

COMMUNITY NAME RECREATION CHOICES

FEBRUARY 2016

Portsmouth Retirement Community • Krysten Neufeld, Recreational Director, krysten.neufeld@reveraliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30 Keep Fit With Exercise 1:30 Fitness Room Orientation 2:00 Cribbage 2:00 Distinguished Speaker Series 3:00 Writing From Within 7:15 Bingo	2 10:30 Chair Yoga 11:10 Crossword Challenge 1:30 Bus: Shopping 2:30 Sing a long in the Lobby 3:30 Current Events Discussion Group 7:15 Travelogue: <i>Wildest Africa - Okavango</i> 7:15 Card Bingo	3 10:30 Sit & Be Fit 11:00 Trivia with the Waverley 1:30 Poker 2:00 Whist 3:00 Meet the Resident Council Candidates 7:15 Wii Games	4 10:30 Chair Pilates 11:10 Crossword Challenge 11:30 Bus: Lunch at Sliver Heights Restaurant 2:00 Bus: Shopping 2:00 Scrabble 3:00 Pub Afternoon with The Barley Mow Band 7:15 Jumblin	5 9:30 Bus: WSO Matinee Series 9:30 Bus: Outing 10:30 Keep Fit With Exercise 11:10 Trivia Time 1:30 Bus: Shopping 2:00 Nice Nails 2:00 Fun With Art 3:00 A Day in the Life Of 7:15 Movie Night: <i>Ashby</i>	6 Council Voting Begins 9:00 Cranium Crunches 1:30 Bridge 2:00 Movie Matinee: <i>Some Things Gotta Give</i> 2:00 Bingo 3:00 Knitters Nook 7:15 Bridge 7:15 Movie Night: <i>Big Fish</i>
7 10:30 Men's Meeting 2:00 Movie Matinee: <i>Grace & Frankie</i> 2:00 February Jeopardy 3:00 Poker 3:00 Pool Sharks 5:00 Super Bowl Sunday Dinner 7:15 Movie Night: <i>Pawn Sacrifice</i>	8 Chinese New Year 10:30 Keep Fit With Exercise Lunch: Chinese Lunch 2:00 Cribbage 2:00 Choir Practice 3:00 Chinese New Year - Win, Lose, Draw 7:15 Bingo	9 10:30 Chair Zumba 11:10 Crossword Challenge Lunch: Pancake Lunch 1:30 Bus: Scenic Drive 1:30 Roman Catholic Mass 3:00 Current Events Discussion Group 7:15 Travelogue: <i>Wildest Arctic - The Frozen Sea</i>	10 10:30 Sit & Be Fit 11:10 You be the Judge 1:30 Poker 2:00 Whist 3:00 New Resident Welcome 7:15 Indoor Bocce Ball	11 10:30 Keep Fit With Exercise 11:10 Crossword Challenge 1:30 Bus: Polo Park Shopping Centre 2:00 Judaic Hour 3:00 Spelling Bee 7:15 What's the Difference?	12 9:45 Bus: Shopping 10:30 Keep Fit With Exercise 11:10 Trivia Time Lunch: Make Your Own Heart Shaped Pizza 1:30 Bus: Grant Park 2:00 Card Bingo 2:00 Fun With Art 3:00 The Dating Game Valentine Party 7:15 Movie Night: <i>The Walk</i>	13 Council Voting Ends 9:00 Cranium Crunches 11:30 Lunch at Sunny and Roses 1:30 Bridge 2:00 Movie Matinee: <i>One Fine Day</i> 2:00 Bingo 3:00 Knitters Nook 7:15 Bridge 7:15 Movie Night: <i>The Artist</i>
14 Valentine's Day Lunch: Valentine's Theme Lunch with Harpist and Wooden Flute 2:00 Movie Matinee: <i>Grace & Frankie</i> 3:00 Pool Sharks 7:15 Movie Night: <i>The Intern</i>	15 Louis Riel Day 10:30 Indoor Bocce Ball 2:00 Movie Matinee: <i>Funny Face</i> 2:00 Cribbage 2:00 Scrabble 3:00 Book Club 7:15 Bingo	16 10:30 Chair Yoga 11:10 Crossword Challenge 1:30 Bus: Outing 2:00 Current Events Discussion Group 3:00 Presentation by the Official Voyageurs 7:15 Travelogue: <i>Africa-Ngorongoro</i> 7:15 Card Bingo	17 10:30 Fitness with Jacquie 11:00 Wit & Wager with Waverley 1:30 Poker 2:00 Whist 3:00 February Birthday Party 7:15 Wii Games	18 10:30 Chair Pilates 10:30 RWB Matinee - Cinderella 11:10 Crossword Challenge 2:00 Scrabble 2:30 Chinese New Year Acrobatic Performance 7:15 Jumblin	19 9:45 Bus: Shopping 10:30 Keep Fit With Exercise 11:10 Trivia Time 1:30 Bus: Shopping 2:00 Nice Nails 2:00 Fun With Art 3:00 Float Friday 7:15 Movie Night: <i>Woodlawn</i>	20 9:00 Cranium Crunches 1:30 Bridge 2:00 Movie Matinee: <i>Mirror Mirror</i> 2:00 Bingo 3:15 Women of Note Performance 7:15 Bridge 7:15 Movie Night: <i>Radio</i>
21 10:30 Men's Meeting 2:00 Movie Matinee: <i>Grace & Frankie</i> 2:00 Baking for the Bistro 3:00 Poker 3:00 Pool Sharks 7:15 Movie Night: <i>Maze Runner: Scorch Trails</i>	22 10:30 Keep Fit With Exercise 1:45 Anglican Service 2:00 Cribbage 2:00 Choir Practice 3:00 Writing From Within 7:15 Bingo	23 10:30 Chair Zumba 11:00 Lunch at Jane's 11:10 Crossword Challenge 2:00 Heart Health Presentation 2:30 Bus: Shopping 3:00 Current Events Discussion Group 7:15 Travelogue: <i>Arctic - Taiga</i>	24 10:30 Sit & Be Fit 11:10 Ipad Club 1:30 Poker 2:00 Whist 3:00 General Resident Meeting 7:15 Indoor Bocce Ball	25 10:30 Keep Fit With Exercise 11:30 Men's Lunch 1:30 Bus: Great Ice Show / Trip to the Forks 3:00 Understanding Islam Presentation 7:15 Charade Shenanigans	26 9:45 Bus: Tour of Legislative Bldg 10:30 Keep Fit With Exercise 11:10 Trivia Time 1:30 Bus: Shopping 2:00 Card Bingo/Spiritual Growth Diss 2:00 Fun With Art 7:15 Movie Night: <i>He Named Me Malala</i>	27 9:00 Cranium Crunches 1:30 Bridge 11:30 Movie Theatre - TBD 2:00 Movie Matinee: <i>Meet the Patels</i> 2:00 Bingo Bongo 3:00 Knitters Nook 7:15 Bridge 7:15 Movie Night: <i>Sherlock Holmes</i>
28 2:00 Movie Matinee: <i>Grace & Frankie</i> 3:00 Pool Sharks 7:15 Movie Night: <i>Ricki & the Flash</i>	29 10:30 Fitness With Jacquie 2:00 Cribbage 2:00 Shakespeare Presentation 3:00 Flower Arranging 7:15 Bingo			IMPORTANT DATES Foot Care: February 11 from 9:00 a.m. – 3:00 p.m. February 25 from 9:00 a.m. – 3:00 p.m.		