

# RECREATION CHOICES

MARCH 2016



Crofton Manor: Independent Living - Director of Recreation: Andrew Ebbers

More on next page >

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
		10:00 Coffee Klatch-CBL 10:00 Qi-Gong-3F 11:00 Ukulele Lessons – MR 1:00 iPad 101--3F 2:00 Jennifer Lauren-OL 3:00 Culinary Meeting-PDR 4:00 Topsy Tuesday-OL 6:00 Cards Club-CR	10:00 Coffee Klatch-CBL 10:00 Chair Yoga-3F 11:00 News & Views-OL 1:00 Walking Club-OL 1:30 ManorU: Namib -MR 2:00 Sax Of Us-OL 3:00 Quarter Horses-OL 4:00 Birthdays-OL 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Fitness-3F 11:00 Meditation-MR 1:00 Walk Off-OL 1:30 Bridge Club-CR 2:00 Peter Paulus-OL 3:00 High Tea-OL 4:00 Docuhour-3F 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Qi-Gong-3F 11:00 Java Club-OL 1:00 Scenic Drive*: Stanley Park 2:00 Walking Club-OL 3:00 Glee Club-OL 4:00 Happy Hour-OL 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Exercises-3F 11:00 News & Views-OL 1:00 Walking Club-OL 2:00 Glen Stevenson-OL 3:00 Balloon Volleyball-OL 4:00 iPad 101-MR 7:00 Movie Night-MR
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
10:00 Coffee Klatch-CBL 11:00 Trivia-OL 1:00 Walking Club-OL 2:00 Pete Campbell-OL 2:15 Rev It Up-2F 3:00 Matinee-MR 3:15 Bocce Ball-OL 4:15 Word Games-OL	10:00 Coffee Klatch-CBL 10:00 Exercises-3F 11:00 Reading Support-CR 1:00 Bus Trip: Oakridge* 2:00 Mike's Critters-OL 3:00 Advanced iPad-3F 4:00 Bingo-CR 7:00 Walking Club-OL	10:00 Coffee Klatch-CBL 10:00 Qi-Gong-3F 11:00 Ukulele Lessons – MR 1:00 iPad 101--3F 2:00 Greg Alcock-OL 3:00 Trivia-OL 4:00 Topsy Tuesday-OL 6:00 Cards Club-CR	10:00 Coffee Klatch-CBL 10:00 Chair Yoga-3F 11:00 Rexall Presentation-OL 1:00 Walking Club-OL 1:30 ManorU: Siwa Oasis MR 2:00 Sax of Us-OL 3:00 Quarter Horses-OL 4:00 Wine of the Month-OL 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Fitness-3F 11:00 Meditation-MR 1:00 Walk Off-OL 1:30 Bridge Club-CR 1:30 Frank Chen-OL 3:00 High Tea-OL 4:00 Recreation Planning Meeting-OL 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Qi-Gong-3F 11:00 Java Club-OL 1:00 Scenic Drive*: Iona Beach 2:00 Walking Club-OL 3:00 Glee Club-OL 4:00 Happy Hour-OL 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Exercises-3F 11:00 News & Views-OL 1:00 Walking Club-OL 2:00 Crosswords-OL 3:00 Movie Curator-MR 4:00 iPad 101-MR 7:00 Movie Night-MR
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>St. Patrick's 17</b>	<b>18</b>	<b>19</b>
10:00 Coffee Klatch-CBL 11:00 Trivia-OL 1:00 Walking Club-OL 2:00 Matt Silverman-OL 2:15 Rev It Up-2F 3:00 Matinee-MR 3:15 Bocce Ball-OL 4:15 Word Games-OL	10:00 Coffee Klatch-CBL 10:00 Exercises-3F 11:00 Reading Support-CR 1:00 Bus Trip: Oakridge* 2:00 Mike's Critters-OL 3:00 Advanced iPad-3F 4:00 Bingo-CR 7:00 Walking Club-OL	10:00 Coffee Klatch-CBL 10:00 Qi-Gong-3F 11:00 Ukulele Lessons – MR 11:30 Purdy's Chocolate-ol 1:00 iPad 101--3F 2:00 Jennifer Lauren-OL 2:00 St.Mary's Comm-AR 3:00 Trivia-OL 4:00 Topsy Tuesday-OL 6:00 Cards Club-CR	10:00 Coffee Klatch-CBL 10:00 Chair Yoga-3F 11:00 Anglican Church-MR 11:00 Frank Chen-OL 1:00 Walking Club-OL 1:30 ManorU: Aurora-MR 2:00 Sax Of Us-OL 3:00 Quarter Horses-OL 4:00 Mixology-OL 7:00 Movie Night-MR	<b>Foot Care Nurse</b> 10:00 Coffee Klatch-CBL 10:00 Fitness-3F 11:00 Dancers-OL 1:00 Walk Off-OL 1:30 Bridge Club-CR 2:00 Mike Chislom--OL 3:00 High Tea-OL 4:00 Docuhour-3F 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Qi-Gong-3F 11:00 Choir-OL 1:00 Scenic Drive*: Vanier Park 2:00 Kerrisdale bells-OL 3:00 Glee Club-OL 4:00 Happy Hour-OL 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Exercises-3F 11:00 News & Views-OL 1:00 Walking Club-OL 2:00 Peter Paulus-OL 3:00 Balloon Volleyball-OL 4:00 iPad 101-MR 7:00 Movie Night-MR

