

RECREATION CHOICES

MARCH 2016

Lundy Manor– Recreational Director Liane Judge							More on next page >
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1	2	3	4	5	
		9:45 Exercise (FR) 10:30 10¢ Bingo (CR) 11:00 Snack & Chat (CR) 1:30 Physio (FR) 2:15 Golden Oldies (FR) 3:15 Left Right & Center (CR) 6:30 Euchre (CR)	9:45 Exercise (FR) 10:30 Bola Ball (FR) 11:00 Snack & Chat (CR) 2:00 Birthday Party with Gary Smith (DR) 3:15 Puzzles (L) 6:30 10¢ Bingo with Lynne (CR) 7:30 Cards (CR)	9:45 Exercise (FR) 10:30 10¢ Bingo (CR) 11:00 Snack & Chat (CR) 1:45 Scenic Drive (BO) 2:00 Bocce Ball (FR) 3:15 Balloon Tennis (FR) 6:30 Cards (CR) 7:00 Coffee & Tea Social (CR)	9:45 Exercise Hoedown (FR) 10:45 Zappi's Pizza (BO) 11:00 Snack & Chat (CR) 1:30 Physio (FR) 2:15 Baking (CR) 3:15 Left Right & Center (CR) 6:30 Crazy Eights (CR) 7:00 Coffee & Tea Social	9:45 Meet & Greet (CR) 10:30 Dakim (L) 1:30 Musical DVD 2:00 25¢ Bingo (CR) 3:00 Colouring contest End date March 25th *See front desk for Colouring Sheets 6:30 Cards (CR) 7:00 Snack & Chat (CR)	
6	7	8	9	10	11	12	
9:45 Meet & Greet (CR) 10:30 Learning Dakim with Liane (L) 11:00 Communion (OLOs) (3) 2:00 Afternoon Movie (FR) 3:00 Puzzles (L) 6:30 Cards (CR) 7:00 Snack & Chat (CR)	9:45 Exercise (FR) 10:30 Bola Ball (FR) 11:00 Snack & Chat (CR) 1:45 Seaway Mall (BO) 2:00 Colour Me Fun (CR) 3:00 Glamour Circle (CR) 6:30 Euchre (CR) 7:00 Coffee & Tea Social (CR)	9:45 Exercise (FR) 10:30 10¢ Bingo (CR) 11:00 Coffee & Tea Social (CR) 1:30 Physio (FR) 2:15 Golden Oldies (FR) 3:15 Left right & center (CR) 6:30 Cards (CR)	9:45 Exercise (FR) 10:30 Worship Service (FR) 11:00 Coffee & Tea Social (CR) 2:00 Bocce Ball (FR) 3:15 Giant Crosswords (FR) 6:30 10¢ Bingo with Liane (CR) 7:30 Cards (CR)	9:45 Scenic Drive (BO) 9:45 Exercise (FR) 10:30 10¢ Bingo (CR) 11:00 Snack & Chat (CR) 2:00 Word in a Word (FR) 3:15 Laughter Yoga (FR) 6:30 Popcorn & Movie Night With Liane (FR) 7:00 Cards (CR)	9:45 Exercise (FR) 10:30 Christ Church (3) 11:00 Snack & Chat (CR) 1:45 Physio (FR) 2:15 Cappuccino (CR) 3:15 Wii Games (FR) 6:30 Crazy eights (CR) 7:00 Coffee & Tea Social (CR)	9:45 Meet & Greet (CR) 10:30 Dakim (L) 1:30 Musical DVD 2:00 25¢ Bingo (CR) 3:00 Coffee & Tea Social (CR) 6:30 Cards (CR) 7:00 Snack & Chat (CR)	
13	14	15	16	17	18	19	
9:45 Meet & Greet (CR) 10:30 Dakim (L) 11:00 Communion (OLOs) (3) 2:00 Afternoon Movie (FR) 2:00 Southminster United (3) 6:30 Cards (CR) 7:00 Snack & Chat (CR)	9:45 Exercise (FR) 10:30 Bocce Ball (FR) 11:00 Coffee & Tea Social (CR) 1:45 Scenic Drive (BO) 2:00 Colour Me Fun (CR) 3:30 Armchair Yoga (FR) 6:30 Cards (CR) 7:00 Snack & Chat (CR)	9:45 Exercise (FR) 10:30 10¢ Bingo (CR) 11:00 Coffee & Tea Social (CR) 1:30 Physio (FR) 2:15 Golden Oldies (FR) 3:15 Left right & center (CR) 5:30 Club Roma "Big Band" Dancing & Buffet (BO) 6:30 Cards (CR)	9:45 Exercise (FR) 10:30 Bola Ball (FR) 11:00 Snack & Chat (CR) 1:30 Crafts at Southminster (BO) 2:00 Glamour Circle (CR) 6:30 10¢ Bingo with Lynne (CR) 7:30 Cards (CR)	9:45 Exercise (FR) 10:30 10¢ Bingo (CR) 11:00 Snack & Chat (CR) (CR) 2:00 Ted Talks (FR) 3:15 Puzzles (L) 6:30 St. Patrick's Day Party with Fiddlers & Friends 7:30 Cards	9:45 Skillfull hand/ exercise (FR) 10:30 Wii Games (FR) 11:00 Snack & Chat (CR) 1:30 Physio (FR) 2:15 Intro to Java Music (FR) 3:15 Balloon Tennis (FR) 6:30 Crazy eights (CR) 7:00 Coffee & Tea Social (CR)	9:45 Meet & Greet (CR) 10:30 Dakim (L) 1:30 Musical DVD 2:00 25¢ Bingo (CR) 3:00 Coffee & Tea Social (CR) 6:30 Cards (CR) 7:00 Snack & Chat (CR)	

