RECREATION CHOICES

FEBRUARY 2016

Choice – it's what living at a Revera retirement community is all about.

revera Retirement Living

Lundy Manor, Recreational Director- Liane Judge

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	**2**	**3**	**4**	**5**	**6**
	9:45 Exercise (FR) **10:30** Bocce Ball (FR) **11:00** Snack & Chat (CR) **1:45** **Niagara Square (BO)** **2:15** Afternoon Movie (FR) **6:30** Cards (CR) **7:00** Memories of Italy (FR)	**9:45** Exercise (FR) **10:30** 10¢ Bingo (CR) **11:00** Coffee & Tea Social (CR) **1:30** Physio (FR) **2:15** Pub with Anne (FR) **3:15** Left right & center (CR) **6:30** Cards (CR) **7:00** Snack & Chat (CR)	**9:45** **Scenic Drive (BO)** **9:45** Exercise (FR) **10:30** Bola Ball (FR) **11:00** Snack & Chat (CR) **2:00** **Birthday Party with Dan & Mark (DR)** **3:00** Puzzles (L) **6:30** 10¢ Bingo with Lynne (CR) **7:30** Cards (CR)	**9:45** Exercise (FR) **10:30** 10¢ Bingo (CR) **11:00** Snack & Chat (CR) **2:00** Southminister United (3) **3:15** Word in a Word (CR) **6:30** Cards (CR) **7:00** Coffee & Tea Social (CR)	**9:45** Exercise (FR) **10:30** Wii Games (FR) **11:00** Snack & Chat (CR) **1:30** Physio (FR) **2:15** Cappuccino (CR) **3:30** Giant Crosswords (CR) **6:30** Crazy eights (CR) **7:00** Coffee & Tea Social (CR)	**9:45** Meet & Greet (CR) **10:30** Dakim (L) **1:30** Musical DVD **2:00** 25¢ Bingo (CR) **3:00** Colouring contest **End date March 25th *See front desk for Colouring Sheets** **6:30** Cards (CR) **7:00** Snack & Chat (CR)
7	**8**	**9**	**10**	**11**	**12**	**13**
9:45 Meet & Greet (CR) **10:30** **Learning Dakim with Liane (L)** **11:00** Communion (OLos) (3) **2:00** Afternoon Movie (FR) **3:00** Puzzles (L) **6:30** Cards (CR) **7:00** Snack & Chat (CR)	**9:45** Exercise (FR) **10:30** Bola Ball (FR) **11:00** Snack & Chat (CR) **1:45** **Scenic Drive (BO)** **2:00** China Tea (CR) **3:30** Arm Chair Yoga (FR) **4:30** **Chinese New Year Dinner (DR)** **6:30** **Prize Bingo (DR)**	**9:45** Exercise (FR) **10:30** 10¢ Bingo (CR) **11:00** Coffee & Tea Social (CR) **1:30** Physio (FR) **2:15** Pub with Anne (FR) **3:15** Left right & center (CR) **6:30** Cards (CR) **7:00** Independent Word Puzzles (CR)	**9:45** Exercise (FR) **10:30** Worship Service (FR) **11:00** Coffee & Tea Social (CR) **2:30** **Ash Wednesday (OL0s) (3)** **3:30** Balloon Tennis (FR) **6:30** 10¢ Bingo with Liane (CR) **7:30** Cards (CR)	**9:45** Exercise (FR) **10:30** 10¢ Bingo (CR) **11:00** Snack & Chat (CR) **1:45** **Williams Café (BO)** **3:15** Laughter Yoga (FR) **6:30** Cards (CR) **7:00** Coffee & Tea Social (CR)	**9:45** Skillfull hand/ exercise (FR) **10:30** Chris Church (3) **11:00** Snack & Chat (CR) **1:30** Physio (FR) **2:15** Baking (CR) **3:30** Java Music (FR) **6:30** Crazy eights (CR) **7:00** Coffee & Tea Social (CR)	**9:45** Meet & Greet (CR) **10:30** Dakim (L) **1:30** Musical DVD **2:00** 25¢ Bingo (CR) **3:00** Coffee & Tea Social (CR) **6:30** Cards (CR) **7:00** Snack & Chat (CR)
14	**15**	**16**	**17**	**18**	**19**	**20**
