

THE KENSINGTON- RECREATION CHOICES

FEBRUARY 2016

Ali Bettger, Recreational Director

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	10:00 Fun and Fitness EX 10:30 Knitting Club TVR 11:00 1:1 Visits 12:00 Chinese New Year Lunch with Dragon Dancers DR 2:00 Carpet Bowling EXC 4:00 Social Hour TVR 7:15 Bridge LIB	9:45 Rev it Up! EXC 11:00 Java Music Club 2nd floor 1:00 Crafts with Bernice CR 1:30 Chair Zumba EXC 2:15 Pictionary (ipad) EXC 4:00 Social Hour TVR 7:15 Ipad -Netflix Movie	10:00 Pet Therapy 10:30 Flamborough Casino and Lunch 1:15 Chair Tai Chi EXC 2:15 Falls Prevention EXC 3:15 Exercise 2nd Floor 3:15 Popular Love Songs with James EXC 7:30 Bingo with Grecia CR	10:00 Fun and Fitness EX 10:30 News and Views LIB 10:45 Trivia (ipad) 2nd Flr 2:00 Carpet Bowling EXC 2:15 You be the Judge 2nd Flr 4:00 Welcome Social with Specialty Drinks TVR 7:15 Rummicub LIB	9:00 General Exercise EX 10:00 Falls Prevention EXC 11:00 Snooker BIL 11:00 Movement Matters 2nd floor 2:00 Carpet Bowling 2:15 Ipad- 20 Questions 2nd floor 4:00 Social Hour TVR 7:15 Scrabble EXC	11:00 Wii Sports EXC 11:30 Rev it up EXC 2:00 Euchre LIB 2:00 Bridge LIB 3:15 Music with Hanlie DR 4:00 Social Hour TVR 7:15 Movie "About Time" TVR
7	8	9	10	11	12	13
9:45 St. Andrew's Catholic Church Service EXC 2:00 Euchre LIB 4:00 Social Hour TVR 7:30 Documentary "Planet Earth" TVR	10:00 Fun and Fitness EX 10:30 Knitting Club TVR 11:00 1:1 Visits 2nd Floor 2:00 Carpet Bowling EXC 2:30 IPAD Travels "Bulgaria" TVR 4:00 Social Hour TVR 7:15 Bridge LIB	10:00 Food Committee PRD 11:00 Java Music Club 2nd floor 1:00 Crafts with Bernice CR 1:30 Chair Zumba EXC 1:1 Visits 2:00 Wheel of Fortune EXC 2:15 Social Hour TVR 4:00 Social Hour TVR 7:15 Ipad -Netflix Movie	10:00 Pet Therapy 10:30 Shopping Trip to Burlington Mall 1:15 Chair Tai Chi EXC 2:15 Falls Prevention EX 3:15 Exercise 2nd Floor 4:00 Social Hour TVR 7:30 Bingo with Grecia	10:00 Fun and Fitness EXC 10:30 News and Views LIB 11:00 Java Music Club 2nd 1:30 Edible Adventures with Steve and Ali CR 1:45 Ball Games 2nd Floor 2:30 Spot it- Ipad EXC 4:00 Social Hour TVR 7:15 Rummicub	9:00 General Exercise EX 10:00 Falls Prevention EXC 11:00 Snooker BIL 11:00 Movement Matters 2nd floor 2:00 Carpet Bowling 2:00 Dementia Seminar CR 2:15 Ipad- 20 Questions 2nd floor 4:00 Social Hour TVR 7:15 Scrabble EXC	11:00 Wii Sports EXC 11:30 Rev it up EXC 2:00 Euchre LIB 2:00 Bridge LIB 3:15 Music with Hanlie DR 4:00 Social Hour TVR 7:15 Karaoke Night with Sharon EXC
Valentine's Day 14	Family Day! 15	16	17	18	19	20
9:45 St Andrew's Catholic Church Service EXC 2:00 Euchre LIB 4:00 Social Hour TVR 5:30 Valentine's Day Dinner (one seating) 6:00 Music with Marie Gogo DR	10:00 Rev it up! EXC 2:00 Movie "Honey I Shrunk the Kids!" TVR 4:00 Social Hour TVR 7:15 Bridge TVR	9:45 Rev it Up! EXC 11:00 Java Music Club 2nd floor 1:00 Crafts with Bernice CR 1:30 Chair Zumba EXC 2:15 Scattogories (ipad) EXC 4:00 Social Hour TVR 5:00 Dinner at Jac's	10:00 Pet Therapy 10:15 Scenic Drive 1:15 Chair Tai Chi EXC 2:15 Falls Prevention EX 3:15 Mini Putt and Crosswords EXC 3:15 Exercise 2nd Floor 4:00 Social Hour TVR 7:30 Bingo with Grecia	10:00 St. Aidan's Church 10:30 News and Views LIB 11:15 Ipad Games- 2nd Flr 2:00 LawnBowler's Carpet Bowling 2:15 Ball Games- 2nd Flr 4:00 Social Hour TVR 7:15 Rummicub LIB	9:00 General Exercise EX 10:00 Falls Prevention EXC 11:00 Snooker BIL 11:00 Movement Matters 2nd floor 2:00 Carpet Bowling 2:15 Ipad- 20 Questions 2nd floor 4:00 Social Hour TVR 7:30 Music with Gary Smith DR	11:00 Wii Sports EXC 11:30 Rev it up EXC 1:00 Multicultural Day 2:00 Euchre LIB 2:00 Bridge LIB 4:00 Social Hour TVR 7:15 Movie "50 First Dates" TVR

