

BRADGATE ARMS RECREATION CHOICES

MARCH 2016

Bradgate Arms • Adam Wilson, Recreation Director, adam.wilson@reveraliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am Outing to Aga Khan Museum (11:30 Return) 10:15am Yoga with Darcie (UCR) 10:45am Coffee Club (Bar) 2:30pm Book Club (UCR) 3:00pm Tea and Cards (ML) 7:00pm Evening Movie (UCR)	2 10:15am Falls Prevention Program (UCR) 10:45am Visits from Moxie 12:45am Deer Park Bridge (ML) 1:30pm Rev It Up (Spa) 2:30pm Creative Arts with Lynn (ML) 3:00pm Tea and Crafts (ML) 7:00pm Evening Movie (UCR)	3 10:15am Yoga with Darcie (UCR) 10:45am Coffee Club (Bar) 1:30pm Rev It Up (Spa) 2:30pm Current Affairs Discussion Group (SR) 7:00pm Evening Movie (UCR)	4 10:15am YogaDance (UCR) 11:00am Dakim with Adam (UCR) 11:00am Bradgate Bridge (UCR) 2:00pm Comedy Hour (UCR) 3:00pm Entertainment with Shaya Petroff (ML) 7:00pm Evening Movie (UCR)	5 10:00am Weekly Challenge (FD) 10:15am Yoga with Lucille (UCR) 10:45am Visits from Polo 11:00am Coffee Talk (Bar) 3:00pm Movie Matinee (ML) 7:00pm Evening Movie (UCR)
6 10:00am Weekly Challenge (FD) 11:00am Holy Rosary Church Service (UCR) 11:00am Coffee Talk (Bar) 3:00pm Entertainment with James Levac (ML) 7:00pm Evening Movie (UCR)	7 10:15am Falls Prevention Program (UCR) 2:00pm Board Games (SR) 3:00pm Entertainment with Taras (ML) 3:00pm Tea Social (ML) 7:00pm Evening Movie (UCR)	8 10:15am Yoga with Darcie (UCR) 10:45am Coffee Club (Bar) 2:30pm Book Club (UCR) 3:00pm Tea and Cards (ML) 7:00pm Evening Movie (UCR)	9 10:15am Falls Prevention Program (UCR) 10:45am Visits from Moxie 12:45am Deer Park Bridge (ML) 1:30pm Rev It Up (Spa) 2:00pm Music with Jennifer (UCR) 3:00pm Music with Joseph (UCR) 7:00pm Evening Movie (UCR)	10 10:15am Yoga with Darcie (UCR) 10:45am Coffee Club (Bar) 1:30pm Rev It Up (Spa) 2:30pm Current Affairs Discussion Group (SR) 7:00pm Evening Movie (UCR)	11 10:15am YogaDance (UCR) 11:00am Dakim with Adam (UCR) 11:00am Bradgate Bridge (UCR) 2:00pm Comedy Hour (UCR) 3:00pm Thomas Plewman Lecture (UCR) 3:00pm Tea and Games (ML) 7:00pm Evening Movie (UCR)	12 10:00am Weekly Challenge (FD) 10:15am Yoga with Lucille (UCR) 10:45am Visits from Polo 11:00am Coffee Talk (Bar) 3:00pm Movie Matinee (UCR) 7:00pm Evening Movie (UCR)
13 10:00am Weekly Challenge (FD) 11:00am Coffee Talk (Bar) 3:00pm Entertainment with James Levac (ML) 7:00pm Evening Movie (UCR)	14 10:15am Falls Prevention Program (UCR) 2:00pm Board Games (SR) 3:00pm Music Edutainment Lecture (UCR) 3:00pm Tea Social (ML) 7:00pm Evening Movie (UCR)	15 10:15am Yoga with Darcie (UCR) 10:45am Coffee Club (Bar) 2:30pm Book Club (UCR) 3:00pm Tea and Cards (ML) 7:00pm Evening Movie (UCR)	16 10:15am Falls Prevention Program (UCR) 10:45am Visits from Moxie 12:45am Deer