



Terrace Gardens Retirement Residence

MARCH 2016



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>IMPORTANT DATES OF EVENTS</p> <p>March Outing Dates: 2nd/10th/14/17th/22nd/24th/30th.</p> <p>National Grammar Day: March 4th</p> <p>International Women's Day: March 8th</p> <p>Daylight Savings Time Begins: March 12th</p> <p>St. Patrick's Day: March 17th</p> <p>R.S.V.P. Deadline for Purim Party: March 18th</p> <p>Annual 2016 Purim Party: March 24th</p> <p>Good Friday/Shushan Purim: March 25th</p> <p>Easter Sunday: March 27th</p> <p>Hatzolah Resident & Family Info Night: March 28th</p>		<p>1</p> <p>9:30 = "Purls of Wisdom" Knitting and Crochet Group (FLA)</p> <p>10:30 = Chair Exercises on 3rd (3rd)</p> <p>11:15 = Marlene's Wellness & Gentle Fitness Class (AR)</p> <p>1:30 = The Food Network Show (3rd)</p> <p>1:30 = Crafting w/ Andrea (AR)</p> <p>3:15 = Afternoon Tea & Cookies - Horoscope Readings (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:15 = PROGRAM SERIES = "The Purpose & Meaning of Chessed" - Part #1 w/ Richard (AR)</p>	<p>2</p> <p>9:15 = Revera Bus Outing to Thornhill Walmart</p> <p>10:15 = The Music n' Movement Circle w/ Miya (3rd)</p> <p>10:30 = Falls Prevention Class w/ Debbie (TR)</p> <p>11:00 = Main Floor Music Therapy Class w/ Miya (AR)</p> <p>1:30 = The National Geographic Show (3rd)</p> <p>1:45 = Nathaniel's Strength and Flex Exercises (AR)</p> <p>3:15 = Caffeine-Free Social Tea Party (AR)</p> <p>3:30 = Social Tea for A.L. Floor residents (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:30 = Evening Intergenerational Program w/ Rabbi Shaya & Chabad on the Avenue Shul Friends</p>	<p>3</p> <p>10:15 = Gentle Exercises on 3rd Floor w/ Lee Ann (3rd)</p> <p>10:45 = Lee Ann's Chair Yoga & Relaxation Techniques (AR)</p> <p>11:15 = Pet Visits w/ Brody & Stephanie (FLA)</p> <p>2:00 = "Time Magazine Through the Decades" Talk (AR)</p> <p>3:15 = Social Tea & News from Israel (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:30 = Evening BINGO w/ Eddie (AR)</p>	<p>4</p> <p>National Grammar Day</p> <p>10:15 = Wellness & Gentle Fitness Class w/ Diane from Baycrest (AR)</p> <p>11:00 = "The Origins of Things" Talk w/ Monica (AR)</p> <p>1:30 = The Game Show of the Day (3rd)</p> <p>1:30 = "Revera English Class 101 - Grammar" (AR)</p> <p>3:15 = "Pie High Fridays"/"Birthday Menschen's" Afternoon Tea & Jewish Reflections (AR) / 3:30 = A.L. Floor Tea Time</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>5:00 = Evening Kiddush for Erev Shabbat (DR)</p> <p>5:45 = Erev Shabbat - Candle Lighting (DR)</p>	<p>5</p> <p>Shabbat Shalom - Parachat Vayakhe/Shekalim</p> <p>11:00 = Fitness with Eric (TR)</p> <p>12:00 = Shabbat Kiddush w/ Rabbi Arie (DR)</p> <p>1:30 = Classic Movies on the 3rd Floor (3rd)</p> <p>3:00 = Volunteer Visiting (AR)</p> <p>3:15 = Shabbas Social Tea Time</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>7:00 = Havdallah Service w/ Rabbi Arie (MF)</p> <p>7:00 = Toronto Maple Leafs Hockey (Toronto vs. Ottawa) (TR & 3rd)</p>
