

CHARLOTTE VILLA RECREATION CHOICES

FEBRUARY 2016

Charlotte Villa • Alexis VanDerMaelen, Recreational Director, alexis.vandermaelen@reveraliving.com

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|--|---|
| | 1 | GROUNDHOG DAY! 2 | 3 | 4 | WEAR RED DAY! 5 | 6 |
| | 9:30 Hangman & Coffee FL 10:30 Sit-2-B-Fit Exercise LL 11:15 Apple TV—MT 2:00 REV IT UP-Exercise LL 2:30 Resident Council Meeting LL 3:30 Food Council Meeting LL 4:00 Chocolate Chip Social FL 6:45 UNO Cards with Tina GR | 9:30 Astrology & Coffee w/ Rawan FL 10:15 Morning Stretches LL 10:30 Balls and Balance LL 2:00 Candy Gram Sale RC 2:30 Townhall Meeting LL 3:30 Lottery Bingo Social LL 4:30 Groundhog Day Fun Facts FL | 9:45 JAVA MUSIC LL 10:15 Art Therapy—Zen Tangle LL 11:15 TED TALKS—MT 2:00 Sit-2-B-Fit Exercise LL 2:30 JACK COULSON ENTERTAINMENT DR 3:30 Chocolate Chip Cookie Social FL 4:00 REV IT UP—Exercise Machines LL | 9:30 Coffee & News FL 10:00 2nd Floor One-on-Ones 10:30 Sit-2-B-Fit Exercise LL 11:00 Bowling LL 2:00 Manicures w/ Erika GR 2:30 Candy Gram Sale RC 3:00 Euchre Cards GR 4:00 Wine & Cheese FL | 9:30 Tuck Shop & Coffee FL 10:20 Visits with Sarah 2nd 10:30 Yoga w/ Donna LL 11:15 Knitting Club 4th 2:00 Sit-2-B-Fit Exercise LL 2:30 Gentlemen's Club LB 3:00 RED SOCIAL FL 3:30 Cribbage GR | 10:00 Coffee Corner FL 11:00 REV IT UP – Exercise LL 2:00 Shuffleboard LL 2:30 Bingo with Don LL 3:30 Tea Time FL |
| 7 | CHINESE NEW YEAR! 8 | MARDI GRAS! 9 | 10 | 11 | 12 | 13 |
| 9:30 REV IT UP – Exercise LL 10:00 Coffee Corner FL 11:00 Knitting Club 4th 2:00 Rummoli Game GR 3:30 Tea Time FL 4:00 UNO Cards GR 6:30 SUPER BOWL SUNDAY! MT | 9:30 Hangman & Coffee FL 10:15 2nd Floor Soccer! 2nd 10:30 Sit-2-B-Fit Exercise LL 11:15 Apple TV—MT 2:00 Valentine's Cards w/ Erika LL 2:30 Candy Gram Sale RC 3:30 Chinese New Year Social FL 6:45 UNO Cards with Tina GR | 9:45 S.K.I.P—St. Peters LL 10:45 Balls and Balance LL 11:15 Wii Games MT 2:00 Mardi Gras Bingo LL 3:15 Pancake Tuesday!! FL 4:30 IPAD—Riddles FL | 9:45 JAVA MUSIC LL 10:15 Art Therapy—Zen Tangle LL 11:15 TED TALKS—MT 2:00 Sit-2-B-Fit Exercise LL 2:30 Candy Gram Sale RC 3:00 IPAD— Fun Blast MT 3:30 Danish Social FL 4:00 REV IT UP—Exercise Machines LL | 9:30 Coffee & News FL 10:00 2 nd Floor One-on-Ones 10:30 Sit-2-B-Fit Exercise LL 11:00 Bowling LL 2:00 Manicures w/ Erika GR 3:00 Euchre Cards GR 3:30 WIFI One-on-Ones 4:00 Wine & Cheese FL | 9:30 Tuck Shop & Coffee FL 10:20 Visits with Sarah 2nd 10:30 Laughter Yoga w/ Donna LL 11:15 Knitting Club 4th 2:00 Sit-2-B-Fit Exercise LL 2:30 Gentlemen's Club LB 3:00 Clap-a-long Social FL 3:30 Cribbage GR | 10:00 Coffee Corner FL 11:00 REV IT UP – Exercise LL 2:00 Shuffleboard LL 2:30 Bingo with Don LL 3:30 Tea Time FL |
| ST.VALENTINES DAY!14 | FAMILY DAY! 15 | 16 | 17 | 18 | 19 | 20 |
| 9:30 REV IT UP – Exercise LL 10:00 Coffee Corner FL 11:00 Knitting Club 4th 2:00 Rummoli Game GR 3:30 Tea Time FL 4:00 UNO Cards GR | 10:00 Coffee Corner FL 11:00 Rev It Up-Exercises LL 2:30 BILL SPEERS ENTERTAINMENT DR 3:30 Tea Time FL 6:45 Family Movie Night MT | 9:30 Astrology & Coffee w/ Rawan FL 10:15 Morning Stretches LL 10:30 Balls and Balance LL 11:15 Wii Games MT 12:45 TRIP—CASINO (W) 3:30 Lottery Bingo Social LL 4:30 IPAD—Riddles FL | 9:45 JAVA MUSIC LL 10:15 Art Therapy—Zen Tangle LL 11:15 TED TALKS—MT 2:00 Sit-2-B-Fit Exercise LL 3:00 Birthday Social FL 3:45 IPAD— Fun Blast MT 4:00 REV IT UP—Exercise Machines LL | 9:30 Coffee & News FL 10:00 2 nd Floor One-on-Ones 10:30 Sit-2-B-Fit Exercise LL 11:30 TRIP—Kirby's (W) (Best Western) 3:00 Euchre Cards GR 3:30 Bowling LL 4:00 Wine & Cheese FL | 9:30 Tuck Shop & Coffee FL 10:20 2nd Floor one-on-ones 2 nd 10:30 Yoga w/ Donna LL 11:15 Knitting Club 4th 2:00 Sit-2-B-Fit Exercise LL 2:30 Gentlemen's Club LB 3:00 Clap-a-long Social FL 3:30 Cribbage GR | 10:00 Coffee Corner FL 11:00 REV IT UP – Exercise LL 2:00 Shuffleboard LL 2:30 Bingo with Don LL 3:30 Tea Time FL |

