

RECREATION CHOICES

FEBRUARY 2016

The Bentley, Recreational Director Katelyn Dyck

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:00 Rev it Up! 9:30 Strengthening Exercises 10:00 Mall Shopping 10:30 Lumosity 2:00 Light Switch Cover Craft (take 2) 3:00 Activity Meeting 7:00 Whist	9:00 Rev it Up! 9:30 Dancercise 10:00 Nickel Bingo 2:00 Coop Shopping 2:00 Chicken Foot 2:00 Wii Bowling 3:00 Google Earth 7:00 Canasta & Board Games	9:00 Rev it Up! 9:30 Stay Fit Exercises 10:00 Giant Tiger Shopping 10:00 Lumosity 1:30 South Hill Bowling Outing 2:00 Comedy Club—The Dick Van Dyke Show 7:00 Scrabble 7:00 Human Planet: Oceans	9:00 Rev it Up! 9:30 Yoga 10:30 R.C. Mass 11:30 Build Your Own Pizza Lunch 2:00 Carpet Bowling 3:00 You be the Judge 7:00 Cribbage	9:00 Rev it Up! 9:30 Stretching Exercises 11:30/12:30 Nickname Dinner (regular seating times) 1:30 Walmart Shopping 2:00 Crokinole 3:00 Mexican Fiesta Social 7:00 CASH BINGO (Jim N)	9:00 Rev it Up 9:30 Lumosity with Friends 2:00 Songs with Lorne Jackson 3:00 Ice Cream Treats 7:00 Movie & Popcorn—WILD HORSES
7	8	Pancake Tuesday 9	10	11	12	13
9:00 Rev it Up 9:30 Lumosity 2:00 Victory Church 3:00 Table Top Curling (Morley) 3:00 Snack Shack (Lil C) 7:00 Rummoli	9:00 Rev it Up! 9:30 Weighted Exercises 10:00 Mall Shopping 10:30 Lumosity 11:30/12:30 Chinese New Year Buffet 2:00 Book Club— 3:00 Monkey Drawing 4:30 ONE SUPPER SEATING 7:00 Whist	9:00 Rev it Up! 9:30 Dancercise 10:00 Nickel Bingo 2:00 Coop Shopping 2:00 Residents Council 3:00 Dog visit with Mauri 3:00 Riddle Me This 7:00 Canasta & Board Games	9:00 Rev it Up! 9:30 Stay Fit Exercises 10:00 Salvation Army 10:00 Lumosity 1:30 Casino Outing 2:00 Love Shack Building Competition Scrabble 3:30 Coffee Social 7:00 Scrabble 7:00 Human Planet: Deserts	9:00 Rev it Up! 9:30 Yoga 10:30 R.C. Service DINNER SEAT SWITCH 2:00 Rose Napkin Folding 3:00 Box of Chocolate Bingo 7:00 Cribbage	9:00 Rev it Up! 9:30 Stretching Exercises 10:00 Walmart Shopping 2:30 Valentines Tea with Harp Entertainment 5:00 BOXED SUPPER 7:30 Melody Makers (2nd floor music)	9:00 Rev it Up 9:30 Lumosity with Friends 2:00 Art with Gladys 3:00 Ice Cream Treats 7:00 Movie & Popcorn—YOU'VE GOT MAIL Happy Birthday Fran Cardiff
Valentines Day 14	Family Day 15	16	17	18	19	20
Random Act of Kindness Week 9:00 Rev it Up 9:30 Lumosity 2:00 Sunningdale 3:00 Church Wine & Cheese Social 7:00 Rummoli	9:00 Rev it Up! 10:00 Walking Exercises (indp.) 10:30 Lumosity 11:00-12:00 Family Day Buffet Family Movie & Popcorn: Inside Out 2:00 Board Games & Activity Sheets 3:30 Whist 7:00 Wii Sports with Family	9:00 Rev it Up! 9:30 Dancercise 10:00 Nickel Bingo 2:00 Coop Shopping 2:00 Kindness Goodie Bag Making 3:00 Encouragement Wall Craft 7:00 Canasta & Board Games	9:00 Rev it Up! 9:30 Stay Fit Exercises 10:00 Canadian Tire Shopping 10:00 Lumosity 2:30 Hoola in the Coola Social 7:00 Scrabble 7:00 Human Planet: Arctic	9:00 Rev it Up! 9:30 Yoga 10:30 R.C. Service 2:00 Resident Visits 3:00 Hot Happy Hour 7:00 Cribbage	9:00 Rev it Up! 9:30 Stretching Exercises 11:30 Dinner Party Outing 1:30 Walmart Shopping 2:00 Baking: Chocolate Strawberries 3:00 Welcome Party for New Residents 7:00 CASH BINGO (Jim N)	9:00 Rev it Up 9:30 Lumosity with Friends 2:00 Wilf Puffault (2nd Floor Music) 3:00 Ice Cream Treats 7:00 Movie & Popcorn—THE IMITATION GAME (NETFLIX)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
9:00 Rev it Up 9:30 Lumosity 2:00 Zion United Church Table Top Curling (Laure) 3:00 Snack Shack (Lil C) 3:00 Hymn Sing with Cecil Glover 7:00 Rummoli	9:00 Rev it Up! 9:30 Strengthening Exercises 10:00 Mall Shopping 10:30 Lumosity 1:30 "I Used to Live There" Outing 3:00 Banana Grams 3:00 Crossword Social 7:00 Whist	9:00 Rev it Up! 9:30 Dancercise 10:00 Nickel Bingo 2:00 Coop Shopping 2:00 Book Club—The Vinyl Café 3:00 Ice Cream Sundae Social 7:00 Canasta & Board Games	9:00 Rev it Up! 9:30 Stay Fit Exercises 10:00 Bus Banking 10:00 Lumosity 2:00 Rev it Up Information Session 3:00 Word Unscramble 7:00 Scrabble 7:00 Human Planet: Jungles	9:00 Rev it Up! 9:30 Yoga 10:30 R.C. Service DINNER TIME TRIVIA 2:00 Wii Bowling 3:00- Andy L'Heureux 4:00 Birthday Party with Harry Start-up 7:00 Cribbage	9:00 Rev it Up! 9:30 Stretching Exercises 1:30 Walmart Shopping 2:00 Wheel of Fortune 3:00 CASH BINGO 7:00 Pick Your Game	9:00 Rev it Up 9:30 Lumosity with Friends 2:00 Horse Racing (Laure) 3:00 Ice Cream Floats 7:00 Movie & Popcorn—BUTCH CASSIDY & THE SUNDANCE KID
28	29					
9:00 Rev it Up 9:30 Lumosity 11:00 Sunday Brunch 2:00 Caronport Community Church 3:00 Table Top Curling (Morley) 7:00 Rummoli	9:00 Rev it Up! 9:30 Walking Exercises (indp.) 10:00 Mall Shopping 10:30 Lumosity 2:00 Origami Frogs 3:00 Birthday Party 7:30 Pub Night with Rod & Cindy (Dance)					
					Room Legend	
					2nd Floor: Activity Common Area & Coffee Bar	