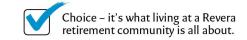
THE KENSINGTON- RECREATION CHOICES

revera Retirement Living

FEBRUARY 2016



					Ali Bett	ger,	Recreational	Dire	ector			Mor	e on next page >
	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
			1	1	2		3	3	4		5		(
		10:30	Fun and Fitness EX Knitting Club TVR	9:45 11:00	Rev it Up! EXC Java Music Club 2nd floor	10:00 10:30	Pet Therapy Flamborough Casino and Lunch	10:00 10:30 10:45	Fun and Fitness EX News and Views LIB Trivia (ipad) 2nd FIr	9:00 10:00 11:00	General Exercise EX Falls Prevention EXC Snooker BIL	11:30 2:00	Rev it up EXC Euchre LIB
		12:00	1:1 Visits Chinese New Year Lunch with Dragon	1:00 1:30	Crafts with Bernice CR Chair Zumba EXC	1:15 2:15	Chair Tai Chi EXC Falls Prevention EXC	2:00 2:15	Carpet Bowling EXC You be the Judge 2nd Flr	11:00 2:00	Movement Matters 2nd floor Carpet Bowling	2:00 3:15	Bridge LIB Music with Hanlie DR
		2:00 4:00 7:15	Dancers DR Carpet Bowling EXC Social Hour TVR Bridge LIB	2:15 4:00 7:15	Pictionary (ipad) EXC Social Hour TVR Ipad -Netflix Movie	3:15 3:15 7:30	Popular Love Songs with James EXC Bingo with Grecia CR	4:00 7:15	Welcome Social with Specialty Drinks TVR Rummicub LIB	2:15 4:00 7:15	Ipad– 20 Questions 2nd floor Social Hour TVR Scrabble EXC	4:00 7:15	Social Hour TVR Movie "About Time" TVR
	7		8	3	9		10		11		12		13
9:45 2:00 4:00	St. Andrew's Catholic Church Service EXC Euchre LIB Social Hour TVR	10:00 10:30 11:00 2:00 2:30	Fun and Fitness EX Knitting Club TVR 1:1 Visits 2nd Floor Carpet Bowling EXC IPAD Travels "Bulgaria" TVR	10:00 11:00 1:00 1:30 2:00	Food Committee PRD Java Music Club 2nd floor Crafts with Bernice CR Chair Zumba EXC 1:1 Visits	10:00 10:30 1:15 2:15	Pet Therapy Shopping Trip to Burlington Mall Chair Tai Chi EXC Falls Prevention EX Exercise 2nd Floor	10:00 10:30 11:00 1:30	Fun and Fitness EXC News and Views LIB Java Music Club 2nd Edible Adventures with Steve and Ali CR Ball Games 2nd Floor	10:00 11:00 11:00 2:00 2:00	General Exercise EX Falls Prevention EXC Snooker BIL Movement Matters 2nd floor Carpet Bowling Dementia Seminar CR		
7:30	Documentary "Planet Earth" TVR	4:00 7:15	Social Hour TVR Bridge LIB	2:15 4:00 7:15	Wheel of Fortune EXC Social Hour TVR Ipad -Netflix Movie	3:15 4:00 7:30	Social Hour TVR Bingo with Grecia	2:30 4:00 7:15	Spot it- lpad EXC Social Hour TVR Rummicub	7:15	Ipad– 20 Questions 2nd floor Social Hour TVR Scrabble EXC	7:15	Karaoke Night with Sharon EXC
	Valentine's Day 14		Family Day! 15	5	16		17		18		19		20
9:45 2:00	St Andrew's Catholic Church Service EXC Euchre LIB	10:00 2:00	Rev it up! EXC Movie "Honey I Shrunk the Kids!"	9:45 11:00	Rev it Up! EXC Java Music Club 2nd floor	10:00 10:15 1:15	Pet Therapy Scenic Drive Chair Tai Chi EXC	10:00 10:30 11:15	St. Aidan's Church News and Views LIB Ipad Games– 2nd	9:00 10:00 11:00	General Exercise EX Falls Prevention EXC Snooker BIL		
1:00 5: 30	Social Hour TVR Valentine's Day Dinner (one seating)	4:00	TVR Social Hour TVR	1:00 1:30 2:15	Crafts with Bernice CR Chair Zumba EXC Scattegories (ipad)	3:15	Falls Prevention EX Mini Putt and Crosswords EXC	2:00 2:15	Flr LawnBowler's Carpet Bowling	11:00 2:00 2:15	Movement Matters 2nd floor Carpet Bowling Ipad- 20 Questions	2:00 2:00 4:00	Euchre LIB Bridge LIB Social Hour TVR
:00	Music with Marie Gogo DR	7:15	Bridge TVR	4:00 5:00	EXC Social Hour TVR Dinner at Jac's	3:15 4:00 7:30	Exercise 2nd Floor Social Hour TVR Bingo with Grecia	4:00 7:15	Ball Games– 2nd Flr Social Hour TVR Rummicub LIB	4:00 7:30	2nd floor Social Hour TVR Music with Gary Smith DR	7:15	Movie "50 First Dates" TVR