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[More on next page >](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>Library Day 24</b>	<b>Good Friday 25</b>	<b>26</b>
10:00 Coffee Klatch-CBL 11:00 Trivia-OL 1:00 Walking Club-OL 2:00 Pete Campbell-OL 2:15 Rev It Up-2F 3:00 Matinee-MR 3:15 Bocce Ball-OL 4:15 Word Games-OL	10:00 Coffee Klatch-CBL 10:00 Exercises-3F 11:00 Reading Support-CR 1:00 Bus Trip: Oakridge* 2:00 ManorU: Use the power of three- MR 3:00 Advanced iPad-3F 4:00 Bingo-CR 7:00 Vancouver Chamber Players-OL	10:00 Coffee Klatch-CBL 10:00 Qi-Gong-3F 11:00 Ukulele Lessons – MR 1:00 iPad 101--3F 2:00 Walking Club-OL 3:00 Trivia-OL 4:00 Topsy Tuesday-OL 6:00 Cards Club-CR	10:00 Coffee Klatch-CBL 10:00 Chair Yoga-3F 11:00 News & Views-OL 1:00 Dakim-LB 1:30 Manor U: Arizona–3F 2:00 Walking Club-OL 3:00 Quarter Horses-OL 4:00 True or False-OL 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Fitness-3F 11:00 Meditation-MR 1:00 Walk Off-OL 1:30 Bridge Club-CR 2:00 Crosswords-OL 3:00 High Tea-OL 4:00 Docuhour-3F 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Qi-Gong-3F 11:00 Java Club-OL 1:00 Scenic Drive*: Deas Island 2:00 Walking Club-OL 3:00 Glee Club-OL 4:00 Happy Hour-OL 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Exercises-3F 11:00 News & Views-OL 1:00 Walking Club-OL 2:00 Peter Paulus-OL 3:00 Balloon Volleyball-OL 4:00 iPad 101-MR 7:00 Movie Night-MR
<b>Easter Sunday 27</b>	<b>Easter Monday 28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
10:00 Coffee Klatch-CBL 11:00 Trivia-OL 1:00 Walking Club-OL 2:00 Easter Trivia-OL 2:15 Rev It Up-2F 3:00 Matinee-MR 3:15 Bocce Ball-OL 4:15 Word Games-OL	10:00 Coffee Klatch-CBL 10:00 Exercises-3F 11:00 Reading Support-CR 1:00 Bus Trip: Oakridge* 2:00 Mike's Critters-OL 3:00 Advanced iPad-3F 4:00 Bingo-CR 7:00 Walking Club-OL	10:00 Coffee Klatch-CBL 10:00 Qi-Gong-3F 11:00 Ukulele Lessons – MR 1:30 Easter Egg Hunt-OL 2:00 Jennifer Lauren-OL 3:00 Trivia-OL 4:00 Topsy Tuesday-OL 6:00 Cards Club-CR	10:00 Coffee Klatch-CBL 10:00 Chair Yoga-3F 11:00 News & Views-OL 1:00 Walking Club-OL 1:30 ManorU: Mini Wonders MR 2:00 Mike's Critters-OL 3:00 Quarter Horses-OL 4:00 True or False-OL 7:00 Movie Night-MR	10:00 Coffee Klatch-CBL 10:00 Fitness-3F 11:00 Meditation-MR 1:00 Walk Off-OL 1:30 Bridge Club-CR 2:00 Dakim-LB 3:00 High Tea-OL 4:00 Docuhour-3F 7:00 Movie Night-MR		
			<b>Important Dates</b>		<b>Room Legend</b>	
			17 <sup>th</sup> St. Patrick's Day 18 <sup>th</sup> Edmonton Choir 24 <sup>th</sup> Library Day 27 <sup>th</sup> Easter Sunday Dinner		<b>OL=</b> Oak Lounge <b>DR=</b> Dining Room <b>MR=</b> Media Room <b>2F=</b> 2nd Floor <b>3F=</b> 3rd Floor <b>L=</b> Lobby <b>LB=</b> Library <b>CR=</b> Card Room <b>CBL=</b> Coffee Bar Lounge <b>CY=</b> Courtyard * = Registration Needed	