

PARKWOOD COURT RECREATION CHOICES

MARCH 2016

Parkwood Court • Paula Hosking, Recreation Director • 1 st Floor						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Sit & Stretch – 1stL 11:00 Sing with Brenda – 1stL 1:30 Bridge Club - LBR 2:30 Tea Time – DR 3:00 Hot Chocolate Social	2 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Yoga – 1stL 11:00 Documentary – 1stL 1:00 Music Group – 1stL 2:30 Tea Time - DR 3:15 Resident Council - LBR	3 9:45 Pet Visits with Sadie 9:45 Coffee & Catch Up – 1stL 10:15 Daily Chronicles - 1stL 10:30 Seated Fitness – 1stL 11:15 Would You Rather – 1stL 1:15 Scenic Drive -SUR 2:30 Tea Time- DR	4 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles– 1stL 10:30 Laugh Out Loud – 1stL 11:00 Active Games – 1stL 1:15 Adventure Lectures – 1stL 2:30 Tea Time- DR 3:00 Happy Hour with Jeremy Switzer	5 10:00 Team Crossword– 1stL 10:30 Tuck Shop 11:15 Chair Volleyball – 1stL 1:30 Horseracing – 1stL 2:30 Tea Time- DR 2:30 One to One's 3:00 Movie: Brigadoon
6 10:15 Documentary– 1stL 1:15 Music Listening – 1stL 2:00 Racquetball – 1stL 2:30 Tea Time – DR 3:30 Joan Songhurst – 1stL	7 9:00 Piano with Nalin – 1stL 9:15 Puzzle Fun - LBR 10:15 Yoga – 1stL 11:00 Bingo – 1stL 1:00 Art Class – 1stL 2:30 Tea Time – DR 3:15 Daily Chronicles – 1stL	8 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Sit & Stretch – 1stL 11:00 Hangman – 1stL 1:30 Bridge Club - LBR 2:30 Tea Time – DR 3:00 Hot Apple Cider Social	9 8:00 Special Breakfast - SUR 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Yoga – 1stL 11:00 Documentary – 1stL 1:00 Music Group – 1stL 2:30 Tea Time - DR	10 9:45 Pet Visits with Sadie 9:45 Coffee & Chronicles 1stL 10:30 Seated Fitness – 1stL 11:15 Would You Rather – 1stL 1:15 Scenic Drive -SUR 2:30 Tea Time- DR 3:00 Sing Along – 1stL	11 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles– 1stL 10:30 Laugh Out Loud – 1stL 11:00 Chair Dancing – 1stL 2:30 Tea Time- DR 3:00 Happy Hour with Charlie Burton	12 10:00 Team Crossword– 1stL 10:30 Tuck Shop 12:00 BBQ - SUR 1:30 Bowling – 1stL 2:30 Tea Time- DR 2:30 One to One's 3:00 Movie: Darby O'Gill
13 Daylight Savings! 10:15 Dean Helm – 1stL 1:15 Music Listening – 1stL 2:00 Racquetball – 1stL 2:30 Tea Time – DR	14 9:00 Piano with Nalin – 1stL 9:15 Puzzle Fun - LBR 10:15 Yoga – 1stL 11:00 Bingo – 1stL 1:00 Art Class – 1stL 2:30 Tea Time – DR 3:15 Daily Chronicles – 1stL	15 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Sit & Stretch – 1stL 11:00 Hangman – 1stL 1:30 Bridge Club - LBR 2:30 Tea Time – DR 3:00 Hot Chocolate Social	16 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Yoga – 1stL 11:00 Documentary – 1stL 1:00 Music Group – 1stL 2:30 Birthday Tea - DR 3:15 Horticulture Class – 1stL	17 St. Patrick's Day! 9:45 Pet Visits with Sadie 9:45 Coffee & Chronicles 1stL 10:30 Seated Fitness – 1stL 11:15 Would You Rather – 1stL 2:30 Tea Time- DR 3:00 Sing Along – 1stL 5:00 St. Patrick's Day Dinner	18 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles– 1stL 10:30 Laugh Out Loud – 1stL 11:00 Active Games – 1stL 2:30 Tea Time- DR 3:00 Happy Hour with Tom Gough	19 10:00 Team Crossword– 1stL 10:30 Tuck Shop 11:15 Chair Volleyball – 1stL 1:30 Bocce – 1stL 2:30 Tea Time- DR 2:30 One to One's 3:00 Movie: Singin' in the Rain
20 First Day of Spring! 10:15 Documentary– 1stL 1:15 Music Listening – 1stL 2:00 Racquetball – 1stL 2:30 Tea Time – DR	21 9:00 Piano with Nalin – 1stL 9:15 Puzzle Fun - LBR 10:15 Yoga – 1stL 11:00 Bingo – 1stL 1:00 Art Class – 1stL 2:30 Tea Time – DR 3:15 Daily Chronicles – 1stL	22 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Sit & Stretch – 1stL 11:00 Hangman – 1stL 1:30 Bridge Club - LBR 2:30 Tea Time – DR 3:00 Ice Cream Social	23 Oaklands Kids Visits - TBA 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Yoga – 1stL 11:00 Documentary – 1stL 1:00 Music Group – 1stL 2:30 Tea Time - DR	24 9:45 Pet Visits with Sadie 9:45 Coffee & Chronicles 1stL 10:30 Seated Fitness – 1stL 11:15 Would You Rather – 1stL 1:15 Scenic Drive -SUR 2:30 Tea Time- DR 3:00 Sing Along – 1stL	25 Good Friday 9:45 Coffee & Catch Up – 1stL 10:15 Daily Chronicles– 1stL 11:00 Laugh Out Loud – 1stL 1:15 Adventure Lectures – 1stL 2:30 Tea Time- DR 3:00 Happy Hour with The BVD's	26 10:00 Team Crossword– 1stL 10:30 Tuck Shop 11:15 Chair Volleyball – 1stL 1:30 Bocce – 1stL 2:30 Tea Time- DR 2:30 One to One's 3:00 Movie: Easter Parade
27 Easter 10:15 Dean Helm – 1stL 1:15 Music Listening – 1stL 2:00 Racquetball – 1stL 2:30 Tea Time – DR	28 Easter Monday 9:00 Piano with Nalin – 1stL 9:15 Puzzle Fun - LBR 10:15 Yoga – 1stL 11:00 Bingo – 1stL 1:00 Art Class – 1stL 2:30 Tea Time – DR 3:15 Daily Chronicles – 1stL	29 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Sit & Stretch – 1stL 11:00 Hangman – 1stL 1:30 Bridge Club - LBR 2:30 Tea Time – DR 3:00 Ice Cream Social	30 9:30 Coffee & Catch Up – 1stL 9:45 Daily Chronicles – 1stL 10:15 Yoga – 1stL 11:00 Documentary – 1stL 1:00 Music Group – 1stL 2:30 Tea Time - DR	31 9:45 Pet Visits with Sadie 9:45 Coffee & Chronicles 1stL 10:30 Seated Fitness – 1stL 11:15 Would You Rather – 1stL 1:15 Scenic Drive - cancelled 2:30 Tea Time- DR 3:00 Sing Along – 1stL		ROOM LEGEND 1stL – 1st Floor Lounge LBR – Library DR – Dining Room SUR – Sign Up Required CY – Court Yard – means this program travels around the building