

CEDARCROFT RECREATION CHOICES

MARCH 2016

Cedarcroft Place , Robin Jaffe-Hopkins, Email: robin.jaffe-hopkins@reveraliving.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
IMPORTANT DATES						
<p>Oshawa Public Library Book Lending-Tuesday March 15th 3:00-4:00pm</p> <p>Gemini Jewelry Thursday, March 24th 11am to 3pm</p>		<p>1 Out to The Movies-E*</p> <p>9:30am Mini Manicures-H 10:45am Parachute Exercise 1:30pm Bingo Bonanza-H 2:45pm Toonie Toss-H 3:15pm Fall Prevention-H 3:45pm Chalked Words-W 7:00pm Family Feud-H</p>	<p>2</p> <p>8:30am Physio Exercise-H 9:15am Foot Spa-H 10:30am Laughter Yoga-H 1:00pm Judy & Daisy-M 1:30pm Bowling-H 2:30pm Pierogi Making-H 7:00pm Sing-A-Long-M</p>	<p>3</p> <p>9:30am Catholic Mass-W 9:30am Trivia With Darlene-H 10:30am Revera Exercises-H 1:30pm Awesome Toss'em-W 3:15pm Fall Prevention Class-H 5:30pm Sandra & Nicki-M 7:00pm Jeopardy Live-H</p>	<p>4</p> <p>8:30am Physio Exercise-H 9:30am Knit & Mingle-H 10:00am Walmart*E 10:45am Air Cube Exercise-W 1:30pm Bowling-H 2:45pm Oshawa Museum-W 7:00pm Domino's Night-W</p>	<p>5</p> <p>9:30am Cooking With Robin-H 10:45am Elastic Band Ex.-H 1:30pm Washer Toss-H 2:30pm Euchre-H 7:00pm Western Movie Fest-H</p>
6	7	8	9	10	11	12
<p>10:00am to 11am Double Points for Walking Club-D 1:30pm Bingo For Prizes-H 2:45pm Travel Log: The Czech Republic -Beyond Prague -W 9:00pm Downton Abby-W Season Finale-Two Hours</p>	<p>8:30am Physio Exercise-H 9:30am Colouring Club -H 10:45pm Emma's Zumba-H 1:30pm Awesome Toss'em-H 2:30pm Horse Racing-3 3:15pm Bible Study-H 7:00pm Yahtzee-D</p>	<p>9:30am Farkle -H 10:45am Wii Competition- H 1:30pm Bingo Bonanza-H 2:45pm Ping Pong Toss-H 3:15pm Fall Prevention Class-H 3:45pm I Games-W 7:00pm Air Plant Workshop-H</p>	<p>8:30am Physio Exercise-H 9:30am Rumoli-H 10:30am Laughter Yoga-H 1:00pm Judy & Daisy-M 1:30pm Bowling-H 2:45pm Delightful Potpourri with Sean-H 7:00pm Weekly Chronicle-H</p>	<p>9:30am Catholic Church-W 9:30am Trivia With Darlene-H 10:30am Revera Exercises-H 1:30pm Awesome Toss'em-H 3:15pm Fall Prevention Class- 5:30pm Sandra & Nicki-M 7:00pm Barb Holzman -H</p>	<p>8:30am Physio Exercise-H 9:30am Knit & Mingle-H 10:45am Parachute-W 11:00am Chicken Soup-W 1:30pm Bowling-H 2:45pm Reading Club-4 7:00pm Domino's Night-H</p>	<p>9:30am Shape Up-H 10:00am Penny ante Game-H 1:30pm Washer Toss-H 2:45pm Euchre-H 7:00pm Resident Choice Movie-W</p>
13	14	15	16	17 Herongate Theatre-E*	18	19
<p>10:00am to 11am Double Points for Walking Club-D 1:30pm Bingo for Prizes-H 2:45pm Travel Log: Hills of Italy-W 3:30pm Euchre-H 7:00pm Uno-H</p>	<p>8:30am Physio Exercise-H 9:30am Colouring Club -H 10:45pm Emma's Zumba-H 1:30pm Awesome Toss'em-H 2:30pm iPad Games-W 3:15pm Bible Study-H 7:00pm Sing-A-Long-M</p>	<p>9:30am Mini Manicures-H 10:45am Parachute-W 1:30pm Bingo Bonanza-H 2:45pm Len Jeffery Story-W 3:15pm Fall Prevention Class- 6:00pm Steph & Zita Visit-M 7:00pm Crossword Mania-H</p>	<p>8:30am Physio Exercise-H 