

The Claremont Retirement • Ashley Rebelo, Activity Coordinator, Ashley.Rebelo@Reveraliving.com

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | 1 10:40 Falls Prevention(M) 11:30 Let's Rev it Up (W) 2:00 Group Crosswords (A) 3:30 Afternoon Tea (L) 4:30 Chats & Cocktails (L) 7:00 The Bridge Club (D) | 2 10:40 Falls Prevention(M) 11:30 Let's Rev it Up (W) 2:00 Scrabble Challenge (M) 3:30 Tea & Cookies (L) 4:00 True or False Trivia with Isabel (L) 4:30 Cocktails in the Lounge(L) 7:00 Armchair Travel (M): Disney Nature: Monkey Kingdom (2015) | 3 10:15 Excursion: The Ontario Science Centre –IMAX Film: Humpback Whales (Lob) 10:40 Fit as a Fiddle (M) 2:00 Acrylic Painting Workshop with Rita-Anne (A) 2:30 Little Tot's Visit (Lib) 3:30 Hot Tea & Treats (L) 4:30 Chats & Cocktails (L) 7:00 Bridge Pairs (Lib) | 4 10:40 Falls Prevention(M) 11:35 Light & Easy Aerobics (L) 3:00 You be the Judge (L) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge(L) 7:00 Evening Scrabble (Li b) | 5 10:40 Lesley's Gentle Yoga 11:30 Let's Rev it Up (W) 1:00 Computer & iPad Training Sessions with Diane (A) 3:30 Tea & Coffee Social (L) 4:30 Chats & Cocktails (L) 7:00 Film & Popcorn(M): Far From the Madding Crowd (2015) | 6 10:40 Fitness Video (M) 2:00 Good Ol' Favourites with Ron (L) 3:00 Afternoon Film: Part 1: Titanic (1997) 3:30 Hot Tea & Treats (L) 4:30 Cocktails (L) 7:00 Evening Film: Part 2 : Titanic (1997) |
| 7 10:40 Fitness Video (M) 2:00 Afternoon Scrabble (Lib) 3:30 Tea & Delights (L) 4:30 Refreshments & Tunes with Jamie (L) 7:00 Classic Film (M): Seven Year Itch (1955) | 8 10:40 Peter's Falls Prevention(M) 11:30 Let's Rev it Up (W) 2:00 Group Crosswords (A) 3:30 Afternoon Tea(L) 4:30 Chats & Cocktails (L) 5:30 Chinese New Year Themed Dinner (D) 7:00 The Bridge Club (D) | 9 10:40 Peter's Falls Prevention 11:30 Excursion: A Taste of Winterlicious :SantaMonica Trattoria (lob) 2:00 Scrabble Challenge (M) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge(L) 7:00 Armchair Travel (M): Je Suis Charlie (2015) | 10 Ash Wednesday 10:40 Ashley's Strength Training (M) 11:30 Let's Rev it Up (W) 2:00 Meet with Chef Andy (L) 2:30 Little Tot's Visit (Lib) 3:30 Hot Tea & Treats (L) 4:30 Chats & Cocktails (L) 7:00 Bridge Pairs (Lib) | 11 10:40 Falls Prevention(M) 11:35 Light & Easy Aerobics (L) 2:00 Famous Lovers Presentation with Lianne (L) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge (L) 7:00 Evening Scrabble (Lib) | 12 10:40 Lesley's Gentle Yoga (M) 11:30 Let's Rev it Up (W) 1:00 Computer & iPad Training Sessions with Diane (A) 3:30 Tea & Coffee Social (L) 4:30 Chats & Cocktails (L) 7:00 Film & Popcorn(M): I'll See You in My Dreams (2015) | 13 10:40 Fitness Video (M) 2:00 Classical Symphonies with Matthew (L) 3:00 Afternoon Film: Part 1: Les Miserables (2012) 3:30 Hot Tea & Treats (L) 4:30 Cocktails (L) 7:00 Evening Film (M): Part 2: Les Miserables (2012) |