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Choice – it's what living at a Revera retirement community is all about.

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|---|---|
| 21 | 22 | 23 | 24 | 25 | WEAR JEAN DAY! 26 | 27 |
| 9:30 REV IT UP – Exercise LL 10:00 Coffee Corner FL 11:00 Knitting Club 4th 2:00 Rummoli Game GR 3:30 Tea Time FL 4:00 UNO Cards GR 6:45 Wii Games MT | 9:30 Coffee Corner FL 10:00 JOHN MOORHOUSE PIANO DR 11:00 Sit-2-B-Fit Exercise LL 11:00 2nd Floor Soccer! 2nd 11:30 IPAD—Riddles FL 2:00 Craft with Erika LL 3:30 Chips & Dip Social FL 6:45 UNO Cards with Tina GR | 9:45 S.K.I.P—St. Pius LL 10:45 Balls and Balance LL 11:15 Wii Games MT 1:00 LUNCH CLUB—Joey's Fish & Chips 3:30 Lottery Bingo Social LL 4:30 IPAD—Riddles FL | 9:45 JAVA MUSIC LL 10:15 Art Therapy—Zen Tangle LL 11:15 TED TALKS—MT 2:00 Sit-2-B-Fit Exercise LL 2:30 Grace Anglican Church Service 4th 3:30 Cheesecake Social FL 4:00 Farringdon Church Service 4th | 9:30 Coffee & News FL 10:00 2 nd Floor One-on-Ones 10:30 Sit-2-B-Fit Exercise LL 11:00 Bowling LL 2:00 Manicures w/ Erika GR 3:00 Euchre Cards GR 3:30 WIFI One-on-Ones 4:00 Wine & Cheese FL | WEAR JEAN DAY! 9:30 Tuck Shop & Coffee FL 10:20 Visits with Sarah 2nd 10:30 Laughter Yoga w/ Donna LL 11:15 Knitting Club 4th 2:00 Sit-2-B-Fit Exercise LL 2:30 Gentlemen's Club LB 3:00 Jean Social FL 3:30 Cribbage GR | 10:00 Coffee Corner FL 11:00 REV IT UP – Exercise LL 2:00 Shuffleboard LL 2:30 Bingo with Don LL 3:30 Tea Time FL |
| 28 | 29 | | | | | |
| 9:30 REV IT UP – Exercise LL 10:00 Coffee Corner FL 11:00 Knitting Club 4th 2:00 Rummoli Game GR 3:30 Tea Time FL 4:00 UNO Cards GR 6:45 Wii Games MT | 9:30 Hangman & Coffee FL 10:15 2nd Floor Soccer 2 nd 10:30 Sit-2-B-Fit Exercise LL 11:15 Apple TV—MT 2:00 Baking: Heart Cookies w/ Erika LL 3:30 Heart Cookie Social FL 4:00 Mini Putting FL 6:45 UNO Cards w/ Tina GR | | | | | |
| | Important Dates | | | | Room Legend | |
| | Hair Salon: Tuesdays, Thursdays and Fridays | | | LL | FL— Front Lobby | LL—Lower Level |
| | Sit-2-Be-Fit Exercise: Mon/Thurs @ 10:30 & Wed/Fri @ 2:00 | | | LL | DR— Dining Room | LB—Library |
| | Foot Care Clinic Days: February 3rd and 17th 2016 | | | | 2 nd — 2nd Floor Lobby | |
| | Valentines Day: Sunday February 14th 2016 | | | | GR— Games Room - (3rd Floor Lounge) | |
| | Family Day: Monday February 15th 2016 | | | | 4th — Chapel - (4th Floor Lounge) | |