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
9:45 St Andrew's Catholic Church Service EXC 2:00 Euchre LIB 3:15 Music with Hanlie DR 4:00 Social Hour TVR Documentary "Ken Burns Prohibition" 7:30 TVR	10:00 Fun and Fitness EX 10:30 Knitting Club TVR Carpet Bowling EXC 2:00 IPAD Travels 3:15 "Bulgaria" TVR 4:00 Social Hour TVR 7:15 Bridge LIB	10:15 Town Hall Meeting 11:00 Java Music Club 2nd floor 1:00 Crafts with Bernice CR 1:30 Chair Zumba EXC 2:00 Scattegories EXC 4:00 Social Hour TVR 7:15 Ipad:Netflix Movie	10:00 Pet Therapy 12:00 Pub Lunch at The Queen's Head 1:15 Chair Tai Chi EXC 2:15 Falls Prevention EX Exercise 2nd Floor 3:15 Social Hour TVR 4:00 Social Hour TVR 7:30 Bingo with Grecia	10:00 Fun and Fitness EX 10:30 News and Views LIB 10:00 Trivia 2nd Floor 2:00 Music with Darren Evorglens DR 2:15 Ipad Games- 2nd Flr 3:00 Birthday Tea DR 4:00 Social Hour TVR 7:15 Rummicub LIB	9:00 General Exercise EX 10:00 Falls Prevention EXC 11:00 Snooker BIL 11:00 Movement Matters 2nd floor 2:00 Carpet Bowling 2:15 Ipad- 20 Questions 2nd floor 4:00 Social Hour TVR 7:15 Scrabble EXC	11:00 Wii Sports EXC 11:30 Rev it Up EXC 2:00 Bridge BIL 2:15 Euchre EXC 3:15 Music with Hanlie DR 4:00 Social Hour TVR 7:30 Jackpot Bingo CR 8:30 Wine and Cheese CR
28	29					
9:45 St Andrew's Catholic Church Service EXC 2:00 Euchre LIB 2:00 Rev it Up! EXC 4:00 Social Hour TVR 7:30 Documentary "First Man on the Moon"	10:00 Fun and Fitness EX 10:30 Knitting Club TVR 11:15 Bean Boss Toss 2nd 2:00 Carpet Bowling EXC 2:30 IPAD Travels "Bulgaria" TVR 4:00 Social Hour TVR 7:15 Bridge LIB					
			Important Dates		Room Legend	
			Feb 1 Chinese New Year Luncheon Feb 4 Welcome Ceremony @ 4:00 Feb 14 Valentines Day dinner @ 5:30 Feb 20 Multicultural Day		TVR TV Room LIB Library CR Craft Room EXC Exercise Room BIL Billards Room DR Dining Room PDR Private Dining Rm	