<p>6</p> <p>10:00 = "Sunday Schmoozing" w/ Aleeza (3rd)</p> <p>10:30 = Intergenerational Program w/ Darchai Noam Hebrew School Students (AR)</p> <p>11:15 = Birdie Ballet w/ Angela (AR)</p> <p>2:00 = Afternoon Musical Concert w/ Anna Maria Eisler (AR)</p> <p>3:15 = Sunday Social Tea Party (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>6:00 = Movie Night (TR)</p>	<p>7</p> <p>10:15 = "Let's have a Ball" Exercises w/ Eva (3rd)</p> <p>11:00 = Bender Ball Class w/ Eva (AR)</p> <p>11:30 = "Brain Teasers" w/ Monica (AR)</p> <p>1:30 = "Adult Coloring Session" w/ Monica (AR)</p> <p>3:15 = Social Tea "Sundaes on Mondays" with the Local News (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:15 = Evening Lecture - "The History of Popular Music" w/ James Kekanovich (AR)</p>	<p>8</p> <p>International Women's Day 2016</p> <p>9:30 = "Purls of Wisdom" Knitting/ Crochet Group (FLA)</p> <p>10:30 = Sing-A-Long w/ Monica (AR)</p> <p>11:15 = Marlene's Wellness & Gentle Fitness Class (AR)</p> <p>1:30 = The Food Network Show (3rd)</p> <p>2:00 = Chessed Program - "The Shoe Box Project" (AR)</p> <p>3:15 = Afternoon Tea & Cookies - Horoscope Readings (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:15 = BINGO w/ Chantel (AR)</p>	<p>9</p> <p>10:15 = Chair Dancing w/ Monica (3rd)</p> <p>10:30 = Falls Prevention Class w/ Debbie (TR)</p> <p>10:45 = Lee Ann's Touch Therapy Session (3rd)</p> <p>11:15 = Stretch N' Kvetch Exercises w/ Monica (AR)</p> <p>1:30 = The National Geographic Show (3rd)</p> <p>1:45 = Nathaniel's Strength and Flex Exercises (AR)</p> <p>3:15 = Barbie Doll Social Tea Party (AR)</p> <p>3:30 = Social Tea for A.L. Floor residents (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:30 = Evening Intergenerational Program w/ Rabbi Shaya & Chabad on the Avenue Shul Friends</p>	<p>10</p> <p>Rosh Chodesh Adar II - Day #1</p> <p>10:30 = Revera Bus Outing to Bata Shoe Museum w/ Indoor Picnic Lunch (\$12)</p> <p>10:15 = Gentle Exercises on 3rd Floor w/ Lee Ann (3rd)</p> <p>10:45 = Lee Ann's Chair Yoga & Relaxation Techniques (AR)</p> <p>11:15 = Pet Visits w/ Brody & Stephanie (FLA)</p> <p>1:00 = Food Council Meeting w/ Ari (AR)</p> <p>2:00 = "Pipe Cleaner Creations" Craft Activity w/ Lisa (AR)</p> <p>3:15 = Social Tea & News from Israel (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:30 = Evening BINGO w/ Eddie (AR)</p>	<p>11</p> <p>Rosh Chodesh Adar II - Day #2</p> <p>10:15 = Wellness & Gentle Fitness Class w/ Diane from Baycrest (AR)</p> <p>11:00 = "Dream Interpretations" Talk w/ Monica (AR)</p> <p>1:30 = The Game Show of the Day (3rd)</p> <p>3:15 = "Pie High Fridays"/"Birthday Menschen's" Afternoon Tea & Jewish Reflections (AR) / 3:30 = A.L. Floor Tea Time</p> <p>4:00 = Kabbalat Shabbat w/ Cantor Deborah Staimen (AR)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>5:00 = Evening Kiddush for Erev Shabbat (DR)</p> <p>6:00 = Erev Shabbat - Candle Lighting (DR)</p>	<p>12</p> <p>Day Light Savings Time Begins Tonight - Turn Your Clock AHEAD One Hour</p> <p>Shabbat Shalom - Parachat Pekude</p> <p>11:00 = Morning Fitness with Eva (TR)</p> <p>12:00 = Shabbat Kiddush w/ Rabbi Arie (DR)</p> <p>1:30 = Classic Movies on the 3rd Floor (3rd)</p> <p>3:00 = Volunteer Visiting (AR)</p> <p>3:15 = Shabbas Social Tea Time</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>7:00 = Toronto Maple Leafs Hockey (Toronto vs. Ottawa) (TR & 3rd)</p> <p>7:15 = Havdallah Service w/ Rabbi Arie (MF)</p>