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Choice – it's what living at a Revera retirement community is all about.

FEBRUARY 2016

Ali Bettger, Recreational Director											Mor	More on next page >	
	Sunday Monday		Monday	Tuesday			Wednesday		Thursday	Friday		Saturday	
	21		22		23		24		25		26		27
9:45	St Andrew's Catholic Church Service EXC	10:00 10:30	Fun and Fitness EX Knitting Club TVR	10:15 11:00	Town Hall Meeting Java Music Club 2nd	10:00 12:00	Dub Lunch of The	10:00	News and Views LIB	9:00 10:00 11:00	General Exercise EX Falls Prevention EXC Snooker BIL	11:30	Rev it Up EXC
2:00 3:15 4:00 7:30	Euchre LIB Music with Hanlie DR Social Hour TVR Documentary "Ken Burns Prohibition"	2:00 3:15 4:00 7:15	Carpet Bowling EXC IPAD Travels "Bulgaria" TVR Social Hour TVR Bridge LIB		floor Crafts with Bernice CR Chair Zumba EXC Scattegories EXC Social Hour TVR Ipad:Netflix Movie	1:15 2:15 3:15 4:00	Queen's Head Chair Tai Chi EXC Falls Prevention EX Exercise 2nd Floor Social Hour TVR Bingo with Grecia	10:00 2:00 2:15 3:00 4:00 7:15	Trivia 2nd Floor Music with Darren Evorglens DR Ipad Games— 2nd Flr Birthday Tea DR Social Hour TVR Rummicub LIB	11:00 2:00 2:15 4:00 7:15	Movement Matters 2nd floor Carpet Bowling Ipad– 20 Questions 2nd floor Social Hour TVR Scrabble EXC	2:00 2:15 3:15 4:00 7:30 8:30	Bridge BIL Euchre EXC Music with Hanlie DR Social Hour TVR Jackpot Bingo CR Wine and Cheese CR
	TVR	7.10	00			7:30	- Dirigo With Groota						
9:45 2:00 2:00 4:00 7:30	St Andrew's Catholic Church Service EXC Euchre LIB Rev it Up! EXC Social Hour TVR Documentary "First Man on the Moon"	10:00 10:30 11:15 2:00 2:30 4:00 7:15	Fun and Fitness EX Knitting Club TVR Bean Boss Toss 2nd Carpet Bowling EXC IPAD Travels "Bulgaria" TVR Social Hour TVR Bridge LIB										
					Important Dates						Room Legend		
						Feb 1 Feb 14 Feb 20	Chinese New Year Luncheon Welcome Ceremony @ 4:00 Valentines Day dinner @ 5:30 Multicultural Day			LIB CR EXC BIL DR	2 TV Room 3 Library 4 Craft Room 5 Exercise Room 6 Billards Room 7 Dining Room 8 Private Dining Rm		