10:30am Laughter Yoga-H 11:30am March BD. Lunch-R 1:30pm Bowling-H 2:30pm Culinary Meeting-W 3:00pm Rec. Meeting-W 7:00pm Mood Swing Band-H</p>	<p>9:30am Trivia With Darlene-H 10:30am Irish Jig Exercises-H 1:30pm Awesome Toss'em-W 2:30pm Lucky Bark Making-H 3:15pm Falls Prevention-H 4:00pm Cranium Crunches-H 6:30pm Celtic Eternity Charms-H</p>	<p>8:30am Physio Exercise-H 9:30am Knit & Mingle-H 10:45am Air Cube Exercise-W 11:00am Chicken Soup-W 1:30pm Bowling-H 2:45pm Reading Club-4 7:00pm Domino's Night-H</p>	<p>10:00am Crossword Mania-H 1:30pm Washer Toss-H 2:30pm The Nature of Things Documentary-W 3:30pm Darts-H 7:00pm Western Movie Fest-W</p>
20	21	22	23	24	25	26
<p>10:00am to 11am Double Points for Walking Club-D 1:30pm Bingo for Prizes-H 2:45pm Travel Log: Normandy: War Torn Yet Full of Life-W 3:30pm Reverend Denhoed & Friends-H</p>	<p>8:30am Physio Exercise-H 9:30am Colouring Club -H 10:45pm Emma's Zumba-W 1:30pm Awesome Toss'em-H 2:30pm Dice Games-H 3:15pm Bible Study-H 7:00pm Yahtzee-D</p>	<p>9:30am Farkle-H 10:30am Parachute Exercise -H 11:00am Humour Time-H 1:30pm Bingo Bonanza-H 2:45pm Crafting: Chicks-W 3:15pm Fall Prevention Class-H 6:00pm Steph & Zita Visit-M 7:00pm Jeopardy Live-H</p>	<p>8:30am Physio Exercise-H 9:15am Foot Spa-H 10:30am Laughter Yoga-H 11:30am Birthday Lunch-H 1:00pm Judy & Daisy-M 1:30pm Bowling-H 2:45pm Sugar Shack w/ Sean-D 7:00pm Weekly Chronicle-H</p>	<p>9:30am Catholic Church-W 9:30am Cranium Crunches 10:30am Balloon Racket Ball -H 1:30pm Awesome Toss'em-H 3:15pm Fall Prevention Class- 5:30pm Sandra & Nicki-M 7:00pm Mr. Ed Smith -D</p>	<p>8:30am Physio Exercise-H 9:30am Knit & Mingle-H 10:45am Air Cube Exercise-W 11:00am Chicken Soup-W 1:30pm Bowling-H 2:45pm Easter Egg Deco-H 7:00pm Domino's Night-H</p>	<p>10:00am Light Stretch-W 10:30am Wheel of Fortune-H 1:30pm Washer Toss-W 2:30pm The Story of Easter-H 7:00pm Ben Hur Easter Movie Night</p>
27	28	29	30	31	ROOM LEGEND	
<p>10:00am to 11am Double Points for Walking Club-D 1:30pm Easter Bingo-H 2:45 Travel Log: Scotland's Island and Highlands 9:00pm Grantchester-W New Series</p>	<p>8:30am Physio Exercise-H 9:30am Colouring Club -H 10:45pm Emma Zumba-W 1:30pm Awesome Toss'em-H 2:30pm Dice Games-H 3:15pm Bible Study-H 7:00pm To Be Announced-H</p>	<p>9:30am Mini Manicures-H 10:45am Parachute Exercise-E* 1:30pm Bingo Bonanza-H 2:30pm Pictionary-H 3:15pm Fall Prevention-H 6:00pm Steph & Zita Visit-M 7:00pm Paddy McCauley-D</p>	<p>8:30am Physio Exercise-H 10:30am Laughter Yoga-H 1:00pm Judy & Daisy-M 1:30pm Bowling-H 2:45pm Ice Cream Social-H 4:00pm Eye Glass Cleaning-M 7:00pm Weekly Chronicle-H</p>	<p>9:30am Catholic Church-W 9:30am Trivia With Darlene-H 10:30am Revera Exercises-H 1:30pm Awesome Toss'em-H 3:15pm Fall Prevention Class-H 5:30pm Sandra & Nicki-M 7:00pm Resident Sing-A-Long-H</p>	<p>H-Harmony Hall W-Wentworth Way M-Main Floor D-Dining Room 2,3,4,5 Resident Floors P-Personal Room Visits **Denotes Must Sign Up</p>	