<p>13</p> <p>10:00 = "Sunday Schmoozing" w/ Aleeza (3rd)</p> <p>11:00 = "Singing for Wellness" w/ Kathy (AR)</p> <p>2:00 = Afternoon Musical Concert w/ Maria Van Zoomeren (AR)</p> <p>3:15 = Sunday Social Tea Party (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>6:00 = Movie Night (TR)</p>	<p>14</p> <p>10:15 = "Let's have a Ball" Exercises w/ Eva (3rd)</p> <p>11:00 = Bender Ball Class w/ Eva (AR)</p> <p>11:30 = "Piano Time" w/ Phoenix (AR)</p> <p>12:00 = Revera Bus Outing to Canada Blooms (\$14)</p> <p>1:30 = "Armchair Travelogue" w/ Phoenix (AR)</p> <p>3:15 = Social Tea "Sundaes on Mondays" with the Local News (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:15 = "Let's Play Black Jack" (AR)</p>	<p>15</p> <p>9:30 = "Purls of Wisdom" Knitting and Crochet Group (FLA)</p> <p>10:30 = Chair Exercises on 3rd (3rd)</p> <p>11:15 = Marlene's Wellness & Gentle Fitness Class (AR)</p> <p>1:30 = The Food Network Show (3rd)</p> <p>1:30 = "Springtime Craft" w/ Lisa (AR)</p> <p>3:15 = Afternoon Tea & Cookies - Horoscope Readings (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:15 = PROGRAM SERIES = "The Purpose & Meaning of Chessed" - Part #2 w/ Richard (AR)</p>	<p>16</p> <p>10:15 = The Music n' Movement Circle w/ Miya (3rd)</p> <p>10:30 = Falls Prevention Class w/ Debbie (TR)</p> <p>11:00 = Main Floor Music Therapy Class w/ Miya (AR)</p> <p>1:30 = The National Geographic Show (3rd)</p> <p>1:45 = Nathaniel's Strength and Flex Exercises (AR)</p> <p>3:15 = Brain Health Social Tea Party (AR)</p> <p>3:30 = Social Tea for A.L. Floor residents (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:30 = Evening Intergenerational Program w/ Rabbi Shaya & Chabad on the Avenue Shul Friends</p>	<p>17</p> <p>St. Patrick's Day 2016 - Wear Something Green</p> <p>9:00 = Revera Outing to Betel's Intergenerational Program</p> <p>10:00 = Eitz Chaim Grade 2 Purim Performance (AR)</p> <p>10:45 = "All Things Irish" - Fun w/ Lisa (AR)</p> <p>11:15 = Pet Visits w/ Brody & Stephanie (FLA)</p> <p>1:30 = Irish Tunes w/ Jay Franco (AR)</p> <p>2:30 = Word-in-a-Word - Irish Edition (AR)</p> <p>3:15 = "Green" Social Tea Party (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:30 = Evening BINGO w/ Eddie (AR)</p>	<p>18</p> <p>*Please R.S.V.P. your Guests by TODAY for our Purim Party*</p> <p>10:15 = Wellness & Gentle Fitness Class w/ Diane from Baycrest (AR)</p> <p>11:00 = "Think Positive" Talk w/ Monica (AR)</p> <p>1:30 = The Game Show of the Day (3rd)</p> <p>3:15 = "Spring Tune Up - Beauty Facials" w/ Phoenix (AR)</p> <p>3:15 = "Pie High Fridays"/"Birthday Menschen's" Afternoon Tea & Jewish Reflections (AR) / 3:30 = A.L. Floor Tea Time</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>5:00 = Evening Kiddush for Erev Shabbat (DR)</p> <p>7:00 = Erev Shabbat - Candle Lighting (DR)</p>	<p>19</p> <p>Shabbat Shalom - Parachat Vayikra/Zachor</p> <p>11:00 = Chair Dancing w/ Kharen (TR)</p> <p>12:00 = Shabbat Kiddush w/ Rabbi Arie (DR)</p> <p>1:30 = Classic Movies on the 3rd Floor (3rd)</p> <p>3:00 = Volunteer Visiting (AR)</p> <p>3:15 = Shabbas Social Tea Time</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>7:00 = Toronto Maple Leafs Hockey (Toronto vs. Buffalo) (TR & 3rd)</p> <p>8:15 = Havdallah Service w/ Rabbi Arie (MF)</p>