| 14 Valentine's Day 10:40 Fitness Video (M) 2:30 Marie Gogo's Special Valentine's Day Show (L) 3:30 Tea & Delights (L) 7:00 Classic Film (M): The Prime of Miss Jean Brodie (1969) | 15 Family Day 10:40 Fitness Video (M) 2:00 Afternoon Film (M): HomewardBound: The Incredible Journey 3:30 Tea & Delights (L) 4:30 Chats & Cocktails (L) 7:00 The Bridge Club (D) | 16 10:40 Peter's Falls Prevention(M) 11:30 Let's Rev it Up (W) 2:00 Scrabble Challenge (M) 3:30 Tea & Cookies (L) 4:00 Bake a Treat with Isabel(A) 4:30 Cocktails in the Lounge(L) 7:00 First Book Club Meet (L) | 17 10:40 Ashley's Strength Training(M) 11:30 Let's Rev it Up (W) 2:00 Edible Adventure: India (M) 2:30 Little Tot's Visit (Lib) 3:30 Hot Tea & Treats (L) 4:30 Chats & Cocktails (L) 7:00 Bridge Pairs (Lib) | 18 10:40 Falls Prevention(M) 11:35 Light & Easy Aerobics (L) 2:00 Acrylic Painting Workshop with Rita-Anne (A) 2:15 Currents Events & Affairs (L) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge (L) 7:00 Evening Scrabble (Lib) | 19 10:40 Lesley's Gentle Yoga (M) 11:30 Let's Rev it Up (W) 1:00 Computer & iPad Training Sessions with Diane (A) 3:30 Tea & Coffee Social (L) 4:30 Chats & Cocktails (L) 7:00 Film & Popcorn(M): Mamma Mia! (2008) | 20 10:40 Fitness Video (M) 2:00 Good Ol' Favourites with Ron (L) 3:30 Hot Tea & Treats (L) 4:30 Cocktails (L) 7:00 Evening Film (M): Identity Thief (2013) |
| 21 10:40 Fitness Video (M) 2:00 Afternoon Scrabble (Lib) 2:30 Film: Part 1 : All About Eve 3:30 Tea & Delights (L) 4:30 Refreshments & Tunes with Jamie (L) 7:00 Classic Film (M): Part 2: All About Eve (1950) | 22 10:40 Peter's Falls Prevention (M) 11:30 Let's Rev it Up (W) 2:00 Group Crosswords (A) 3:30 Afternoon Tea (L) 4:30 Chats & Cocktails (L) 7:00 The Bridge Club (D) | 23 10:40 Peter's Falls Prevention(M) 11:30 Let's Rev it Up (W) 2:00 Scrabble Challenge (M) 3:30 Tea & Cookies (L) 4:00 Easy Crafting with Isabel (A) 4:30 Cocktails in the Lounge(L) 7:00 Armchair Travel (M): Vanishing of the Bees (2009) | 24 10:40 Ashley's Strength Training(M) 11:30 Let's Rev it Up (W) 1:30 Excursion: Café Demetre(Lob) 2:30 Little Tot's Visit (Lib) 3:30 Hot Tea & Treats (L) 4:30 Chats & Cocktails (L) 7:00 Bridge Pairs (Lib) | 25 10:40 Falls Prevention(M) 2:00 Handwriting Analysis with Elaine (M) 3:30 Tea & Cookies (L) 4:30 Cocktails in the Lounge (L) 7:00 Prized Bingo Night with the Karma Kids (L) | 26 10:40 Lesley's Gentle Yoga (M) 11:30 Let's Rev it Up (W) 12:30 Resident Birthday Luncheon (Pd) 3:30 Tea & Coffee Social (L) 4:30 Chats & Cocktails (L) 7:00 Film & Popcorn(M): Angel In the House (2011) | 27 10:40 Fitness Video (M) 2:30 Currents Events& Affairs with Diane (L) 3:30 Hot Tea & Treats (L) 4:30 Cocktails (L) 7:00 Evening Film (M): The Turning Point (1977) |
| 28 10:40 Fitness Video (M) 2:00 Afternoon Scrabble (Lib) 3:30 Tea & Delights (L) 4:30 Oscars Party with Cocktails & Entertainment with Jamie (L) | 29 10:40 Peter's Falls Prevention(M) 2:00 Resident Council Meeting 3:30 Afternoon Tea (L) 4:30 Chats & Cocktails (L) 7:00 The Bridge Club (Lib) | | IMPORTANT DATES Tuck Shop Sales: Feb 2 nd , Feb 23 rd at 12pm Resident Council Meeting: Feb 29 th at 2pm | Anglican Church Service is on: Feb 9 th at 11:00am Claudette's Fashions Sale: February 24 th 11:00am – 2:00pm | ROOM LEGEND Lob – Main Lobby Lib – Library D – Dining Room PD – Private Dining Room A- Activity Room | L – Lookout Lounge M – Multi Purpose Room |