9:45 Meet & Greet (CR) **10:30** Dakim (L) **11:00** Communion (OLos) (3) **2:00** **Valentines Day Party With Nick (DR)** **3:00** Puzzles (L) **6:30** Cards (CR) **7:00** Snack & Chat (CR)	**9:45** Meet & Greet (CR) **10:30** Dakim (L) **11:00** Coffee & Tea Social **1:45** Afternoon Movie (FR) **3:15** Family Day Trivia * **See Front Desk** **6:30** Cards (CR) **7:00** Snack & Chat (CR) **Family Day !!**	**9:45** Exercise (FR) **10:30** 10¢ Bingo (CR) **11:00** Coffee & Tea Social (CR) **1:30** Physio (FR) **2:15** Osteoporosis Seminar(FR) **3:15** Left right & center (CR) **6:30** Cards (CR) **7:00** Helping Hands (L)	**9:45** Exercise (FR) **10:30** Bola Ball (FR) **11:00** Snack & Chat (CR) **2:00** **Musical Afternoon with Big Dave (DR)** **3:00** Puzzles (L) **6:30** 10¢ Bingo with Lynne (CR) **7:30** Cards (CR)	**9:45** Exercise (FR) **10:30** 10¢ Bingo (CR) **11:00** Snack & Chat (CR) **1:45** **Walmart Shopping (BO)** **2:00** Ted Talks (FR) **3:00** Independent Word Puzzles (L) **6:30** Cards (CR) **7:00** Coffee & Tea Social	**9:45** Exercise Hoedown (FR) **10:30** Balloon Tennis (FR) **11:00** Snack & Chat (CR) **1:30** Physio (FR) **2:15** **"Coronation Music Circle" (FR)** **3:30** Giant Crosswords (CR) **6:30** Cards (FR) **7:00** Coffee & Tea Social	**9:45** Meet & Greet (CR) **10:30** Dakim (L) **1:30** Musical DVD **2:00** 25¢ Bingo (CR) **3:00** Afternoon Chat (CR) **6:30** Cards (CR) **7:00** Snack & Chat (CR)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 **9:45** Meet & Greet (CR) **10:30** Dakim (L) **11:00** Communion (OLos) (3) **2:00** Afternoon Movie (FR) **3:00** Puzzles (L) **6:30** Cards (CR) **7:00** Snack & Chat (CR)	**22** **9:45** Exercise (FR) **10:30** Resident Council Meeting (L) **11:00** Snack & Chat (CR) **1:45** **Giant Tiger (BO)** **2:15** Documentary (FR) **6:30** Cards (CR) **7:00** Coffee & Tea Social (CR)	**23** **9:45** Exercise (FR) **10:30** 10¢ Bingo (CR) **11:00** Coffee & Tea Social (CR) **1:30** Physio (FR) **2:15** Pub with Anne (FR) **3:15** Left right & center (CR) **6:30** Cards (CR) **7:00** Snack & Chat (CR)	**24** **9:45** Exercise (FR) **10:30** Wii Games (FR) **11:00** Coffee & Tea Social (CR) **2:00** Colour me fun (CR) **3:00** Balloon Tennis (FR) **6:30** 10¢ Bingo with Liane (CR) **7:30** Cards (CR)	**25** **9:45** Exercise (FR) **10:30** 10¢ Bingo (CR) **11:00** Snack & Chat (CR) **2:00** Cappuccino (CR) **1:45** **Scenic Drive (BO)** **3:15** Laughter Yoga (CR) **6:30** Cards (CR) **7:00** Coffee & Tea Social (CR)	**26** **9:45** Exercise (FR) **10:30** Bola Ball (FR) **11:00** Snack & Chat (CR) **1:30** Physio (FR) **2:15** Men's Irish Cream (CR) **3:15** Ladies Irish Cream (CR) **6:30** Cards (CR) **7:00** Coffee & Tea Social (CR)	**27** **9:45** Meet & Greet (CR) **10:30** Dakim (L) **1:30** Musical DVD **2:00** 25¢ Bingo (CR) **3:00** Independent Word Puzzles (CR) **6:30** Cards (CR) **7:00** Snack & Chat (CR)
28 **9:45** Meet & Greet (CR) **10:30** Dakim (L) **11:00** Communion (OLos) (3) **2:00** Afternoon Movie (FR) **3:00** Puzzles (L) **6:30** Cards (CR) **7:00** Snack & Chat (CR)	**29** **9:45** Exercise (FR) **10:30** Bocce Ball (FR) **11:00** Coffee & Tea Social (CR) **2:00** Cappuccino (CR) **3:30** Hang man (FR) **6:30** Cards (CR) **7:00** Snack & Chat (CR)					

Important Dates

22nd **Resident Council Meeting**

25th **Foot Care**

Room Legend

CR- Craft Room

FR- Family Room

DR- Dining Room

BO- Bus Outing

L- Library

3- Third Floor