

# THE WELLINGTON RECREATION CHOICES

FEBRUARY 2016

The Wellington • Robyn Barry, Recreational Director, Email: [robyn.barry@reveraliving.com](mailto:robyn.barry@reveraliving.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 10:00am Sit & be Fit- CH 10:45am Cyber Trivia- B 2:00pm <b>Your Life, Your Story, Your Book Presentation</b> 3:30pm Wellington Choir Rehearsal- CH 7:30pm Jackpot Bingo- CH	<b>2</b> 9:30am Pilates- CH 10:45am Cyber Trivia- B 1:00pm <b>Get to Know You- YR</b> 2:00pm Rexall Presentation 3:30pm Book Club 3:45pm <b>Drum Circle- CH</b> 7:30pm Bridge Mixture	<b>3</b> 10:00am Sit & be Fit/Weights 10:45am Cyber Trivia- B 12:30pm BUS: Chswd. Centre 12:45pm <b>BUS: MTC</b> 1:45pm BUS: Chswd. Medical 2:00pm Shuffleboard 7:30pm Movie Night: The Longest Ride	<b>4</b> 10:30am Resident Council- YR 10:45am Cyber Trivia- B 2:15pm BUS: Tuxedo Mall & Superstore 2:00pm Wii Bowling 7:30pm Musical: Les Miserables	<b>5</b> 9:30am Pilates- CH 9:45am <b>BUS: WSO Matinee</b> 10:45pm Cyber Trivia- B 12:45pm BUS: Grant Park 1:00pm <b>Knitters &amp; Crafters Mtg</b> 2:00pm Current Events- YR 3:30pm Book Club- CH 7:30pm Movie Night: Far From The Madding Crowd	<b>6</b> 11:00am Downton Abbey 1:00pm Friday Movie Encore: Far From the Madding Crowd 1:30pm Knitting Circle 3:00pm Saturday Searches 7:30pm <b>Arctic Ocean: The Frozen Sea</b>
<b>7</b> 11:00am Miss Fishers Murder Mysteries- CH 1:00pm Shuffleboard 2:00pm CMU Concert Series 2:00pm Afternoon Bridge 3:00pm Sunday Crossword 7:30pm Myth Hunters	<b>8 Chinese New Year</b> 10:00am Sit & be Fit- CH 10:45am Cyber Trivia- B 2:00pm <b>Chinese New Year</b> 3:30pm Sing-a-long- CH 7:30pm Jackpot Bingo- CH  <b>WEAR RED DAY</b>	<b>9</b> 9:30am Pilates- CH 10:45am Cyber Trivia- B 1:30pm <b>BUS: Winnipeg Art Gallery: Olympus</b> 3:30pm Book Club 7:30pm Bridge Mixture	<b>10</b> 10:00am Sit & be Fit/Weights 10:45am Cyber Trivia- B 12:45pm BUS: Chswd. Centre 1:45pm BUS: Chswd. Medical 1:00pm <b>Get to Know You- YR</b> 2:00pm Wii Bowling 2:00pm Shuffleboard 7:30pm <b>Birthdays Night with "Kaleidoscope"</b>	<b>11</b> 10:30am United Church Service- CH 10:45am Cyber Trivia- B 1:15pm BUS: Polo Park 2:00pm <b>Chocolate Party</b> 7:30pm Musical: Moulin Rouge	<b>12 Foot Care</b> 9:30am Pilates- CH 9:30am BUS: Wal-Mart & Nygard 10:45pm Cyber Trivia- B 12:45pm BUS: Grant Park 2:00pm Current Events- YR 3:30pm Book Club- CH 4:00pm <b>Happy Hour</b> 7:30pm Movie Night: The Martian	<b>13</b> 11:00am Downton Abbey 11:30am <b>BUS: Lunch at Sunny &amp; Rose's</b> 1:00pm Friday Movie Encore: The Martian 1:30pm Knitting Circle 3:00pm Saturday Searches 7:30pm <b>Taiga: Frozen Forests</b>
