening Movie (UCR)			**IMPORTANT DATES** Loblaws Outing • Feb 2, 9:30am Bernard Betel • Feb 16, 9:30am Redpath Sugar•Feb 23, 2:00pm		**ROOM LEGEND** **UCR** Upper Canada Room **SR** Somerset Room **ML** Main Lobby **BAR** Bar **SPA** Spa **LIB** Library **FD** Front Desk