Park Bridge (ML) 1:30pm Rev It Up (Spa) 7:00pm Evening Movie (UCR)	17 10:15am Yoga with Darcie (UCR) 10:45am Coffee Club (Bar) 1:30pm Rev It Up (Spa) 2:30pm Current Affairs Discussion Group (SR) 3:30pm Dels Hands On Exotic Animals (ML) 7:00pm Evening Movie (UCR)	18 10:15am YogaDance (UCR) 11:00am Dakim with Adam (UCR) 11:00am Bradgate Bridge (UCR) 2:00pm Comedy Hour (UCR) 3:00pm Entertainment with Rebekah Wolkstein (ML) 7:00pm Evening Movie (UCR)	19 10:00am Weekly Challenge (FD) 10:15am Yoga with Lucille (UCR) 10:45am Visits from Polo 11:00am Coffee Talk (Bar) 3:00pm Movie Matinee (UCR) 7:00pm Evening Movie (UCR)
20 10:00am Weekly Challenge (FD) 11:00am Coffee Talk (Bar) 3:00pm Entertainment with James Levac (ML) 7:00pm Evening Movie (UCR)	21 10:15am Falls Prevention Program (UCR) 2:00pm Board Games (SR) 3:00pm Entertainment with Paper Moon (ML) 3:00pm Tea Social (ML) 7:00pm Evening Movie (UCR)	22 10:15am Yoga with Darcie (UCR) 10:45am Coffee Club (Bar) 2:30pm Book Club (UCR) 3:00pm Tea and Cards (ML) 7:00pm Evening Movie (UCR)	23 10:15am Falls Prevention Program (UCR) 10:45am Visits from Moxie 12:45am Deer Park Bridge (ML) 1:30pm Rev It Up (Spa) 2:30pm Creative Arts with Lynn (ML) 7:00pm Evening Movie (UCR)	24 10:15am Yoga with Darcie (UCR) 10:45am Coffee Club (Bar) 1:30pm Rev It Up (Spa) 2:30pm Current Affairs Discussion Group (SR) 7:00pm Evening Movie (UCR)	25 10:15am YogaDance (UCR) 11:00am Dakim with Adam (UCR) 11:00am Bradgate Bridge (UCR) 2:00pm Comedy Hour (UCR) 3:00pm Entertainment with Premek Kruta (ML) 7:00pm Evening Movie (UCR)	26 10:00am Weekly Challenge (FD) 10:15am Yoga with Lucille (UCR) 10:45am Visits from Polo 11:00am Coffee Talk (Bar) 3:00pm Movie Matinee (UCR) 7:00pm Evening Movie (UCR)
27 10:00am Weekly Challenge (FD) 11:00am Coffee Talk (Bar) 3:00pm Entertainment with James Levac (ML)	28 10:15am Falls Prevention Program (UCR) 2:00pm Board Games (SR) 3:00pm Entertainment with Frazer French (ML) 3:00pm Tea Social (ML) 7:00pm Evening Movie (UCR)	29 10:15am Yoga with Darcie (UCR) 10:45am Coffee Club (Bar) 1:00pm Outing to MicMichael Art Gallery (3:45 Return) 2:30pm Book Club (UCR) 3:00pm Tea and Cards (ML) 7:00pm Evening Movie (UCR)	30 10:15am Falls Prevention Program (UCR) 10:45am Visits from Moxie 12:45am Deer Park Bridge (ML) 3:00pm Entertainment with Terry Davenport (ML) 6:00pm Italian Themed Dinner	31 10:15am Yoga with Darcie (UCR) 10:45am Coffee Club (Bar) 1:30pm Rev It Up (Spa) 2:30pm Current Affairs Discussion Group (SR) 3:00 Residents Meeting (UCR) 6:00pm Liberal Arts Lecture (UCR)	IMPORTANT DATES Aga Khan Outing • Mar 1, 9:30am McMichael Art Gallery Outing • Mar 29, 1:00pm	ROOM LEGEND UCR Upper Canada Room SR Somerset Room ML Main Lobby BAR Bar SPA Spa LIB Library FD Front Desk