<b>14 Valentine's Day</b> 11:00am Miss Fishers Murder Mysteries- CH 1:00pm <b>BUS: POPs</b> 1:00pm Shuffleboard 2:00pm Afternoon Bridge 3:00pm Sunday Crossword 7:30pm <b>Myth Hunters</b>	<b>15 Louis Riel Day</b> 10:45am Morning Trivia- B 1:00pm <b>Movie Matinee: The Vow- CH</b> 2:00pm Card Games- FS 7:30pm Chocolate Bingo - CH	<b>16</b> 9:30am Pilates- CH 10:45am Cyber Trivia- B 2:00pm <b>Distinguished Speaker</b> 3:30pm Book Club 7:30pm Bridge Mixture	<b>17</b> 10:00am Sit & be Fit/Weights 10:45am Cyber Trivia- B 12:45pm BUS: Chswd. Centre 1:45pm BUS: Chswd. Medical 2:00pm <b>Wii Bowling</b> 2:00pm Shuffleboard 7:30pm Movie Night: Big Fish	<b>18</b> 10:45am Cyber Trivia- B 10:45am <b>BUS: WCC</b> 11:00am <b>Get to Know You- YR</b> 1:45pm <b>BUS: Chinese New Year Acrobatic Performance</b> 7:30pm Musical: Phantom of the Opera	<b>19</b> 9:30am Pilates- CH 9:30am BUS: Sobeys/Dollarama 10:45pm Cyber Trivia- B 12:45pm BUS: Grant Park 2:00pm Current Events- YR 3:30pm Book Club- CH 7:30pm Movie Night: The Intern	<b>20</b> 11:00am Downton Abbey 1:00pm Friday Movie Encore: The Intern 1:30pm Knitting Circle 3:00pm Saturday Searches 7:30pm <b>Tundra: Desert of Ice</b>
<b>21</b> 11:00am Miss Fishers Murder Mysteries- CH 1:00pm Shuffleboard 2:00pm Afternoon Bridge 3:00pm Sunday Crossword 3:30pm Hymn Sing with Marie 7:30pm <b>Myth Hunters</b>	<b>22</b> 10:00am Sit & be Fit- CH 10:30am <b>Wpg. Public Library</b> 10:45am Cyber Trivia- B 2:00pm <b>Cranium Crunches</b> 3:30pm <b>Drum Circle- CH</b> 7:30pm Jackpot Bingo- CH	<b>23</b> 9-10am <b>Blood Pressure Clinic</b> 9:30am Pilates- CH 10:45am Cyber Trivia- B 10:45am <b>BUS: Lunch at Bellissimo</b> 2:00pm National Bank Financial Presentation 3:30pm Book Club 7:30pm Bridge Mixture	<b>24</b> 10:00am Sit & be Fit/Weights 10:45am Cyber Trivia- B 12:45pm BUS: Chswd. Centre 1:45pm BUS: Chswd. Medical 2:00pm Shuffleboard 7:30pm Movie Night: About Time	<b>25</b> 10:45am Cyber Trivia- B 11:00am <b>Get to Know You</b> 1:15pm <b>BUS: Great Ice Show/Trip to The Forks</b> 2:00pm Wii Bowling 5:00pm <b>Chefs Table- YR</b> 7:30pm Musical: Annie	<b>26 Foot Care</b> 9:30am Pilates- CH 9:30am <b>BUS: Tour of The Legislative Building</b> 10:45pm Cyber Trivia- B 12:45pm BUS: Grant Park 2:00pm Current Events- YR 3:30pm Book Club- CH 7:30pm Movie Night: Woodlawn	<b>27</b> 11:00am Downton Abbey 1:00pm Friday Movie Encore: Woodlawn 11:15am <b>BUS: Movie Outing at Grant Park- TBA</b> 1:30pm Knitting Circle 3:00pm Saturday Searches 7:30pm <b>Iceland: Land of Fire &amp; Ice</b>
<b>28</b> 11:00am Miss Fishers Murder Mysteries- CH 1:00pm Shuffleboard 2:00pm Afternoon Bridge 3:00pm Sunday Crossword 7:30pm <b>Myth Hunters</b>	<b>29</b> 10:00am Sit & be Fit- CH 10:45am Cyber Trivia- B 2:00pm <b>Get to Know You- YR</b> 3:30pm Wellington Choir Rehearsal- CH 7:30pm Jackpot Bingo- CH			<b>IMPORTANT DATES</b> Wear Red Day • Feb 8 <sup>th</sup> Foot Care • Feb 12 <sup>th</sup> , 26 <sup>th</sup> Winnipeg Library • Feb 22 <sup>nd</sup> Blood Pressure • Feb 23 <sup>rd</sup>		<b>ROOM LEGEND</b> CH Chalfont Room YR York Room FS Fireside Lounge F Fitness Centre L Library