RECREATION CHOICES

MARCH 2016

Lundy Manor, Recreational Director Liane Judge

[More on next page >](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
9:45 Meet & Greet 10:30 Dakim (L) 11:00 Communion (OLos) (3) 2:00 Afternoon Movie (FR) 3:00 Puzzles (L) 6:30 Cards (CR) 7:00 Snack & Chat (CR)	9:45 Exercise (FR) 10:30 Bocce Ball (FR) 11:00 Coffee & Tea Social (CR) 2:00 Colour Me Fun (CR) 3:00 Cappuccino (CR) 6:30 Cards (CR) 7:00 Snack & Chat (CR)	9:45 Exercise (FR) 10:30 10¢ Bingo (CR) 11:00 Coffee & Tea Social (CR) 1:30 Physio (FR) 2:15 Golden Oldies (FR) 3:15 Left Right & center (CR) 6:30 Cards (CR) 7:00 Snack & Chat (CR)	9:45 Scenic Drive (BO) 9:45 Exercise (FR) 10:30 Wii Games (FR) 11:00 Coffee & Tea Social (CR) 2:15 Osteoporosis Seminar (FR) 6:30 10¢ Bingo with Liane (CR) 7:30 Cards (CR)	9:45 Exercise (FR) 10:30 10¢ Bingo (CR) 11:00 Snack & Chat (CR) 2:00 Walmart Shopping (BO) 3:15 Laughter Yoga (CR) 6:00 Cards (CR) 7:00 Coffee & Tea Social (CR)	9:45 Meet & Greet (CR) 10:30 Dakim (L) 11:00 Coffee & Tea Social 2:15 Afternoon Movie (FR) Family Day Trivia * 6:30 See Front Desk Cards (CR) 7:00 Snack & Chat (CR)	9:45 Meet & Greet (CR) 10:30 Dakim (L) 1:30 Musical DVD 2:00 25¢ Bingo (CR) 3:00 Coffee & Tea Social (CR) 6:30 Cards (CR) 7:00 Snack & Chat (CR)
27	28	29	30	31		
9:45 Meet & Greet 10:30 Dakim (L) 11:00 Communion (OLos) (3) 2:00 Afternoon Movie (FR) 3:00 Puzzles (L) 6:30 Cards (CR) 7:00 Snack & Chat (CR)	9:45 Exercise (FR) 10:30 Resident Council Meeting (L) 11:00 Snack & Chat (CR) 2:00 Colour Me Fun (CR) 3:00 Bocce Ball (FR) 6:30 Cards (CR) 7:00 Coffee & Tea Social (CR)	9:45 Exercise (FR) 10:30 10¢ Bingo (CR) 11:00 Coffee & Tea Social (CR) 1:30 Physio (FR) 2:00 Vaudeville Magic Show (DR) 3:15 Independent Word Puzzles (CR) 6:30 Cards (CR) 7:00 Snack & Chat (CR)	9:45 Scenic Drive (BO) 9:45 Exercise (FR) 10:30 Bola Ball (FR) 11:00 Snack & Chat (CR) 2:00 Glamour Circle 3:00 Monopoly (CR) 6:30 10¢ Bingo with Lynne (CR) 7:00 Cards (CR)	9:45 Exercise (FR) 10:30 10¢ Bingo (CR) 11:00 Snack & Chat (CR) 1:45 Scenic Drive (BO) 2:15 Men's Coffee & Irish Cream (CR) 3:15 Ladies Coffee & Irish Cream (CR) 6:30 Cards (CR) 7:00 Coffee & Tea Social		
			Important Dates		Room Legend	
			17th Foot Care 25th Good Friday 27th Easter Sunday 28th Resident Council Meeting		CR Craft Room FR Family Room DR Dining Room BO Bus Outing L Library 3 Third Floor	