BRADGATE ARMS RECREATION CHOICES

MARCH 2016

Bradgate Arms • Adam Wilson, Recreation Director, adam.wilson@reveraliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 **9:30am** Outing to Aga Khan Museum (11:30 Return) **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **2:30pm** Book Club (UCR) **3:00pm** Tea and Cards (ML) **7:00pm** Evening Movie (UCR)	**2** **10:15am** Falls Prevention Program (UCR) **10:45am** Visits from Moxie **12:45am** Deer Park Bridge (ML) **1:30pm** Rev It Up (Spa) **2:30pm** Creative Arts with Lynn (ML) **3:00pm** Tea and Crafts (ML) **7:00pm** Evening Movie (UCR)	**3** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **1:30pm** Rev It Up (Spa) **2:30pm** Current Affairs Discussion Group (SR) **7:00pm** Evening Movie (UCR)	**4** **10:15am** YogaDance (UCR) **11:00am** Dakim with Adam (UCR) **11:00am** Bradgate Bridge (UCR) **2:00pm** Comedy Hour (UCR) **3:00pm** Entertainment with Shaya Petroff (ML) **7:00pm** Evening Movie (UCR)	**5** **10:00am** Weekly Challenge (FD) **10:15am** Yoga with Lucille (UCR) **10:45am** Visits from Polo **11:00am** Coffee Talk (Bar) **3:00pm** Movie Matinee (ML) **7:00pm** Evening Movie (UCR)
6 **10:00am** Weekly Challenge (FD) **11:00am** Holy Rosary Church Service (UCR) **11:00am** Coffee Talk (Bar) **3:00pm** Entertainment with James Levac (ML) **7:00pm** Evening Movie (UCR)	**7** **10:15am** Falls Prevention Program (UCR) **2:00pm** Board Games (SR) **3:00pm** Entertainment with Taras (ML) **3:00pm** Tea Social (ML) **7:00pm** Evening Movie (UCR)	**8** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **2:30pm** Book Club (UCR) **3:00pm** Tea and Cards (ML) **7:00pm** Evening Movie (UCR)	**9** **10:15am** Falls Prevention Program (UCR) **10:45am** Visits from Moxie **12:45am** Deer Park Bridge (ML) **1:30pm** Rev It Up (Spa) **2:00pm** Music with Jennifer (UCR) **3:00pm** Music with Joseph (UCR) **7:00pm** Evening Movie (UCR)	**10** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **1:30pm** Rev It Up (Spa) **2:30pm** Current Affairs Discussion Group (SR) **7:00pm** Evening Movie (UCR)	**11** **10:15am** YogaDance (UCR) **11:00am** Dakim with Adam (UCR) **11:00am** Bradgate Bridge (UCR) **2:00pm** Comedy Hour (UCR) **3:00pm** Thomas Plewman Lecture (UCR) **3:00pm** Tea and Games (ML) **7:00pm** Evening Movie (UCR)	**12** **10:00am** Weekly Challenge (FD) **10:15am** Yoga with Lucille (UCR) **10:45am** Visits from Polo **11:00am** Coffee Talk (Bar) **3:00pm** Movie Matinee (UCR) **7:00pm** Evening Movie (UCR)
13 **10:00am** Weekly Challenge (FD) **11:00am** Coffee Talk (Bar) **3:00pm** Entertainment with James Levac (ML) **7:00pm** Evening Movie (UCR)	**14** **10:15am** Falls Prevention Program (UCR) **2:00pm** Board Games (SR) **3:00pm** Music Edutainment Lecture (UCR) **3:00pm** Tea Social (ML) **7:00pm** Evening Movie (UCR)	**15** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **2:30pm** Book Club (UCR) **3:00pm** Tea and Cards (ML) **7:00pm** Evening Movie (UCR)	**16** **10:15am** Falls Prevention Program (UCR) **10:45am** Visits from Moxie **12:45am** Deer Park Bridge (ML) **1:30pm** Rev It Up (Spa) **7:00pm** Evening Movie (UCR)	**17** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **1:30pm** Rev It Up (Spa) **2:30pm** Current Affairs Discussion Group (SR) **3:30pm** Dels Hands On Exotic Animals (ML) **7:00pm** Evening Movie (UCR)	**18** **10:15am** YogaDance (UCR) **11:00am** Dakim with Adam (UCR) **11:00am** Bradgate Bridge (UCR) **2:00pm** Comedy Hour (UCR) **3:00pm** Entertainment with Rebekah Wolkstein (ML) **7:00pm** Evening Movie (UCR)	**19** **10:00am** Weekly Challenge (FD) **10:15am** Yoga with Lucille (UCR) **10:45am** Visits from Polo **11:00am** Coffee Talk (Bar) **3:00pm** Movie Matinee (UCR) **7:00pm** Evening Movie (UCR)
20 **10:00am** Weekly Challenge (FD) **11:00am** Coffee Talk (Bar) **3:00pm** Entertainment with James Levac (ML) **7:00pm** Evening Movie (UCR)	**21** **10:15am** Falls Prevention Program (UCR) **2:00pm** Board Games (SR) **3:00pm** Entertainment with Paper Moon (ML) **3:00pm** Tea Social (ML) **7:00pm** Evening Movie (UCR)	**22** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **2:30pm** Book Club (UCR) **3:00pm** Tea and Cards (ML) **7:00pm** Evening Movie (UCR)	**23** **10:15am** Falls Prevention Program (UCR) **10:45am** Visits from Moxie **12:45am** Deer Park Bridge (ML) **1:30pm** Rev It Up (Spa) **2:30pm** Creative Arts with Lynn (ML) **7:00pm** Evening Movie (UCR)	**24** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **1:30pm** Rev It Up (Spa) **2:30pm** Current Affairs Discussion Group (SR) **7:00pm** Evening Movie (UCR)	**25** **10:15am** YogaDance (UCR) **11:00am** Dakim with Adam (UCR) **11:00am** Bradgate Bridge (UCR) **2:00pm** Comedy Hour (UCR) **3:00pm** Entertainment with Premek Kruta (ML) **7:00pm** Evening Movie (UCR)	**26** **10:00am** Weekly Challenge (FD) **10:15am** Yoga with Lucille (UCR) **10:45am** Visits from Polo **11:00am** Coffee Talk (Bar) **3:00pm** Movie Matinee (UCR) **7:00pm** Evening Movie (UCR)
27 **10:00am** Weekly Challenge (FD) **11:00am** Coffee Talk (Bar) **3:00pm** Entertainment with James Levac (ML)	**28** **10:15am** Falls Prevention Program (UCR) **2:00pm** Board Games (SR) **3:00pm** Entertainment with Frazer French (ML) **3:00pm** Tea Social (ML) **7:00pm** Evening Movie (UCR)	**29** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **1:00pm** Outing to MicMichael Art Gallery (3:45 Return) **2:30pm** Book Club (UCR) **3:00pm** Tea and Cards (ML) **7:00pm** Evening Movie (UCR)	**30** **10:15am** Falls Prevention Program (UCR) **10:45am** Visits from Moxie **12:45am** Deer Park Bridge (ML) **3:00pm** Entertainment with Terry Davenport (ML) **6:00pm** Italian Themed Dinner	**31** **10:15am** Yoga with Darcie (UCR) **10:45am** Coffee Club (Bar) **1:30pm** Rev It Up (Spa) **2:30pm** Current Affairs Discussion Group (SR) **3:00** Residents Meeting (UCR) **6:00pm** Liberal Arts Lecture (UCR)	**IMPORTANT DATES** Aga Khan Outing • Mar 1, 9:30am McMichael Art Gallery Outing • Mar 29, 1:00pm	**ROOM LEGEND** **UCR** Upper Canada Room **SR** Somerset Room **ML** Main Lobby **BAR** Bar **SPA** Spa **LIB** Library **FD** Front Desk