<p>20</p> <p>10:00 = "Sunday Schmoozing" w/ Aleeza (3rd)</p> <p>11:15 = Birdie Ballet w/ Angela (AR)</p> <p>2:00 = Afternoon Musical Concert w/ Francis DeMello (AR)</p> <p>3:15 = Sunday Social Tea Party (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>6:00 = Movie Night (TR)</p>	<p>21</p> <p>10:15 = "Let's have a Ball" Exercises w/ Eva (3rd)</p> <p>11:00 = LADIES ONLY Eitz Chaim - Grade 2 Purim Fun (TR)</p> <p>11:30 = Music n' Movement w/ Phoenix (AR)</p> <p>2:00 = Balloon Badminton w/ Phoenix (AR)</p> <p>3:15 = Social Tea "Sundaes on Mondays" with the Local News (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:00 = Associated Hebrew School Mitzvah Purim Fun (AR)</p> <p>6:15 = PO-KE-NO Game Night (AR)</p>	<p>22</p> <p>9:00 = Revera Outing to Betel - Rabbi's Purim Lecture (\$6)</p> <p>9:30 = "Purls of Wisdom" Knitting and Crochet Group (FLA)</p> <p>10:30 = Music & Movement w/ Lisa (3rd)</p> <p>11:15 = Marlene's Wellness & Gentle Fitness Class (AR)</p> <p>1:30 = The Food Network Show (3rd)</p> <p>1:30 = "Let's Make Purim Greggors" (AR)</p> <p>3:15 = Afternoon Tea & Cookies - Horoscope Readings (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:15 = BINGO w/ Chantel (AR)</p>	<p>23</p> <p>Fast of Esther</p> <p>10:15 = Chair Dancing w/ Monica (3rd)</p> <p>10:30 = Falls Prevention Class w/ Debbie (TR)</p> <p>10:45 = Lee Ann's Touch Therapy Session (3rd)</p> <p>11:15 = Stretch N' Kvetch Exercises w/ Monica (AR)</p> <p>1:30 = The National Geographic Show (3rd)</p> <p>1:45 = Nathaniel's Strength and Flex Exercises (AR)</p> <p>3:15 = Cherry Blossom Tea Party (AR)</p> <p>3:30 = Social Tea for A.L. Floor residents (3rd)</p> <p>4:30 = Heschel School Choir Performance (AR)</p> <p>7:30 = Erev Purim - Megillah Reading (AR)</p>	<p>24</p> <p>Purim 2016 - Annual Purim Party Tonight!</p> <p>9:45 = Purim Day - Megillah Reading (AR)</p> <p>10:15 = Gentle Exercises on 3rd Floor w/ Lee Ann (3rd)</p> <p>10:45 = Lee Ann's Chair Yoga & Relaxation Techniques (AR)</p> <p>11:15 = Pet Visits w/ Brody & Stephanie (FLA)</p> <p>12:15 = Revera Outing to JCC Purim Shpiel & Party (\$14)</p> <p>1:30 = Comedy Movie (TR)</p> <p>3:15 = Social Tea & Purim Puzzles (TR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>5:00 to 7:00 = Annual Purim Seudah Dinner (DR & FLA)</p> <p>6:00 = Purim Entertainment w/ Rita Maslov (AR)</p>	<p>25</p> <p>Shushan Purim / Good Friday 2016</p> <p>10:30 = Good Morning Fitness w/ Monica (AR)</p> <p>11:15 = "All About Purim" Talk w/ Monica (AR)</p> <p>1:30 = The Game Show of the Day (3rd)</p> <p>1:30 = The All-Request YouTube Hour w/ Monica (AR)</p> <p>3:15 = "Pie High Fridays"/"Birthday Menschen's" Afternoon Tea & Jewish Reflections (AR) / 3:30 = A.L. Floor Tea