

VALLEY STREAM RECREATION CHOICES AL

MARCH 2016

Valley Stream Retirement Community • Sarah Armstrong, Director of Recreation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
IMPORTANT DATES		1	2	3	4	5
Hear Fine– March 7th No Place like Home– March 9th and 23rd The Perfect Smile– March 30th 9:30-5:00		10:00– Quick Stretch 10:30-Finishing Lines 1:00-Friendly Visits 2:00– Word Game 3:00-Ring Toss 4:00-Hangman	10:00-Stretch and Breathe 1:00-Friendly Visits 2:00–Music with Jean Guy Bernard (L) 3:00– BINGO 4:00-Sandbags	10:15- Church Service (C) 1:00– Friendly Visits 2:00– Sing-Along 3:00– Trivia 4:00– Ball Toss 6:15– Classic Movie	10:00- Stretch and Breathe 10:30– St. John Pet Therapy 1:00-Friendly Visits 2:00– Tea Social 3:00-Planet Earth 4:00-Anagrams 6:15– Movie Night	9:00– Quick Stretch 9:30– Trivia 2:00– Ice Cream Social 2:30– Movie Matinee 2:45– Manicures
6	7	8	9	10	11	12
9:00– Stretch and Breathe 9:30– Short Stories 11:00– Catholic Mass (C) 1:00– Bingo 2:30-Nature Video 4:00-Balloon Volleyball	10:00–Stretch and Breathe 11:00- Hearing Aid Cleaning (L) 1:00-Friendly Visits 2:00-Washers 3:00-Basketball 4:00-Word Challenge	10:00– Quick Stretch 10:30-Finishing Lines 1:00-Friendly Visits 1:30– Fun and Fitness 2:00– Word Game 3:00-Ring Toss 4:00-Hangman	10:00-Stretch and Breathe 1:00-Friendly Visits 2:00– Anagrams 3:30-Music with Isobel and Bruce (L)	10:15- Church Service (C) 1:00– Friendly Visits 1:30– Fun and Fitness 2:00– Sing-Along 3:00– Trivia 4:00– Ball Toss 6:15– Classic Movie	10:00- Stretch and Breathe 10:30– St. John Pet Therapy 1:00-Friendly Visits 2:00– Tea Social 3:00-Planet Earth 4:00-Anagrams 6:15– Movie Night	9:00– Quick Stretch 9:30– Trivia 2:00– Ice Cream Social 2:30– Movie Matinee 2:45– Manicures
13 Daylight Savings	14	15	16	17 St Patrick's Day	18	19
9:00– Stretch and Breathe 9:30– Short Stories 11:00– Catholic Mass (C) 1:00– Bingo 2:00-Music with Lila Aranze (L)	10:00–Stretch and Breathe 1:00-Friendly Visits 2:00-Washers 3:00-Basketball 4:00-Word Challenge	10:00– Quick Stretch 10:30-Finishing Lines 1:00-Friendly Visits 1:30– Fun and Fitness 2:00– Word Game 3:00-Ring Toss 4:00-Hangman	10:00-Stretch and Breathe 10:30-Sue Fay Healy's Irish Dance School (L) 1:00-Friendly Visits 2:00-Anagrams 3:15-Bingo 4:00-Sandbags	10:15- Church Service (C) 1:00– Friendly Visits 1:30– Fun and Fitness 2:00– Trivia 3:30– St. Patrick's Day Party with the Musical Memories (L) 6:15– Classic Movie	10:00- Stretch and Breathe 10:30– St. John Pet Therapy 1:00-Friendly Visits 2:00– Tea Social 3:00-Planet Earth 4:00-Anagrams 6:15– Movie Night	9:00– Quick Stretch 9:30– Trivia 2:00– Ice Cream Social 2:30– Movie Matinee 2:45– Manicures
20 First Day of Spring	21	22	23	24	25 Good Friday	26
9:00– Stretch and Breathe 9:30– Short Stories 11:00– Catholic Mass (C) 1:00– Bingo 2:30– Nature Video 4:00-Balloon Volleyball	10:00–Stretch and Breathe 1:00-Friendly Visits 2:00-Washers 3:00-Basketball 4:00-Word Challenge	10:00– Quick Stretch 10:30-Finishing Lines 1:00-Friendly Visits 1:30– Fun and Fitness 2:00– Word Game 3:00-Ring Toss 4:00-Hangman	10:00-Stretch and Breathe 10:30-OHS Dog Visit 1:00-Friendly Visits 2:00–Music w/ Roxy Swan (L) 3:00– BINGO 4:00-Sandbags	10:15- Church Service (C) 1:00– Friendly Visits 1:30– Fun and Fitness 2:00– Sing-Along 3:00– Trivia 4:00– Ball Toss 6:15– Classic Movie	10:00- Stretch and Breathe 10:30– St. John Pet Therapy 1:00-Tea Party 2:00– Planet Earth 3:15-Anagrams 6:15– Movie Night	9:00– Quick Stretch 9:30– Trivia 2:00– Ice Cream Social 2:30– Movie Matinee 2:45– Manicures
27 Easter Sunday	28 Easter Monday	29	30	31		ROOM LEGEND
9:00– Stretch and Breathe 9:30– Short Stories 11:00– Catholic Mass (C) 1:00– Bingo 2:30– Nature Video	10:00–Stretch and Breathe 1:00-Friendly Visits 2:00-Washers 3:00-Basketball 4:00-Word Challenge	10:00– Quick Stretch 10:30-Finishing Lines 1:00-Friendly Visits 1:30– Fun and Fitness 2:00– Word Game 3:00-Ring Toss 4:00-Hangman	10:00-Stretch and Breathe 1:00-Friendly Visits 2:00– Music with Andrea Gareau (L) 3:00– BINGO 4:00-Sandbags	10:15- Church Service (C) 1:00– Friendly Visits 1:30– Fun and Fitness 2:00– Sing-Along 3:00– Trivia 4:00– Ball Toss 6:15– Classic Movie		AR-Activity Room B– Bar C-Chapel L-Lobby T-Theatre