Choice – it's what living at a Revera retirement community is all about.

RECREATION CHOICES





					Tuooday		Modpeedey	ge, B.C. V2X 8Y8 604					More on next page >	
	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
I	Room Legend				01		Jewelry 02	Re	esident meeting 03		Coco's Clothes 04		0	
DR-	Country Kitchen Dining Room Private Dining Room			9:30	Word Puzzles -L.	9:30	Word Search –L. Chair Exercises-3rd.	9:30 9:30 10:30	Word Search -L. Classical Stretch-1st. Chair Exercises-3rd.	9:30 9:30 10:30	Word Search Classical Stretch-1st. Chair Yoga-3rd.	9:30 9:30 10:30	Word Search Classical Stretch-1st. Chair Exercises-3rd	
T- L-	Tea-Room Lounge Upstairs Kitchen			10:00	Chair moves to music - 3rd.	1:30	Boca Raton Designs Jewelry - L.	11:30		11:00	Coco's Clothes Sunwood's	10.00	Or neighborhood walk.	
3rd M-	3rd. Floor Movie Theater			2:00	Scrabble - L.	2:00	Bingo - 3rd.	2:00 2:30	Mind's in Motion -3rd. Happy/Social Hour	2-330	Celebration Tea Open House!	1:15	Decorate for St. Patrick's day	
	First floor Exerc.rm. Resident Led			7:00	Integrated Nutrition Meeting- C.K.	6:30	Poker - 3rd.	7:00	Shall "Wii" Play? - L.	2:00 7:00	Cribbage Movie—M	2:30	Happy/Social Hour Movie	
				7:00	Shall "Wii" Play? - L.									
	06		07		08		Miracle Ear 09		Party! 10		Bus Trip 11		PIZZA & MOVIE	
:30	Sunday Crossword L.	9:30 10:00	Word Puzzles -L. Chair Yoga-3rd.	9:30	Word Puzzles -L.	9:30	Word Search-L.	9:30 9:30	Word Search Classical Stretch-1st.	9:30 9:30	Classical Stretch-1st.	9:30 9:30	Word Search Classical Stretch-1s	
:00	Worship Service— 3rd. WITH M.R. ALLIANCE CHURCH	3:00	Bible Study—3rd.		Chair moves to music - 3rd.	1:00	Classical Stretch-1st. Chair Exercises-3rd. Miracle Ear- L.	10:30 2:00	Chair Exercises-3rd. Peter Paulus- St. Patrick's Day Party Mind's in Maties 2.4	10:30	Chair Yoga-3rd. Westminster Quay- Boardwalk & Lunch	10:30	Chair Exercises-3rd Or neighborhood walk.	
:00	Trivia - L. T.V. Heartland	7:00 7:00	T.V. Downton Abbey Live Music with Darren—L.	2:00 7:00	Scrabble - L. Integrated Nutrition	2:00	Welcome Orientation New Residents T.	2:00	M ind's in Motion -3rd. Cribbage - L	1:30	at: Spaghetti Factory Purple Angel	2:30 5:30	Happy/Social Hour Sunwood Pizza &	
6:30	Poker - 3rd.				Meeting- C.K.	2:00	Bingo - 3rd.	2:30	Happy/Social Hour	2:00	Memory Café - L. Cribbage		Movie Night- M.	
7.00	. ener ener			7:00	Shall "Wii" Play? - L.	6:30	Poker - 3rd.	7:00	Shall "Wii" Play? - L.	7:00	Movie—M	7:00	Movie	
	13		14		15		Water & Air 16		Irish Dancers! 17		Birthday Party 18		AUCTION	
:30	Sunday Crossword L.		Word Puzzles -L. Chair Yoga-3rd.	9:30	Word Puzzles -L.	9:30	Word Search- L.	9:30 9:30	Word Search Classical Stretch-1st.	9:30	Word Search	9:30 9:30	Word Search Classical Stretch-1s	
00	Worship Service— 3rd. WITH M.R. ALLIANCE CHURCH		-	10:00 2:00	Chair moves to music - 3rd. Scrabble - L.		Classical Stretch-1st. W ater & A ir Seminar "The Force of Life "-C.K.	11:30 2:00	Chair Exercises-3rd. Marketing Lunch Irish Dancers	9:30 10:30	Classical Stretch-1st. Chair Yoga -3rd.	10:30	Chair Exercises-3rd Or neighborhood walk.	
00	Trivia - L.	3:00	Bible Study—3rd.	5:45	Ki wanis	40.00	Chair Exercises-3rd.	2:00	Mind's in Motion -3rd.	2:00	March Birthday party	1:30	Sunwood Auction	
00 00 30	T.V. Heartland Poker - 3rd.	7:00	T.V. Downton Abbey	7:00	Integrated Nutrition Meeting- C.K.		Bingo - 3rd.	2:00	Cribbage - L	2:00 7:00	Cribbage Movie—M	2:30	Happy/Social Hour	
		7:00	Live Music with Darren—L.					2:30	Happy/Social Hour			7:00	Movie	
		1	 -	7:00	Shall "Wii" Play? - L.	0.00	Poker - 3rd.	7:00	Shall "Wii" Play? - L.					