Time</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>5:00 = Evening Kiddush for Erev Shabbat (DR)</p> <p>7:15 = Erev Shabbat - Candle Lighting (DR)</p>	<p>26</p> <p>Shabbat Shalom - Parachat Tzav</p> <p>11:00 = Boomer Fitness w/ Adriana (TR)</p> <p>12:00 = Shabbat Kiddush w/ Rabbi Arie (DR)</p> <p>1:30 = Classic Movies on the 3rd Floor (3rd)</p> <p>3:00 = Volunteer Visiting (AR)</p> <p>3:15 = Shabbas Social Tea Time</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>7:00 = Toronto Maple Leafs Hockey (Toronto vs. Boston) (TR & 3rd)</p> <p>8:30 = Havdallah Service w/ Rabbi Arie (MF)</p>
<p>27</p> <p>Easter Sunday 2016</p> <p>10:00 = "Sunday Schmoozing" w/ Aleeza (3rd)</p> <p>11:00 = "Vintage Fitness" w/ Olena (AR)</p> <p>1:30 = Easter Egg Fun w/ Lisa (AR)</p> <p>2:30 = Bunnies n' Chickens Zoo Program (TR)</p> <p>3:15 = Easter Sunday Tea Party (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>6:00 = Movie Night (TR)</p>	<p>28</p> <p>10:15 = "Let's have a Ball" Exercises w/ Eva (3rd)</p> <p>11:00 = Bender Ball Class w/ Eva (AR)</p> <p>11:30 = "Famous Hollywood Couples" Talk (AR)</p> <p>2:00 = Ramp Bowling w/ Monica (AR)</p> <p>3:15 = Social Tea with Crossword Puzzles (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>7:00 = Educational Session for Residents & Family "Hatzolah" - The Jewish Emergency Response Service</p>	<p>29</p> <p>9:30 = "Purls of Wisdom" Knitting/ Crochet Group (FLA)</p> <p>10:30 = Sing-A-Long w/ Monica (AR)</p> <p>11:15 = Marlene's Wellness & Gentle Fitness Class (AR)</p> <p>1:00 = Resident Council Meeting w/ Hannah (TR)</p> <p>2:00 = Monopoly Money Auction (AR)</p> <p>3:15 = Afternoon Tea & Cookies - Horoscope Readings (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:15 = PROGRAM SERIES = "The Purpose & Meaning of Chessed" - Part #3 w/ Richard (AR)</p>	<p>30</p> <p>10:15 = The Music n' Movement Circle w/ Miya (3rd)</p> <p>10:30 = Falls Prevention Class w/ Debbie (TR)</p> <p>11:00 = Main Floor Music Therapy Class w/ Miya (AR)</p> <p>12:15 = Revera Outing to Betel's Post-Purim Party (\$10)</p> <p>1:30 = The National Geographic Show (3rd)</p> <p>1:45 = Nathaniel's Strength and Flex Exercises (AR)</p> <p>3:15 = Jeopardy Fun Social Tea Party (AR)</p> <p>3:30 = Social Tea for A.L. Floor residents (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:30 = Evening Intergenerational Program w/ Rabbi Shaya & Chabad on the Avenue Shul Friends</p>	<p>31</p> <p>10:15 = Gentle Exercises on 3rd Floor w/ Lee Ann (3rd)</p> <p>10:45 = Lee Ann's Chair Yoga & Relaxation Techniques (AR)</p> <p>11:15 = Pet Visits w/ Brody & Stephanie (FLA)</p> <p>2:00 = Help to make "No-Bake Desserts" w/ Lisa (AR)</p> <p>3:15 = Social Tea & News from Israel (AR)</p> <p>3:30 = Social Tea on the A.L. Floor (3rd)</p> <p>4:15 = "Fun on 3rd" - Activities for all! (3rd)</p> <p>6:30 = Evening BINGO w/ Eddie (AR)</p>	<p>ROOM LEGEND</p> <p>AL = Assisted Living (3rd Floor)</p> <p>AR = Activity Room</p> <p>TR = Theater Room</p> <p>LL = Lower Level</p> <p>MF = Main Floor</p> <p>FLA = Front Lounge Area</p> <p>FRD = Front Reception Desk</p> <p>3rd = 3rd Floor Lounge</p>	