Choice – it's what living at a Revera retirement community is all about.

RECREATION CHOICES

March 2016



	unwood by Revera, Teri Clegg			Director of Recrea			ation teri.clegg@		reveraliving.com		More on next page >	
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
20		21		22	F	oot Care Nurse 23	F	ood for thought 24		GOOD FRIDAY 25		20
 9:30 Sunday Crossword L. 2:00 Worship Service— 3rd. With Brunette Fellowship 3:00 Trivia -T. 7:00 T.V. Heartland 6:30 Poker -3rd. 	9:30 10:00 3:00 7:00	Word Puzzles -L. Chair Yoga-3rd. Bible Study T.V. Downton Abbey	9:30 10:00 2:00 7:00	Word Puzzles -L. Chair moves to music - 3rd. Scrabble - L. Integrated Nutrition Meeting- C.K.	9:00 9:30 9:30 10:30 2:00	Foot Care Nurse Word Search Classical Stretch - 1st.fl. Chair Exercises-3rd. Bingo - 3rd. Sofia's Designs	9:30 9:30 10:30 2:00 1:30 2:00 2:30	Word Search Classical Stretch - 1st.fl. Chair Exercises-3rd. Mind's in Motions-3rd. Food-4-Thought- PDR Cribbage - L Happy/Social Hour	9:30 1:15 2:00 2:00 7:00	Make Your own Easter Bonnet!- 3rd. Resident Committee Meeting - P.D.R.	9:30 9:30 10:30 2:30	Word Search Classical Stretch-1st Chair Exercises-3rd. Or neighborhood walk. Happy/Social Hour
	7:00	Li ve Music with D arren—L.	7:00	Shall "Wii" Play? - L.	6:30	Poker - 3rd.	7:00	Shall "Wii" Play? - L.			7:00	Movie
EASTER BUFFET 27		EASTER MONDAY 28		29		30	Me	et & Greet Social 31				
9:30 Sunday Crossword L.	9:30	Word Puzzles -L.	9:30	Word Puzzles -L.	9:30 9:30	Word Search Classical Stretch -	9:30 9:30	Word Search Classical Stretch -				
2:00 Worship Service— 3rd. WITH M.R. ALLIANCE CHURCH 3:00 Trivia -T. 7:00 T.V. Heartland 6:30 Poker-3rd.	7:00	Color Therapy T.V. Downton Abbey	10:00 2:00 7:00	music - 3rd. Scrabble - L. Integrated Nutrition	10:30	1st.fl. Chair Exercises-3rd. Bingo - 3rd.	10:30 2:00 2:00 2:30	1st.fl. Chair Exercises-3rd. Mind's in Motion -3rd .Cribbage - L Happy/Social Hour				
0.30 FOREI-SIG.			7:00	Meeting- C.K. Shall "Wii" Play? - L.	6:30	Poker - 3rd.	7:00	Meet & Greet Social w/ Kenny Buxton!				
Teri Clegg Director of Recreation Wednesday-Sunday		MARCH BIRTHDAYS!	02 04 04 04	Happy Birthday to: Harvey Esther L. Claudia Peggy C.	09 10 20 23 23 28 31	Jan Flora Ed Bradley Bob Leona Peggy E. Dorothy C.	Call	Hair Salon Georgina 604-992-7936 Manicurist Brittany 604-786-4316		Foot Care Nurse Vilma 778-998-2013		